

WEST DISTRICT CROSS COUNTRY SELECTION POLICY 2026/27

This document aims to ensure that the selection process is clear and transparent to everyone.

There are two occasions when teams are selected to represent the West District in Cross Country Competitions: -

Inter Districts Cross Country – Alexandra Park, Glasgow

Event Date	16 Jan 2027	Selection Date	09 Dec 2026	Teams	SEN/ U18/ U16/ U14
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Selection Notes

District teams are up to 15 to run with 6 to score.

Selection for U14, U16, U18, Senior/Junior Male & Females will be 1st 10 from **West District Cross Country Championships at Kirkland Park, Strathaven** plus up to 5 others on all known form with weighting to West District CC Champs on Saturday 05 December 2026.

The Senior Teams may include some U20 athletes. U20 athletes can be selected for the senior team based on their performance in races up to and including the district championships.

Athletes are encouraged to represent Scottish Students if selected.

Inter Counties Cross Country – Wollaton Park, Nottingham

Event Date	13 March 27	Selection Date	24 Feb 2027	Teams	SEN / U20 / U18 /U16	Athlete Cont.	£30
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Selection Notes

Selection will be made largely on results from the **National Cross Country Championships at Falkirk on Saturday 20 February 2027**.

IMPORTANT INFORMATION: -

Entries for this race must be made by the end of January 2027; therefore, entries are submitted before the final selection race. Senior Athletes should keep selectors informed of their availability for this competition. **If an athletes name appears on the start list this DOES NOT guarantee that they will be selected for the final West District Team.**

District teams will be selected, consisting of (up to) 9 Males and Females at Senior level, plus (up to) 6 Males and Females at U20, and U18 levels. Teams will be selected with consideration given to their potential to medal. U16 athletes may be selected by the districts if they have shown exceptional form and funding is available. There are no scottishathletics representative events for Under 14 athletes. It is not the policy of scottishathletics to send U14 district teams to the Inter Counties. Those U14 athletes qualifying to compete through their standing in the UK Cross Challenge must make their own arrangements. Note Inter Counties will use English age group definitions: U16 dob 01/09/11 – 31/08/13 and U18 dob 01/09/09 – 31/08/11 U20 dob calendar year born in 2008 or on and before 31/08/09

Full Selection policy for Cross Country and Road Running for 2026/27 can be found on the [scottishathletics website](#):

[Team Selection - Scottish Athletics](#)

Contact: Sharon Taylor

Chair West District Selectors

Cross Country and Road Running Commission

E-mail: sharon@protay.co.uk / Mobile No: 07801 653103

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