

NORTH DISTRICT CROSS COUNTRY SELECTION POLICY 2026/27

This document aims to ensure that the selection process is clear and transparent to everyone.
There are two occasions when teams are selected to represent the North District in Cross Country Competitions: -

Inter Districts Cross Country – Alexandra Park, Glasgow

Event Date	16 Jan 2027	Selection Date	09 Dec 2026	Teams	SEN/ U18/ U16/ U14
Selection Notes	North District U14/U16/U18/Senior Male and Female Teams compete against East and West District Teams. District Teams comprise up to 15 athletes to run with 6 athletes to score.				
	Selection for U14, U16, U18, Senior Male & Females will be 1st 5 from the North District Cross Country Championships at Gordonstoun on Saturday 5th December 2026 plus up to 10 others on all known form with weighting to the North District Cross Country Championships at Gordonstoun.				
	Note the selection panel may select teams of less than 15 athletes where it is felt that this is in the best interest of the athletes concerned.				
	The Senior Teams may include some U20 athletes. The U20's and Seniors compete in separate races of different distances at the North District Cross Country Championships which makes head-to-head comparisons difficult. The selectors therefore must make a judgement as to which U20's might be considered for the Senior Team.				
	Where an athlete is unable to attend the North District Cross Country Championship at Gordonstoun however wishes to be considered for selection they must notify the North District Lead by Friday 4th December 2026.				

Inter Counties Cross Country – Wollaton Park, Nottingham

Event Date	6 Mar 2027	Selection Date	24 Feb 2027	Teams	SEN / U20 / U18 / U16	Athlete Cont.	£30
Selection Notes	Selection will be made largely on results from the <i>National Cross Country Championships at Falkirk on Saturday 20th February 2027.</i>						
	Entries for this race must be made by the end of January 2027, therefore entries are submitted before the final selection race. Senior athletes should keep selectors informed of their availability for this competition.						
	IMPORTANT INFORMATION: If an athletes name appears on the start list this DOES NOT guarantee that they will be selected for the final North District Team.						
	The North District do not select U14 athletes for this competition. Only U14 athletes who have competed in earlier UK Cross Country Challenge meetings are able to enter and compete, making their own arrangements for travel and accommodation to this competition. Note Inter Counties will use English age group definitions: U16 dob 01/09/11 – 31/08/13 and U18 dob 01/09/09 – 31/08/11 U20 dob calendar year born in 2008 or on and before 31/08/09						

Full Selection policy for Cross Country and Road Running for 2026/27 can be found on the [scottishathletics](#) website:
[Team Selection - Scottish Athletics](#)

Contact:

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