

# Field Newsletter (20) April 2026

Welcome to April Please get in touch with ideas for your Newsletter.

## Congratulations

Delighted to pass on the good news that Nick Stone and his wife Sara have welcomed a very healthy baby boy to their family (he was keen to arrive - 4 weeks early) Findlay James – a little brother for Callum. Congratulations and best wishes to them.

## Important Message from Head of Discipline – Moira Nisbet

If anyone has missed the deadline date for submitting their returns, or indeed wish to amend dates provided, please just get in touch with Moira at [monisbet@googlemail.com](mailto:monisbet@googlemail.com)

Thank you to everyone involved in the indoor season, your help did indeed make the difference. Look forward to seeing you at the outdoors, remember this is your athletics journey but we are always here to help you on your way.



## Successful Indoor season

From our first visit in October to the SAIL Final on the 22<sup>nd</sup> March, the Emirates has hosted some outstanding athletics this season.

Events have ranged from Internationals to Fun Days for U12s and each one relied on its success on the commitment and skill of officials. It has been great to see more Trainee and Level 1 officials involved in events Indoors and hopefully they feel that they have gained experience as part of a welcoming, professional and fun team and are ready to embrace the great Outdoors..



The Training Day on the 29<sup>th</sup> March provided a good opportunity to expand or share skills and expertise, but official education is a year-round priority so please get in touch with any topics which you would like to explore or hints you would like to pass on.

If you have friends, family members or club members who might be looking to join the Field Ranks, there is a Field Level 1 Course planned for the 25<sup>th</sup> April at Grangemouth.

## Thoughts from the Field

Suddenly its nearly April and time to polish our little horns, wax our boots and generally get ready for the outdoor season. And wow! What an outdoor season we have.

For first timers here are a few ‘essential items’ to see you through.

The ‘little horns’ mentioned are used for long jumps. These are to alert all (and it really is ALL) around the sector that an implement is about to be thrown and is a necessary health and safety action. Usually, the horn blower is the call up official and it is essential that you acknowledge them with a wave of the hand. These horns can be purchased online and come under ‘gamekeepers/beaters horn’ on Ebay or Etsy in various sizes and prices.

Another piece of useful piece of kit is the all-weather board – a clipboard mounted of an envelope basically, that is designed to keep paperwork dry. Warning – you will have paper mâché days; we all do!



And finally – don’t put away the woollen socks and thermal underwear just yet. I know we live in Gods own country, but some of those Gods think it’s funny to throw down snow in May and monsoons in June.

Enjoy Easter and *gird yer loins* for what will be a fantastically busy and exciting Summer Season as a member of the Purple Army! Enjoy!

## Goodbye to Indoors and welcome to the great Outdoors

Sun, 12 Apr	League	Central & South Scotland League Div 1	Ayr
Sun, 12 Apr	League	Central & South Scotland League Div 2 / 3	Linwood
Sun, 12 Apr	League	RAM League - East	Aberdeen
Sun, 12 Apr	League	RAM League - North	Inverness tbc
Tue, 14 Apr	Open Graded	Kilbarchan AAC Open Graded Meeting 1	Linwood
Sat, 18 Apr	League	Forth Valley League	Grangemouth
Sun, 19 Apr	League	Scottish National Athletics League	Grangemouth
Wed, 22 Apr	Championship	Scottish Student Sport Outdoor T&F Championships	Aberdeen
Sun, 26 Apr	Open Graded	Ayrshire OG Meet 1	Ayr
Sun, 26 Apr	SUPERteams Heat	Regional Heat: Saughton Enclosure	Edinburgh
Sun, 03 May	League	Youth Development League Div 1 & 2	Grangemouth
Sun, 03 May	League	Youth Development League North East Div	Aberdeen
Tue, 05 May	Open Graded	Kilbarchan AAC Open Graded Meeting 2	Linwood
Sat, 09 May	Open Graded	National Outdoor Open (U18+)	Linwood
Sun, 10 May	League	Central & South Scotland League Div 1	Crownpoint
Sun, 10 May	League	Central & South Scotland League Div 2 / 3	Grangemouth
Sun, 10 May	League	RAM League - East	Aberdeen
Sun, 10 May	League	RAM League - North	Inverness TBC
Sat, 16 May	Scottish Championships	North & East District Championships (U12, U14, U16)	Aberdeen
Sat, 16 May	Scottish Championships	West District Championships (U12, U14, U16)	Kilmarnock
Sun, 17 May	Scottish Championships	North & East District Championships (U12, U14, U16)	Aberdeen
Sun, 17 May	Scottish Championships	West District Championships (U12, U14, U16)	Kilmarnock
Fri, 22 May	Scottish Championships	National 3000m Championships (U18, U20)	Crownpoint
Sun, 24 May	League	Youth Development League Div 1 & 2	Kilmarnock
Sun, 24 May	League	Youth Development League North East Div	Dundee
Sat, 30 May	Open Graded	Stirling University Meeting	Stirling
Sun, 31 May	League	Scottish National Athletics League	Grangemouth

## MIXED UP OFFICIALS –Did you solve them all?

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| <ol style="list-style-type: none"> <li>1. Oily Reels (field)</li> <li>2. Lizard Lobe (track/starter)</li> <li>3. Master Payer (timekeeping)</li> <li>4. Day Lawn (track/endurance)</li> <li>5. Oven Skier (starter/SA)</li> <li>6. Nine Rabbits (field)</li> <li>7. Macaroni Clone (photo finish)</li> <li>8. I Orbit Names (field)</li> <li>9. The Bed Spanner (field)</li> </ol> | <p>Leslie Roy<br/>                 Rob Dalziel<br/>                 Peter Ramsey<br/>                 Andy Law<br/>                 Kevin Rose<br/>                 Brian Nisbet<br/>                 Nicola Cameron<br/>                 Moira Nisbet<br/>                 Brenda Stephen</p> |
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