

				WOMEN	Regional Perf Development	MEN				
					Event					
U16 Tier 2	U18 tier 2	U16 tier1	U18 tier 1	U20+ tier 1		U20+ tier 1	U18 tier 1	U16 tier 1	U18 tier 2	U16 tier 2
13.20	12.60	12.60	12.24	12.00	100	10.80	11.02	11.34	11.34	11.88
27.09	25.86	25.86	25.12	24.63	200	21.88	22.32	22.97	22.97	24.07
43.29		41.32			300			tbc		tbc
	58.37		56.70	55.59	400	48.96	49.94		51.41	
02:21.37	02:14.95	02:14.95	02:11.09	02:08.52	800	01:53.22	01:55.48	01:58.88	01:58.88	02:04.54
04:53.96	04:40.60	04:40.60	04:32.58	04:28.00	1500	03:55.00	03:59.70	04:06.75	04:06.75	04:18.50
10:43.50	10:14.25	10:14.25	09:56.70	09:45.00	3000	08:35.00	08:45.30	09:00.75	09:00.75	09:26.50
05:35.50	tbc	05:20.25	tbc		1500 S/C (0.76/0.84)			04:37.20		04:50.40
					2000 S/C (0.76/0.84)		06:06.22		06:16.99	
12.52		11.95			80/100mH (2ft6/3ft)			13.87		14.53
	14.46		14.05	13.77	100/110mH (2ft6/3ft)	13.97	14.25		14.67	
46.43		44.32			300mH (0.76)			tbc		tbc
	64.26		62.42	61.20	400mH (0.84)	53.95	55.03		56.65	
1.53	1.62	1.62	1.67	1.70	HJ	1.95	1.91	1.85	1.85	1.76
5.22	5.51	5.51	5.68	5.80	LJ	6.84	6.70	6.50	6.50	6.16
3.29	3.48	3.48	3.59	3.66	PV	4.61	4.52	4.38	4.38	4.15
10.82	11.42	11.42	11.78	12.06	TJ	14.06	13.78	13.36	13.36	12.65
13.34	14.08	14.08	14.52	14.82	SHOT (3kg/5kg - U18)	17.10	16.76	16.25	16.25	15.39
tbc		tbc			SHOT (3kg/4kg - U16)			tbc		tbc
52.16	55.05	55.05	56.79	57.95	Hammer (3kg/5kg - U18)	64.90	63.60	61.66	61.66	58.41
tbc		tbc			Hammer (3kg/4kg - U16)			tbc		tbc
37.88	39.99	39.99	41.25	42.09	DISCUS (1kg/1.5kg - U18)	51.78	50.74	49.19	49.19	46.60
tbc		tbc			DISCUS (1kg/1.25kg - U16)			tbc		tbc
41.90	44.22	44.22	45.62	46.55	JAVELIN (600g/700g - U18)	61.75	60.52	58.66	58.66	55.58
tbc		tbc			JAVELIN (500g/600g - U16)			tbc		tbc
	4783		4934	5035	Hep/Dec - U18	6650	6517		6318	
tbc		tbc			Hep/Oct - U16			tbc		tbc