

Tier 1

Club	Rank#1	NatXCR	TOTAL	Tier
Edinburgh AC	1	81	81	1
Giffnock North AC	2	75	75	1
Garscube Harriers	3	62	62	1
Edinburgh Univ Hare and Hounds	4	54	54	1
Cambuslang Harriers	5	50	50	1
Glasgow University Hares and Hounds	5	50	50	1
East Kilbride AC	7	46	46	1
Gala Harriers	7	46	46	1
Central AC	9	44	44	1
Corstorphine AAC	10	42	42	1
Bellahouston Harriers	11	36	36	1
Harmeny AC	11	36	36	1
Aberdeen AAC	13	35	35	1
Falkirk Victoria Harriers	14	33	33	1
Shettleston Harriers	15	31	31	1
Hunters Bog Trotters	16	30	30	1
Lothian RC	17	29	29	1
VP-Glasgow AC	18	28	28	1
Lasswade AC	19	26	26	1
Fife AC	20	17	17	1

Tier 2

Club	Rank#1	NatXCR	TOTAL	Tier
Kilbarchan AAC	1	41	41	2
Kilmarnock H&AC	2	33	33	2
Inverclyde AC	3	31	31	2
Law & District AAC	3	31	31	2
Stirling University AC	5	28	28	2
Motherwell AC	6	26	26	2
Pitreavie AAC	7	25	25	2
Dundee Hawkhill Harriers	8	20	20	2
Greenock Glenpark Harriers	8	20	20	2
Bellahouston RR	10	19	19	2
Dundee Road Runners	10	19	19	2
Strathearn Harriers	12	17	17	2
Inverness Harriers AAC	13	16	16	2
Kirkintilloch Olympians	14	15	15	2
Linlithgow AC	14	15	15	2
Strathclyde Univ Harriers	14	15	15	2
West End RR	17	13	13	2
Metro Aberdeen RC	18	12	12	2
Carnegie Harriers	19	8	8	2
Moray Road Runners		0	0	2

Tier 3

Club	Rank#1	NatXCR	TOTAL	Tier
Calderglen Harriers	1	24	24	3
Springburn Harriers	2	21	21	3
Cumbernauld AAC	3	17	17	3
Perth RR	3	17	17	3
Perth Strathray Harriers	5	14	14	3
Airdrie Harriers	6	13	13	3
Ayr Seaforth AC	6	13	13	3
Team East Lothian	8	12	12	3
Westerland CCC	8	12	12	3
George Heriots School	10	10	10	3
Clydesdale Harriers	11	8	8	3
Glasgow Frontrunners	11	8	8	3
University of St. Andrews CC	11	8	8	3
Banchory Stonehaven AC	14	7	7	3
Livingston AC	14	7	7	3
Musselburgh and District AC	14	7	7	3
Teviotdale Harriers	14	7	7	3
Newton Road Runners	18	4	4	3
Dunfermline Track & Field Club	19	3	3	3
Dundee University ACCC	20	1	1	3
PH Racing Club	20	1	1	3