Kilmarnock

COURSE MAP



Young Females - 1100

3 x Blue Lap (2800m)

Young Males - 1145

3 x Blue Lap (2800m)

Sen/Jun/Mas Women 1300

3 x Red Lap (4000m)

Sen/Jun/Mas Men 1415

4 x Red Lap (4000m)

** Course subject to change to reflect local conditions



