

scottishathletics Masters Hurdle Specifications Indoor

Distance	Age Group	Marking	Height	To first Hurdle	Distance Between	From last hurdle	Number of flights	Tip weight
60m	M35	Long Blue	99.1cm	13.72m	9.14m	9.72m	5	3.6kg
60m	M50	Long Yellow	91.4cm	13m	8.5m	13m	5	3.6kg
60m	M60	Blue Triangle	84.0cm	12m	8m	16m	5	2.7kg
60m	M70	No Mark	76.2cm	12m	7m	20m	5	2.7kg
60m	M80	No Mark	68.5cm	12m	7m	20m	5	2.7kg
60m	W35	Long Yellow	84.0cm	13m	8.5m	13m	5	2.7kg
60m	W40	Blue Triangle	76.2cm	12m	8m	16m	5	2.7kg
60m	W50	No Mark	76.2cm	12m	7m	20m	5	2.7kg
60m	W60	No Mark	68.5cm	12m	7m	20m	5	2.7kg

NOTES

The above colouring is for Glasgow Emirates Arena.
Triangle markings are on edge & centre lanes only.