

## scottishathletics Hurdle Specifications Indoor

Distance	Age Group	Marking	Height	To first Hurdle	Distance Between	From last hurdle	Number of flights	Tip weight
60m	U12 Girls	Pink Triangle	68.5cm	11m	7m	21.0m	5	2.7kg
60m	U12 Boys	White Triangle	68.5cm	11.5m	7.5m	18.5m	5	2.7kg
60m	U14 Girls	White Triangle	68.5cm	11.5m	7.5m	18.5m	5	2.7kg
60m	U14 Boys	Blue Triangle	76.2cm	12m	8m	16.0m	5	2.7kg
60m	U16 Girls	Blue Triangle	76.2cm	12m	8m	16.0m	5	2.7kg
60m	U18 Women	Long Yellow	76.2cm	13m	8.5m	13.0m	5	3.6kg
60m	U20/Senior Women	Long Yellow	84cm	13m	8.5m	13.0m	5	3.6kg
60m	U16 Boys	Long Yellow	84cm	13m	8.5m	13m	5	2.7kg
60m	U18 Men	Long Blue	91.4cm	13.72m	9.14m	9.72m	5	3.6kg
60m	U20 Men	Long Blue	99.1cm	13.72m	9.14m	9.72m	5	3.6kg
60m	Senior Men	Long Blue	106.7cm	13.72m	9.14m	9.72m	5	3.6kg

### NOTES

The above colouring is for Glasgow Emirates Arena.  
Triangle markings are on edge & centre lanes only.