

scottishathletics

road race grand prix



2025	Male		Female	
Distance	A Standard (5 shares)	B Standard (2 shares)	A Standard (5 shares)	B Standard (2 shares)
5 km	14:15	14:30	16:20	16:35
10 km	30:00	30:30	34:30	35:00
10 mile	50:00	51:00	56:20	57:20
Half Marathon	65:00	67:00	76:00	78:00
Marathon	2:20:00	2:24:00	2:44:00	2:48:00

2024 Events	A Standard (5 shares)	B Standard (2 shares)	A Standard (5 shares)	B Standard (2 shares)
Inverness Half Marathon		Jamie Crowe (65:19) Sean Chalmers (65:20) Ryan Thomson (65:22) Taha Ghafari (65:39) Eddie Narbett (65:44) Lewis Rodgers (65:47) Michael Ferguson (65: 54)	Nancy Scott (73:20) Naomi Lang (74:39) Brogan Wallace (74:57) Kirsty Walker (75:27)	Rosa Donaldson (77:21)
Tom Scott 10 Mile	Scott Stirling (48.30) Kevin Campbell (48.37) Callum Hawkins (48.42) Ryan Thomson (48.50) Lewis Hannigan (49.19)	Sean Chalmers (50.01) Lewis Rodgers (50.10) Daniel Bradford (50.57)	Annabel Simpson (56.19)	
London Marathon				
Silverknowes 5km				
Roon The Toon 10km				

Total Shares	Male	Female
53.593056	35.59097222	18.00208333

Prize Money	Male (£2000)	Female (£2000)