Post Title	Head Sprints Coach of Glasgow University Athletics Club – Self Employed
Responsible to	Glasgow University Athletics Club Committee
Remuneration	£14 - £17 per hour
Role Duration	Typically 35 weeks between
	Start of September - End of May*
	2 Week winter break
	1 Week spring break
	*This year's coaching period ends 30th May 2025.
Place of work	Scotstoun Stadium
Hours	4 hours a week. Monday and Wednesday 6-8pm.
Club Mission	

Club Mission

Glasgow University Athletics Club (GUAC) is a vibrant, welcoming, and inclusive club that aims to organise, promote, and encourage the sport of Athletics within the university. GUAC is one of the largest clubs at the University of Glasgow, comprising four training groups: sprints, distance, jumps, and throws.

The club has a wide range of members from complete beginners to national champions. It is the biggest and most successful university athletics club in Scotland, being the 12x Indoor and 10x Outdoor Scottish University Champions.

GUAC is recruiting a self-motivated individual who embraces the culture of inclusivity and success.

The individual will lead the sprints group, with the clear objective of developing and supporting student athletes.

The Head Coach will be responsible for developing a culture of continuous improvement and will work alongside the committee and other staff to achieve this.

This will include, but is not limited to club coaches, the club partnership with Glasgow University's Sports Association, UoG Sport Staff and Scottish Athletics.

See our work on Instagram at

https://www.instagram.com/gusaathletics?utm_source=ig_web_button_share_sheet&igsh=ZDNIZD c0MzIxNw==

Required Certification

- Scottish/Equivalent Level 2 Coaching Qualification (minimum).
- Experience coaching at National competition level.
- First Aid training preferred.

Required Skills

- Proficient understanding of the technical aspects of the sport.
- Excellent inter-personal and communication skills.
- High-level organisational skills.
- Demonstrated ability to work effectively with other coaches and committee members.
- Demonstrated ability to integrate and develop young / inexperienced athletes.
- Ability to coach a range of skill levels.
- Reliability and punctuality.

Desirable Skills

- Knowledge of Scottish athletics.
- Experience in youth athletics and evidenced success in developing young talent.
- Diversity of experience across formats, levels and cultures.

Responsibilities

- Prepare all Monday/Wednesday coaching sessions for both the short sprints and long sprints groups.
- Lead and deliver 2-hour sessions on Mondays and Wednesday evenings.
- Arrange and deliver training plan(s) at least two weeks in advance for athletes of all levels.
- Work proactively, and communicate effectively, with the CTS and rest of the committee.
- All coaches are required to sign a Code of Conduct and Memorandum of Understanding at the start of the academic year.

Additional Roles

- Scope to lead (paid) club S&C sessions on Tuesday/Thursday evenings.
- Scope to provide the club with S&C training plans.
- Scope to provide training over summer, if summer training is running.

If you have any questions about the working pattern or experience, we encourage you to get in touch. For any general questions, please contact captain-athletics@gusa.gla.ac.uk

Applications should include a short covering letter and CV. These should be sent to captain-athletics@gusa.gla.ac.uk. Interviews to be expected at most two weeks from application