



Men							
			Scottish Short Course Championships	Scottish District Championships	Scottish Inter District Championships	Scottish National Cross Country Championships	Total
Position	Name	Club	02-Nov-24	30-Nov-24	11-Jan-25	22-Feb-25	
1	Jamie Crowe	Central AC	43	43			86
2	Aidan Thompson	Central AC	36	36			72
3	Scott Stirling	Falkirk Victoria Harriers	30	33			63
4	Ben Potrykus	Inverclyde AC	50				50
5	Logan Rees	Fife AC		50			50
6	Seyd Taha Ghafari	Shettleston Harriers		50			50
7	Ross Gollan	East Sutherland		50			50
8	Kieran Reilly	Central AC	24	22			46
9	Kevin Campbell	Cambuslang Harriers		43			43
10	Ruairidh Gollan	East Sutherland		43			43
11	Moray Pryde	Lothian RC	6	33			39
12	Callum Tharme	Cambuslang Harriers	16	20			36
13	Jamie Burns	Shettleston Harriers		36			36
14	Ryan MacKay	Lochaber AC		36			36
15	Andrew McGill	Cambuslang Harriers	33				33
16	James Wilson	Moray RR		33			33
17	Matthew Knowles	Edinburgh University		30			30
18	Andrew Douglas	Inverclyde AC		30			30
19	John Yells	Highland Hill Runners		30			30
20	Alastair Marshall	Central AC	8	20			28