

Indoor Seeding Protocol

Every athlete and Official deserves to be treated with respect, whatever their age, gender or discipline.

It is everybody's responsibility

- Cooperate with Officials on Seeding & Declarations, show patience
- Work as a team, assisting those new to the role
- Use appropriate language for the situation
- Don't be afraid to ask questions
- Ensure there is a radio to hand
- Radio for the NTD/Meeting Manager if there is a problem
- Allow 10 minutes extra Declaration time for the first events
- From 9.30 Declarations will close on time and sheets can be shared. (Only the NTD/Meeting Manager can authorise any exceptions.)
- Prioritise first Field events. **To be seeded on the day.** (Call Room will be issued with the entry list to allow them to make a start if required.)
- Don't let the urgency of the first events be to the detriment of accuracy
- If lane share is deemed necessary, use the following Guidelines:

***Indoor 800** – ideal 1 athlete per lane (=6), but with **agreement** double up in Lanes 2 & 4 (=8), **no more**, in preliminary rounds only (**no doubling up in Finals**).

Lane assignment should be as follows:

- 6 athletes - 3 random draws for L 6 & 5, L 4 & 3, then L 2 & 1
- 7 athletes - L 6 & 5 - fastest 2 athletes (random draw)
 - L 4 & 3 – next 2 fastest athletes (random draw) with L4 double up with 7th fastest athlete
- 8 athletes - L 2 & 1 – next two fastest athletes (random draw)
 - L 6 & 5 - fastest 2 athletes (random draw)
 - L 4 – double up 3rd fastest & 7th fastest athletes
 - L 3 – 4th fastest athlete
 - L 2 – double up 5th fastest and 8th fastest athletes
 - L 1 – 6th fastest athlete

***Indoor 1500** – maximum 12 athletes

***Indoor 3000** – maximum 15 athletes

Any changes or adjustments to seeding **must be** agreed with the Referee and reported to the Meeting Manager / National Technical Delegate.

- **Ensure maximum numbers in events are adhered to**
- Lane draw & progression must be as per the current rule book (chart on desk)
- Qualification must be noted on start lists for heats/semi-finals so that athletes can be informed in Call Room
- Any variation on Track **MUST be approved by the Track Referee**
- Any variation on Field **MUST be approved by the Field Referee**
- Print number of Track Sheets as per request + 1 for Call Room retention
- Print number of Field cards as per request + 1 for Call Room retention