

Indoor Seeding protocol

Every athlete and Official deserves to be treated with respect, whatever their age, gender or discipline.

It is everybody's responsibility

- Cooperate with Officials on Seeding & Declarations, show patience
- Work as a team, assisting those new to the role
- Use appropriate language for the situation
- Don't be afraid to ask questions
- Ensure there is a radio to hand
- Radio for the NTD/Meeting Manager if there is a problem
- Allow 10 minutes extra Declaration time for the first events
- From 9.30am Declarations will close on time and sheets can be shared. (only the NTD/Meeting Manager can authorise any exceptions)
- Prioritise first Field events. **To be seeded on the day.** (Call Room will be issued with the entry list to allow them to make a start if required.
- Don't let the urgency of the first events be to the detriment of accuracy
- If lane share is deemed necessary, use the following Guidelines
 - *Indoor 800 – ideal 1 athlete per lane (=6), but with **agreement** double up in Lanes 3 & 5(=8), **no more**
 - *Indoor 1500 – maximum 12 athletes
 - *Indoor 3000 – maximum 15 athletes

Any changes or adjustments to seeding **must be** agreed with the referee and reported to the Meeting Manager / National Technical Delegate.

- **Ensure maximum numbers in events are adhered to**
- Lane draw & progression must be as per the current rule book (chart on desk)
- Qualification must be noted on start lists for heats/semi-finals so that athletes can be informed in Call Room
- Any variation on Track **MUST be approved by the referee**
- Any variation on Field **MUST be approved by the referee**
- Print number of Track Sheets as per request + 1 for Call Room retention
- Print number of Field cards as per request + 1 for Call Room retention