

| U20 Girls Results | | | | | | Points | | | | |
|-------------------|-------------|----------------------|------------------|-------|--------------|--------|---|---|---|-------|
| Position | Race Number | Name | Country | Time | B&I Position | 1 | 2 | 3 | 4 | Total |
| 1 | 71 | Lauren Russell | England | 26.54 | 1 | | | | | |
| 2 | 70 | Amelie Lane | England | 27.30 | 2 | | | | | |
| 3 | 68 | Georgia Bell | England | 28.03 | 3 | | | | | 6 |
| 4 | 69 | Rose Gilldaley | England | 28.23 | 4 | | | | | |
| 5 | 63 | Jessica Taylor | Scotland | 29.04 | 5 | | | | | |
| 6 | 48 | Caitlin Hughes | Ireland A | 29.24 | 6 | | | | | |
| 7 | 62 | Isla Paterson | Scotland | 29.41 | 7 | | | | | |
| 8 | 65 | Beth Rawlinson | Wales | 29.42 | 8 | | | | | |
| 9 | 49 | Hannah Foley Wolimer | Ireland A | 29.43 | 9 | | | | | |
| 10 | 50 | Sinead Farrell | Ireland A | 30.02 | 10 | | | | | 25 |
| 11 | 60 | Elsa McGregor | Scotland | 30.04 | 11 | | | | | 23 |
| 12 | 59 | Mairi Clements | Northern Ireland | 30.09 | 12 | | | | | |
| 13 | 56 | Katie Graham | Northern Ireland | 30.24 | 13 | | | | | |
| 14 | 61 | Katie Meek | Scotland | 31.01 | 14 | | | | | |
| 15 | 67 | Maddison Griffiths | Wales | 31.02 | 15 | | | | | |
| 16 | 4357 | Megan Wilkinson | #N/A | 31.06 | | | | | | |
| 17 | 66 | Efa Baines | Wales | 31.29 | 16 | | | | | 39 |
| 18 | 4388 | Olivia Almond | #N/A | 31.53 | | | | | | |
| 19 | 51 | Eve Buckley | Ireland A | 33.02 | 17 | | | | | |
| 20 | 57 | Niamh Campbell | Northern Ireland | 33.28 | 18 | | | | | 43 |
| 21 | 53 | Aoibhinn O'Brien | Ireland B | 33.29 | | | | | | |
| 22 | 64 | Caitlin Jones | Wales | 34.43 | 19 | | | | | |
| 23 | 58 | Alanna Rose Farley | Northern Ireland | 35.32 | 20 | | | | | |
| 24 | 52 | Della Mc'Loughlin | Ireland B | 35.49 | | | | | | |
| 25 | 54 | Polly Duffy | Ireland B | 36.50 | | | | | | |
| 26 | 55 | Abigail O'Leary | Ireland B | 40.25 | | | | | | |

| Entrants | | |
|-------------|----------------------|------------------|
| Race Number | Name | Country |
| 48 | Caitlin Hughes | Ireland A |
| 49 | Hannah Foley Wolimer | Ireland A |
| 50 | Sinead Farrell | Ireland A |
| 51 | Eve Buckley | Ireland A |
| 52 | Della Mc'Loughlin | Ireland B |
| 53 | Aoibhinn O'Brien | Ireland B |
| 54 | Polly Duffy | Ireland B |
| 55 | Abigail O'Leary | Ireland B |
| 56 | Katie Graham | Northern Ireland |
| 57 | Niamh Campbell | Northern Ireland |
| 58 | Alanna Rose Farley | Northern Ireland |
| 59 | Mairi Clements | Northern Ireland |
| 60 | Elsa McGregor | Scotland |
| 61 | Katie Meek | Scotland |
| 62 | Isla Paterson | Scotland |
| 63 | Jessica Taylor | Scotland |
| 64 | Caitlin Jones | Wales |
| 65 | Beth Rawlinson | Wales |
| 66 | Efa Baines | Wales |
| 67 | Maddison Griffiths | Wales |
| 68 | Georgia Bell | England |
| 69 | Rose Gilldaley | England |
| 70 | Amelie Lane | England |
| 71 | Lauren Russell | England |

| Individual Results | | | |
|--------------------|----------------|---------|-------|
| Position | Name | Country | Time |
| 1 | Lauren Russell | England | 26.54 |
| 2 | Amelie Lane | England | 27.30 |
| 3 | Georgia Bell | England | 28.03 |

| Individual Results | | |
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| Position | Country | Points |
| 1 | England | 6 |
| 2 | Scotland | 23 |
| 3 | Ireland | 25 |
| 4 | Wales | 39 |

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| 5 | Northern Ireland | 43 |
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