

# scottishathletics

road race grand prix



2024	Male		Female	
Distance	A Standard (5 shares)	B Standard (2 shares)	A Standard (5 shares)	B Standard (2 shares)
5 km	14:15	14:30	16:20	16:35
10 km	30:00:00	30:30:00	34:30:00	35:00:00
10 mile	50:00:00	51:00:00	56:20:00	57:20:00
Half Marathon	65:00:00	67:00:00	76:00:00	78:00:00
Marathon	02:20:00	02:24:00	02:44:00	02:48:00

2024 Events	A Standard (5 shares)	B Standard (2 shares)	A Standard (5 shares)	B Standard (2 shares)
Inverness		John Bell (65:34) Sean Chalmers (65:44) Michael Ferguson (65:58) Fraser Stewart (66:27) Mike Christoforou (66:58)	Mhairi MacIennan (71:47) Virginie Barrand (72:36) Claire Bruce (75:54)	
Half Marathon				

<b>Tom Scott 10 Mile</b>	Lewis Hannigan (49:07) Sean Chalmers (49:18) Ryan Thomson (49:35) John Bell (49:46)	Dermot Cummins (50:53)	Annabel Simpson (54:35) Virginie Barrand (55:49)	
<b>London Marathon</b>	Callum Hawkins (2:17:34) Tom Martyn (2:19:56)	Charlie Sandison (2:20:11)	Mhairi Maclennan (2:29:15)	Shona McIntosh (2:46:22)
<b>Silverknowes 5km</b>				
<b>Podfather Stirling 10km</b>				

<b>Total Shares</b>	<b>Male</b>	<b>Female</b>
<b>36.341794</b>	<b>22.34414352</b>	<b>13.99765046</b>

<b>Prize Money</b>	<b>Male (£2000)</b>	<b>Female (£2000)</b>