

**scottishathletics**  
road race **grand prix**



2024	Male		Female	
Distance	A Standard (5 shares)	B Standard (2 shares)	A Standard (5 shares)	B Standard (2 shares)
5 km	14:15	14:30	16:20	16:35
10 km	30:00	30:30	34:30	35:00
10 mile	50:00	51:00	56:20	57:20
Half Marathon	65:00	67:00	76:00	78:00
Marathon	2:20:00	2:24:00	2:44:00	2:48:00

2024 Events	A Standard (5 shares)	B Standard (2 shares)	A Standard (5 shares)	B Standard (2 shares)
Inverness Half Marathon		John Bell (65:34) Sean Chalmers (65:44) Michael Ferguson (65:58) Fraser Stewart (66:27) Mike Christoforou (66:58)	Mhairi MacIennan (71:47) Virginie Barrand (72:36) Claire Bruce (75:54)	
Tom Scott 10 Mile	Lewis Hannigan (49:07) Sean Chalmers (49:18) Ryan Thomson (49:35) John Bell (49:46)	Dermot Cummins (50:53)	Annabel Simpson (54:35) Virginie Barrand (55:49)	
London Marathon				
Silverknowes 5km				
Podfather Stirling 10km				

Total Shares	Male	Female
<b>37.917361</b>	<b>24.13888889</b>	<b>13.77847222</b>

Prize Money	Male (£2000)	Female (£2000)