

# scottishathletics

road race grand prix



2024	Male		Female	
Distance	A Standard (5 shares)	B Standard (2 shares)	A Standard (5 shares)	B Standard (2 shares)
5 km	14:15	14:30	16:20	16:35
10 km	30:00:00	30:30:00	34:30:00	35:00:00
10 mile	50:00:00	51:00:00	56:20:00	57:20:00
Half Marathon	65:00:00	67:00:00	76:00:00	78:00:00
Marathon	02:20:00	02:24:00	02:44:00	02:48:00

2024 Events	A Standard (5 shares)	B Standard (2 shares)	A Standard (5 shares)	B Standard (2 shares)
Inverness Half Marathon		John Bell (65:34) Sean Chalmers (65:44) Michael Ferguson (65:58) Fraser Stewart (66:27) Mike Christoforou (66:58)	Mhairi Maclennan (71:47) Virginie Barrand (72:36) Claire Bruce (75:54)	
Tom Scott 10 Mile				
London Marathon				
Silverknowes 5km				
Podfather Stirling 10km				

Total Shares	Male	Female
<b>22.95694</b>	<b>13.77847222</b>	<b>9.178472222</b>

Prize Money	Male (£2000)	Female (£2000)