



|                 | <b>Men</b>        |                           | Scottish Short Course Championships | Scottish District Championships | Scottish Inter District Championships | Scottish National Cross Country Championships | <b>Total</b> |
|-----------------|-------------------|---------------------------|-------------------------------------|---------------------------------|---------------------------------------|---|--------------|
| <b>Position</b> | <b>Name</b>       | <b>Club</b>               | <b>4 Nov 23</b>                     | <b>2 Dec 23</b>                 | <b>13 Jan 24</b>                      | <b>24 Feb 24</b>                              |              |
| 1               | Jamie Crowe       | Central AC                | 50                                  | 50                              | 50                                    |   | <b>150</b>   |
| 2               | Duncan Robinson   | Giffnock North AC         | 33                                  | 50                              | 36                                    |   | <b>119</b>   |
| 3               | Scott Stirling    | Falkirk Victoria Harriers | 43                                  |                                 | 43                                    |   | <b>86</b>    |
| 4               | Eddie Narbett     | Carnethy                  | 16                                  | 27                              | 22                                    |   | <b>65</b>    |
| 5               | Andrew Douglas    | Inverclyde AC             |                                     | 33                              | 27                                    |   | <b>60</b>    |
| 6               | Calum Phillip     | Central AC                | 2                                   | 33                              | 18                                    |   | <b>53</b>    |
| 7               | Ross Gollan       | East Sutherland AC        |                                     | 50                              |                                       |   | <b>50</b>    |
| 8               | Jamie Mackinnon   | Cambuslang Harriers       | 18                                  | 30                              | 1                                     |   | <b>49</b>    |
| 9               | Andrew Butchart   | Central AC                |                                     | 43                              |                                       |   | <b>43</b>    |
| 10              | James Wilson      | Moray Road Runners        |                                     | 43                              |                                       |   | <b>43</b>    |
| 11              | Seyd Taha Ghafari | Shettleston Harriers      |                                     | 43                              |                                       |   | <b>43</b>    |
| 12              | Moray Pryde       | Lothian Running Club      |                                     | 24                              | 14                                    |   | <b>38</b>    |
| 13              | Lewis Hannigan    | Kilbarchan                |                                     |                                 | 36                                    |   | <b>36</b>    |
| 14              | Freddie Carcas    | Edinburgh AC              | 36                                  |                                 |                                       |   | <b>36</b>    |
| 15              | Gavin Smith       | Cambuslang Harriers       |                                     | 36                              |                                       |   | <b>36</b>    |

|    |                   |                          |    |    |    |  |           |
|----|-------------------|--------------------------|----|----|----|--|-----------|
| 16 | Kristian Jones    | Dundee Hawkhill Harriers |    | 36 |    |  | <b>36</b> |
| 5  | Gordon Lennox     | East Sutherland AC       |    | 36 |    |  | <b>36</b> |
| 6  | Lewis MacAlpine   | Stornway RAC             |    | 33 |    |  | <b>33</b> |
| 7  | Michael Ferguson  | Aberdeen AAC             |    | 22 | 8  |  | <b>30</b> |
| 6  | Jack Patton       | Strathclyde University   | 30 |    |    |  | <b>30</b> |
| 7  | Sean Chalmers     | Aberdeen AAC             |    | 30 |    |  | <b>30</b> |
| 8  | Matthew Blunden   | Moray Road Runners       |    | 30 |    |  | <b>30</b> |
| 7  | Finlay Ross-Davie | EUHH                     |    |    | 30 |  | <b>30</b> |
| 8  | Callum Tharme     | Strathclyde University   | 27 |    |    |  | <b>27</b> |
| 9  | Robbie Ferguson   | Kilbrachan AC            |    | 27 |    |  | <b>27</b> |
| 10 | George Fisher     | Lochaber AC              |    | 27 |    |  | <b>27</b> |
| 11 | Ben MacMillan     | Central AC               | 24 |    |    |  | <b>24</b> |
| 12 | Magnus Tait       | Glasgow University       |    | 24 |    |  | <b>24</b> |
| 13 | Alasdair Coupar   | East Sutherland AC       |    | 24 |    |  | <b>24</b> |
| 14 | Ryan Grey         | Inverclyde AC            |    | 22 | 2  |  | <b>24</b> |
| 15 | Harry Henriksen   | Edinburgh University     | 22 |    |    |  | <b>22</b> |
| 16 | Andrew Johnstone  | Inverness Harriers       |    | 22 |    |  | <b>22</b> |
| 17 | Ben Potrykus      | Inverclyde AC            | 20 |    |    |  | <b>20</b> |
| 18 | Philip Neilson    | Shettleston Harriers     |    | 20 |    |  | <b>20</b> |
| 19 | Calum McKenzie    | Corstorphine AAC         |    | 20 |    |  | <b>20</b> |
| 20 | Adam Baker        | Moray Road Runners       |    | 20 |    |  | <b>20</b> |
| 21 | Lachlan Oates     | Shettleston Harriers     |    |    | 20 |  | <b>20</b> |
| 22 | Dan Dry           | Shettleston Harriers     |    | 18 |    |  | <b>18</b> |
| 23 | Mohamend Warsame  | Aberdeen AAC             |    | 18 |    |  | <b>18</b> |
| 24 | Sam Milton        | Moray Road Runners       |    | 18 |    |  | <b>18</b> |
| 25 | Tom Martyn        | HBT                      |    |    | 16 |  | <b>16</b> |
| 26 | Andrew McGill     | Glasgow University       | 8  |    | 7  |  | <b>15</b> |
| 27 | Corey Campbell    | Team East Lothian        | 14 |    |    |  | <b>14</b> |
| 28 | Max Abernethy     | Aberdeen AAC             | 12 |    |    |  | <b>12</b> |
| 29 | Ryan Martin       | Stirling University      | 10 |    |    |  | <b>10</b> |
| 30 | Lucas Cairns      | Edinburgh University     | 6  |    |    |  | <b>6</b>  |
| 31 | Fraser Gilmour    | Kilbarchan               |    |    | 6  |  | <b>6</b>  |

|    |                |                    |   |  |   |  |   |
|----|----------------|--------------------|---|--|---|--|---|
| 32 | Logan Beagley  | Livingston AC      | 4 |  |   |  | 4 |
| 33 | Ross Grey      | Inverclyde AC      |   |  | 4 |  | 4 |
| 34 | Peter Bradshaw | EUHH               |   |  | 3 |  | 3 |
| 35 | Luke Davidson  | Inverness Harriers | 3 |  |   |  | 3 |
| 36 | Noah Howlett   | Edinburgh AC       | 1 |  |   |  | 1 |

**scottish**athletics



| <b>Women</b>    |                       |                     | <b>Scottish Short Course<br/>Championships</b> | <b>Scottish District<br/>Championships</b> | <b>Scottish Inter District<br/>Championships</b> | <b>Scottish National Cross<br/>Country Championships</b> | <b>Total</b> |
|-----------------|-----------------------|---------------------|--|--|--|--|--------------|
| <b>Position</b> | <b>Name</b>           | <b>Club</b>         | <b>4 Nov 23</b>                                | <b>2 Dec 23</b>                            | <b>13 Jan 24</b>                                 | <b>24 Feb 24</b>   |              |
|                 |                       |                     |  |  |  |  |              |
| 1               | Kirsty Walker         | Edinburgh AC        | 43   | 50   | 50   |  | <b>143</b>   |
| 2               | Eve Mackinnon         | Cambuslang Harriers | 20   | 50   | 33   |  | <b>103</b>   |
| 3               | Nynke Mulholland-Stum | Inverclyde AC       | 16   | 43   | 24   |  | <b>83</b>    |
| 4               | Nancy Scott           | Edinburgh AC        | 30   |  | 43   |  | <b>73</b>    |
| 5               | Lauren Dickson        | Lasswade AC         |  | 43   | 30   |  | <b>73</b>    |
| 6               | Sara Green            | Gala Harriers       | 14   | 33   | 20   |  | <b>67</b>    |

|    |                    |                           |    |    |    |  |           |
|----|--------------------|---------------------------|----|----|----|--|-----------|
| 7  | Hannah Cameron     | Aberdeen AAC              | 2  | 27 | 27 |  | <b>56</b> |
| 8  | Claire Bruce       | Aberdeen Metro            |    | 36 | 18 |  | <b>54</b> |
| 9  | Catriona MacDonald | Bellahouston Harriers     | 1  | 36 | 14 |  | <b>51</b> |
| 10 | Eloise Walker      | Edinburgh AC              | 50 |    |    |  | <b>50</b> |
| 11 | Catriona Graves    | Highland Hill Runners     |    | 50 |    |  | <b>50</b> |
| 12 | Georgina Tindley   | Highland Hill Runners     |    | 43 |    |  | <b>43</b> |
| 13 | Lesley Bell        | Garscube Harriers         |    | 33 | 6  |  | <b>39</b> |
| 14 | Emma Creasey       | Giffnock North AAC        |    | 27 | 10 |  | <b>37</b> |
| 15 | Monica Blair       | Garscube Harriers         | 4  | 30 | 3  |  | <b>37</b> |
| 16 | Fionnuala Ross     | Shettleston Harriers      | 36 |    |    |  | <b>36</b> |
| 17 | Scout Adkin        | Moorfoots                 |    |    | 36 |  | <b>36</b> |
| 18 | Gemma Cormack      | Moray Road Runners        |    | 36 |    |  | <b>36</b> |
| 19 | Megan Crawford     | Fife AC                   |    | 18 | 16 |  | <b>34</b> |
| 20 | Katie Anderson     | Moray Road Runners        |    | 33 |    |  | <b>33</b> |
| 21 | Erin Wallace       | Giffnock North AAC        | 33 |    |    |  | <b>33</b> |
| 22 | Mia Padmanabhan    | Glasgow University        |    | 20 | 12 |  | <b>32</b> |
| 23 | Amy Frankland      | Lasswade AC               |    | 30 |    |  | <b>30</b> |
| 24 | Helen Leigh        | Highland Hill Runners     |    | 30 |    |  | <b>30</b> |
| 25 | Katja Blunden      | Moray Road Runners        |    | 27 |    |  | <b>27</b> |
| 26 | Stefanie Tucker    | Cambuslang Harriers       | 27 |    |    |  | <b>27</b> |
| 27 | Clare Stewart      | Glasgow University        |    | 24 | 2  |  | <b>26</b> |
| 28 | Olivia Vareille    | Falkirk Victoria Harriers |    | 24 |    |  | <b>24</b> |
| 29 | Lesley Hansen      | Moray Road Runners        |    | 24 |    |  | <b>24</b> |
| 30 | Sarah Calvert      | Edinburgh University      | 24 |    |    |  | <b>24</b> |
| 31 | Emma Jenkins       | Aberdeen AC               |    | 22 |    |  | <b>22</b> |
| 32 | Rachel Little      | Insch Trail Running Club  |    | 22 |    |  | <b>22</b> |
| 33 | Michelle Sandison  | Springburn Harriers       |    | 22 |    |  | <b>22</b> |
| 34 | Sarah Coutts       | Fife AC                   |    |    | 22 |  | <b>22</b> |
| 35 | Lynn McKenna       | Shettleston Harriers      | 22 |    |    |  | <b>22</b> |
| 36 | Kara Mckenzie-Tait | Costorphine AAC           |    | 20 | 1  |  | <b>21</b> |
| 37 | Monica Padilla     | Highland Hill Runners     |    | 20 |    |  | <b>20</b> |
| 38 | Alice Goodall      | Edinburgh AC              | 18 |    |    |  | <b>18</b> |

|    |                     |                      |    |    |   |  |           |
|----|---------------------|----------------------|----|----|---|--|-----------|
| 39 | Aoife Carr          | Shettleston Harriers |    | 18 |   |  | <b>18</b> |
| 40 | Isla MacKay         | Lochaber AC          |    | 18 |   |  | <b>18</b> |
| 41 | Anya MacLean        | Edinburgh University | 12 |    |   |  | <b>12</b> |
| 42 | Isla Paterson       | Gala Harriers        | 10 |    |   |  | <b>10</b> |
| 43 | Grace Pow           | Carnethy HRC         |    |    | 8 |  | <b>8</b>  |
| 44 | Kirstian MacAulay   | Costorphine AAC      | 8  |    |   |  | <b>8</b>  |
| 45 | Merce Sanchez Oller | Edinburgh AC         | 6  |    |   |  | <b>6</b>  |
| 46 | Josie-Wren Golder   | Costorphine AAC      | 3  |    |   |  | <b>3</b>  |
| 47 | Grace Tindall       | Central AC           |    |    | 4 |  | <b>4</b>  |
|    |                     |                      |    |    |   |  |           |