



	Men		Scottish Short Course Championships	Scottish District Championships	Scottish Inter District Championships	Scottish National Cross Country Championships	Total
1	Jamie Crowe	Central AC	50	50			100
2	Duncan Robinson	Giffnock North AC	33	50			83
3	Ross Gollan	East Sutherland AC		50			50
4	Jamie Mackinnon	Cambuslang Harriers	18	30			48
5	Scott Stirling	Falkirk Victoria Harriers	43				43
6	Eddie Narbett	Carnethy	16	27			43
7	Andrew Butchart	Central AC		43			43
8	James Wilson	Moray Road Runners		43			43
9	Seyd Taha Ghafari	Shettleston Harriers		43			43
10	Freddie Carcas	Edinburgh AC	36				36
11	Gavin Smith	Cambuslang Harriers		36			36
12	Kristian Jones	Dundee Hawkhill Harriers		36			36
13	Gordon Lennox	East Sutherland AC		36			36
14	Calum Phillip	Central AC	2	33			35
15	Andrew Douglas	Inverclyde AC		33			33
16	Lewis MacAlpine	Stormway RAC		33			33
5	Jack Patton	Strathclyde University	30				30
6	Sean Chalmers	Aberdeen AAC		30			30
7	Matthew Blunden	Moray Road Runners		30			30
6	Callum Tharme	Strathclyde University	27				27
7	Robbie Ferguson	Kilbrachan AC		27			27
8	George Fisher	Lochaber AC		27			27
7	Ben MacMillan	Central AC	24				24
8	Magnus Tait	Glasgow University		24			24
9	Moray Pryde	Lothian Running Club		24			24
10	Alasdair Coupar	East Sutherland AC		24			24
11	Harry Henriksen	Edinburgh University	22				22
12	Ryan Grey	Inverclyde AC		22			22
13	Michael Ferguson	Aberdeen AAC		22			22
14	Andrew Johnstone	Inverness Harriers		22			22
15	Ben Potrykus	Inverclyde AC	20				20
16	Philip Neilson	Shettleston Harriers		20			20
17	Calum McKenzie	Corstorphine AAC		20			20
18	Adam Baker	Moray Road Runners		20			20
19	Dan Dry	Shettleston Harriers		18			18
20	Mohamed Warsame	Aberdeen AAC		18			18
21	Sam Milton	Moray Road Runners		18			18
22	Corey Campbell	Team East Lothian	14				14
23	Max Abernethy	Aberdeen AAC	12				12
24	Ryan Martin	Stirling University	10				10
25	Andrew McGill	Glasgow University	8				8
26	Lucas Cairns	Edinburgh University	6				6
27	Logan Beagley	Livingston AC	4				4
28	Luke Davidson	Inverness Harriers	3				3
29	Noah Howlett	Edinburgh AC	1				1
30							0
31							0
32							0
33							0
34							0
35							0
36							0
37							0
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50							0

							
	Women		Scottish Short Course Championships	Scottish District Championships	Scottish Inter District Championships	Scottish National Cross Country Championships	Total
1	Kirsty Walker	Edinburgh AC	43	50			93
2	Eve Mackinnon	Cambuslang Harriers	20	50			70
3	Nynke Mulholland-Stummer	Inverclyde AC	16	43			59
4	Eloise Walker	Edinburgh AC	50				50
5	Catriona Graves	Highland Hill Runners		50			50
6	Sara Green	Gala Harriers	14	33			47
7	Lauren Dickson	Lasswade AC		43			43
8	Georgina Tindley	Highland Hill Runners		43			43
9	Catriona MacDonald	Bellahouston Harriers	1	36			37
10	Fionnuala Ross	Shettleston Harriers	36				36
11	Claire Bruce	Aberdeen Metro		36			36
12	Gemma Cormack	Moray Road Runners		36			36
13	Monica Blair	Garscube Harriers	4	30			34
14	Erin Wallace	Giffnock North AAC	33				33
15	Lesley Bell	Garscube Harriers		33			33
16	Katie Anderson	Moray Road Runners		33			33
17	Nancy Scott	Edinburgh AC	30				30
18	Amy Frankland	Lasswade AC		30			30
19	Helen Leigh	Highland Hill Runners		30			30
20	Hannah Cameron	Aberdeen AAC	2	27			29
21	Stefanie Tucker	Cambuslang Harriers	27				27
22	Emma Creasey	Giffnock North AAC		27			27
23	Katja Blunden	Moray Road Runners		27			27
24	Sarah Calvert	Edinburgh University	24				24
25	Clare Stewart	Glasgow University		24			24
26	Olivia Vareille	Falkirk Victoria Harriers		24			24
27	Lesley Hansen	Moray Road Runners		24			24
28	Lynn McKenna	Shettleston Harriers	22				22
29	Michelle Sandison	Springburn Harriers		22			22
30	Emma Jenkins	Aberdeen AC		22			22
31	Rachel Little	Insch Trail Running Club		22			22
32	Mia Padmanabhan	Glasgow University		20			20
33	Kara McKenzie-Tait	Costorphine AAC		20			20
34	Monica Padilla	Highland Hill Runners		20			20
35	Alice Goodall	Edinburgh AC	18				18
36	Aoife Carr	Shettleston Harriers		18			18
37	Megan Crawford	Fife AC		18			18
38	Isla MacKay	Lochaber AC		18			18
39	Anya MacLean	Edinburgh University	12				12
40	Isla Paterson	Gala Harriers	10				10
41	Kirstian MacAulay	Costorphine AAC	8				8
42	Merce Sanchez Oller	Edinburgh AC	6				6
43	Josie-Wren Golder	Costorphine AAC	3				3
44							0
45							0
46							0
47							0
48							0
49							0
50							0
51							0
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