

Tier 1											
Club	Rank#1	NatXCR	Rank#2	Short	Total	Rank#3	NatXC	TOTAL	Tier	Mship	
Garscube Harriers	1	78	1	0	78	1	0	78	1	+275	
Giffnock North AC	2	71	2	0	71	2	0	71	1	+275	
Central AC	3	53	3	0	53	3	0	53	1	+275	
Falkirk Victoria Harriers	3	53	3	0	53	3	0	53	1	+125	
Cambuslang Harriers	5	52	5	0	52	5	0	52	1	+125	
Edinburgh AC	6	45	6	0	45	6	0	45	1	+275	
Corstorphine AAC	7	43	7	0	43	7	0	43	1	+275	
Shettleston Harriers	8	37	8	0	37	8	0	37	1	+275	
Gala Harriers	9	35	9	0	35	9	0	35	1	+125	
Aberdeen AAC	10	34	10	0	34	10	0	34	1	+275	
Edinburgh Univ Hare and Hounds	10	34	10	0	34	10	0	34	1	-125	
Greenock Glenpark Harriers	12	33	12	0	33	12	0	33	1	+125	
Harmeny AC	12	33	12	0	33	12	0	33	1	+275	
East Kilbride AC	14	30	14	0	30	14	0	30	1	+125	
Kilbarchan AAC	15	29	15	0	29	15	0	29	1	+275	
Bellahouston RR	16	24	16	0	24	16	0	24	1	+125	
Law & District AAC	16	24	16	0	24	16	0	24	1	+275	
Bellahouston Harriers	18	19	18	0	19	18	0	19	1	+125	
Fife AC	19	14	19	0	14	19	0	14	1	+125	
West End RR	20	7	20	0	7	20	0	7	1	+125	
Tier 2											
Club	Rank#1	NatXCR	Rank#2	Short	Total	Rank#3	NatXC	TOTAL	Tier	Mship	
Glasgow University Hares and Hounds	1	37	1	0	37	1	0	37	2	-125	
Inverclyde AC	2	31	2	0	31	2	0	31	2	-125	
Cumbernauld AAC	3	28	3	0	28	3	0	28	2	+125	
Kilmarnock H&AC	4	24	4	0	24	4	0	24	2	+275	
Dundee Hawkhill Harriers	5	22	5	0	22	5	0	22	2	+275	
VP-Glasgow AC	6	18	6	0	18	6	0	18	2	+275	
Springburn Harriers	7	17	7	0	17	7	0	17	2	+275	
Carnegie Harriers	8	16	8	0	16	8	0	16	2	-125	
Dundee Roadrunners	9	15	9	0	15	9	0	15	2	+125	
Linlithgow AC	9	15	9	0	15	9	0	15	2	+125	
Strathclyde Univ Harriers	11	14	11	0	14	11	0	14	2	-125	
Lasswade AC	12	13	12	0	13	12	0	13	2	+125	
PH Racing Club	12	13	12	0	13	12	0	13	2	-125	
Ayr Seaforth AC	12	13	12	0	13	12	0	13	2	+125	
Perth RR	15	11	15	0	11	15	0	11	2	+125	
University of St Andrews CCC	16	9	16	0	9	16	0	9	2	-125	
Metro Aberdeen Running Club	17	6	17	0	6	17	0	6	2	+275	
Hunters Bog Trotters	18	4	18	0	4	18	0	4	2	-125	
Team East Lothian	18	4	18	0	4	18	0	4	2	-125	
Portobello RC	20	1	20	0	1	20	0	1	2	+125	
Tier 3											
Club	Rank#1	NatXCR	Rank#2	Short	Total	Rank#3	NatXC	TOTAL	Tier	Mship	
Motherwell AC	1	19	1	0	19	1	0	19	3	+125	
Pitreavie AAC	2	18	2	0	18	2	0	18	3	+125	
Moray RR	3	17	3	0	17	3	0	17	3	+125	
Strathearn Harriers	3	17	3	0	17	3	0	17	3	+125	
Airdrie Harriers	5	16	5	0	16	5	0	16	3	-125	
Lothian RC	5	16	5	0	16	5	0	16	3	+125	
Stirling University AC	7	13	7	0	13	7	0	13	3	-125	
Calderglen Harriers	8	12	8	0	12	8	0	12	3	-125	
Perth Strathtay Harriers	8	12	8	0	12	8	0	12	3	-125	
Clydesdale Harriers	10	10	10	0	10	10	0	10	3	-125	
Helensburgh AAC	11	8	11	0	8	11	0	8	3	+125	
Kirkintilloch Olympians	11	8	11	0	8	11	0	8	3	-125	
Musselburgh and District AC	11	8	11	0	8	11	0	8	3	+125	
Newton Road Runners	14	7	14	0	7	14	0	7	3	-125	
Inverness Harriers AAC	15	6	15	0	6	15	0	6	3	+125	
Livingston AC	15	6	15	0	6	15	0	6	3	-125	
Dumbarton AAC	17	4	17	0	4	17	0	4	3	-125	
Glasgow Frontrunners	17	4	17	0	4	17	0	4	3	+125	
Ochil Hill Runners	19	3	19	0	3	19	0	3	3	-125	
Banchory Stonehaven Athletics Club	20	2	20	0	2	20	0	2	3	-125	
East Sutherland AC	21	1	21	0	1	21	0	1	3	-125	

Clubs affected by Storm Babet have been scored at 75% turnout

Top 4 clubs will be promoted, bottom 4 clubs relegated

Tiebreaker - total at National XC, then Short XC