



European Five Cities Athletics Challenge – Glasgow, 14th October 2023

Full Criteria for selection to the Glasgow Team.

The selection of team for **Glasgow Life** Track & Field Representative Match, Five Cities, will be made by a Selection Committee which will consist of a Chair, a member of **scottishathletics** Performance Team and a member of Glasgow Athletics Association. Voting rights will be held by the Head of Performance (or substitute) and one representative from the Glasgow Athletics Association with the Chair will have the casting vote.

Their selection will be made according to the following criteria:

1. To be eligible all athletes must meet one of the following criteria:
 - a. Reside within Glasgow City
 - b. Attend a Glasgow Secondary School or place of further education
 - c. Be a first claim member of a Glasgow athletics club (GAA or another Glasgow City based Club)
2. The **Glasgow Life** eligibility rules shall apply. All athletes must have completed the necessary Eligibility process in advance of the selection date, 21st August 2023. (Scottish Age Groups being the final event to qualify)
3. Where the selection for an event involves an athlete with whom a selector is closely involved e.g. as Manager or Personal Coach, then the selector involved will play no part in the selection for that event.
4. Only athletes who will benefit from the standard of competition at the Five Cities event will be selected and the selection committee has discretion to leave places empty if necessary.
5. The decision of the selectors is final. Any correspondence regarding selections must be forwarded to the Chair of Selectors via **Glasgow Life** for response. No other response will be deemed official.
6. All selections are dependent on athlete full acceptance of the terms of the Athlete Agreement issued to all selected athletes.
7. Any athlete substitutions resulting from changes in athlete availability, fitness status, injury, illness etc. occurring post-selection will be based on named reserves from the selection meeting. Any further substitutions that may be required beyond this are the responsibility of the Selection Group.

Selection Criteria

Selectors will make their decisions based on nominations from the **clubs, schools and individuals**, where appropriate, taking account of:

- All athletes must be under the age of 18 on the 31st December 2023, World Athletics U18 age group. (Born after 1st January 2006)
- Current Scottish rankings and performances in nominated trial events (where appropriate).
 - ⊖ Where there is a need for a Shot Putt competition, this will be hosted by GAA and delivered in line with UKA and World Athletics Rules. (This may be needed as U17 and U20 athletes throw different weights in the UK)
 - ⊖ Where there is a need for a sprint hurdles competition, this will be hosted by GAA and delivered in line with UKA and World Athletics Rules. (The distance will be 60m and over U18 heights and spacings)
- Current and, where applicable, head-to-head form.
- The nature and quality of the event at which performances were achieved e.g. presence of qualified officials, use of automatic timing/wind gauges; licensing status of facility etc.
- Consideration will be given to wind speeds in making athlete comparisons.
- Athlete availability.



- Any other relevant factors e.g. fitness status or injury, ability to compete at the required level, commitment to and conduct at previous representative opportunities.
- Athletes must follow any guidance set out by the organisers or hosts, particularly in relation to Covid 19

Suggested Minimum Standards

Male	Event	Female
7.70s/ 12.00s	60m/ 100m	8.50/ 13.30
9.30/ 16.00***	60mH/80mH/ 100mH	10.30/ 13.70***
24.5	200m	27.2
55.50	400m	66.10*
2.10.00	800m	2.30.00
10.00.00	3000m	12.00.00
1.65	High Jump	1.45
5.40	Long Jump	4.60
11.00m	Triple Jump	9.00m
10.00**	Shot Putt	8.50**

*300m equivalent time for U17 athletes – 45.50

**Relevant to U17 athletes, U20 athletes' standards, U20W – 7.60m, U20M – 10.00m

*** Relevant to U17 athletes, U20 athletes' standards, U20W – 10.30s & 18.00s, U20M – 9.30s & 18.50s

The above standards are a guide for athletes, coaches, teachers, and parents to consider if applying to be considered in the team to represent Glasgow at the European Five Cities Athletics Challenge.

The team will be made up of a maximum of 20 athletes, with one male and one female in each event. There is a Mixed Medley Relay, using the following format.

800m male athlete

400m female athlete

200m female athlete

200m male athlete

There will be no individual events in 800m & 200m for U18men or 400m & 200m for U18 women, these athletes will compete in the Medley Relay.

There will be reserves identified for each event. These athletes will be invited to join the team if the top ranked athlete is unable to compete.

Please complete the online form - <https://glasgowlife.sportsuite.co.uk/forms/view/ecc2023>

