

**scottishathletics**  
road race grand prix



2023	Male		Female	
Distance	A Standard (5 shares)	B Standard (2 shares)	A Standard (5 shares)	B Standard (2 shares)
5 km	14:20	14:35	16:20	16:35
10 km	30:00	30:30	34:30	35:00
10 mile	50:00	51:00	56:20	57:20
Half Marathon	65:00	67:00	76:00	78:00
Marathon	2:20:00	2:24:00	2:44:00	2:48:00

2023 Events	A Standard (5 shares)	B Standard (2 shares)	A Standard (5 shares)	B Standard (2 shares)
Inverness Half Marathon		Fraser Stewart (65:24) Lewis Rodgers (65:37) Hamish Hickey (65:46) Luca Fanottoli (66:17) Michael Ferguson (66:23)	Natasha Phillips (71:53) Fionnuala Ross (72:16) Virgnie Barrant (74:00)	
Tom Scott 10 Mile	Hamish Hickey (49:11) Fraser Stewart (49:14) John Bell (49:35)	Michael Christoforou (50:15) Kenny Wilson (50:22) Ryan Thomson (50:54)	Natasha Phillips (54:48) Virginie Barrant (54:58)	Naomi Lang (56:48) Sara Green (56:59)
London Marathon				
Silverknowes 5km				
Babcock 10km				

Total Shares (so far)	Male	Female
<b>60</b>	<b>31</b>	<b>29</b>

Prize Money	Male (£2000)	Female (£2000)
	Fraser Stewart (7 shares) Hamish Hickey (7 shares) John Bell (5 shares) Kenny Wilson (2 shares) Lewis Rodgers (2 shares) Luca Fanottoli (2 shares) Michael Chirstoforou (2 shares) Michael Ferguson (2 shares) Ryan Thomson (2 shares)	Natash Phillips (10 shares) Virginie Barrant (10 shares) Fionnuala Ross (5 shares) Sara Green (2 shares) Naomi Lang (2 shares)