

Relay Races

Training day 1 April 2023

General Rules TR 24.1- 24.22

- 24.1 Standard Distances
- 24.3 Starters assistants position first runner provide baton.
- Takeover zones 4x100m, 4x200m= 30m 4x400m=20m
- Designated official correctly places runner in takeover zone.
- 24.4 1check mark within own lane 5cmx40cm distinctive colour
- 24.5 No gloves or substance on hands in order to obtain better grip
- 24.6 Baton dropped, retrieved by runner who dropped it
- 24.7 Baton passed within takeover zone
- 24.20 Waiting runners maintain order must not exchange position

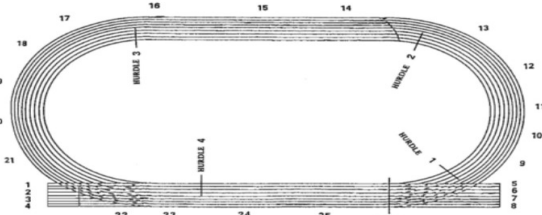
Relay Infringement sheets- Outdoor

Umpire's Report Form – OUTDOOR RELAY UKA / World Athletics Rules 2022 (Rev Nov 22)

EVENT: UMPIRING POSITION No:
 Heat No: Umpire's Name:
 Semi-final No: Signed:
 Final: Lane No:
 Team No: Take over: 1 2 3 / Leg No: 1 2 3 4

| Rule No: | Description: |
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| CR 18.5 | Unsporting manner / improper conduct. (Referee note: Conduct Warning YC/YRC/RC) |
| TR 4.4.3 | Athlete failed to compete honestly with bona fide effort Referee note: Reference "DNF TR4.4.3" (Details on reverse) |
| TR 6.3 | Received assistance (Details on reverse – correct subsection required) |
| TR 17.2.2 | Jostling/Obstruction. Impeded Athlete No: (Details on reverse) |
| TR 17.3.1 | Ran over left lane line completely for step(s). Ran on left lane line for step(s). Referee note: "L" applied for touching the line once (1 st instance): YES/NO If yes use: L TR17.4.3 |
| TR 17.3.2 | Ran over kerb or line marking inside border on bend for step(s). Ran on kerb or line marking inside border on a bend for step(s) Referee note: "L" applied for touching/stepping over the kerb/line once (1 st instance): YES/NO If yes use: L TR17.4.4 |
| TR 17.4 | Lane infringement resulting in material advantage |
| TR17.4.3-4 | For Referee: "DQ" for any 2nd lane/kerb infringement in the same race/event |
| TR 17.6 | Continuing in the race after voluntarily leaving the track for steps on Lap No. |
| TR 24.4 | More than 1 check mark. Judges to direct to adapt or remove any extra marks. If not, Judges to remove them (Serious cases CR 18.5) |
| TR 24.5 | Fault carrying the baton: running without the baton / finishing the race without the baton, using gloves or substances on hand (Details on reverse) |
| TR 24.6 | Fault recovering a dropped baton (Details on reverse) |
| TR 24.7 | Passing the baton outside the takeover zone (early / late takeover) |
| TR 24.9 | Taking the baton from another team |
| TR 24.17 | Leaving assigned lane before the breakline |
| TR 24.19 | Starting outside the takeover zone |
| TR 24.20 | Changing line-up order after being placed in position (Medley or 4x400m relay) |
| TR 24.21 | Jostling / obstruction to impede another athlete at takeover when not in lanes |

For other Infringement/incident or to give more information, write details on reverse



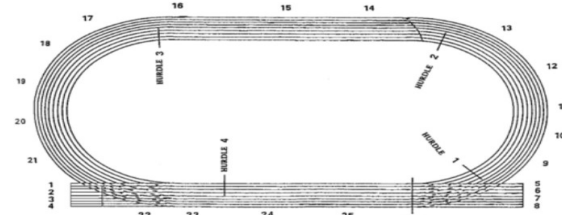
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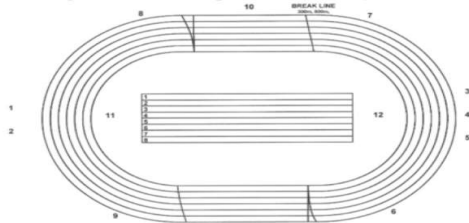
Relay Infringement sheet - Indoor

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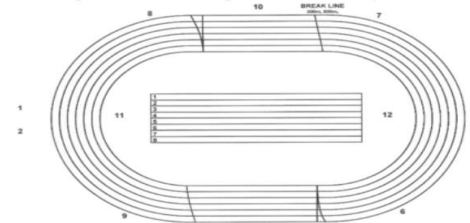
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References

uka.org.uk

Officials

Officials Resources

Track Judge

- https://www.uka.org.uk/wp-content/uploads/2022/12/UKA_WA-2022-OUTDOOR-RELAY_Umpires-Report-Form_-A5x2_Rev-Nov-22.pdf
- https://www.uka.org.uk/wp-content/uploads/2022/12/UKA_WA-2022-INDOOR-RELAY_Umpires-Report-Form_-A5x2_Rev-Nov-22.pdf