

scottishathletics



Saturday 29th October 2022

Hilton Hotel, Glasgow

BELIEVE, BELONG, ACHIEVE TOGETHER

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A photograph of David Fallon, a man with a beard and bald head, wearing a dark blue jacket. He is standing behind a clear acrylic podium with a microphone, looking slightly to his left. The background is a light-colored, vertically-pleated curtain. The image is dimmed to allow text to be overlaid.

David Fallon
Head of Development
scottishathletics

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Conference Information

WIFI

Network: Hilton Honors

Promotional Code: honours



Conference Information

Time				
08:45 – 09:25	Networking: Exhibition area open			
09:30 – 09:50	Welcome & Introduction Ron Morrison, President, <i>scottishathletics</i> David Fallon, Head of Development, <i>scottishathletics</i>			
09:50 – 10:35	Keynote Presentation: <i>Thinking Differently to Re-engage/Engage with Young People</i> Kieron Achara MBE			
	Workshops – Session One			
10:40 – 11:25	#OnTheRightTrack	Gala Harriers	Pitreavie AAC	ATS Young People's Forum
11:25 – 11:35	Refreshment Break			
	Workshops – Session Two			
11:40 – 12:25	#OnTheRightTrack	Gala Harriers	Pitreavie AAC	ATS Young People's Forum
12:30 – 12:50	2022-2026 Strategy Update Colin Hutchison, Chief Executive Officer, <i>scottishathletics</i>			
12:50 – 13:30	Lunch			
13:35 – 14:35	Development Team – Key Priorities Roundtable Discussions <ol style="list-style-type: none"> 1. SAMH: Scotland's Mental Health Charter for Physical Activity & Sport 2. ATS Young People's Forum: The Importance of Young People in Athletics 3. Coach Development Team: Coach Development & Regional Development Days 4. Officials: Recruitment & Development 5. Club Together: Programme Update 6. Inclusive Athletics: Inclusive Club Resource 			
	Workshops – Session Three			
14:40 – 15:25	#OnTheRightTrack	Gala Harriers	Pitreavie AAC	ATS Young People's Forum
15:25 – 15:45	Refreshment Break			
15:50 – 16:20	Guest Speaker Q&A David Ovens, Chair, <i>scottishathletics</i>			
16:20 – 16:30	Summary & Close David Fallon, Head of Development, <i>scottishathletics</i>			
16:30 – 17:00	Networking:			

Sponsors



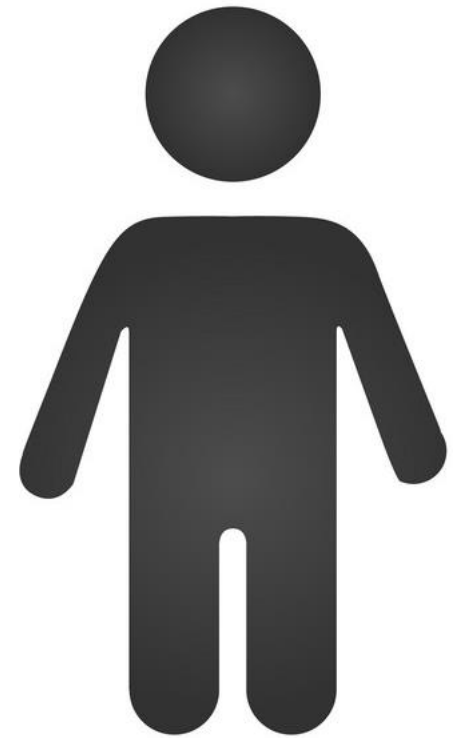
Partners





**Higher
or
Faster**

**Lower
or
Slower**



Was the total number of Scottish athletes that **COMPETED** at the Birmingham 2022 Commonwealth Games Higher or Lower than 30?

Higher!



Answer: 32

Photo by Bobby Gavin

Eilish McColgan's **GOLD** medal 10000m run
Was it **FASTER** or **SLOWER** than:
30:48.85

FASTER!



Answer: 30:48.60
(Games Record)

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Photo by Bobby Gavin

Laura Muir's **GOLD** medal 1500m run
Was it **FASTER** or **SLOWER** than:
04:01.08

SLOWER!



Answer: 04:02.75

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Photo by Bobby Gavin

Sean Frame's **SILVER** medal performance in the T53/54 Marathon
Was it **FASTER** or **SLOWER** than:

1:54.49

FASTER!



Answer: 1:45.49

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Photo by Bobby Gavin

Eilish McColgan's **SILVER** medal 5000m run
Was it **FASTER** or **SLOWER** than:
14:43.41

FASTER!



Answer: 14:42.14

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Photo by Bobby Gavin



Was the total number of Scottish OFFICIALS at the Birmingham 2022 Commonwealth Games Higher or Lower than 16?

Higher!



Answer: 21

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Jake Wightman's **BRONZE** medal 1500m run
Was it **FASTER** or **SLOWER** than:

03:30.12

SLOWER!



Answer: 03:30.53

Photo by Bobby Gavin

Nicole Yeargin, Jill Cherry, Beth Dobbin, & Zoey Clark's
BRONZE medal 4 x 400m run
Was it **FASTER** or **SLOWER** than:
03:30.07

SLOWER!



Answer: 03:30.15

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Photo by Bobby Gavin

Samantha Kinghorn's **BRONZE** medal performance in the T53/54
1500m
Was it **FASTER** or **SLOWER** than:
03:53.87

FASTER!



Answer: 03:53.38

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Photo by Bobby Gavin

Laura Muir's **BRONZE** medal 800m run
Was it **FASTER** or **SLOWER** than:
01:57.24

SLOWER!



Answer: 01:57.87

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Was the total number of Scottish athletes that **COMPETED** at the Oregon 2022 World Championships Higher or Lower than 13?

CHAMPIONSHIPS
OREGON 2022

LOWER!



Answer: 11

Photo by British Athletics/Getty Images

Scotland's second-ever World Champion!!!!

Jake Wightman's GOLD medal 1500m run
Was it FASTER or SLOWER than:
03:30.53

FASTER!

Answer: 03:29.23

Photo by James Rhodes

Laura Muir's **BRONZE** medal 1500m run
Was it **FASTER** or **SLOWER** than:
03:54.50

SLOWER!



Answer: 03:55.28

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Was the total number of Scottish athletes that **COMPETED** at the Munich 2022 European Championships Higher or Lower than 12?

HIGHER!



Answer: 13

Photo by European Athletics via Getty Images



Laura Muir's **GOLD** medal 1500m run
Was it **FASTER** or **SLOWER** than:
04:02.75

FASTER!



Answer: 04:01.08

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Photo via European Athletics

Jake Wightman's **SILVER** medal 800m run
Was it **FASTER** or **SLOWER** than:

01:43.65

SLOWER!



Answer: 01:44.91

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Eilish McColgan's **SILVER** medal 10000m run
Was it **FASTER** or **SLOWER** than:

30:58.94

FASTER!



Answer: 30:41.05



Team GB Women's (including Nicole Yeargin & Zoey Clark) **BRONZE** medal 4 x 400m run

Was it **FASTER** or **SLOWER** than:

03:21.12

SLOWER!



Answer: **03:21.74**



Eilish McColgan's **BRONZE** medal 5000m run
Was it **FASTER** or **SLOWER** than:

14:57.37

SLOWER!



Answer: 14:59.34

Haven't Recycled
In Changing Perspectives

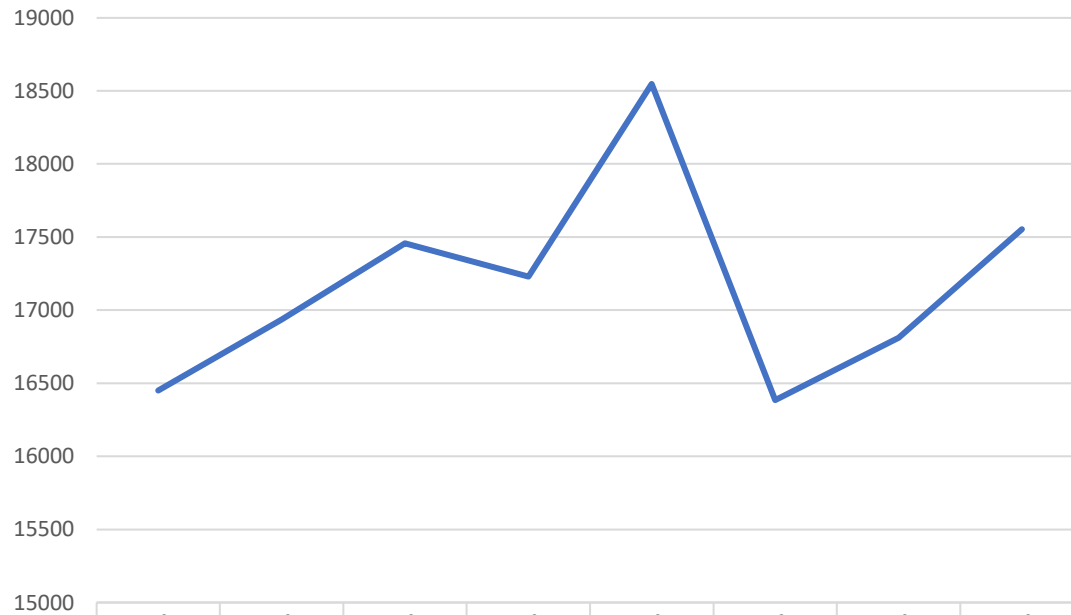
Ron Morrison
President
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Club Affiliation

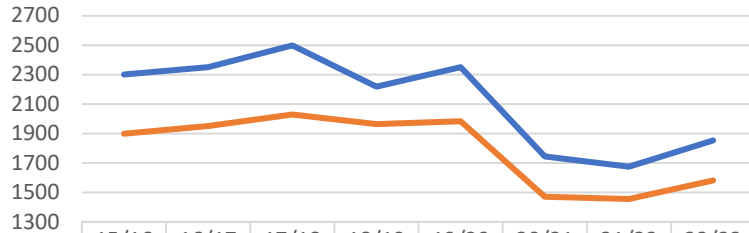
Club Affiliation - Total



	15/16	16/17	17/18	18/19	19/20	20/21	21/22	22/23
— Total Club Numbers	16451	16936	17457	17229	18546	16384	16812	17553

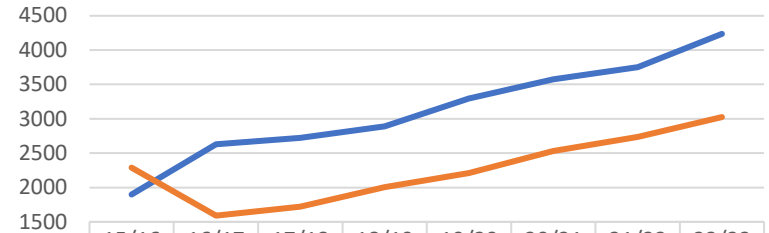
Club Affiliation

Club Affiliation - Senior



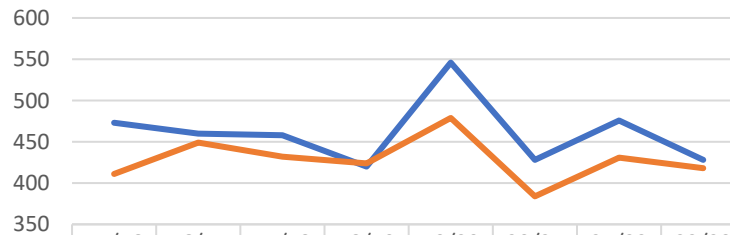
	15/16	16/17	17/18	18/19	19/20	20/21	21/22	22/23
Male	2300	2350	2498	2217	2350	1745	1675	1852
Female	1899	1951	2030	1963	1984	1471	1456	1581

Club Affiliation - Masters (35+)



	15/16	16/17	17/18	18/19	19/20	20/21	21/22	22/23
Male	1899	2629	2724	2891	3294	3573	3751	4237
Female	2288	1592	1720	2005	2208	2532	2735	3025

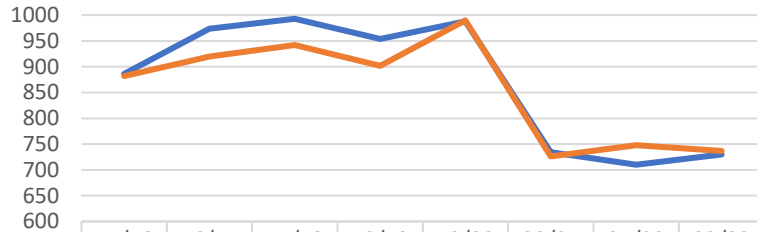
Club Affiliation - U20



	15/16	16/17	17/18	18/19	19/20	20/21	21/22	22/23
Male	473	460	458	420	546	428	476	428
Female	411	449	432	424	479	384	431	418

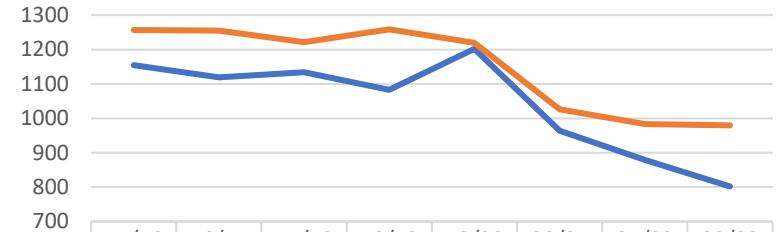
Club Affiliation

Club Affiliation - U11



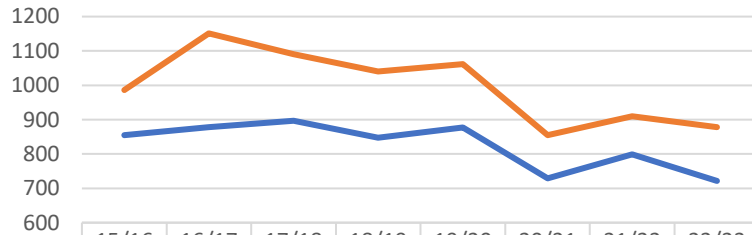
	15/16	16/17	17/18	18/19	19/20	20/21	21/22	22/23
Male	886	974	993	954	988	734	710	730
Female	882	920	942	902	990	726	748	737

Club Affiliation - U13



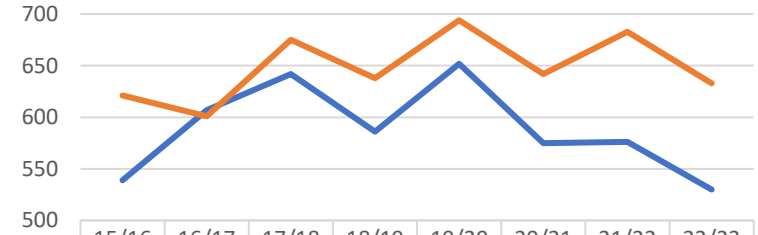
	15/16	16/17	17/18	18/19	19/20	20/21	21/22	22/23
Male	1155	1119	1134	1083	1202	964	879	802
Female	1257	1255	1222	1259	1220	1026	983	980

Club Affiliation - U15



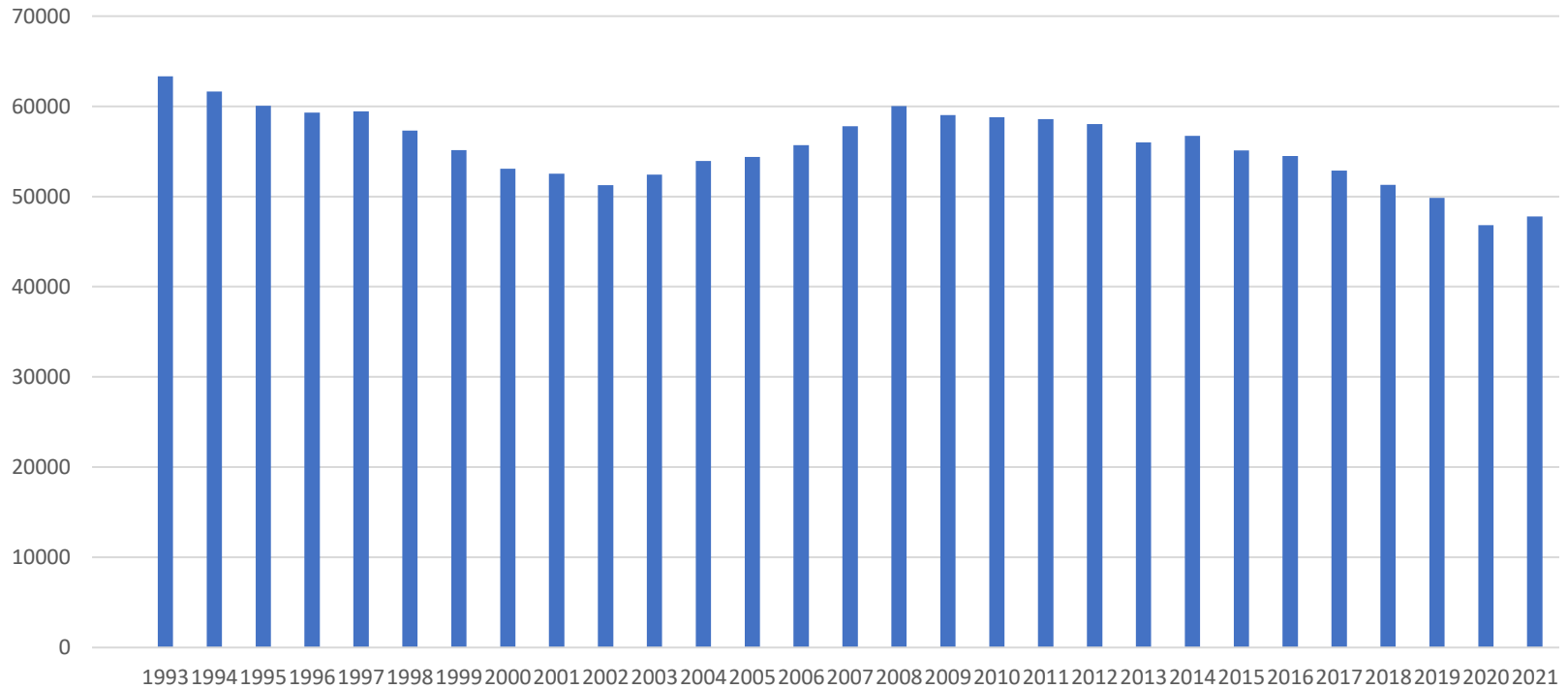
	15/16	16/17	17/18	18/19	19/20	20/21	21/22	22/23
Male	855	878	897	847	877	729	799	722
Female	986	1151	1090	1040	1062	855	910	878

Club Affiliation - U17



	15/16	16/17	17/18	18/19	19/20	20/21	21/22	22/23
Male	539	607	642	586	652	575	576	530
Female	621	601	675	638	694	642	683	633

Births in Scotland 1993-2021



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Re-engaging Young People in Sport

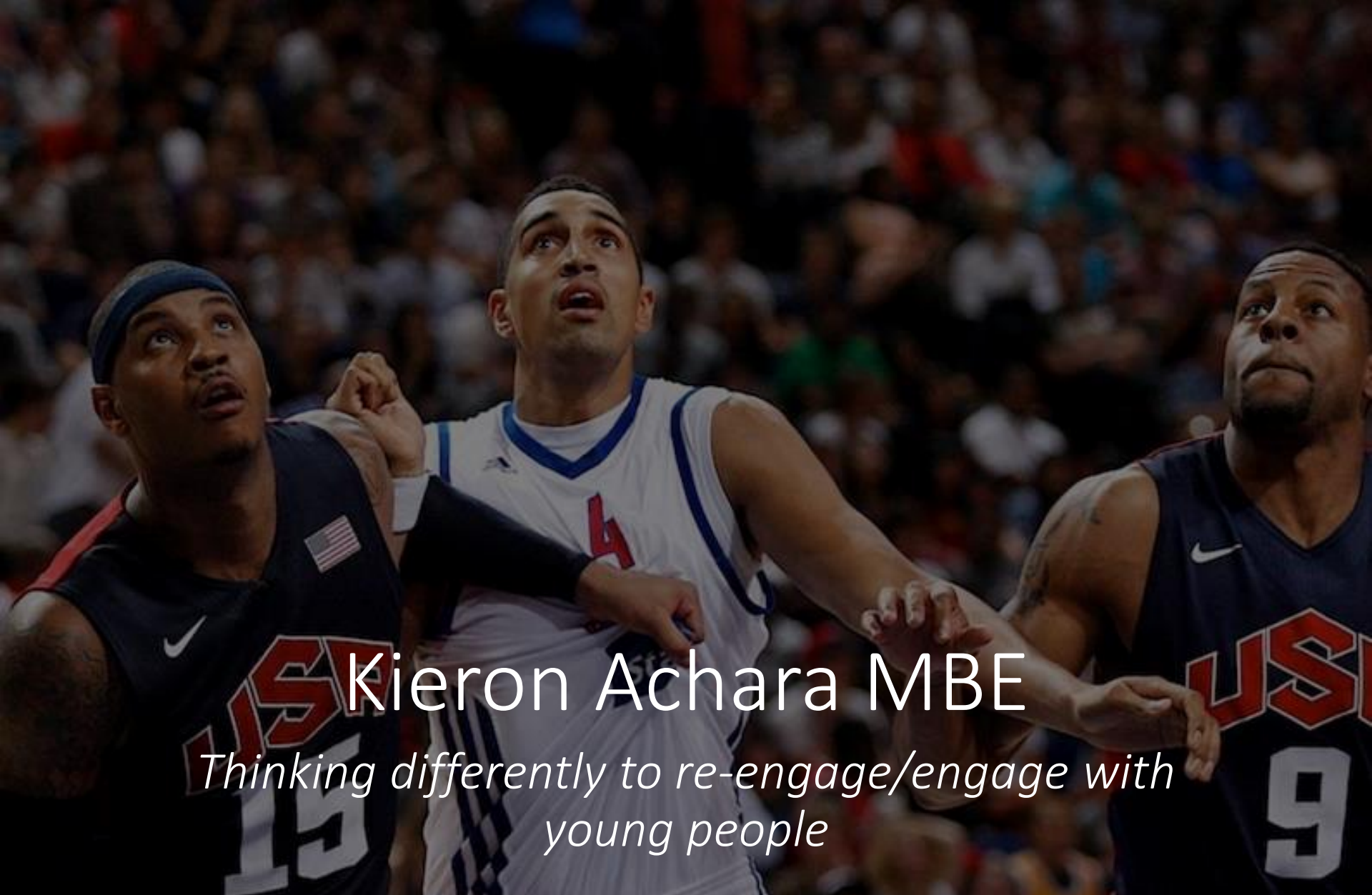
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Kieron Achara MBE

Thinking differently to re-engage/engage with young people

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2022

Workshop Session 1

ATS Young People's Forum

Gala Harriers AC

#OnTheRightTrack

Pitreavie AAC

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Refreshment Break



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2022

Workshop Session 2

ATS Young People's Forum

Gala Harriers AC

#OnTheRightTrack

Pitreavie AAC

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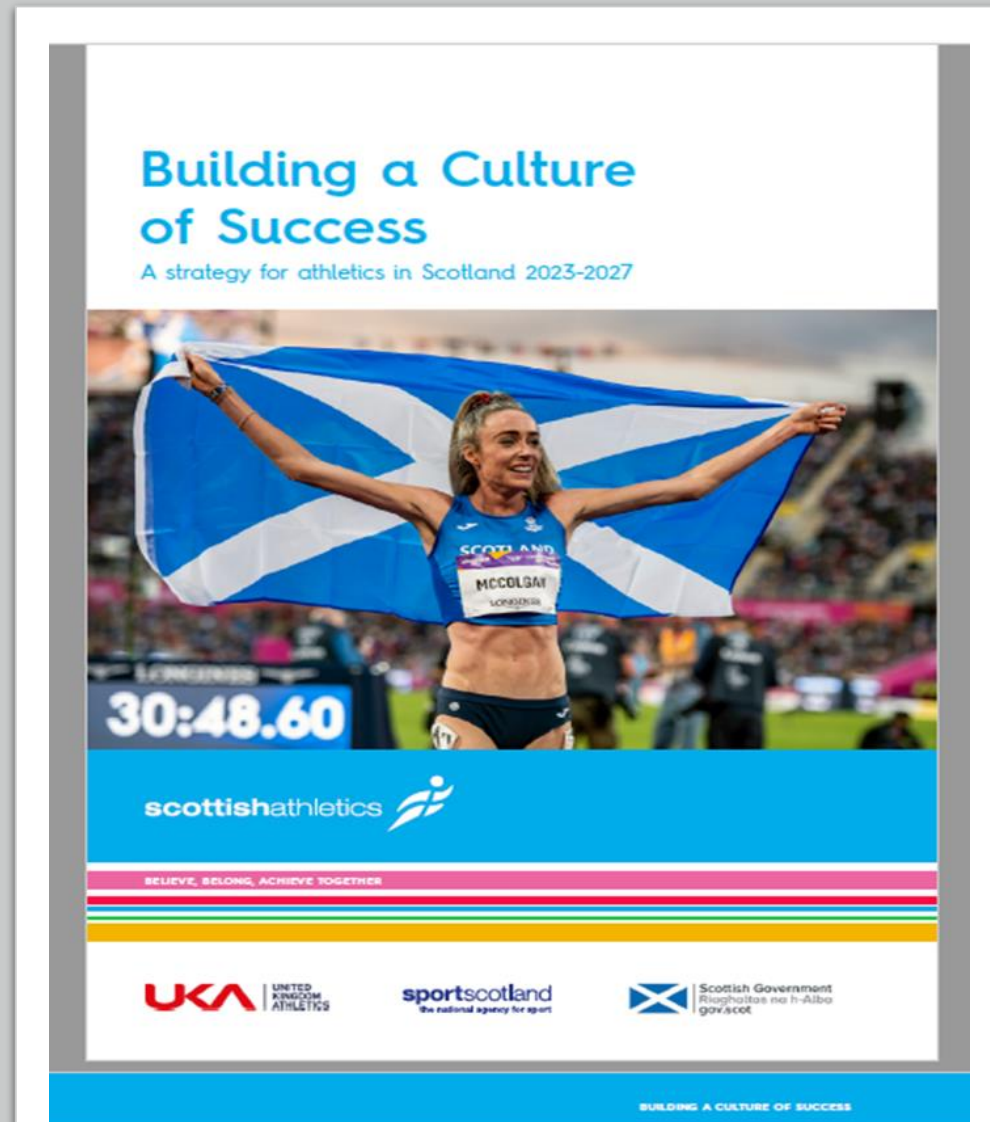
A man with short brown hair and a light beard, wearing a light blue button-down shirt and a blue lanyard, is speaking at a podium. He is holding a microphone in his right hand and gesturing with his left hand. The background is a dimly lit room with framed pictures on the wall and a tall, textured lamp.

Colin Hutchison
Chief Executive Officer
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Building a Culture of Success (2023-2027)



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Key pillars of the Strategic Plan

KEY PILLARS OF THE STRATEGIC PLAN

The 5 Key pillars of the Strategic Plan form the strategic objectives for the sport. Leadership and strong foundations will ensure the effective implementation of the plan.

LEADERSHIP –

Provide strong leadership, sound financial management and transparent governance.

01 CLUBS & PATHWAYS

Develop and support a strong, modern and sustainable club and coaching system.

02 COMPETITION

Lead, support and influence the competition structures and pathways across all disciplines to enhance the experience for all.

03 PERFORMANCE ENVIRONMENTS

Build an integrated and transparent performance pathway that develops and supports athletes and coaches at all stages.

04 PARTNERSHIPS & COMMERCIAL

Further develop strategic partnerships and commercial relationships that support, and are aligned to, the objectives of Scottish Athletics.

05 COMMUNITY IMPACT & HEALTH

Widen access to athletics and running in Scotland to improve diversity in the sport and contribute towards health and wellbeing nationally.

PEOPLE –

A diverse community of skilled people is the single most important factor in delivering the strategy and therefore crucial to our success. Recruitment, support and retention will be at the heart of our work.

FOUNDATIONS –

Ensure strong foundations are in place throughout the sport through investment in people, the support of clubs, a licensed coach and official workforce and sustainable systems.

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Vision

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01 Clubs & Pathways

Develop and support a strong, modern and sustainable club and coaching system.



02 Competition

Lead, support and influence the competition structures and pathways across all disciplines to enhance the experience for all.



03 Performance Environments

Build an integrated and transparent performance pathway that develops and supports athletes and coaches at all stages.



04 Partnerships & Commercial

Further develop strategic partnerships and commercial relationships that support, and are aligned to, the objectives of **scottishathletics**.



lindsay's
SCOTTISH
CROSSCOUNTRY

lindsay's
SCOTTISH
CROSSCOUNTRY

lindsay's
SCOTTISH
CROSSCOUNTRY

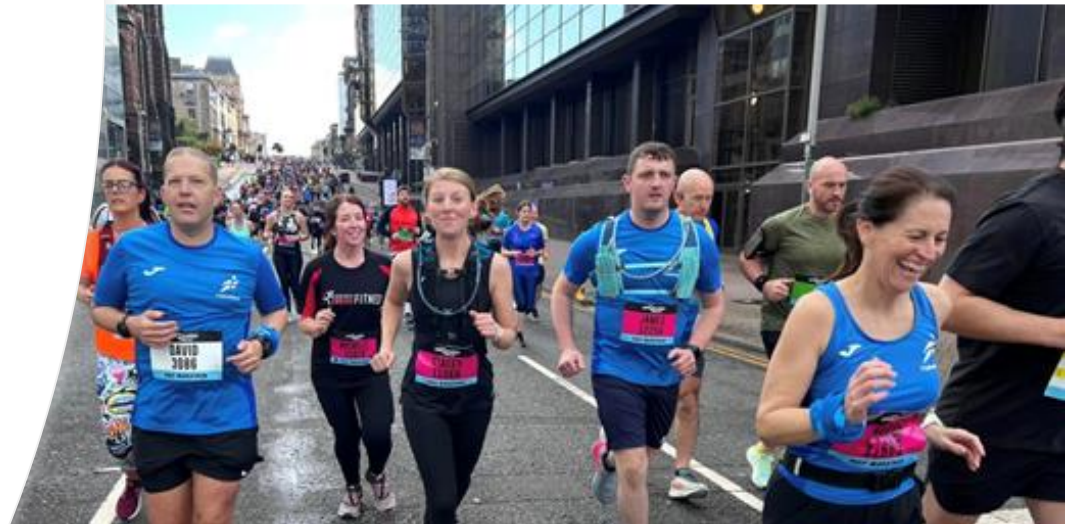
lindsay's
SCOTTISH
CROSSCOUNTRY
SEASON

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05 Community Impact & Health

Widen access to athletics and running in Scotland to improve diversity in the sport and contribute towards health and wellbeing nationally.





Building a Culture of Success (2023-2027)

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Lunch





Roundtable Discussions

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Roundtable Discussions

Format

- 6 x 10min chats

Topics

- **SAMH:** Scotland's Mental Health Charter for Physical Activity & Sport
- **ATS Young People's Forum:** The Importance of Young People in Athletics
- **Coach Development Team:** Coach Development & Regional Development Days
- **Shona Malcolm:** Officials Recruitment & Development
- **Jamie McDonald:** Club Together Programme Update
- **Pamela Robson:** Inclusive Athletics – Inclusive Club Resource

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2022

Workshop Session 3

ATS Young People's Forum

Gala Harriers AC

#OnTheRightTrack

Pitreavie AAC

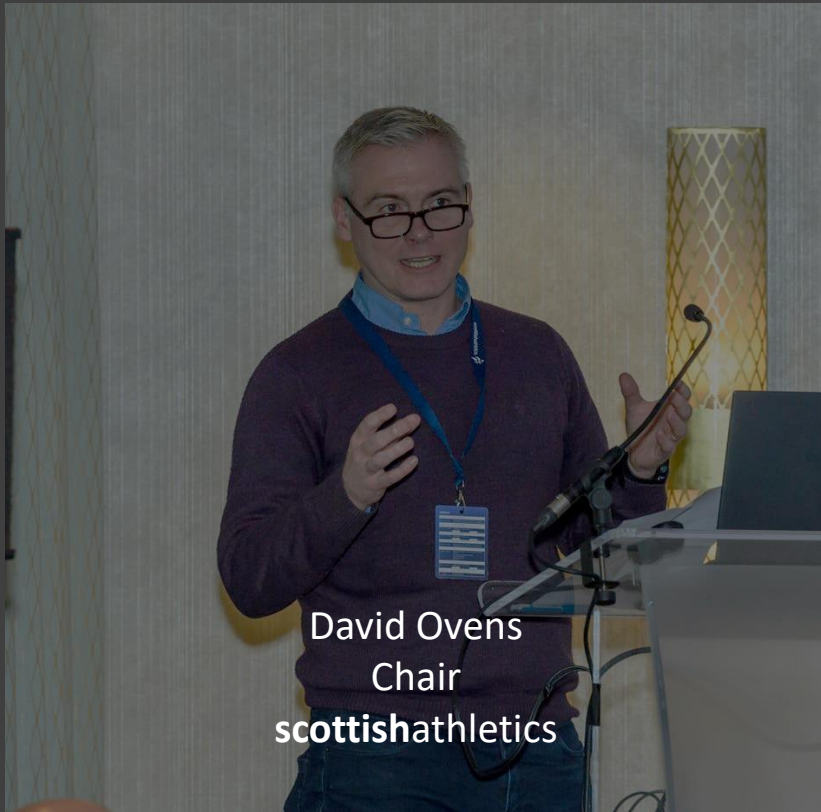
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Refreshment Break





David Ovens
Chair
scottishathletics



Eilish McColgan
Triple Olympian
European & Commonwealth Double Medallist

Fireside Chat

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2022

Saturday 29th October

Hilton Hotel, GL

Summary

- Overview and reflections
- Thank you!
- Feedback
- Awards
- Networking & Development Team support

Parking code:
IDBTG

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