



Scottish Disability Sport

Making your club
accessible for all

INCLUSIVE CLUB RESOURCE

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This resource is developed by Scottish Disability Sport in partnership with Sports Governing Bodies, to support clubs to become more inclusive.

It is hosted on Bright Space, is free to sign up to and can be accessed by as many members of the club as you wish.



- ▶ Focusses on 8 key areas to embed inclusion in every aspect of a club
- ▶ In each area there's considerations, advice, videos and case studies to support the development of inclusive practice in clubs
- ▶ Offers information for further learning and support



What is an Inclusive Club?

An inclusive club will offer all participants with disabilities the opportunity to participate and progress (should they choose to do so) in their chosen sport. For a club to apply inclusive practice across all areas of their club, and not only in delivery, a variety of considerations should be made.

WHY BECOME AN INCLUSIVE CLUB?

Scottish Disability Sport passionately believes in the power of sport and the physical, social and psychological benefits available to participants with disabilities. Research tells us that participants with disabilities remain significantly under-represented within sport and physical activity in Scotland. The journey towards a fully inclusive and accessible sport and physical activity sector continues.

- ✓ More diverse representation through all areas of the club including members, coaches, volunteers and officials
- ✓ Contribute to inclusive culture by challenging perceptions
- ✓ Better links with the community
- ✓ New skills and experiences which everyone can learn from
- ✓ Growth in membership resulting in more income generated
- ✓ Increased access to volunteers and those in non-playing roles
- ✓ Increased awareness of coach education and learning opportunities
- ✓ Widening the experiences and skill set of coaches
- ✓ The potential to nurture Paralympic-level athletes (depending on your sport)
- ✓ Access to more funding opportunities

OUR RESPONSIBILITY.....

Community sports clubs are required to make reasonable adjustments to meet the needs of disabled people. Reasonable adjustments may take the form of changes to policy, processes, the built environment or to providing auxiliary aids or services.

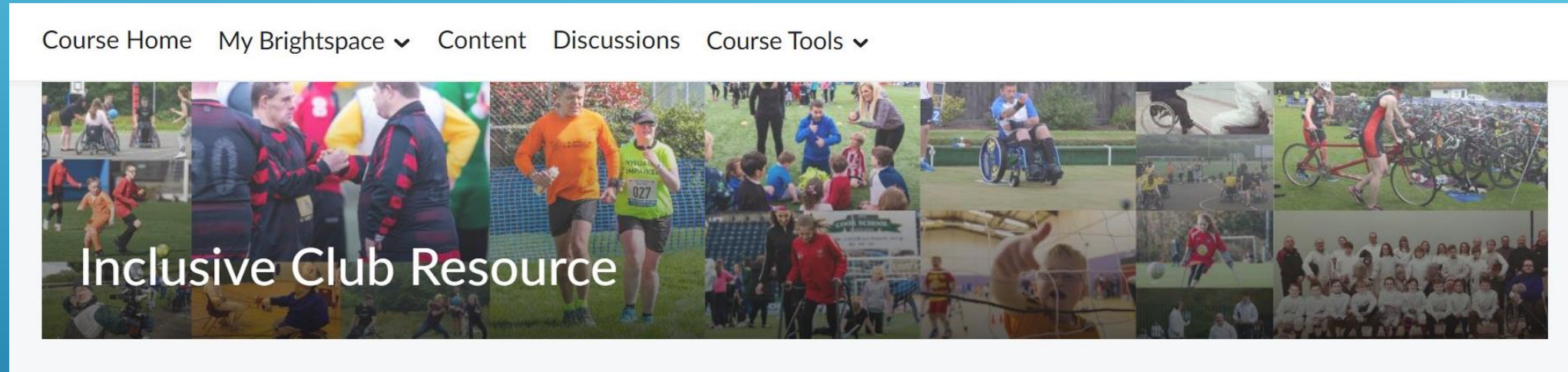
Reasonable adjustments are required wherever disabled people would otherwise be at a substantial (non-trivial) disadvantage compared with non-disabled people.

What is 'reasonable' will depend upon consideration of all the circumstances, including the cost of the adjustment, the effectiveness and potential benefit it might bring to the individual and to others, the organisation's resources and the practicality of the changes.

Some examples of clubs making reasonable adjustments could be:

- Adapted equipment (sports) to enable participation
- Provide information in alternative formats, e.g.:
 - Use of large font in documents for individuals with a visual impairment
 - Reduce height of notice board for wheelchair user
 - Allow support to participate in sport
 - Alternative training opportunities, e.g. modified or parallel

The Inclusive Club Resource is a tool to help:



[HOMEPAGE - INCLUSIVE CLUB
RESOURCE \(BRIGHTSPACE.COM\)](https://brightspace.com)