

# scottishathletics

road race grand prix



2022	Male		Female	
	A Standard	B Standard	A Standard	B Standard
	5 shares	2 shares	5 shares	2 shares
Tom Scott 10 Miles	50:00	51:00	56:20	57:00
Sri Chinmoy Silverknowes 5km	14:30	14:45	16:20	16:35
Roon the Toon 10k	30:00	30:30	34:30	35:00
Glasgow Half Marathon	65:00	67:00	76:00	78:00

2022	Male (5 shares)	Male (2 shares)	Female (5 share)	Female (2 shares)
Tom Scott 10 Miles	Jonathan Glen (49:44)	Michael Christoforou (50:38) Dougie Selman (50:48)	Annabel Simpson (54:10)	Fionnuala Ross (56:36)
Sri Chinmoy Silverknowes 5km	Jonathan Glen (14:26) Christian Graham (14:28) Alastair Hay (14:28) James Donald (14:29)	Hamish Hickey (14:30) Scott Stirling (14:31) Peter Avent (14:33) Callum Tharme (14:34) Michael Christoforou (14:35) Daryl Reid (14:37) Owen Miller (14:38) Fergus Roberts (14:41) Lachlan Oates (14:43) Niall Caley (14:44)		Annabel Simpson (16:27)
Roon the Toon 10k				
Glasgow Half Marathon				

Total Shares 2022	Male	Female
<b>58</b>	<b>49</b>	<b>9</b>

Prize Money 2022	Male (£2000)	Female (£2000)
	Jonathan Glen (10 shares) Christian Graham (5 shares) Alastair Hay (5 shares) James Donald (5 shares) Michael Christoforou (4 shares) Dougie Selman (2 shares) Hamish Hickey (2 shares) Scott Stirling (2 shares) Peter Avent (2 shares) Callum Tharme (2 shares) Daryl Reid (2 shares) Owen Miller (2 shares) Fergus Roberts (2 shares) Lachlan Oates (2 shares) Niall Caley (2 shares)	Annabel Simpson (7 shares) Fionnuala Ross (2 shares)