

# scottishathletics

road race grand prix



2022	Male		Female	
	A Standard	B Standard	A Standard	B Standard
	5 shares	2 shares	5 shares	2 shares
Tom Scott 10 Miles	50:00	51:00	56:20	57:00
Sri Chinmoy Silverknowes 5km	14:30	14:45	16:20	16:35
Roon the Toon 10k	30:00	30:30	34:30	35:00
Glasgow Half Marathon	65:00	67:00	76:00	78:00

2022	Male (5 shares)	Male (2 shares)	Female (5 share)	Female (2 shares)
Tom Scott 10 Miles	Jonathan Glen (49:44)	Michael Christoforou (50:38) Dougie Selman (50:48)	Annabel Simpson (54:10)	Fionnuala Ross (56:36)
Sri Chinmoy Silverknowes 5km				
Roon the Toon 10k				
Glasgow Half Marathon				

Total Shares 2022	Male	Female
<b>16</b>	<b>9</b>	<b>7</b>

Prize Money 2022	Male (£2000)	Female (£2000)
	Jonathan Glen (5 shares) Michael Christoforou (2 shares) Dougie Selman (2 shares)	Annabel Simpson (5 shares) Fionnuala Ross (2 shares)