

## scottishathletics Clean Sport Annual Update 2021-2022

### UKAD Framework

- Work has been ongoing to ensure that **scottishathletics**, in partnership with UKA, are compliant with the UKAD framework. This has included updating wording in key policies and procedures, broadening information and signposting on the website and the creation of an implementation plan which will shape the delivery of Clean Sport education and cascade important messaging through the various tiers of our sport.

### Board Member

- As part of the framework, the Board has appointed Eilidh Doyle as their Clean Sport Lead. Eilidh brings a unique insight from an athletes perspective. She has completed the Board Leaders training and will work closely with the identified NGB anti-doping lead in implementing the key areas of the framework.

### Education Update

- All 4J Studios National Athletics Academy Athletes coaches and parents attended a Clean Sport education session during the recent Development Day in February. Messaging around the use of supplement and Food First approach will continue to be reinforced through the Nutrition sessions.
- Athletes attending Age Group Championships with British Athletics completed the I Run Clean online Certificate. With those attending the Olympics also completing the relevant UKAD Clean Sport education.
- Education of those on the Birmingham 2022 long list is underway with a number of athletes having completed the relevant course as detailed in the UKAD Clean Games Strategy. Clean Games will be delivered in the weeks after final selection has taken place.
- A Clean Sport Education session was made available to National Academy Graduates and those on Performance Foundations.
- Relevant **scottishathletics** Staff, Team Staff and ASP associated to Team activity completed the Coach Clean course.

### Communication

- **scottishathletics** engaged in Clean Sport week, circulating key messaging and links to the wider athletics community via Social Media Channels.