

WEST DISTRICT CROSS COUNTRY SELECTION POLICY **2021/2022**

This document aims to ensure the selection process is clear and transparent to everyone.

There are two occasions when Teams are selected to represent the West District in Cross Country Competitions: -

Inter District Cross Country (Saturday 15th January 2022, Irvine Beach Park)

West District U13/U15/U17/Senior Male and Female Teams compete against East and North District Teams. District Teams comprise up to 15 athletes to run with 6 athletes to score.

The first 10 finishers in the U13/U15/U17/Senior Male and Female races in the West District Cross Country Championships are automatically selected, plus up to 5 others on all known form with weighting given to performance at the West District Cross Country Championships in Balloch Country Park on Saturday 4th December 2021.

The Senior Teams may include some U20 athletes.

The U20s and Seniors compete in separate races of different distances at the West District Cross Country Championships, so head-to-head comparisons between these age groups are difficult. Therefore, the Selectors must make a judgement as to which U20s might be considered for the Senior Team. This selection process is further complicated by the fact that Scottish Universities have the 'first pick' of eligible athletes to run for their Teams rather than the West District Team.

Inter Counties UK Cross Country Championships, (Saturday 12th March 2022, Loughborough)

U15/U17/U20/Senior Male and Female Teams compete against County/District teams from across the United Kingdom.

Note that the U20 age bracket is different from that in Scotland (IAAF U20 age group as determined below), so our Senior team may include some U20s athletes (In 2022 Inter-Counties U20 is classed as "Under 20 years as at midnight 31 December 2022").

Selection will be made largely on the results from the National Cross Country Championships at Falkirk on Saturday 26th February 2022.

Entries for this race must be submitted by the end of January 2022, therefore entries are submitted before the final selection race. Senior athletes should keep selectors informed of their availability for this competition.

Inter Counties Cross Country (Saturday 12th March 2022, Loughborough) cont

IMPORTANT INFORMATION: If an athlete name appears on the start list this does not guarantee that they will be selected for the final West District Team.

It is not the policy of Scottish Athletics to send U13 District Teams to this event. Those U13 athletes qualifying to compete through their standing in the UK Cross Challenge rankings can enter and compete, making their own arrangements for travel and accommodation to this competition.

The full Selection Policy for Cross Country and Road Running for 2021/22 can found at

<https://www.scottishathletics.org.uk/wp-content/uploads/2021/10/CCRR-International-Handbook-2021-22-v1.pdf>

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