



MAJOR EVENT ACTIVITY BOOKLET
TEACHER RESOURCE

Introduction

Whether it be a major international multi-sport event such as the Olympic Games, or an athletics specific event such as the World Championships, most years there is a major athletics championship for athletes to prepare for.

With the support of Glasgow's PEPASS team, **scottish**athletics have developed a resource booklet for P4-P7 children to help them learn more about athletics and some of the countries taking part in these major events.

TASK 1 – IDENTIFY THE COMPETING COUNTRIES

Further opportunities for learning:

- (i) Europe is one continent. Can they name the other six?
- (ii) In a World Championship or Olympic Games what other countries not shown on the map would compete? Ask the pupils to list as many other countries as they can.
- (iii) Using the list of countries they have compiled in (ii) can they identify which continent each of the countries belongs to?

TASK 2 – COUNTRY PROFILE

Further opportunities for learning:

- (i) Working in pairs or groups ask the pupils to discuss the countries they have profiled and identify any differences between them e.g. how do their population sizes differ?
- (ii) In order to host a major sporting event what infrastructure do the pupils think a city would need?
- (iii) Using the useful links provided at the start of the booklet ask the pupils to identify an athlete competing in the next major athletics event and write a profile on them. They can identify their own headings for the athlete profile.

The following links are profiles on current athletes with aspirations of medaling in major athletics championships:

Laura Muir - <https://www.worldathletics.org/athletes/great-britain-ni/laura-muir-272459>

Eilidh Doyle - <https://www.worldathletics.org/athletes/great-britain-ni/eilidh-doyle-198360>

Jake Wightman - <https://www.worldathletics.org/athletes/great-britain-ni/jake-wightman-281860>

Kevin Mayer - <https://www.worldathletics.org/athletes/france/kevin-mayer-248948>

Jakob Ingebrigtsen - <https://www.worldathletics.org/athletes/norway/jakob-ingebrigtsen-294868>

Dina Asher-Smith - <https://www.worldathletics.org/athletes/great-britain-ni/dina-asher-smith-267317>

Eliud Kipchoge - <https://worldathletics.org/athletes/kenya/eliud-kipchoge-188307>

Maria Lyle - <https://www.paralympic.org/maria-lyle>

Samantha Kinghorn - <https://www.paralympic.org/samantha-kinghorn>

TASK 3 – EVENTS AND EQUIPMENT

Further opportunities for learning:

- (i) The following links can be used to help the pupils identify the equipment that is used within each of the events listed:
 - 100m sprint** - <https://www.youtube.com/watch?v=4gUW1JikaxQ>
 - 100m hurdles** - https://www.youtube.com/watch?v=t6oE2wG_p0Y
 - 800 metres** - <https://www.olympicchannel.com/en/video/detail/men-s-800m-final-rio-2016-replays/>
 - Hammer** - <https://www.youtube.com/watch?v=X6X3-AiAN5k>
 - Long Jump** - <https://www.youtube.com/watch?v=XTL3CexKyRo>
 - Pole Vault** - <https://www.youtube.com/watch?v=iVVeH7QMIZQ>
 - Relay** - <https://www.youtube.com/watch?v=B1sxOqTSRaI>
 - Race Running** - <https://www.youtube.com/watch?v=CjCZq3T9hVE>
- (ii) Ask the pupils to consider the role of officials. Why is it important to have officials? What equipment will they need to officiate at the above events?
- (iii) Using the following links, research some of the events in major para athletics championships and explore some of the adaptations made to make the sport inclusive. For example, the use of guide runners for visually impaired athletes.
 - <https://www.paralympic.org/athletics>
 - <https://www.youtube.com/watch?v=LfpFDbg6Z7ch>
 - <https://www.youtube.com/watch?v=3RCIrOXTJzA>
 - <https://www.youtube.com/watch?v=OU16VM92abg>
 - <https://www.youtube.com/watch?v=qynsSP-bXNg>

ANSWERS TO CHALLENGES:

CHALLENGE 1 –

The events at a major athletics championship will change depending on whether the event is indoor or outdoor. Use the useful links provided at the start of the student workbook to identify the planned events for each championship.

CHALLENGE 2 –

Pentathlon (indoor): 60m hurdles; 800m; High Jump; Long Jump; Shot Put
Heptathlon (outdoor): 100 metres hurdles; High Jump; Shot Put; 200 metres; Long Jump; Javelin; 800 metres

CHALLENGE 3 –

Heptathlon (indoor): 60m; 60m hurdles; 1000m; High Jump; Long Jump; Pole Vault; Shot Put,
Decathlon (outdoor): Pole Vault; High Jump; Long Jump; Javelin; Shot Put; Discus; 110 metre hurdles; 100 metres; 400 metres; 1500 metres

TASK 4 – MAJOR ATHLETICS CHAMPIONSHIPS - RESULTS

Further opportunities for learning:

- (i) Encourage the pupils to look at the times recorded in the sprint finals (e.g. 100m or RaceRunning) at any major athletics championships. Open up a discussion on how close together the competitors finished. This might provide an opportunity to do some further decimal work.
- (ii) In the 200m Women's T11 Final one of the athletes is listed as DQ. Discuss with the children what they think this means. Once they've identified that it stands for 'disqualification' discuss with them why they think this might have happened.

The pupils can then watch the race at this link:

<https://www.youtube.com/watch?v=OU16VM92abg>

- (iii) In indoor athletics Championships the sprint straight is only 60 metres long due to the restriction in space. How do the pupils think the times in the 60m will compare to those times listed in their workbooks for the 100m?

The pupils can watch the 60m Men's final from the World Indoor Athletics Championships in 2018 at the following link:

<https://www.youtube.com/watch?v=OTc9Ri9g924>

- (iv) Using an outdoor space ask the pupils to mark out 60m and give them an opportunity to run it whilst getting their time recorded.
- (v) Use an indoor or outdoor space to mark out the distances thrown in the women's hammer throw. Use a ball or other similar object to see what distance the children can throw in comparison.

The pupils can watch the video at the following link to see the technique used by the Gold medallist in the IAAF World Athletics Championship women's hammer throw:

https://www.youtube.com/watch?v=_Sdrnzxx634

ANSWERS TO CHALLENGES:

IAAF World Athletics Championships 2019,
Doha Men's 100m Final

GOLD - Christian Coleman (USA) - **9.76 seconds**

SILVER - Justin Gatlin (USA) - **9.89 seconds**

BRONZE - Andre De Grasse (CAN) - **9.90 seconds**

Paralympic Games 2016,
Rio De Janeiro Women's 200m T11

GOLD - Libby Clegg (GBR) - **24.51 seconds**

SILVER - Cuiqing Liu (CHN) - **24.85 seconds**

BRONZE - Guohua Zhou (CHN) - **24.99 seconds**

IAAF World Athletics Championships 2019,
Doha Women's Hammer Throw

GOLD - DeAnna Price (USA) - **77.54 meters**

SILVER - Joanna Fiodorow (POL) - **76.35 meters**

BRONZE - Zheng Wang (CHN) - **74.76 meters**

TASK 5 – DESIGN A KIT

Further opportunities for learning:

- (i) Once the pupils have designed a kit in the workbook they could also draw and then design a tracksuit for their chosen country.
- (ii) You can speak to the pupils about what types of materials might be used in the athlete's competition kit as shown in the picture and discuss how this might differ from the material used in their tracksuit.

The following websites may be useful for the pupils to view to help identify different materials and fits for competition kit and casual kit.

<https://www.joma-sport.com/en>

https://www.nike.com/gb/en_gb/

<https://www.newbalance.co.uk/>

<https://www.adidas.co.uk/>

TASK 6 – JOURNALISM

Further opportunities for learning:

- (i) After writing their article in the style of a website report discuss with the children different methods of reporting news or previewing events.
- (ii) Using some of the research that they have been doing ask the pupils to write a poem about one of the countries competing in the next major athletics event, one of the athletes competing, or the event itself.
- (iii) The pupils could create an events programme for the next major athletics event that will be sold to spectators attending. What information do they think would be useful to include? They could include information from other tasks in their resource booklet e.g. athlete profile.

Other suggested sections for the programme could be:

- Introduction to host city
- Places to visit in host city
- Background on the host stadium
- Schedule for the event
- Results from previous Championships
- Overview of each athletics event in the Championship

TASK 7 – VISIT A COMPETING COUNTRY

Further opportunities for learning:

- (i) Ask the pupils to use powerpoint as part of their presentation. They can explore the design of a presentation and start to discuss different styles of learning e.g. visual and reading.
- (ii) In pairs or groups, the pupils can compare details of the countries they are visiting. They can discuss the time it takes to travel to the country they are visiting, the cost of visiting the country and why it might differ from others, and share some of the famous landmarks in the country they've chosen.
- (iii) The pupils could repeat the same task for a country in a different continent exploring how costs, travel times etc may differ. If they have discussed continents as part of task 1, they can use this as a starting point for identifying countries outside Europe.

TASK 8 – DESIGN A POSTER COMPETITION

Further opportunities for learning:

- (i) Discuss with the pupils what they think makes a good poster and when and why they think a poster might be used.
- (ii) Although the task in the workbook is designed to be more visual the pupils could also design a promotional poster for the country they have chosen, advertising it to potential visitors. This poster may require more words than the initial task but can also incorporate some of their research and learning from other tasks.
- (iii) To provide variety to this task the pupils could instead design a promotional poster for their school advertising it to potential new pupils.



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