



GSS DEVELOPMENTS



RACE START LISTS – Version 4 at 19 May 2021

RACE 1: 5:30PM					TARGET TIMES OF 6:15mins to 7:00mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	324	Zosia	Paddon	Central AC	U17
2	2	325	Jonathan	Bell	West End Road Runners	SEN
3	3	326	Iain	Crawford	Cambuslang Harriers	V50
4	4	327	Nicola	Freedman	Harmeny AC	V50
5	5	328	Sharon	McNicol	Kilmarnock Harriers & AC	V40
6	6	329	Ian	Fyfe	Linlithgow Athletic Club	V60
7	7	330	Allen	Campbell	West End Road Runners	V45
8	8	331	Emma	Kennedy	Cambuslang Harriers	U15
9	9	332	Eilidh	MacKenzie	(unattached)	V40
10	10	333	Scott	Cumming	Linlithgow Athletic Club	V45
11	11	334	Ben	Paterson	Harmeny AC	U13
12	12	335	Lucy	McGrandle	Cambuslang Harriers	U15



GSS DEVELOPMENTS



RACE 2: 5:40PM					TARGET TIMES OF 6:00mins to 6:15mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	312	Janine	Porter	Bellahouston Harriers	SEN
2	2	313	Katrine	Kelly	Troon Tortoises	V40
3	3	314	Erin	Burnett	(unattached)	U13
4	4	315	Sienna	Shepherd	Central AC	U13
5	5	316	Iona	Smith	Kirkintilloch Olympians	U23
6	6	317	Graeme	Jack	West End Road Runners	V55
7	7	318	Kevin	Gilfillan	Garscube Harriers	SEN
8	8	319	Julia	Johnstone	Gala Harriers	V50
9	9	320	Steve	Adam	Carnegie Harriers	V55
10	10	321	Carys	Melton	Harmeny AC	U13
11	11	322	Ollie	Stevenson	(unattached)	U13
12	12	323	Finlay Alexander	Ross Davie	(unattached)	U13



GSS DEVELOPMENTS



RACE 3: 5:50PM					TARGET TIMES OF 5:45mins to 6:00mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	300	Kenneth	Hislop	Central AC	V35
2	2	301	Ed	Norton	PH Racing Club	V65
3	3	302	Leya	Gibb	Central AC	U15
4	4	303	Olivia	Mcnicol	Cambuslang Harriers	U13
5	5	304	Craig	Stewart	Harmeny AC	V45
6	6	305	Joshua	Kennedy	Central AC	U15
7	7	306	Amy	Teasdale	Kilbarchan Amateur AC	U15
8	8	307	Catriona	Kane	Central AC	U17
9	9	308	Emma	Ritchie	Cambuslang Harriers	U13
10	10	309	Kieran	Hardie	Harmeny AC	U15
11	11	310	Ryan	Snitjer	Corstorphine AAC	U17
12	12	311	Katie	McDonald	Corstorphine AAC	U17



GSS DEVELOPMENTS



RACE 4: 6:00PM					TARGET TIMES OF 5:40mins to 5:50mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	277	Eva	Cameron	Corstorphine AAC	U15
2	2	278	Matty	Fleming	Gala Harriers	U15
3	3	279	Shania	King	Dundee Hawkhill Harriers	U23
4	4	280	Fiona	Matheson	Falkirk Victoria Harriers	V60
5	5	281	Grant	Matheson	Falkirk Victoria Harriers	V55
6	6	282	Andrew	Anderson	Dunbar Running Club	V55
7	7	283	Connor	Campbell	West End Road Runners	U13
8	8	284	Roanne	Lilley	(unattached)	U23
9	9	285	Rory	MacMillan	Central AC	U13
10	10	286	Harrison	MacMillan	Central AC	U13
11	11	287	Frank	Hurley	Cambuslang Harriers	VET
12	12	288	Andrea	Cameron	Lothian Running Club	V40



GSS DEVELOPMENTS



RACE 5: 6:10PM					TARGET TIMES OF 5:31mins to 5:40mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	265	Tuscany	Wright	Giffnock North AC	U15
2	2	266	Darren	Carruthers	Red Star AC	SEN
3	3	267	Gavin	Phillip	Edinburgh Athletics Club	V50
4	4	268	Grant	McEachern	Cumbernauld Amateur Athletics Club	U15
5	5	269	Andrew	Gibson	Teviotdale Harriers	V40
6	6	270	Stephen	Croft	Carnethy Hill Racing Club	V45
7	7	271	Carys	Gibb	Central AC	U15
8	8	272	Julie	Wilson	Inverness Harriers	V50
9	9	273	Freya	Brown	Team East Lothian AC	U13
10	10	274	Jemma	Macleod	Cumbernauld AAC	U13
11	11	275	Caitlyn	Heggie	Ross County Athletics Club	U15
12	12	276	Michael	Whittle	(unattached)	V35



GSS DEVELOPMENTS



RACE 6: 6:20PM					TARGET TIMES OF 5:29mins to 5:30mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	253	Billy	Stewart	PH Racing Club	V35
2	2	254	David	Benwell	Central AC	V40
3	3	255	Ross	Lawrie	Central AC	U17
4	4	256	Richard	Clark	Edinburgh Athletics Club	V45
5	5	257	Daniel	McIntyre	Harmeny AC	U13
6	6	258	Jamie	Tait	Metro Aberdeen	V40
7	7	259	Greg	Stevens	Fife Athletic Club	SEN
8	8	260	Niamh	Whelan	Moray Road Runners	U20
9	9	261	Cerys	Wright	Haddington Running Club	U13
10	10	262	Cesar	Suriano	Glasgow University AC	U20
11	11	263	Aaron	Middleton	Central AC	U15
12	12	264	Dave	Thom	Cambuslang Harriers	V60



GSS DEVELOPMENTS



RACE 7: 6:30PM					TARGET TIMES OF 5:20mins to 5:30mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	241	Ross	McEachern	Cumbernauld Amateur Athletics Club	V55
2	2	242	Jim	Buchanan	Dumfries Running Club	V55
3	3	243	Dair	Alexander	Harmony AC	U15
4	4	244	Matthew	Holden	Harmony AC	U15
5	5	245	David	Watson	Preston Harriers	V50
6	6	246	Angus	Thomson	Edinburgh Athletics Club	SEN
7	7	247	Dave	Morton	Fife Athletic Club	V40
8	8	248	Allen	Marr	PH Racing Club	V65
9	9	249	Joshua	Liddell	Team East Lothian AC	U13
10	10	250	Niamh	McKinlay	Central AC	U15
11	11	251	Andrew	Grant	Strathearn Harriers	U15
12	12	252	Nikki	Gibson	Edinburgh Athletics Club	SEN



GSS DEVELOPMENTS



RACE 8: 6:40PM					TARGET TIMES OF 5:15mins to 5:20mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	229	Iain	Craven	Edinburgh Athletics Club	V40
2	2	230	Scott	Love	PH Racing Club	V40
3	3	231	Charlene	Manley	Shettleston Harriers	V35
4	4	232	Ralph	Wilkie	Harmeny AC	U13
5	5	233	James	Alexander	Garscube Harriers	U15
6	6	234	Sandy	Gardner	Victoria Park City Of Glasgow	V50
7	7	235	John	Thomson	Fife Athletic Club	V60
8	8	236	Rhuairdh	Laing	Victoria Park AAC	U13
9	9	237	David	Vosser	Winchester & District AC	V60
10	10	238	Martin	Strachan	West End Road Runners	V40
11	11	239	Ewan	Jack	Central AC	V45
12	12	240	Mark	Mclean	PH Racing Club	V50



GSS DEVELOPMENTS



RACE 9: 6:50PM					TARGET TIMES OF 5:10mins to 5:15mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	217	Lewis	Orr	Edinburgh Athletics Club	V50
2	2	218	Finlay	McKay	Aberdeen AAC	U15
3	3	219	Matthew	Fox	Shettleston Harriers	U15
4	4	220	Fergus	Ross	Harmeny AC	U13
5	5	221	Connor	Scobie	Ayr Seaforth Athletic Club	U17
6	6	222	Adam	Clifford	Shettleston Harriers	U15
7	7	223	Dino	Roussias	Metro Aberdeen Running Club	V45
8	8	224	Caitlyn	Christie	Falkirk Victoria Harriers	U17
9	9	225	Mike	Forbes	(unattached)	V35
10	10	226	Rebecca	Frake	Edinburgh Athletics Club	SEN
11	11	227	Daniel	Hale	Fife Athletic Club	SEN
12	12	228	Sam	McCarthy	Ron Hill Cambuslang	U15



GSS DEVELOPMENTS



RACE 10: 7:00PM				TARGET TIMES OF 5:00mins to 5:10mins		
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	205	Evan	Crane	Motherwell AC	V40
2	2	206	Paul	Friend	Inverclyde Athletic Club	V40
3	3	207	Calum	Ferguson	Bellahouston Harriers	SEN
4	4	208	Andrew	McGillivray	(unattached)	VET
5	5	209	Peter	Graham	Edinburgh Athletics Club	V35
6	6	210	Euan	Docherty	Central AC	U17
7	7	211	Keir	Crawford	Cambuslang Harriers	U20
8	8	212	Struan	Gatherer	Perth Strathtay Harriers	U15
9	9	213	Aaron	Bennet	PH Racing Club	U17
10	10	214	Owen	McWilliams	Irvine Running Club	SEN
11	11	215	Crawford	Smith	Kirkintilloch Olympians	U17
12	12	216	Scott	McClung	Fife Athletic Club	U20



GSS DEVELOPMENTS



RACE 11: 7:09PM					TARGET TIMES OF 5:00mins to 5:00mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	193	Calan	Chong	Giffnock North AAC	U15
2	2	194	William	Bradley	London City Athletics Club	V35
3	3	195	Keith	Tollerton	(unattached)	SEN
4	4	196	Paul	Stevenson	(unattached)	SEN
5	5	197	Calum	Crawford	Metro Aberdeen Running Club	SEN
6	6	198	Mark	Magill	(unattached)	V35
7	7	199	Nicholas	Lightfoot	St Andrews University AC	U23
8	8	200	Adam	Wetton	Corstorphine AAC	U17
9	9	201	Brent	Brodie	Bellahouston Harriers	V45
10	10	202	John	Brogan	Airdrie Harriers	V45
11	11	203	David	Langan	(unattached)	V40
12	12	204	Nicky	Miller	G72 Tri	SEN



GSS DEVELOPMENTS



RACE 12: 7:18PM				TARGET TIMES OF 5:00mins to 5:15mins		
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	181	Anise	Macaulay	Edinburgh AC	U17
2	2	182				
3	3	183				
4	4	184	Laura	Haggarty	Kilmarnock Harriers & AC	SEN
5	5	185	Alicia	Paton	Cumbernauld AAC	SEN
6	6	186	Grace	Whelan	Moray Road Runners	U23
7	7	187	Isla	Thoms	Fife Athletic Club	U17
8	8	188	Freya	Campbell	Giffnock North	U15
9	9	189	Emily	McNicol	Law & District AAC	U23
10	10	190	Olivia	Clarke	Corstorphine AAC	U17
11	11	191	Charlotte	MacPhie	Corstorphine AAC	U15
12	12	192				



GSS DEVELOPMENTS



RACE 13: 7:27PM					TARGET TIMES OF 4:50mins to 5:00mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	169	Andrew	Irvine	Central AC	SEN
2	2	170	John	Butcher	Toowong Harriers	V65
3	3	171	Mark	Gallacher	Cambuslang Harriers	V50
4	4	172	Paul	Forbes	Edinburgh Athletics Club	V60
5	5	173	Steven	Daye	Irvine Athletic Club	SEN
6	6	174	Murray	Close	Lothian Running Club	U17
7	7	175	Dan	McGuire	Harmeny AC	U15
8	8	176	Stephen	Allan	Cumbernauld AAC	V45
9	9	177	Martin	Fitchie	Cumbernauld AAC	V45
10	10	178	Graeme	Gemmell	Bellahouston Harriers	V55
11	11	179	Innes	Wright	Team East Lothian AC	U15
12	12	180	Paul	McMonagle	Cumbernauld Amateur Athletics Club	V50



GSS DEVELOPMENTS



RACE 14: 7:36PM					TARGET TIMES OF 4:48mins to 4:50mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	157	Sam	Coull	Ross County AC	U17
2	2	158	Louis	O'Hare	Cumbernauld AAC	V45
3	3	159	Cormac	O'Hara	Red Star AC	U23
4	4	160	Darren	Jubb	PH Racing Club	SEN
5	5	161	Louis	O'Hare	Cumbernauld AAC	U20
6	6	162	Sam	Grivell	Central AC	U20
7	7	163	Andrew	McWilliam	Lasswade AAC	U15
8	8	164	Colin	Whitby	Garscube Harriers	V35
9	9	165	Lee	Shaw	Irvine Athletic Club	SEN
10	10	166	Mark	Porter	Bellahouston Harriers	SEN
11	11	167	Calum	Oates	Shettleston Harriers	SEN
12	12	168	Stuart	Russell	Motherwell AC	U20



GSS DEVELOPMENTS



RACE 15: 7:45PM					TARGET TIMES OF 4:40mins to 4:48mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	133	Ben	Kinninmonth	Fife Athletic Club	SEN
2	2	134	Allan	Cameron	Cumbernauld AAC	V45
3	3	135	Finlay	Waters	Victoria Park City of Glasgow	U17
4	4	136	Gordon	Barrie	Dundee Hawkhill Harriers	V45
5	5	137	Craig	Shennan	Giffnock North AC	U15
6	6	138	Ruairidh	Williams	Corstorphine AAC	U17
7	7	139	Andrew	McCall	Greenock Glenpark Harriers	SEN
8	8	140	Charlie	Storrie	Dumfries Running Club	SEN
9	9	141	Calum	Charters	East Kilbride Athletics Club	U17
10	10	142	Daniel	Scroop	Garscube Harriers	V45
11	11	143	Ian	Hodge	Cambuslang Harriers	V35
12	12	144	Daniel	Macqueen	Penicuik Harriers	V35



GSS DEVELOPMENTS



RACE 16: 7:54PM					TARGET TIMES OF 4:25mins to 4:40mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	121	Hamish	McKay	Aberdeen AAC	U17
2	2	122	Cameron	Fordyce	Corstorphine AAC	U20
3	3	123	Theo	Phillips Smith	Corstorphine AAC	U20
4	4	124	Colin	Doherty	Inverclyde Athletics Club	V35
5	5	125	Logan	Beagley	Livingston & District AAC	U17
6	6	126	Lewis	Rodgers	Fife Athletic Club	SEN
7	7	127	Rhys	Crawford	Aberdeen AAC	U15
8	8	128	Munro	Stewart	Dundee Hawkhill Harriers	SEN
9	9	129	Angus	Wright	Team East Lothian AC	U17
10	10	130	Joel	Lange	Slough Junior	U23
11	11	131	Scott	Burton	RTC Warriors	SEN
12	12	132	Robbie	Anderson	Team East Lothian AC	U20



GSS DEVELOPMENTS



RACE 17: 8:03PM					TARGET TIMES OF 4:32mins to 4:35mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	109	Ryan	Donnelly	Ron Hill Cambuslang	U23
2	2	110	Christopher	Russell	Fife Athletic Club	SEN
3	3	111	Michael	Rimicans	Edinburgh Uni Hare & Hounds	SEN
4	4	112	Sam	Fernando	Fife Athletic Club	SEN
5	5	113	Ritchie	Gardiner	Corstorphine AAC	U20
6	6	114	Alistair	Gudgin	Fife Athletic Club	SEN
7	7	115	Lucas	Cairns	Inverness Harriers A A C	U20
8	8	116	Joe	Battershill	Edinburgh Uni Hare & Hounds	U23
9	9	117	Cameron	Kerr	Central AC	U17
10	10	118	Telfer	Gray	Central AC	U23
11	11	119	Jordan	Phillips	Kilmarnock Harriers AC	U17
12	12	120	Matthew	Dailey	Edinburgh University Hare and Hounds	U23



GSS DEVELOPMENTS



RACE 18: 8:12PM

WHEELCHAIR RACE

LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	97	Sean	Frame	Red Star AC	SEN
2	2	98	Kyle	Brotherton	Red Star AC	U23
3	3	99	Luke	Deighan	Red Star AC	U23



GSS DEVELOPMENTS



RACE 19: 8:20PM					TARGET TIMES OF 4:30mins to 4:30mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	85	Andrew	Taylor	Edinburgh AC	SEN
2	2	86	Philip	Neilson	Aberdeen AAC	SEN
3	3	87	Blayne	Wright	Giffnock North AC	U20
4	4	88	David	Houston	Cumbernauld Amateur Athletics Club	SEN
5	5	89	Tendai	Nyabadza	Harmeny Athletic Club	U17
6	6	90	Richard	Carr	Cambuslang Harriers	V35
7	7	91	Ross	Dewar	Edinburgh AC	U17
8	8	92	Anthony	O'Brien	Liverpool Pembroke & Sefton H AC	V50
9	9	93	Joshua	Dack	Lothian Running Club	SEN
10	10	94	Ben	Ward	Metro Aberdeen Running Club	SEN
11	11	95	Scott	MacLeod	Metro Aberdeen Running Club	SEN
12	12	96	Sam	McIntosh	Lothian Running Club	SEN



GSS DEVELOPMENTS



RACE 20: 8:30PM					TARGET TIMES OF 4:24mins to 4:30mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	73	Lewis	Watt	Aberdeen AAC	U20
2	2	74	Craig	Morris	Fife Athletic Club	U23
3	3	75	Myles	Bax	Edinburgh AC	SEN
4	4	76	Andrew	Brown	Dunbar RC	V40
5	5	77	Andrew	Casey	Aberdeen AAC	SEN
6	6	78	Daryl	Reid	East Kilbride Athletics Club	SEN
7	7	79	Jonathan	Stewart	Leeds City Athletic Club	V40
8	8	80	Jamie	Phillips	Kilmarnock Harriers & AC	U17
9	9	81	Mark	Doherty	Inverclyde Athletics Club	V35
10	10	82	Alex	Bates	Aberdeen AAC	U23
11	11	83	Euan	Hood	Lasswade AAC	U23
12	12	84	James	Grant	Perth Strathtay Harriers	U20



GSS DEVELOPMENTS



RACE 21: 8:39PM					TARGET TIMES OF 4:19mins to 4:30mins	
LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	61	Cameron	Green	Giffnock North AC	U17
2	2	62	Jack	Heathwood	Bellahouston Harriers	U23
3	3	63	Ross	O'Brien	Giffnock North AAC	U20
4	4	64	Aaron	Grew	Cambuslang Harriers	U20
5	5	65	Stuart	Gibson	Cambuslang Harriers	V35
6	6	66	Douglas	Selman	Corstorphine AAC	SEN
7	7	67	Robert	Sparks	Fife Athletic Club	U23
8	8	68	Aaron	Odentz	Aberdeen AAC	U23
9	9	69	Angus	Smith	Inverness Harriers A A C	U20
10	10	70	Struan	Bennet	Fife Athletic Club	U17
11	11	71	Eoghan	MacNamara	Aberdeen AAC	SEN
12	12	72	Gregor	Malcolm	Edinburgh Uni Hare & Hounds	U23



GSS DEVELOPMENTS



RACE 22: 8:48PM

TARGET TIMES OF 4:50mins to 5:00mins

WOMEN'S B RACE

LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
1	1	145	Louisa	Brown	Garscube Harriers	U17
2	2	146	Constance	Nankivell	Edinburgh University Hare and Hounds	U23
3	3	147	Kirstian	Macaulay	Corstorphine AAC	SEN
4	4	148	Emily	Strathdee	Edinburgh AC	SEN
5	5	149	Anna	Cairns	Inverness Harriers A A C	U17
6	6	150	Katie	Lowery	Edinburgh University Hare and Hounds	U23
7	7	151	Isla	Scott-Pearce	Edinburgh AC	SEN
8	8	152	Valencia	Wright	Giffnock North AC	U17
9	9	153	Caitlin	Arnott	Corstorphine AAC	U23
10	10	154	Kirsty	Purcell	Aberdeen AAC	U20
11	11	155	Caitlin	Purcell	Aberdeen AAC	U20
12	12	156	Charlie	Frew	Giffnock North AAC	U20



GSS DEVELOPMENTS



RACE 23: 8:57PM					TARGET TIMES OF 4:20mins to 4:29mins			
MEN'S D RACE								
Paced Target Time: 4:22mins.			Lap Split: 65 secs		Pacer to last until: 1,000m (in 2:42mins)			
	LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE	
PACER	1	1	49	Sandy	Holl	Central AC	U23	PACER
	2	2	50	Reuben	Macdonald	Giffnock North AAC	U17	
	3	3	51	Connor	Bell	Central AC	U17	
	4	4	52					
	5	5	53	Andrew	Thomson	PH Racing Club	U17	
	6	6	54	Ethan	Carolan	Giffnock North AAC	U20	
	7	7	55	Kai	Crawford	Aberdeen AAC	U17	
	8	8	56	Cameron	Deverill	Giffnock North AAC	U17	
	9	9	57	Cameron	MacMillan	Central AC	U17	
	10	10	58	Elliot	Duff	Garscube Harriers	U23	
	11	11	59	Corey	Campbell	Team East Lothian	U17	
	12	12	60	Darrell	Hastie	Gala Harriers	V35	



GSS DEVELOPMENTS



RACE 24: 9:06PM					TARGET TIMES OF 4:10mins to 4:20mins			
MEN'S C RACE								
Paced Target Time: 4:13/14mins.			Lap Split: 63 secs		Pacer to last until: 1,000m (in 2:37/38mins)			
	LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE	
PACER	1	1	49	Sandy	Holl	Central AC	U23	
	2	2	38	Ewan	McMillan	Banchory Stonehaven	SEN	
	3	3	39	Tom	Graham-Marr	Central AC	U23	
	4	4	40	Andrew	McGill	Livingston & District AAC	U20	
	5	5	41	Craig	Campbell	Inverness Harriers A A C	SEN	
	6	6	42	Andrew	Carey	Cambuslang harriers	U23	
	7	7	43	Anthony	Addison	Corstorphine	U23	
	8	8	44	Cameron	Harris	Livingston & District AAC	SEN	
	9	9	45	Stephen	Addison	Corstorphine AAC	U23	
	10	10	46	Sam	Griffin	Aberdeen AAC	U20	
	11	11	47	Laurence	Heyes	Cambuslang Harriers	SEN	
	12	12	48					



GSS DEVELOPMENTS



RACE 25: 9:15PM				TARGET TIMES OF 4:07mins to 4:15mins			
MEN'S B RACE							
Paced Target Time: 4:06 mins.			Lap Split: 61 secs.		Pacer to last until: 1,000m (in 2:32mins)		
	LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
PACER	1	1	25	Cameron	Watson	Inverclyde Athletic Club	U23
	2	2	26	Michael	Ferguson	Aberdeen AAC	SEN
	3	3	27	Luke	Davidson	Inverness Harriers A A C	U20
	4	4	28	Gavin	Smith	Ron Hill Cambuslang	U23
	5	5	29	Finlay	Todd	Ross County Athletics Club	U23
	6	6	30	Finn	Lydon	Heriot-Watt University Athletics	U23
	7	7	31	Christopher	McLew	Ron Hill Cambuslang	U23
	8	8	32	Peter	Cameron	Edinburgh AC	SEN
	9	9	33	Magnus	Tait	Lasswade AAC	U23
	10	10	34	Daniel	Stansfield	Edinburgh Uni Hare & Hounds	SEN
	11	11	35	Eddie	Narbett	Edinburgh University H&H	U23
	12	12	36	Ben	Sandilands	Fife Athletic Club	U20



GSS DEVELOPMENTS



RACE 26: 9:25PM					TARGET TIMES OF 4:40mins to 4:55mins		
ELITE WOMEN'S RACE							
Paced Target Time: 4:34mins.			Lap Split: 68 secs		Pacer to last until: 1,000m (in 2:50mins)		
	LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
PACER	1	1	13	Matthew	Sutherland	Central AC	SEN
	2	2	14	Georgia	Ledingham	Corstorphine AAC	U20
	3	3	15	Nynke	Mulholland	Inverclyde Athletic Club	SEN
	4	4	16	Katie	Johnson	Edinburgh AC	U17
	5	5	17	Olivia	Vareille	Falkirk Victoria Harriers	U23
	6	6	18	Hannah	Addison	Corstorphine AAC	SEN
	7	7	19	Hannah	Cameron	Edinburgh AC	SEN
	8	8	20	Holly	Little	Victoria Park City Of Glasgow	U23
	9	9	21	Zoe	Bates	Aberdeen AAC	SEN
	10	10	22	Rebecca	Johnson	Edinburgh Uni Hare & Hounds	SEN
	11	11	23	Naomi	Lang	Edinburgh Uni Hare & Hounds	U23
	12	12	24	Niamh	Carr	Edinburgh Uni Hare & Hounds	U23



GSS DEVELOPMENTS



RACE 27: 9:35PM					TARGET TIMES OF 3:59mins to 4:10mins		
ELITE MEN'S RACE							
Paced Target Time: 3:59mins.			Lap Split: 59.4 secs		Pacer to last until: 1,000m (in 2:28mins)		
	LANE	LEG NO.	NUMBER	FORENAME	SURNAME	CLUB	AGE
PACER	1	1	1	Seumas	MacKay	Shetland AAC	U23
	2	2	2	Josh	Carr	Thames Hare & Hounds	SEN
	3	3	3	Kane	Elliot	Falkirk Victoria Harriers	U20
	4	4	4	Jamie	Crowe	Central AC	SEN
	5	5	5	Alastair	Hay	Central AC	V35
	6	6	6	Ben	Potrykus	Inverclyde Athletic Club	SEN
	7	7	7	Benjamin	MacMillan	Central AC	U23
	8	8	8	Eoin	Pierce	Newham & Essex Beagles AC	SEN
	9	9	9	Ben	Waterman	Ealing Southall & Middlesex AC	SEN
	10	10	10	Stuart	McCallum	Winchester and District	SEN
	11	11	11	James	Donald	Dundee Hawkhill Harriers	SEN
	12	12	12	Alastair	Marshall	Central AC	U20