2018 Questions for Race Walk Judges progressing to Level 2

1. What are the two parts of the main rule of race walking?
2. What do these paddles mean?



1. When would these paddles be shown to the competitors?
2. Can a judge show the same paddle more than once to the same competitor?
3. Why is a red card completed and what happens to it once that has been done?
4. What is a red paddle used for and who would use it?
5. Where is the best position from which to judge at a track event?
6. Where is the best position from which to judge at a road race?
7. Where are competitors most likely to break the rules of race walking? Give at least two examples.