

scottishathletics



A practical guide for clubs and groups
returning to athletics
following the Covid-19 restrictions during
Phase 1 of the route map for exciting lockdown



PHASE 1

The guidelines in this document relate to phase 1 of the Scottish Government's COVID-19 route map through and out of the crisis.

This phase:

1. Allows unrestricted outdoors exercise adhering to distancing measures and non-contact outdoor activities in the local area.
2. Permits people to use outdoor spaces for recreational purposes.
3. Allows one household to meet with another household outdoors, in small numbers, but with physical distancing required.
4. Information on the Scottish Government's approach to managing covid-19 is available at www.gov.scot/coronavirus-covid-19/

This practical guide, prepared by our team in consultation with **sportscotland**, Scottish Government and Children First, outlines the steps **scottishathletics** would like athletics clubs to consider during phase 1 of the route map through and out of the crisis.

During phase 1 facilities will remain closed and club training sessions can not take place.

The steps proposed during phase 1 are mostly preparatory to enable clubs to resume operations in a planned and safe manner at the appropriate time.

Further advice on the subsequent phases will be provided to clubs in due course.

Our measures and procedures are under constant review and updated as advice from government, health authorities and the national agency for sport evolves in line with the gradual lifting of restrictions.

**Informed members
and
robust procedures**

1. Club Access

Clubs and their facilities are closed during phase 1

- All facilities should remain closed including clubhouses, toilets, locker rooms, retail outlets and activity areas.
- However, clubs should now begin to plan for eventual reopening to ensure access to the clubhouse and training facilities complies with guidance issued in the relevant phase.
- **scottishathletics** will issue further guidance to clubs for phase 2, 3 and 4.

2. Covid-19 Coordinator

Clubs should appoint a Covid-19 Coordinator or coordinators responsible for managing issues and queries relating to the Covid-19 pandemic. The Coordinator must work in close cooperation with the club committee who will approve all measures developed.

In phase 1 the Coordinator should:

- Be aware that guidance can change quickly and should ensure they are working to current guidance issued by Scottish Government and **scottishathletics**.
- Ensure club athletes and coaches are aware of and adhere to this and related guidance issued by Scottish Government and **scottishathletics**.
- Ensure all club facilities are not utilised during this phase of reopening.
- Begin to plan for the clubs safe return to operation and that all arrangements are compliant with Scottish Government and **scottishathletics** guidelines.
- Ensure that sufficient Covid-19 information posters are clearly exhibited in all areas of the club/facilities <https://www.hse.gov.uk/>.
- Plan and prepare to operate a booking system for all training sessions and facilities access in the later re-opening phases. This will help with the government's contact tracing initiative where necessary.
- Develop a communication strategy to ensure that when facilities re-open the athletes/coaches/parents are aware of all Scottish Government/**scottishathletics**/club guidelines associated with the club facilities and their respective roles.
- Ensure when facilities do re-open in later phases that the club can collate and maintain accurate records of who attends their facilities. This is required to support the Scottish Governments contact tracing initiative .
- Ensure that the contact details for all members are up to date as this will support the Scottish Governments contact tracing initiative.
- Guidance from Health Protection Scotland can be found by following this link www.hps.scot.nhs.uk/web-resources-container/covid-19-guidance-for-non-healthcare-settings/

3. Contacts

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