

Place	Time	First Name	Last Name	Cat	Club	Pos
1	3:24	Sean	Frame	T54	SM Red Star AC	1
2	4:03	Kyle	Brotherton	T54	U20M Red Star AC	1
3	4:14	Kane	Elliott	U20M	Falkirk Victoria Harriers	2
4	4:16	Joe	Ewing	U20M	Edinburgh AC	3
5	4:17	Ryan	Thomson	SM	Cambuslang Harriers	2
5	4:17	Alastair	Marshall	U17M	Livingston AC	1
7	4:18	Grant	Sheldon	SM	Cambuslang Harriers	3
7	4:18	Jack	Patton	U17M	Kilbarchan AAC	2
9	4:23	Michael	Ferguson	SM	Aberdeen AAC	4
10	4:24	Grant	Muir	SM	Giffnock North AC	5
11	4:25	Gavin	Bryson	SM	Edinburgh AC	6
11	4:25	Christopher	McLew	U20M	Cambuslang Harriers	4
13	4:26	Richard	Mair	M35	Kilmarnock H&AC	1
14	4:27	Freddie	Carcas	U20M	Edinburgh AC	5
14	4:27	Luke	Davidson	U20M	Inverness Harriers AAC	5
16	4:30	Conan	Harper	U15B	Teviotdale Harriers	1
17	4:33	Grant	Baillie	M40	East Kilbride AC	1
17	4:33	Robbie	Kennedy	SM	Lothian RC	7
17	4:33	Calum	Phillip	U20M	Central AC	7
17	4:33					
21	4:34	Michael	Christoforou	SM	Cambuslang Harriers	8
21	4:34	Callum	Tharme	U20M	Gala Harriers	8
23	4:35	Lucas	Cairns	U17M	Inverness Harriers AAC	3
23	4:35	Andrew	Thomson	U17M	PH Racing Club	3
25	4:36	Tom	Cunningham	SM	Corstorphine AAC	9
25	4:36	Matthew	Turner	SM	Shettleston Harriers	9
27	4:37	Mark	Doherty	M35	Inverclyde AC	2
27	4:37	Miguel	Delgado Sillero	SM	Bellahouston Harriers	11
29	4:38	Daryl	Reid	SM	East Kilbride AC	12
30	4:39	Grant	Murphy	SM	Bellahouston RR	13
31	4:40	Aaron	Odentz	SM	Aberdeen AAC	14
31	4:40	Michael	Cameron	SM	Edinburgh AC	14
33	4:41	Steven	Murray	SM	Aberdeen AAC	16
33	4:41	Robbie	Ferguson	SM	Kilbarchan AAC	16
35	4:42	Gordon	Robertson	M40	Cambuslang Harriers	2
35	4:42	Paul	Morrison	SM	Cambuslang Harriers	18
37	4:43	James	Grant	U17M	Perth Strathtay Harriers	5
38	4:44	Leon	Johnson	M40	Edinburgh AC	3
38	4:44	Kenneth	Campbell	M45	Cambuslang Harriers	1
38	4:44	Stuart	Kerr	SM	Kilbarchan AAC	19
38	4:44	Ben	Nelson	SM	Aberdeen AAC	19
38	4:44	Drew	Dutton	SM	Campbeltown RC	19
43	4:45	Mark	Pollard	M35	Inverclyde AC	3
43	4:45	Callan	Hogarth	U17M	Falkirk Victoria Harriers	6
45	4:46	Andrew	Carey	U20M	Cambuslang Harriers	9
46	4:47	Thomas	Ross	U20M	Corstorphine AAC	10
47	4:48	Stuart	Johnston	M40	Edinburgh AC	4
47	4:48	James	MacLeod	M40	Garscube Harriers	4
47	4:48	Stephen	Allen	M50	Motherwell AC	1
50	4:49	Alistair	Gudgin	SM	Fife AC	22
50	4:49	Gemma	Kersey	SW	Basildon AC	1
50	4:49	Angus	Wright	U15B	Team East Lothian	2
50	4:49	Megan	Keith	U20W	Inverness Harriers AAC	1

Place	Time	First Name	Last Name	Cat	Club	Pos
54	4:50	Eoghan	MacNamara	SM	Aberdeen AAC	23
55	4:51	David	Wright	M40	Hunters Bog Trotters	6
55	4:51	Marcus	D'Agrosa	SM	Gala Harriers	24
57	4:52	Colin	Welsh	M35	Teviotdale Harriers	4
57	4:52	Stuart	McGeachy	M40	Cambuslang Harriers	7
57	4:52	Paul	Kieran	M45	PH Racing Club	2
57	4:52	BRYAN	MULGREW	SM	Bellahouston RR	25
61	4:53	Darran	Muir	M40	Law & District AAC	8
62	4:54	John	Newsom	M35	Inverness Harriers AAC	5
62	4:54	Chris	Russell	SM	University of St. Andrews CC	26
62	4:54	Grant	Plenderleith	SM	Falkirk Victoria Harriers	26
62	4:54	Cameron	Green	U15B	Giffnock North AC	3
62	4:54	Angus	Smith	U17M	Inverness Harriers AAC	7
67	4:55	Ruairidh	MacLean	M35	Giffnock North AC	6
67	4:55	Thomas	Callan	SM	Westerlands XC Club	28
67	4:55	Michael	McConnell	SM	PH Racing Club	28
67	4:55	Munro	Stewart	SM	Dundee Hawkhill Harriers	28
67	4:55	Craig	Paterson	SM	PH Racing Club	28
67	4:55	Sam	MacNeil	SM	Edinburgh AC	28
67	4:55	Harris	Morrison	U15B	Greenock Glenpark Harriers	4
67	4:55	Fraser	Kelly	U20M	Team East Lothian	11
67	4:55	Kieran	Cooper	U20M	University of St. Andrews CC	11
76	4:56	Neil	Lafferty	M40	Greenock Glenpark Harriers	9
76	4:56	Ben	Kinninmonth	SM	Fife AC	33
76	4:56	Ewan	Christie	U15B	Gala Harriers	5
79	4:57	Paul	Gordon	SM	Bellahouston RR	34
80	4:58	Graham	Bee	M35	Inverness Harriers AAC	7
80	4:58	Tom	Ferrington	M40	Corstorphine AAC	10
80	4:58	Steven	Campbell	M45	Greenock Glenpark Harriers	3
80	4:58	Duncan	Ryan	M50	Perth RR	2
80	4:58	Finlay	MacLennan	SM	Inverness Harriers AAC	35
80	4:58	Luca	Fanottoli	SM	Central AC	35
80	4:58	Aaron	Hoyle	SM	Corstorphine AAC	35
80	4:58	Ross	Hill	SM	Law & District AAC	35
80	4:58	Kieran	Pugh	SM	Strathclyde Univ Harriers	35
80	4:58	Reuben	MacIntyre	U17M	Cumbernauld AAC	8
90	4:59	Alan	Moss	M35	Bellahouston RR	8
90	4:59	Iain	Whitaker	M35	Edinburgh AC	8
90	4:59	Donnie	Macdonald	M40	Inverness Harriers AAC	11
90	4:59	Gary	Trewartha	M40	Gala Harriers	11
90	4:59	Ray	Ward	M40	Hunters Bog Trotters	11
90	4:59	Ritchie	Gardiner	U17M	Unattached	9
90	4:59	Charlotte	Clare	U20W	Moorfoot Runners	2
97	5:01	Michael	Gibson	M40	Falkirk Victoria Harriers	14
97	5:01	Charlie	Storrie	SM	Dumfries RC	40
97	5:01	Hannah	Cameron	SW	Edinburgh AC	2
97	5:01	Jordan	Phillips	U15B	Kilmarnock H&AC	6
97	5:01	Logan	Beagley	U15B	Livingston AC	6

Place	Time	First Name	Last Name	Cat	Club	Pos
102	5:02	Donald	Mcpartlin	M35	Garscube Harriers	10
102	5:02	Nicholas	Gemmell	M45	Inverclyde AC	4
102	5:02	Moira	Stewart	SW	Cambuslang Harriers	3
102	5:02	Hamish	McKay	U15B	Aberdeen AAC	8
106	5:03	Andrew	Jannetta	M35	PH Racing Club	11
106	5:03	Paul	Monaghan	M45	Greenock Glenpark Harriers	5
106	5:03	Fraser	Armstrong	SM	Bellahouston Harriers	41
106	5:03	Oliver	Reilly	SM	Greenock Glenpark Harriers	41
106	5:03	Jenny	Bannerman	SW	Inverness Harriers AAC	4
106	5:03					
112	5:04	Graeme	Laing	M40	VP-Glasgow AC	15
112	5:04	Jonny	Brattle	SM	University of St. Andrews CC	43
112	5:04	Olivia	Vareille	U20W	Falkirk Victoria Harriers	3
115	5:05	Kevin	Hamilton	M35	Edinburgh AC	12
115	5:05	Nick	Gough	M35	Strathearn Harriers	12
115	5:05	Bruce	Carse	M40	Bellahouston RR	16
115	5:05	Alan	McGowan	M40	PH Racing Club	16
115	5:05	John	Coyle	M45	Garscube Harriers	6
115	5:05	John	Speirs	M45	Kilmarnock H&AC	6
115	5:05	Ruairidh	Campbell	SM	Glasgow University AC	44
115	5:05	Rhys	Crawford	U13B	Aberdeen AAC	1
115	5:05	Freya	Murdoch	U13G	Stockport Harriers	1
115	5:05	Michael	Miller	U20M	Clydesdale Harriers	13
125	5:06	James	Britton	M40	Carnethy Hill Racing Club	18
125	5:06	Robert	Sellar	M45	PH Racing Club	8
125	5:06	Jamie	Clements	SM	East Kilbride AC	45
125	5:06	Murdo	MacKenzie	SM	Stornoway Running & AC	45
125	5:06	Alex	Robinson	U20M	University of St. Andrews CC	14
130	5:07	Mark	Gallacher	M45	Motherwell AC	9
130	5:07	Mark	Beagrie	SM	Peterhead AC	47
130	5:07	Sam	Grivell	U17M	Central AC	10
130	5:07	Ryan	Donnelly	U20M	Cambuslang Harriers	15
134	5:08	Iain	McDonald	M35	Cambuslang Harriers	14
134	5:08	Allan	Kemp	M40	Kinross RR	19
134	5:08					
137	5:09	Ronan	Beale	M35	Bellahouston RR	15
137	5:09	Raymond	Hughes	M40	Forres Harriers	20
137	5:09	Kev	Craig	M40	Greenock Glenpark Harriers	20
137	5:09	Jonathan	Mason	SM	Carnethy Hill Racing Club	48
137	5:09					
142	5:10	Kevin	Riddell	M35	Perth RR	16
142	5:10	Greg	Simpson	M40	Perth RR	22
142	5:10	Iain	Macdonald	SM	Edinburgh AC	49
142	5:10	Stephen	Hanley	SM	Greenock Glenpark Harriers	49
142	5:10	Dylan	Daunt	U13B	Edinburgh AC	2
142	5:10	Katie	Lennon	U13G	Springburn Harriers	2
142	5:10	Oscar	Logan	U15B	Law & District AAC	9
142	5:10	Charlie	Tomkinson	U17M	Giffnock North AC	11

Place	Time	First Name	Last Name	Cat	Club	Pos
150	5:11	David	Scott	M40	Kinross RR	23
150	5:11	Mike	MacDonald	M45	Fife AC	10
150	5:11	Gordon	McDonald	M45	Cambuslang Harriers	10
150	5:11	Gary	Pirie	M45	PH Racing Club	10
150	5:11	David	Shaw	M45	Giffnock North AC	10
150	5:11	David	Knight	M50	Perth RR	3
150	5:11	Ewan	Crawford	SM	Stornoway Running & AC	51
150	5:11	Hamish	Anderson	U17M	East Kilbride AC	12
150	5:11	Ryan	Kirkland	U20M	Lothian RC	16
159	5:12	Michael	Ross	M35	Falkirk Victoria Harriers	17
159	5:12	George	McKinley	M45	Dundee Road Runners	14
159	5:12	Michael	Wright	SM	Central AC	52
159	5:12	Finlay	Rutter	U17M	Inverness Harriers AAC	13
159	5:12	Aaron	Bennet	U17M	PH Racing Club	13
164	5:13	Martin	Hill	M35	Kinross RR	18
164	5:13	Mark	Preston	M35	North Ayrshire AAC	18
164	5:13	Andy	Norris	M35	Springburn Harriers	18
164	5:13	Richard	Meade	M40	Edinburgh AC	24
164	5:13	Grant	MacDonald	M40	Garscube Harriers	24
169	5:14	Garry	Porch	M40	Bellahouston RR	26
169	5:14	Philip	Holden	M40	Harmeny AC	26
169	5:14	Aidan	Page	U15B	Team East Lothian	10
172	5:15	Paul	Friend	M40	Inverclyde AC	28
172	5:15	Stuart	McMillan	M40	Bellahouston RR	28
172	5:15	Cameron	Harris	U13B	Giffnock North AC	3
172	5:15	Katie	Johnson	U15G	Edinburgh AC	1
172	5:15	Anna	Cairns	U15G	Inverness Harriers AAC	1
172	5:15	Robbie	Anderson	U17M	Team East Lothian	15
178	5:16	Norman	Ferguson	M35	Stornoway Running & AC	21
178	5:16	Gareth	Irons	M35	Dundee Hawkhill Harriers	21
178	5:16	Colin	Williams	M40	Moorfoot Runners	30
178	5:16	James	Hall	M40	Fife AC	30
178	5:16	Kevin	Rogers	M45	Perth RR	15
178	5:16	Phil	Buckley	M45	Harmeny AC	15
178	5:16	Graeme	Wiseman	M45	Clydesdale Harriers	15
178	5:16	Mark	King	M50	Cambuslang Harriers	4
178	5:16	Katie	Lowery	SW	Edinburgh Univ Hare and Hounds	5
178	5:16	Patrick	Milne	U15B	Corstorphine AAC	11
188	5:17	Anthony Lucio	Jannetta	M35	Bellahouston RR	23
188	5:17	Martin	Butcher	M40	PH Racing Club	32
188	5:17	Josh	Stephen	U17M	Fraserburgh RC	16
188	5:17	Kristin	Lownie	W35	PH Racing Club	1
192	5:18	Daniel	Doherty	M40	Greenock Glenpark Harriers	33
192	5:18	Mark	Johnston	M45	Carnethy Hill Racing Club	18
192	5:18	Innes	Wright	U13B	Team East Lothian	4
192	5:18	Luke	Culliton	U13B	Falkirk Victoria Harriers	4

Place	Time	First Name	Last Name	Cat	Club	Pos
196	5:19	Cameron	Warner	M40	Pitreavie AAC	34
196	5:19	Richard	Cooper	M45	Cambuslang Harriers	19
196	5:19	Michael	Souter	SM	Perth RR	53
196	5:19	Scott	Masterton	SM	Kilmarnock H&AC	53
196	5:19	Louise	Hastie	U17W	Kilbarchan AAC	1
196	5:19	Lauren	McCulloch	U20W	Central AC	4
196	5:19	Craig	Moar	M35	Orkney AC	24
203	5:20	Evan	Crane	M35	Motherwell AC	25
203	5:20	Scott	Mason	M40	Bellahouston Harriers	35
203	5:20	Jonny	Macleod	M45	Inverness Harriers AAC	20
203	5:20	Jack	Kirwan	SM	East Kilbride AC	55
203	5:20	Daniel	Hale	SM	Dundee Hawkhill Harriers	55
203	5:20	Jennifer	Wetton	SW	Central AC	6
203	5:20	Olivia	Clarke	U15G	Corstorphine AAC	3
210	5:21	Gavin	Mackay	M40	Lothian RC	36
210	5:21	Ian	Mcilwraith	M45	North Ayrshire AAC	21
210	5:21	Dominic	Sharkey	SM	Campbeltown RC	57
210	5:21	Stuart	Laurence	SM	Bellahouston RR	57
210	5:21	Archie	Caldwell	SM	North Ayrshire AAC	57
210	5:21	Cameron	Scott	U13B	Banchory Stonehaven AC	6
210	5:21	Caitlyn	Christie	U15G	Falkirk Victoria Harriers	4
217	5:22	Stephen	Dickson	M45	Fife AC	22
217	5:22	Scott	Hannaway	U20M	Greenock Glenpark Harriers	17
219	5:23	Alan	Digweed	M40	Bellahouston RR	37
219	5:23	Scott	Strachan	M45	Kinross RR	23
219	5:23	Gordon	Simpson	M50	Dundee Hawkhill Harriers	5
219	5:23	Christopher	Butler	SM	Westerlands XC Club	60
219	5:23	Luc	Macleod	U13B	Banchory Stonehaven AC	7
219	5:23	Jonathon	Downey	U15B	Kilmarnock H&AC	12
219	5:23	Charlie	Morrison	U15B	Stornoway Running & AC	12
226	5:24	Andrew	Thompson	M40	Metro Aberdeen RC	38
226	5:24	Tom	McWilliam	M45	Inverness Harriers AAC	24
226	5:24	Howard	Maciver	M55	Stornoway Running & AC	1
226	5:24	Aaron	Middleton	U13B	Central AC	8
226	5:24	James	McClafferty	U20M	Law & District AAC	18
231	5:25	Scott	Henderson	M40	Edinburgh AC	39
231	5:25	Chris	Upson	M55	Cambuslang Harriers	2
231	5:25	Oliver	Bryers	U13B	Giffnock North AC	9
231	5:25	Sam	McCarthy	U13B	Cambuslang Harriers	9
231	5:25	Hannah	Anderson	U17W	East Kilbride AC	2
236	5:26	Jonathan	Carpenter	M35	Corstorphine AAC	26
236	5:26	Keith	Ovenstone	M40	Corstorphine AAC	40
236	5:26	Ronnie	Glen	M45	Perth RR	25
236	5:26	Reece	Black	U15B	Shetland AAC	14
236	5:26	Mhairi	Arnott	U17W	Corstorphine AAC	3
236	5:26					

Place	Time	First Name	Last Name	Cat	Club	Pos
242	5:27	Iain	Robertson	M40	Clydesdale Harriers	41
242	5:27	Robert	Henry	M45	Musselburgh and District AC	26
242	5:27	Joe	Wilson	M45	PH Racing Club	26
242	5:27	David	Eckersley	M55	Central AC	3
242	5:27	Fraser	McGillivray	SM	Aberdeen AAC	61
242	5:27	Peter	Simpson	SM	Edinburgh AC	61
242	5:27	Catriona	MacDonald	SW	Bellahouston RR	7
242	5:27	Adam	Wetton	U15B	Corstorphine AAC	15
242	5:27	Emma	Johnson	U17W	Corstorphine AAC	4
251	5:28	Michael	Reid	M40	Carnethy Hill Racing Club	42
251	5:28	John	Brogan	M45	Airdrie Harriers	28
251	5:28	Eddie	Torrie	M50	Perth RR	6
251	5:28	Alan	Cockburn	M55	PH Racing Club	4
251	5:28	Denis	Williams	M55	Shettleston Harriers	4
251	5:28	Alexander	Douglas	U15B	Perth Strathtay Harriers	16
257	5:29	Ronald	Mason	SM	Musselburgh and District AC	63
257	5:29	Gayle	Lindsay	SW	PH Racing Club	8
257	5:29	Cameron	Rankine	U15B	Gala Harriers	17
257	5:29	Patrick	Lang	U17M	Aberdeen AAC	17
257	5:29	Kirsty	Purcell	U17W	Aberdeen AAC	5
257	5:29	Daniel	Stewart	U20M	Stornoway Running & AC	19
263	5:30	Steven	Phillips	M40	Airdrie Harriers	43
263	5:30	Colin	Wylie	M45	Giffnock North AC	29
263	5:30	Matt	Newton	M45	Kinross RR	29
263	5:30	Scott	Wilson	M45	Giffnock North AC	29
263	5:30	Alastair	Walker	M60	Teviotdale Harriers	1
263	5:30	David	Thomson	SM	East Kilbride AC	64
263	5:30	Glenn	Barclay	SM	Fife AC	64
263	5:30	Adam	Clifford	U13B	Shettleston Harriers	11
263	5:30	Callum	Newton	U13B	Dunfermline Track & Field AC	11
263	5:30	Rachel	Murray	U15G	Stornoway Running & AC	5
273	5:31	Gordon	Stanford	M35	Fife AC	27
273	5:31	Ian	Adamson	M35	Garioch RR	27
273	5:31	Scott	Love	M40	PH Racing Club	44
273	5:31	Iain	Macleod	M45	Corstorphine AAC	32
273	5:31	Kevin	Queenan	M45	Bellahouston RR	32
273	5:31	Colin	McGill	M45	Edinburgh AC	32
273	5:31	Linton	Scarborough	M45	Perth RR	32
273	5:31	Connell	Drummond	M45	Kilmarnock H&AC	32
273	5:31	Logan	Whitton	U15B	Law & District AAC	18
273	5:31	Euan	Foubister	U15B	Orkney AC	18
283	5:32	David	Henderson	M35	Pitreavie AAC	29
283	5:32	Chris	Stuart	M40	PH Racing Club	45
283	5:32	Greg	Hastie	M50	Cambuslang Harriers	7
283	5:32	Euan	McCallum	SM	Falkirk Victoria Harriers	66
283	5:32	Chloe	Simpson	SW	Kilbarchan AAC	9
283	5:32	Alasdair	Nugent	U13B	Giffnock North AC	13
283	5:32					

Place	Time	First Name	Last Name	Cat	Club	Pos
290	5:33	Scott	Brown	M40	Irvine RC	46
290	5:33	Edward	Stewart	M60	Cambuslang Harriers	2
290	5:33	Ross	Anderson	SM	Westerlands XC Club	67
290	5:33	Ruby	Lennon	U13G	Springburn Harriers	3
294	5:34	Jordan	Orr	SM	Giffnock North AC	68
294	5:34	Kirstin	Maxwell	SW	Gala Harriers	10
294	5:34	Jennifer	Spence	SW	Fife AC	10
294	5:34	Gregor	Knight	U20M	Perth Strathtay Harriers	20
298	5:35	Edward	Dunbar	M40	Moray RR	47
298	5:35	David	Benwell	M40	Central AC	47
298	5:35	Ewan	Jack	M45	Central AC	37
298	5:35	Callum	Wright	SM	Calderglen Harriers	69
298	5:35	Greg	Milne	SM	Fife AC	69
298	5:35	Jennifer	Martin	SW	Shettleston Harriers	12
298	5:35	Jamie	Ferries	U13B	Metro Aberdeen RC	14
298	5:35	Katy	Donnelly	U13G	Giffnock North AC	4
298	5:35	Alex	Jamieson	U15B	Inverness Harriers AAC	20
307	5:36	Iain	Murphy	M35	Bellahouston RR	30
307	5:36	Wright	Beveridge	M50	PH Racing Club	8
307	5:36	Hendrik	Van Rensburg	M50	Fife AC	8
307	5:36	Jose	Leon	SM	Edinburgh AC	71
307	5:36	Matthew	Fox	U13B	Shettleston Harriers	15
307	5:36					
313	5:37	Jens	Subke	M45	Central AC	38
313	5:37	Zico	Field	U13B	Gala Harriers	16
313	5:37	Ruairidh	Williams	U15B	Corstorphine AAC	21
313	5:37	Sam	Burnett	U15B	Inverness Harriers AAC	21
313	5:37	Dylan	Dickie	U15B	Aberdeen AAC	21
313	5:37	Caitlin	Purcell	U17W	Aberdeen AAC	6
313	5:37	Matthew	Gillon	U20M	Law & District AAC	21
320	5:38	Simon	Wells	M35	Bellahouston RR	31
320	5:38	Colin	Brown	M40	Gala Harriers	49
320	5:38	Ken	Speirs	M45	Corstorphine AAC	39
320	5:38	Donald	Shaw	M50	Central AC	10
320	5:38	Finlay	Robb	U15B	Cambuslang Harriers	24
320	5:38	Julie	Menzies	W45	PH Racing Club	1
326	5:39	Neil	McLure	M50	Carnethy Hill Racing Club	11
326	5:39	Mark	McClean	M50	PH Racing Club	11
326	5:39	Norrie	Lyall	M50	Shetland AAC	11
326	5:39	Paul	Thompson	M60	Cambuslang Harriers	3
326	5:39	Craig	Dailly	SM	North Ayrshire AAC	72
326	5:39	Shaun	Pyman	U13B	Moorfoot Runners	17
326	5:39	Flora	Henry	U17W	Team East Lothian	7
326	5:39	Yvonne	McNairn	W35	Giffnock North AC	2
326	5:39	Janet	Dunbar	W50	Edinburgh AC	1

Place	Time	First Name	Last Name	Cat	Club	Pos
335	5:40	Jonathan	Millar	M35	Carnegie Harriers	32
335	5:40	Richard	Cockbain	M40	Edinburgh AC	50
335	5:40	Simon	Adamson	M40	Gala Harriers	50
335	5:40	Christopher	O'Brien	M40	Corstorphine AAC	50
335	5:40	John	Cotton	M45	Pitreavie AAC	40
335	5:40	Paul	Slifer	M45	Musselburgh and District AC	40
335	5:40	Malcolm	Finlayson	M50	Falkirk Victoria Harriers	14
335	5:40	Tom	Elliotte	SM	Westerlands XC Club	73
335	5:40	Ava	Beaton	U13G	Greenock Glenpark Harriers	5
335	5:40	Euan	Flett	U17M	Corstorphine AAC	18
335	5:40	Julie	Wilson	W50	Inverness Harriers AAC	2
346	5:41	Garry	Smith	M45	Perth RR	42
346	5:41	Sandy	Gardner	M45	VP-Glasgow AC	42
346	5:41	Paul	Fisher	SM	North Ayrshire AAC	74
346	5:41	Jennifer	Cruickshanks	SW	Fife AC	13
346	5:41	Katie	Bristow	SW	Cambuslang Harriers	13
346	5:41	Struan	Gatherer	U13B	Perth Strathtay Harriers	18
346	5:41	Ryan	Kellock	U13B	Law & District AAC	18
346	5:41	David	Docherty	U13B	Greenock Glenpark Harriers	18
346	5:41	Olivia	Robbins	U13G	Team East Lothian	6
346	5:41	Lewis	Maclean	U15B	Stornoway Running & AC	25
356	5:42	Michael	Lindsay	M35	PH Racing Club	33
356	5:42	David	Morton	M40	Fife AC	53
356	5:42	Geoff	Main	M45	Highland Hill Runners	44
356	5:42	Neil	Christie	M50	Gala Harriers	15
356	5:42	Des	Dickson	M60	Cambuslang Harriers	4
356	5:42	Emily	McNicol	SW	Law & District AAC	15
356	5:42	Fanni	Gyurko	SW	Central AC	15
356	5:42	Katrina	Lindsay	SW	PH Racing Club	15
356	5:42	Grace	Tindall	U17W	Central AC	8
356	5:42	Sharon	Hastie	W40	Kilbarchan AAC	1
366	5:43	Andrew	Latham	M50	Edinburgh AC	16
366	5:43	Scott	MacRury	SM	Stornoway Running & AC	75
366	5:43	Michael	Miller	U13B	Inverness Harriers AAC	21
369	5:44	Iain	Cairns	M35	Unattached	34
369	5:44	Scott	Maciver	M35	Stornoway Running & AC	34
369	5:44	Glen	Chalmers	M40	Newburgh Dunes RC	54
369	5:44	Allan	Bartlet	M45	Newburgh Dunes RC	45
369	5:44	Adrian	Ferries	M45	Metro Aberdeen RC	45
369	5:44	David	Alexander	M50	Harmeny AC	17
369	5:44	Gerard	Scullion	M50	Bellahouston RR	17
369	5:44	Mitchell	Graham	SM	Falkirk Victoria Harriers	76
369	5:44	Morag	Millar	SW	Central AC	18
369	5:44	Ross	Christie	U13B	Gala Harriers	22
369	5:44	Archie	Suttie	U13B	Fife AC	22
369	5:44	Robbie	Welsh	U15B	Teviotdale Harriers	26
369	5:44	Murray	MacDonald	U15B	Stornoway Running & AC	26
369	5:44	Charlotte	Black	W45	Shetland AAC	2

Place	Time	First Name	Last Name	Cat	Club	Pos
383	5:45	Iain	Taylor	M50	PH Racing Club	19
383	5:45	Iain	Dunsmore	M50	Central AC	19
383	5:45	Andrew	Ronald	M50	Falkirk Victoria Harriers	19
383	5:45	James	Weir	SM	Bellahouston Harriers	77
383	5:45	Christie	Ford	SW	Bellahouston RR	19
383	5:45	Dan	McGuire	U13B	Harmeny AC	24
383	5:45	Kieran	Fulton	U13B	Moorfoot Runners	24
383	5:45	Craig	Cherrie	U15B	Law & District AAC	28
383	5:45	Alistair	MacKenzie	M45	Orkney AC	47
392	5:46	Mike	Jones	M40	Musselburgh and District AC	55
392	5:46	Robin	Burnett	M45	Inverness Harriers AAC	48
392	5:46	Stewart	McAllister	SM	Kilmarnock H&AC	78
392	5:46	Tony	Dolan	SM	Clydesdale Harriers	78
392	5:46	Irvine	Welsh	U13B	Teviotdale Harriers	26
392	5:46	Luke	Kennedy	U15B	Falkirk Victoria Harriers	29
398	5:47	Talat	Aidi	M35	Central AC	36
398	5:47	Malcolm	Parry	M45	Edinburgh AC	49
398	5:47	Iain	Elliott	SM	Central AC	80
398	5:47	Euan	Docherty	U15B	Central AC	30
398	5:47	Finlay	Jarvis	U15B	Perth Strathtay Harriers	30
403	5:48	Paul	Anderson	M35	Newburgh Dunes RC	37
403	5:48	Craig	Johnston	M50	Falkirk Victoria Harriers	22
403	5:48	Finlay	Rae	U13B	Aberdeen AAC	27
403	5:48	Laurence	Ward	U13B	Edinburgh AC	27
403	5:48	Kirstin	Grant	U15G	Aberdeen AAC	6
403	5:48	Jaden	Lenny	U17W	Fife AC	9
403	5:48	Lisa	Allan	W40	Fraserburgh RC	2
410	5:49	Barry	Davie	M40	Carnegie Harriers	56
410	5:49	Stephen	Smith	M45	Metro Aberdeen RC	50
410	5:49	Steven	Burchill	M45	Birchfield Harriers	50
410	5:49	Richard	Ward	M50	Perth RR	23
410	5:49	David	Weir	M55	Forres Harriers	6
410	5:49	Roddy	Cunningham	SM	Westerlands XC Club	81
410	5:49	Ross	Chalmers	U17M	Newburgh Dunes RC	19
410	5:49	Hayley	Brown	U17W	Fife AC	10
410	5:49	Maisie	Ballantyne	U17W	Teviotdale Harriers	10
410	5:49	Suzanne	Gilmour	W45	VP-Glasgow AC	3
420	5:50	Andrew	Gibson	M35	Teviotdale Harriers	38
420	5:50	Iain	MacDonald	M50	Forres Harriers	24
420	5:50	Jack	Wallace	U13B	Giffnock North AC	29
420	5:50	Jillian	Gordon	W40	Kinross RR	3
424	5:51	Euan	Hogarth	M45	Falkirk Victoria Harriers	52
424	5:51	Stan	MacKenzie	M55	Cambuslang Harriers	7
424	5:51	Sarah	Douglas	SW	Edinburgh AC	20
424	5:51	Jayne	Nisbet	SW	Edinburgh AC	20
424	5:51	Finlay	McKay	U13B	Aberdeen AAC	30
424	5:51	Andrew	Grant	U13B	Strathearn Harriers	30
424	5:51	Matthew	Holden	U13B	Harmeny AC	30
424	5:51	Lewis	Moir	U15B	East Kilbride AC	32
424	5:51	Coll	Dracup	U17M	Harmeny AC	20

Place	Time	First Name	Last Name	Cat	Club	Pos
433	5:52	Tim	Darlow	M40	Gala Harriers	57
433	5:52	Michael	Royden	M50	Dundee Road Runners	25
433	5:52	David	Marshall	M55	Cambuslang Harriers	8
433	5:52	Robbie	McElroy	SM	Bellahouston Harriers	82
433	5:52	Ben	Fraser	SM	Pitreavie AAC	82
433	5:52	Natalie	Sharp	SW	Kilbarchan AAC	22
439	5:53	Gavin	Major	M35	Pitreavie AAC	39
439	5:53	Rod	Wallace	M45	Forres Harriers	53
439	5:53	Vincent	Glennon	M45	East Kilbride AC	53
439	5:53	Graeme	Lindsay	M45	Calderglen Harriers	53
439	5:53	Michael	Connelly	M55	Corstorphine AAC	9
439	5:53	Ian	Maxwell	M60	Gala Harriers	5
439	5:53	Christopher	Chisholm	SM	Harmeny AC	84
439	5:53	Gavin	Morris	SM	Newburgh Dunes RC	84
439	5:53	Jocelyn	Moar	SW	Edinburgh AC	23
439	5:53	Rachel	Callaghan	SW	Dundee Road Runners	23
439	5:53	Freya	Campbell	U13G	Giffnock North AC	7
439	5:53	Charlotte	Narducci	U15G	Aberdeen AAC	7
439	5:53	Julie	Atkinson	W45	Lothian RC	4
452	5:54	Paul	Wilson	M35	Springburn Harriers	40
452	5:54	Jon	Denis	M45	Harmeny AC	56
452	5:54	Charles	Graham-Marr	M60	Central AC	6
452	5:54	James	Breen	M50	Hamilton Harriers	26
452	5:54	Francis	Hurley	M65	Cambuslang Harriers	1
457	5:55	Garry	Munro	M35	Shetland AAC	41
457	5:55	Gerard	O'Neil	M40	East Kilbride AC	58
457	5:55	Gavin	Phillip	M50	Edinburgh AC	27
457	5:55	Adam	Kennedy	U13B	Falkirk Victoria Harriers	33
457	5:55	Iain	Matheson	U13B	Stornoway Running & AC	33
457	5:55	John	Marshall	U13B	Haddington RC	33
457	5:55	Jordan Angus	Nicolson	U13B	Stornoway Running & AC	33
457	5:55	Zak	Fearn	U15B	Ross County AC	33
457	5:55	Craig	Stewart	M45	Harmeny AC	57
457	5:55	John	Ritchie	M40	Helensburgh AAC	58
457	5:55	Alan	Murray	M45	Carnegie Harriers	57
457	5:55	Duncan	Abernethy	M50	Fraserburgh RC	27
457	5:55	Patrick	Kelly	M70	Law & District AAC	1
457	5:55	Cameron	Ross	U15B	Corstorphine AAC	33
457	5:55	Andrew	Peters	U15B	Dundee Hawkhill Harriers	33
472	5:56	Darran	Barton	M35	Corstorphine AAC	42
472	5:56	Ed	Norton	M65	PH Racing Club	2
472	5:56	Ben	Fountain	SM	Law & District AAC	86
472	5:56	Lindsey	Quinn	SW	Morpeth Harriers	25
472	5:56	Michael	Bishenden	U13B	Forres Harriers	37
472	5:56	Cameron	Martin	U15B	Law & District AAC	36
472	5:56	Dean	Hill	U15B	Larkhall YMCA Harriers	36

Place	Time	First Name	Last Name	Cat	Club	Pos
479	5:57	Roderick	Fleming	M35	Westerlands XC Club	43
479	5:57	James	Murdoch	M35	Campbeltown RC	43
479	5:57	David	Hart	M45	Corstorphine AAC	59
479	5:57	Bruce	Malcolm	M55	Corstorphine AAC	10
479	5:57	John	McKee	M55	Greenock Glenpark Harriers	10
479	5:57	Andrew	Law	M60	VP-Glasgow AC	7
479	5:57	Andrew	Blain	SM	Cambuslang Harriers	87
479	5:57	Stuart	Duncan	U13B	Perth Strathtay Harriers	38
479	5:57	Amber	Wade	U13G	Giffnock North AC	8
479	5:57	Aimee	Anderson	U13G	East Kilbride AC	8
479	5:57	Thomas	O'Neil	U15B	East Kilbride AC	38
479	5:57	Rose	Ryan	U17W	Perth Strathtay Harriers	12
479	5:57					
492	5:58	Quintin	Chalmers	M40	Metro Aberdeen RC	60
492	5:58	Gordon	Appelbe	M40	Central AC	60
492	5:58	Neil	Scholes	M55	Strathearn Harriers	12
492	5:58	Alexander	Bryce	M55	Falkirk Victoria Harriers	12
492	5:58	Craig	Moriarty	SM	Pitreavie AAC	88
492	5:58	Garry	Forfar	SM	Carnethy Hill Racing Club	88
492	5:58	Frances	Lowrie	SW	Giffnock North AC	26
492	5:58	Ryan	McNamara	U13B	East Kilbride AC	39
492	5:58	Matty	Fleming	U13B	Gala Harriers	39
492	5:58	Nell	McGregor	U13G	North Ayrshire AAC	10
492	5:58	Sophie	McGinty	U13G	Greenock Glenpark Harriers	10
492	5:58	Calum	Gibson	U15B	Dundee Hawkhill Harriers	39
492	5:58	Dhavala	Stott	W40	Sri Chinmoy AC (Scotland)	4
505	5:59	Mark	Love	M35	Unattached	45
505	5:59	Iain	Craven	M40	Edinburgh AC	62
505	5:59	Jonny	Moran	M40	Bellahouston RR	62
505	5:59	Graeme	Downie	M45	Pitreavie AAC	60
505	5:59	Andrew	Laycock	M50	Kinross RR	29
505	5:59	Ryan	Christie	M50	Newburgh Dunes RC	29
505	5:59	Paul	Caban	M55	Ferranti AAC	14
505	5:59	Frank	Miller	M60	Shetland AAC	8
505	5:59	Fraser	McIntyre	U13B	Ayr Seaforth AC	41
505	5:59	Abby	Farquhar	U13G	Aberdeen AAC	12
505	5:59	Siobhan	Evans	W45	Forres Harriers	5
516	6:00	James	McGreevy	M35	Bellahouston RR	46
516	6:00	Marty	Campbell	M45	Bellahouston RR	61
516	6:00	Nigel	Williams	M50	Moray RR	31
516	6:00	Andrew	Ross	M50	Harmeny AC	31
516	6:00	Colin	Hughes	M55	Bellahouston RR	15
516	6:00	Simon	MacDonald	M60	Moray RR	9
516	6:00	Millie	Thomson	U15G	Unattached	8
516	6:00	Katy	McGonigal	U20W	Falkirk Victoria Harriers	5
516	6:00	Ann	Robin	W40	Bellahouston RR	5
516	6:00	Kelly	Baillie	W40	East Kilbride AC	5

Place	Time	First Name	Last Name	Cat	Club	Pos
526	6:01	Stewart	Reid	M40	Perth RR	64
526	6:01	David	Pattison	M40	Corstorphine AAC	64
526	6:01	James	Shepherd	M40	Bellahouston RR	64
526	6:01	Grant	Matheson	M55	Falkirk Victoria Harriers	16
526	6:01	Alexander	Milne	M55	Central AC	16
526	6:01	Felix	Otton	M60	Gala Harriers	10
526	6:01	Emma	Morran	SW	Campbeltown RC	27
526	6:01	Eva	Cameron	U13G	Corstorphine AAC	13
526	6:01	Caleb	MacLeod	U15B	Inverness Harriers AAC	40
526	6:01	Erin	Hendry	U15G	Falkirk Victoria Harriers	9
526	6:01	Hillary	Cameron	W50	Forres Harriers	3
537	6:02	Richard	Beattie	M35	Law & District AAC	47
537	6:02	David	Spencer	M50	North Highland Harriers	33
537	6:02	Owen	Eckersley	U13B	Central AC	42
537	6:02	Liam	Kane	U13B	Inverclyde AC	42
537	6:02	Cameron	Fry	U17M	Law & District AAC	21
537	6:02	Lucy	Marshall	W40	Edinburgh AC	7
537	6:02	Emer	Campbell	W40	Bellahouston RR	7
537	6:02					
545	6:03	Jamie	Robinson	M35	Bellahouston RR	48
545	6:03	Rashmi	Shah	M50	Kinross RR	34
545	6:03	David	Innes	M50	Perth RR	34
545	6:03	Roger	Homyer	M65	Highland Hill Runners	3
545	6:03	Julia	Johnstone	W45	Gala Harriers	6
550	6:04	Michael	Carlin	M40	East Kilbride AC	67
550	6:04	Ian	Mcnulty	M50	Dundee Hawkhill Harriers	36
550	6:04	Jamie	Wieland	SM	Bellahouston RR	90
550	6:04	Iain	Buckley	SM	Gala Harriers	90
550	6:04	Matthew	Shaw	U13B	Giffnock North AC	44
550	6:04	Anna	McNeill	U13G	Aberdeen AAC	14
556	6:05	John	Edwards	M40	East Kilbride AC	68
556	6:05	Martin	Howell	M50	Calderglen Harriers	37
556	6:05	John	Mill	M55	Dundee Road Runners	18
556	6:05	Allon	Galbraith	M60	Bellahouston RR	11
556	6:05	Claire	Houston	W35	Central AC	3
561	6:06	Kenny	Cairns	M40	Perth RR	69
561	6:06	Andrew	Munro	M45	Giffnock North AC	62
561	6:06	James	McLaughlin	M55	Cambuslang Harriers	19
561	6:06	Robert	Gibson	M55	Perth RR	19
561	6:06	Mary	Senior	W45	Garscube Harriers	7
566	6:07	Paul	Allan	M45	Pitreavie AAC	63
566	6:07	Mike	Tarnawsky	M45	Dundee Hawkhill Harriers	63
566	6:07	Bryan	Jenkins	M45	Perth RR	63
566	6:07	Katherine	Hylands	SW	Bellahouston Harriers	28
566	6:07	Felix	Crawford	U13B	Banchory Stonehaven AC	45
566	6:07	Freya	Pryce	U13G	Edinburgh AC	15
566	6:07	Jude	Dolan	U15B	Greenock Glenpark Harriers	41
566	6:07	Ellie	Anderson	U15G	Kilmarnock H&AC	10
566	6:07	Charlie	Cameron	U17M	Corstorphine AAC	22

Place	Time	First Name	Last Name	Cat	Club	Pos
575	6:08	Allan	Morrison	M45	Stornoway Running & AC	66
575	6:08	Kenny	McDonald	M45	Bellahouston RR	66
575	6:08	Robin	Livingstone	M65	Perth RR	4
575	6:08	Nick	Gellatly	SM	Corstorphine AAC	92
575	6:08	Alex	Dunlop	U13B	Central AC	46
575	6:08	Harris	McNicol	U13B	North Ayrshire AAC	46
575	6:08	Kirsten	Burnett	U13G	Inverness Harriers AAC	16
575	6:08	Julie	Beveridge	W35	Calderglen Harriers	4
575	6:08	Karen	Allen	W35	Calderglen Harriers	4
575	6:08	Romy	Beard	W35	Westerlands XC Club	4
575	6:08	Lou Ella	Cole	W40	Perth RR	9
575	6:08					
587	6:09	David	Hoolaghan	M40	Motherwell AC	70
587	6:09	Kenneth	MacMahon	M45	Bellahouston RR	68
587	6:09	Peter	Maclean	M45	Ayr Seaforth AC	68
587	6:09	Daniel	O'Connell	M50	Cambuslang Harriers	38
587	6:09	Ben	McDonald	U13B	Harmeny AC	48
587	6:09	Charlie	McAllister	U13B	Giffnock North AC	48
587	6:09	Cameron	Black	U13B	Shetland AAC	48
587	6:09	Stroma	Fraser	U15G	Inverness Harriers AAC	11
587	6:09	Carole	Setchell	W35	Cambuslang Harriers	7
587	6:09	Louise	Ross	W40	Bellahouston RR	10
587	6:09					
598	6:10	Graham	McInnes	M35	PH Racing Club	49
598	6:10	Iain	Gordon	M35	Harmeny AC	49
598	6:10	Alan	Cameron	M50	Corstorphine AAC	39
598	6:10	Charles	Stable	M50	Musselburgh and District AC	39
598	6:10	Kristina	Greig	SW	Bellahouston Harriers	29
598	6:10	Jonathan	Hunter	U13B	East Kilbride AC	51
598	6:10	Dashka	MacDonald	U13G	Edinburgh AC	17
598	6:10	James	Cuthbert	U15B	Dunfermline Track & Field AC	42
606	6:11	Martin	Murphy	M45	Bellahouston RR	70
606	6:11	Ally	Sinclair	M50	Kinross RR	41
606	6:11	Thomas	Burridge	SM	Bellahouston RR	93
606	6:11	Finn	Aberdein	U13B	Orkney AC	52
606	6:11	Jessica	Taylor	U13G	Edinburgh AC	18
606	6:11	Angus	Gibson	U15B	Falkirk Victoria Harriers	43
606	6:11	Emma	Watson	U15G	Harmeny AC	12
606	6:11	Shania	King	U20W	Dundee Hawkhill Harriers	6
606	6:11	Frances	Britain	W45	Forres Harriers	8
615	6:12	Colin	Alexander	M45	Central AC	71
615	6:12	Darren	Renton	M45	Campbeltown RC	71
615	6:12	MURRAY	MCDONALD	SM	Kilmarnock H&AC	94
615	6:12	Alasdair	Maclean	U13B	Ayr Seaforth AC	53
615	6:12	Andrew	Macaskill	U13B	Stornoway Running & AC	53
615	6:12	Cristina	Elliot	U13G	Team East Lothian	19
615	6:12	Hope	Thomson	U13G	Metro Aberdeen RC	19
615	6:12	Nicola	Doohan	U20W	Greenock Glenpark Harriers	7
615	6:12	Lorna	Kennedy	W40	Falkirk Victoria Harriers	11

Place	Time	First Name	Last Name	Cat	Club	Pos
624	6:13	Andrew	West	M45	Fraserburgh RC	73
624	6:13	Darren	Shields	SM	Bellahouston Harriers	95
624	6:13	Lisa	Christy	SW	VP-Glasgow AC	30
624	6:13	Marti	Penacchio Torres	U13B	Fife AC	55
624	6:13	Lewis	Black	U13B	Shetland AAC	55
624	6:13	Katie	Hedges	U13G	Falkirk Victoria Harriers	21
624	6:13	Chloe	Davies	U13G	Falkirk Victoria Harriers	21
624	6:13	Evelyn	Struthers	W45	Shettleston Harriers	9
624	6:13	Ava	Luke	U15G	Orkney AC	13
633	6:14	Moira	Davie	SW	Forres Harriers	31
633	6:14	David	Cuthbert	U13B	Dunfermline Track & Field AC	57
633	6:14	Noah	Ralph	U13B	Harmeny AC	57
633	6:14	Megan	McKay	U13G	Edinburgh AC	23
633	6:14	Ross	Lawrie	U15B	Central AC	44
633	6:14	Oliver	Watson	U17M	Forres Harriers	23
633	6:14	Jennifer	Campbell	W45	Cambuslang Harriers	10
640	6:15	Ross	McGeoch	M40	Bellahouston RR	71
640	6:15	Stephen	Reid	M45	Greenock Glenpark Harriers	74
640	6:15	Brian	Miller	M45	Carnegie Harriers	74
640	6:15	Bryan	Mills	M50	Garioch RR	42
640	6:15	Eva	Ritchie	U15G	Cambuslang Harriers	14
640	6:15	Fiona	Currie	U15G	Law & District AAC	14
640	6:15	Caroline	Jones	W35	Kinross RR	8
647	6:16	John	Kelly	M45	Cambuslang Harriers	76
647	6:16	Jim	Gillon	M55	Law & District AAC	21
647	6:16	Arianne	Holland	SW	Edinburgh Univ Hare and Hounds	32
647	6:16	Lisa	Aikman	SW	Perth RR	32
647	6:16	Oliver	Wagstaff	U13B	Inverclyde AC	59
647	6:16	Emily	Murray	U13G	Stornoway Running & AC	24
647	6:16	Hannah	Taylor	U15G	Ellon AAC	16
647	6:16	Jennifer	Beattie	W35	Kilmarnock H&AC	9
655	6:17	Royston	Walker	M40	Newburgh Dunes RC	72
655	6:17	David	Holmes	M40	Greenock Glenpark Harriers	72
655	6:17	David	Orr	M45	North Highland Harriers	77
655	6:17	Jeremy	Sutton-Hibbert	M50	Bellahouston Harriers	43
655	6:17	Matthew	Cameron	U15B	Helensburgh AAC	45
655	6:17	Jennifer	Telford	W50	Scottish Prison Service AAC	4
661	6:18	Andrew	Miller	M35	Pitreavie AAC	51
661	6:18	Andrew	Brown	M50	Strathearn Harriers	44
661	6:18	Keith	Charters	M55	East Kilbride AC	22
661	6:18	Adrian	Kearns	M60	Garscube Harriers	12
661	6:18	Reagan	Binnie	SW	Law & District AAC	34
661	6:18	Isla	McIntosh	SW	Bellahouston RR	34
661	6:18	Thomas	Reay	U13B	Giffnock North AC	60
661	6:18	Erin	McEleny	U13G	Greenock Glenpark Harriers	25
661	6:18	Francesca	Greenstock	U15G	Stornoway Running & AC	17
661	6:18	Elsa	Parnaby	U15G	Banchory Stonehaven AC	17
661	6:18	Katie	Flett	U17W	Helensburgh AAC	13

Place	Time	First Name	Last Name	Cat	Club	Pos
672	6:19	Kevin	Reith	M50	Kinross RR	45
672	6:19	Anna	MacFadyen	SW	Forres Harriers	36
672	6:19	Kayleigh	Haggo RR2	SW	Red Star AC	36
672	6:19	Archie	Lynch	U13B	Harmeny AC	61
672	6:19	Susanna	Sly	W35	Kinross RR	10
672	6:19	Roisin	Fulton	W45	Falkirk Victoria Harriers	11
678	6:20	Gillian	Smith	SW	Perth RR	38
678	6:20	Grace	Cook	U13G	Dundee Hawkhill Harriers	26
678	6:20	Isabella	Ogg	U13G	Falkirk Victoria Harriers	26
678	6:20	Lynn	Harvey	U17W	Pitreavie AAC	14
678	6:20	Ellie	Doherty	U17W	Springburn Harriers	14
678	6:20	Zoe	Stuart	W40	PH Racing Club	12
678	6:20	Susan	Strachan	W45	Peterhead AC	12
685	6:21	Martin	Kay	M40	Law & District AAC	74
685	6:21	Stephen	Phimister	M50	Calderglen Harriers	46
685	6:21	Jessica	Haworth	SW	Forres Harriers	39
685	6:21	Jennifer	Ruddick	SW	Westerlands XC Club	39
685	6:21	Petra	Hampton	W35	Metro Aberdeen RC	11
690	6:22	Mark	Milligan	M45	Law & District AAC	78
690	6:22	Tom	Ferris	M50	Bellahouston RR	47
690	6:22	Edward	Reid	M55	Calderglen Harriers	23
690	6:22	Laura	Henderson	SW	Bellahouston RR	41
690	6:22	Natsai	Nyabadza	U13G	Harmeny AC	28
690	6:22	Arwen	Kennedy	U15G	Falkirk Victoria Harriers	19
690	6:22	Mhairi	Watret	U20W	Nithsdale AC	8
690	6:22	Kirsty	O'Brien	W35	Cambuslang Harriers	12
690	6:22	Ilona	Kriauzaite	W35	Metro Aberdeen RC	12
690	6:22	Julie	Hendry	W40	Metro Aberdeen RC	13
690	6:22	Susan	McRitchie	W45	Forres Harriers	13
701	6:23	Stuart	Clark	M40	Greenock Glenpark Harriers	75
701	6:23	ERIC	LINDSAY	M45	Greenock Glenpark Harriers	79
701	6:23	Rob	Crusher	M55	Giffnock North AC	24
701	6:23	Euan	Blackwood	U13B	Law & District AAC	62
701	6:23	Leanne	Calder	W35	Edinburgh AC	14
701	6:23	Lynn	Angely	W45	Cambuslang Harriers	14
707	6:24	Gavin	McGowan	M40	Bellahouston RR	76
707	6:24	James	Doherty	M40	Greenock Glenpark Harriers	76
707	6:24	Antony	Nicoll	M45	Dundee Hawkhill Harriers	80
707	6:24	Mark	Dillon	M50	Strathearn Harriers	48
707	6:24	Alex	Playfair	U13B	Gala Harriers	63
707	6:24	Madeline	McGregor	U13G	North Ayrshire AAC	29
707	6:24	Megan	Maclean	U13G	Stornoway Running & AC	29
707	6:24	Elena	Lee	U13G	Moorfoot Runners	29
707	6:24	Paula	McCabe	W35	Cambuslang Harriers	15
707	6:24	Gemma	Leadbetter	W35	Dumfries RC	15
707	6:24	Fiona	Zeiner	W45	Harmeny AC	15
707	6:24	Carole	Craig	W50	Springburn Harriers	5
719	6:25	Michael	Mitchell	M50	Dundee Road Runners	49
719	6:25	Calum	Ross	M55	Falkirk Victoria Harriers	25
719	6:25	Sebastian	Nicolson	U13B	Stornoway Running & AC	64
719	6:25	Joscelyn	Kennedy	U13G	Law & District AAC	32
719	6:25	Alexander	Millar	U15B	Edinburgh AC	46

Place	Time	First Name	Last Name	Cat	Club	Pos
724	6:26	Alastair	Murray	M40	Lothian RC	78
724	6:26	Henry	Merriweather	M45	Bellahouston RR	81
724	6:26	Jim	Holmes	M50	Calderglen Harriers	50
724	6:26	James	McLaren	M55	Falkirk Victoria Harriers	26
724	6:26	Jim	Robinson	M60	Bellahouston RR	13
724	6:26	Kealan	O'Shea-Morr	U13B	Harmeny AC	65
724	6:26	Iris	Nicoll	U13G	Dundee Hawkhill Harriers	33
724	6:26	Olivia	Meikle	U15G	Lasswade AC	20
724	6:26	Ewan	Martin	U17M	Forres Harriers	24
724	6:26	Fiona	Macfarlane	W40	Greenock Glenpark Harriers	14
724	6:26	Ellie	Homewood	W40	Westerlands XC Club	14
735	6:27	Brian	Boyle	M40	Kirkintilloch Olympians	79
735	6:27	Mark	Smellie	SM	Motherwell AC	96
735	6:27	Rebecca	Slmister	SW	Bellahouston Harriers	42
735	6:27	Isabella	Passway	U13G	Dundee Hawkhill Harriers	34
735	6:27	Kyla	Mcmurdo	U13G	Stornoway Running & AC	34
735	6:27	Alison	Lessells	W35	Calderglen Harriers	17
741	6:28	Chris	Furse	M50	Westerlands XC Club	51
741	6:28	Lewis	Vick	U15B	North Ayrshire AAC	47
743	6:29	Bill	Symon	U13B	Forres Harriers	66
743	6:29	Rory	Antrobus	U13B	Gala Harriers	66
743	6:29	Olivia	Mahon	U13G	Kirkintilloch Olympians	36
743	6:29	Conor	Wilson	U15B	Inverness Harriers AAC	48
743	6:29	Callum	Ballantyne	U20M	Red Star AC	22
743	6:29	Katie	Mathieson	W45	Bellahouston RR	16
743	6:29	Andy	Johns	M45	Kinross RR	82
750	6:30	Campbell	Blair	M45	Pitreavie AAC	83
750	6:30	David	Nightingale	M60	Gala Harriers	14
750	6:30	Iris	Paterson	U13G	Inverclyde AC	37
750	6:30	Abbie	Crawford	U15G	Banchory Stonehaven AC	21
750	6:30	Caroline	Munro	W40	Giffnock North AC	16
755	6:31	Gary	Macfadyen	M50	Forres Harriers	52
755	6:31	Kevin	Smith	M60	Bellahouston Harriers	15
755	6:31	Scott	Kelman	SM	Motherwell AC	97
755	6:31	Matthew	Mair	U15B	Banchory Stonehaven AC	49
755	6:31					
760	6:32	Stuart	Telfer	M45	Bellahouston RR	84
760	6:32	Karl	Zeiner	M45	Harmeny AC	84
760	6:32	Martin	White	M45	Bellahouston RR	84
760	6:32	Robert	Bruce	M50	Moray RR	53
760	6:32	Ellen	Mcmurdo	U15G	Stornoway Running & AC	22
760	6:32	Carrie-Ann	Ward	W40	Forres Harriers	17
760	6:32	Claire	Wharton	W45	Bellahouston RR	17
760	6:32	BERNADETTE	ONEIL	W50	Cambuslang Harriers	6
760	6:32	Mary	Western	W55	PH Racing Club	1

Place	Time	First Name	Last Name	Cat	Club	Pos
769	6:33	Marc	Pieraccini	M35	Bellahouston RR	52
769	6:33	Gordon	Orr	M40	Garioch RR	80
769	6:33	Ross	McNaughton	M40	Strathearn Harriers	80
769	6:33	Gordon	Hay	M45	Hamilton Harriers	87
769	6:33	Doug	Flint	M50	Strathearn Harriers	54
769	6:33	Heather	Rowan	SW	Bellahouston Harriers	43
769	6:33	Maria	McCabe	U13G	Greenock Glenpark Harriers	38
769	6:33	Esmee	Thoms	U15G	Fife AC	23
769	6:33	Anna	Saunders	U17W	Perth Strathtay Harriers	16
769	6:33	Fiona	Nisbet	W40	Kinross RR	18
769	6:33	Lindsay	Dun	W50	Gala Harriers	7
769	6:33					
781	6:34	Martyn	Phillips	M35	Newburgh Dunes RC	53
781	6:34	Paul	Reed	M45	Dundee Road Runners	88
781	6:34	Jim	Mearns	M55	Calderglen Harriers	27
781	6:34	Ian	Clark	M60	Dundee Road Runners	16
781	6:34	Greg	Bruce	SM	Fraserburgh RC	98
781	6:34	Derek	Scott	SM	Teviotdale Harriers	98
781	6:34	Caris	Strachan	SW	Newburgh Dunes RC	44
781	6:34	Isla	Donnelly	U13G	VP-Glasgow AC	39
781	6:34	Ariane	Baillie	U13G	Pitreavie AAC	39
781	6:34	Innes	Grant	U20M	Banchory Stonehaven AC	23
781	6:34	Sharyn	Ramage	W55	Edinburgh AC	2
792	6:35	Kieran	Hardie	U13B	Harmeny AC	68
792	6:35	Fraser	Passway	U15B	Dundee Hawkhill Harriers	50
792	6:35	Cecily	Millar	U15G	Edinburgh AC	24
792	6:35	Donna	Campbell	W40	Greenock Glenpark Harriers	19
792	6:35	Jacqueline	Campbell	W45	Giffnock North AC	18
797	6:36	Michael	Kennedy	M45	VP-Glasgow AC	89
797	6:36	Laurence	Sutherland	M60	Shetland AAC	17
797	6:36	Naideen	Dailly	U13G	North Ayrshire AAC	41
797	6:36	Alice	Mourao	U13G	Corstorphine AAC	41
797	6:36	Lynne	Hamilton	W40	Bellahouston RR	20
802	6:37	Erin	Gray	U13G	Gala Harriers	43
802	6:37	Gerry	Gallacher	M40	Scottish Prison Service AAC	82
802	6:37	Robin	McAuslan	M55	Greenock Glenpark Harriers	28
802	6:37	Keith	Martin	M55	Harmeny AC	28
802	6:37	Gemma	Welsh	SW	Springburn Harriers	45
802	6:37	Gracie	Carlin	U15G	East Kilbride AC	25
802	6:37	Leanne	Mcintosh	W35	Bellahouston RR	18
809	6:38	Alexander	Cuthbert	M45	Bellahouston Harriers	90
809	6:38	Graham	Hall	M45	Pitreavie AAC	90
809	6:38	Anthony	Lunn	M50	Gala Harriers	55
809	6:38	Graeme	Haddow	M55	East Kilbride AC	30
809	6:38	Dylan	Edwards	U13B	East Kilbride AC	69
809	6:38	Sarah	Maciver	U13G	Stornoway Running & AC	44
809	6:38	Jan	Howard	W45	Shetland AAC	19
816	6:39	Olivia	Steven	SW	East Kilbride AC	46
816	6:39	Summer	Taggart	U13G	Greenock Glenpark Harriers	45
816	6:39	Heather	Gardiner	W50	Inverness Harriers AAC	8

Place	Time	First Name	Last Name	Cat	Club	Pos
819	6:40	David	Hepburn	M45	Hamilton Harriers	92
819	6:40	Beth	Allan	U13G	East Kilbride AC	46
819	6:40	Pascaline	Mollard	W35	Ferranti AAC	19
819	6:40	Nicola	Caig	W35	VP-Glasgow AC	19
819	6:40	Mhairi	Hill	W40	Bellahouston RR	21
819	6:40	Marian	Monk	W45	Greenock Glenpark Harriers	20
819	6:40	Paula	Boon	W50	Forres Harriers	9
826	6:41	Richard	Clark	M40	Edinburgh AC	83
826	6:41	Tony	Breslin	M50	Bellahouston RR	56
826	6:41	Niketa	Cruickshank	SW	Moray RR	47
826	6:41	Isaac	Stevenson	U13B	Team East Lothian	70
826	6:41	Robbie	Nugent	U15B	Law & District AAC	51
826	6:41	Kenzie	Macintosh	U15G	Clydesdale Harriers	26
832	6:42	Russell	Cannon	M35	Newburgh Dunes RC	54
832	6:42	Tom	Sludden	M50	Pitreavie AAC	57
832	6:42	Mike	Dales	M60	Perth RR	18
832	6:42	Lauren	Fairweather	SW	Strathearn Harriers	48
832	6:42	Katie	Burns	U13G	Shettleston Harriers	47
832	6:42	Claire	Douglas	W45	Perth RR	21
838	6:43	Colin	Frew	M40	East Kilbride AC	84
838	6:43	Bruce	Taylor	M50	Garioch RR	58
838	6:43	Jim	Reilly	M55	Kinross RR	31
838	6:43	Florian	Kuegerl	SM	Glasgow University AC	100
838	6:43	Munro	Lawrie	U13B	Corstorphine AAC	71
838	6:43	Jensen	Strachan	U13B	Fraserburgh RC	71
838	6:43	Elsie	MacDonald	W35	Garscube Harriers	21
838	6:43	Gillian	Cardno-Strachan	W45	Fraserburgh RC	22
846	6:44	Justine	Blaszki	SW	Moray RR	49
846	6:44	Michelle	Short	SW	Gala Harriers	49
846	6:44	Beth	Aitken	U17W	Pitreavie AAC	17
846	6:44	Kim	King	W35	Newburgh Dunes RC	22
846	6:44	Eileen	Maxwell	W55	Gala Harriers	3
851	6:45	Paul	Hughes	M50	Forres Harriers	59
851	6:45	Tim	Baxter	M50	Forres Harriers	59
851	6:45	Amy	Armour	SW	Campbeltown RC	51
851	6:45	Jessica	Donnelly	U13G	VP-Glasgow AC	48
851	6:45	Ryan	Curran	U15B	Nairn Area AAC	52
851	6:45	Louise	Love	W45	VP-Glasgow AC	23
851	6:45					
858	6:46	Stephen	Leonard	M45	Cambuslang Harriers	93
858	6:46	Gary	Arthur	SM	Motherwell AC	101
858	6:46	Claire	McSorley	SW	Calderglen Harriers	52
858	6:46	Ruth	Walsh	U13G	VP-Glasgow AC	49
858	6:46	Abbie	Stewart	U13G	Stornoway Running & AC	49
858	6:46	Nina	Fyfe	U17W	Law & District AAC	18
858	6:46	Carole	Fortune	W55	Gala Harriers	4
858	6:46	Isobel	Burnett	W60	Carnegie Harriers	1

Place	Time	First Name	Last Name	Cat	Club	Pos
866	6:47	Alex	Cozma	M35	Unattached	55
866	6:47	Kerry	Cunningham	SW	Westerlands XC Club	53
866	6:47	Alison	Gregory	SW	Kinross RR	53
866	6:47	Jessica	Bullen	U15G	Team East Lothian	27
866	6:47	Fiona	O'Reilly	W40	Kinross RR	22
866	6:47	Lisa	Dalgliesh	W45	Gala Harriers	24
866	6:47	Pamela	Baillie	W45	Gala Harriers	24
866	6:47	Tessa	Ward	W50	Perth RR	10
866	6:47	Marianne	Lang	W50	Aberdeen AAC	10
875	6:48	David	Stirling	M45	Cambuslang Harriers	94
875	6:48	David	Boag	M50	Bellahouston RR	61
875	6:48	Alan	O'Rourke	M50	Greenock Glenpark Harriers	61
875	6:48	Charlie	Ritchie	M65	Cambridge & Coleridge AC	5
875	6:48	David	Craig	SM	Bellahouston Harriers	102
875	6:48	Rachel	Wardrope	U20W	Cambuslang Harriers	9
875	6:48	Lauren	Gordon	W35	Pitreavie AAC	23
882	6:49	Gordon	Colvin	M60	East Kilbride AC	19
882	6:49	Andrew	Haddow	M65	Bellahouston RR	6
882	6:49	Susan	Wilson	W40	PH Racing Club	23
882	6:49	Gillian	Douglas	W55	Perth RR	5
886	6:50	Stephen	Walker	M40	Cambuslang Harriers	85
886	6:50	Lewis	Anderson	U13B	Kilmarnock H&AC	73
886	6:50	Martin	Rolfe	U13B	Giffnock North AC	73
886	6:50	Andrea	Seabrook	W45	Lothian RC	26
886	6:50	Carol	Massie	W55	Fraserburgh RC	6
886	6:50	Rebecca	Grieve		Pitreavie AAC	1
892	6:51	Malcolm	Hammond	M65	PH Racing Club	7
892	6:51	Katie	Rademaker	SW	Westerlands XC Club	55
892	6:51	Jessica	Inglis	U13G	Law & District AAC	51
892	6:51	Sophie	McGillivray	U15G	Harmeny AC	28
892	6:51	Kim	Kenny	W35	Harmeny AC	24
897	6:52	Morgan	Fairclough	U13B	Gala Harriers	75
897	6:52	Joe	Macpherson	U15B	Nairn Area AAC	53
897	6:52	Stephane	Reid	W35	Perth RR	25
897	6:52	Mhairi	Gervais	W35	Bellahouston RR	25
897	6:52	Erin	Mackie	W40	Pitreavie AAC	24
902	6:53	Stephen	Baird	M45	Falkirk Victoria Harriers	95
902	6:53	David	Paterson	M45	Gala Harriers	95
902	6:53	William	Buchanan	M65	Calderglen Harriers	8
902	6:53	Carl	Dietrich	SM	North Shields Polytechnic RC	103
902	6:53	Lynne	Towler	SW	Newburgh Dunes RC	56
902	6:53	Jessica	Hendry	U13G	Gala Harriers	52
902	6:53	Ailsa	Bagnall	U15G	Corstorphine AAC	29
902	6:53	Elaine	McGeachy	W35	Campbeltown RC	27
902	6:53	Louise	Provan	W40	Fife AC	25
902	6:53	Susan	Linklater	W65	Shetland AAC	1
912	6:54	Andreas	Drewer	M45	Ferranti AAC	97
912	6:54	Brian	Young	M55	Bellahouston RR	32
912	6:54	John	Boyle	M60	Kinross RR	20
912	6:54	Krysta	Bray	U17W	Stornoway Running & AC	19

Place	Time	First Name	Last Name	Cat	Club	Pos
916	6:55	Richard	Leyton	M45	Bellahouston RR	98
916	6:55	Iain	Thomson	M70	Strathearn Harriers	2
916	6:55	Mandy	Cazes	SW	Linlithgow AC	57
916	6:55	Adam	Smith	U13B	Unattached	76
916	6:55	Merce	Torres	W40	Fife AC	26
921	6:56	Gregor	Wells	M40	Perth RR	86
921	6:56	Richard	Lawton	M45	Calderglen Harriers	99
921	6:56	David	Hanlon	M60	Dundee Hawkhill Harriers	21
921	6:56	Joni	Lindsay	SW	Bellahouston RR	58
921	6:56	Zackary	Jackson	U13B	Falkirk Victoria Harriers	77
921	6:56	Zosia	Paddon	U15G	Central AC	30
921	6:56	Finn	Milligan	U17M	Law & District AAC	25
921	6:56	Claire	Fitzsimmons	W35	Bellahouston Harriers	28
929	6:57	Kevin	Durnian	M40	Motherwell AC	87
929	6:57	Izzy	Parnaby	U17W	Banchory Stonehaven AC	20
929	6:57	Susan	Ross	W50	Harmeny AC	12
932	6:58	Conor	Butters	SM	Law & District AAC	104
932	6:58	Diane	Milne	SW	Newburgh Dunes RC	59
932	6:58	Dylan	Gee	U13B	North Ayrshire AAC	78
932	6:58	Ruairidh	Allen	U15B	VP-Glasgow AC	54
932	6:58	Monica	Anderson	W50	Falkirk Victoria Harriers	13
932	6:58	Effie	Thomson	U15G	Orkney AC	31
938	6:59	James	Kelman	M50	North Highland Harriers	63
938	6:59	Anne	Sillars	SW	Garscube Harriers	60
938	6:59	Kirsten	O'Donoghue	U17W	Giffnock North AC	21
938	6:59	Gemma	Patterson	W35	Pitreavie AAC	29
938	6:59	Gillian	Kemp	W35	Kinross RR	29
938	6:59	Rachel	McAleese	W35	Gala Harriers	29
938	6:59	Fiona	Gibson	W40	Dundee Hawkhill Harriers	27
938	6:59					
946	7:00	Robert	Rosborough	M35	Cambuslang Harriers	56
946	7:00	Jennifer	Caldwell	SW	PH Racing Club	61
946	7:00	James	Gordon	U13B	Pitreavie AAC	79
946	7:00	Orla	Hodgson	U13G	Clydesdale Harriers	53
946	7:00	Nicola	Watson	W50	Strathearn Harriers	14
951	7:01	Kevin	McPhillips	M45	Motherwell AC	100
951	7:01	Sean	Lorinyenko	M50	Unattached	64
951	7:01	Alastair	Mccallum	M55	Falkirk Victoria Harriers	33
951	7:01	Becky	Mackenzie	SW	Strathearn Harriers	62
951	7:01	Daniel	Simpson	U13B	Law & District AAC	80
951	7:01	Isla	Munro	U13G	Giffnock North AC	54
957	7:02	Michelle	Murphy	W40	Pitreavie AAC	28
957	7:02	Fiona	Manson	W50	Perth RR	15
959	7:03	Simon	McDougall	M40	Bellahouston Harriers	88
959	7:03	Ryan	Nelson	SM	Clydesdale Harriers	105
959	7:03	Alexandra	Hayden	SW	Calderglen Harriers	63
959	7:03	Deb	McKenzie	W45	Greenock Glenpark Harriers	27
959	7:03					

Place	Time	First Name	Last Name	Cat	Club	Pos
964	7:04	Sam	Hampton-Smith	M40	Westerlands XC Club	89
964	7:04	Stephen	Bell	M65	Bellahouston RR	9
964	7:04	Gordon	Morrison	M65	Strathearn Harriers	9
964	7:04	Holly	Gordon	U15G	Pitreavie AAC	32
964	7:04	Thomas	Burnett	U17M	Inverness Harriers AAC	26
964	7:04	Frances	Ferguson	W55	Calderglen Harriers	7
970	7:05	Stephen	Clark	M35	Shettleston Harriers	57
970	7:05	Sarah	Taylor	U13G	Ellon AAC	55
970	7:05	Madeline	Smillie	W45	Bellahouston RR	28
973	7:06	Alan	Baxter	M40	East Kilbride AC	90
973	7:06	David	Morrans	M50	Harmeny AC	65
973	7:06	Phil	Dawson	M55	Garioch RR	34
973	7:06	Calum	MacDonald	SM	Ferranti AAC	106
973	7:06	Abby	Docherty	U13G	North Ayrshire AAC	56
973	7:06	Esther	Taylor	U13G	Harmeny AC	56
973	7:06	Millie	Newall	U13G	Springburn Harriers	56
973	7:06	Maria	Spedsberg	W35	Bellahouston Harriers	32
973	7:06	Judith	Thomson	W45	Lothian RC	29
982	7:07	Keith	Copland	M50	Corstorphine AAC	66
982	7:07	Graeme	Reid	M55	Corstorphine AAC	35
982	7:07	Andy	Steel	M55	Peterhead AC	35
982	7:07	Philip	Owens	M60	Garioch RR	22
982	7:07	Isla	Houston	U15G	Falkirk Victoria Harriers	33
982	7:07	Lisa	Boosanong	W40	Greenock Glenpark Harriers	29
982	7:07					
989	7:08	James	Campbell	M40	Greenock Glenpark Harriers	91
989	7:08	Robert	Macleod	M40	Bellahouston RR	91
989	7:08	Carole	Bruce	W40	Pitreavie AAC	30
992	7:09	Megan	Cumming	SW	Bellahouston RR	64
992	7:09	Julie	Thomson	W40	Calderglen Harriers	31
994	7:10	Jonathan	Fleetham	M40	Garioch RR	93
994	7:10	Gordon	MacFarlane	M45	Pitreavie AAC	101
994	7:10	Callum	Woods	U13B	Law & District AAC	81
994	7:10	Isla	Ross	U13G	Giffnock North AC	59
994	7:10	Kay	Conneff	W40	East Kilbride AC	32
994	7:10	Moraig	Lyall	W50	Shetland AAC	16
994	7:10					
1001	7:11	Chris	Peggie	M35	Corstorphine AAC	58
1001	7:11	Ella	Jones	U13G	Harmeny AC	60
1001	7:11	Archie	Irwin	U15B	Harmeny AC	55
1001	7:11	Amanda	Quinn	U15G	Law & District AAC	34
1005	7:12	Mike	Taylor	M45	Harmeny AC	102
1005	7:12	Andrew	Fullwood	M50	Westerlands XC Club	67
1005	7:12	Sophia	Carlin	U13G	East Kilbride AC	61
1005	7:12	Phoebe	Lewis	U20W	North Ayrshire AAC	10
1005	7:12	Beth	Scholes	W45	Strathearn Harriers	30
1005	7:12	Patricia	Gallagher	W50	Giffnock North AC	17
1005	7:12	Sarah	Ledingham	W50	Corstorphine AAC	17
1005	7:12	Jocelyn	Richard	W60	Gala Harriers	2
1013	7:13	Lynsey	Mooney	W35	Greenock Glenpark Harriers	33
1013	7:13	Steph	McGregor	W35	Kinross RR	33
1013	7:13	Anne	Duncan	W55	Edinburgh AC	8

Place	Time	First Name	Last Name	Cat	Club	Pos
1016	7:14	Bryan	Coggane	M40	Pitreavie AAC	94
1016	7:14	Margaret	Newell	SW	Law & District AAC	65
1016	7:14	Rachel	Gillies	U20W	Inverness Harriers AAC	11
1019	7:15	Andrew	Tomlinson	M35	Bellahouston RR	59
1019	7:15	Ross	Bennet	M45	PH Racing Club	103
1019	7:15	William	Macrae	M65	Highland Hill Runners	11
1019	7:15	Harriet	Shaw	SW	Perth RR	66
1019	7:15	Callum	Lowdon	U13B	Law & District AAC	82
1019	7:15	Julia	McDonald	W40	Bellahouston RR	33
1019	7:15	Alison	West	W45	Fraserburgh RC	31
1026	7:16	Michael	Atkinson	M35	Kinross RR	60
1026	7:16	Mairi	Weir	U20W	Elgin AAC	12
1026	7:16	Josie	Goodfellow	W40	Strathearn Harriers	34
1029	7:17	Kenny	Angove	M35	Bellahouston RR	61
1029	7:17	Hazel	O'Donoghue	U13G	Giffnock North AC	62
1029	7:17	Julia	Drewer	W40	Ferranti AAC	35
1032	7:18	James	Scullion	M40	Law & District AAC	95
1032	7:18	Gemma	Macritchie	U17W	Stornoway Running & AC	22
1032	7:18	Lesley	Muego	W45	Harmeny AC	32
1032	7:18	Cathy	Tilbrook	W50	Strathearn Harriers	19
1032	7:18	Jackie	Nicol	W55	Forres Harriers	9
1037	7:19	Andrew	Twigg	U15B	Central AC	56
1038	7:20	Sarah	McFadzean	W40	Campbeltown RC	36
1038	7:20	Linda	Tulloch	W40	Shetland AAC	36
1038	7:20	Karen	McAllister	W60	Falkirk Victoria Harriers	3
1041	7:21	Colin	Sinclair	M50	Central AC	68
1041	7:21	Aidan	Glennon	U13B	East Kilbride AC	83
1041	7:21	Julie	Cleghorn	W50	Triathlon Inverness	20
1041	7:21	Ruth	Johnson	W55	Perth RR	10
1045	7:22	Kenny	Mason	M55	Scottish Prison Service AAC	37
1045	7:22	Jade	Gray	U15G	Law & District AAC	35
1045	7:22	Chrissie	McWhirter	W40	North Ayrshire AAC	38
1045	7:22	Wendy	Duigan	W45	Strathearn Harriers	33
1045	7:22	Susan	Stevenson	W45	Pitreavie AAC	33
1045	7:22	Elaine	Timoney	W50	Penicuik Harriers	21
1045	7:22					
1052	7:23	Carrie	Farnell	SW	Inverness Harriers AAC	67
1052	7:23	Lucy	McLean	U13G	Banchory Stonehaven AC	63
1052	7:23	Gillian	Duncan	W45	Gala Harriers	35
1052	7:23	Clare	Graham	W50	PH Racing Club	22
1056	7:24	Kai	Taylor	U13B	Falkirk Victoria Harriers	84
1056	7:24	Ruairidh	Stirling	U13B	Inverness Harriers AAC	84
1056	7:24	Amy	Macritchie	U13G	Stornoway Running & AC	64
1059	7:25	Anna	Leishman	U20W	Falkirk Victoria Harriers	13
1060	7:26	Grant	Symon	M40	Forres Harriers	96
1060	7:26	Shonah	Macdonald	SW	Bellahouston RR	68
1060	7:26	Lesley	Rogers	U17W	Dundee Hawkhill Harriers	23
1060	7:26	Samantha	Denis	W45	Harmeny AC	36
1060	7:26	Jeanette	Craig	W70	Springburn Harriers	1

Place	Time	First Name	Last Name	Cat	Club	Pos
1065	7:27	Allan	Gall	M60	Central AC	23
1065	7:27	Laurie	Hunter	U13G	Pitreavie AAC	65
1065	7:27	Ewan	Kennedy	U15B	VP-Glasgow AC	57
1065	7:27	Murray	Scott	U15B	Metro Aberdeen RC	57
1065	7:27	Lynne	Zabek	W45	Kinross RR	37
1070	7:28	Kirstin	Penman	U13G	Dunfermline Track & Field AC	66
1070	7:28	Lucy	McGrandle	U13G	Cambuslang Harriers	66
1070	7:28	Denise	Hendry	W50	Harmeny AC	23
1070	7:28	Barbara	Knox	W55	Springburn Harriers	11
1074	7:29	Andrew	Rodgers	M45	Unattached	104
1074	7:29	Andy	Fraser	M60	Newburgh Dunes RC	24
1074	7:29	Ruth	McKelvie	SW	Bellahouston RR	69
1074	7:29	Heather	Lafferty	W40	Greenock Glenpark Harriers	39
1074	7:29	Nicola	Moriarty	W45	Pitreavie AAC	38
1074	7:29	Janine	Grant	W50	Strathearn Harriers	24
1080	7:30	Alan	Bothwell	M60	Perth RR	25
1080	7:30	Jennifer	Boyd	SW	Greenock Glenpark Harriers	70
1080	7:30	Euan	Green	U13B	Strathaven Striders	86
1080	7:30	Zoe	Loughrey	U13G	VP-Glasgow AC	68
1080	7:30	Neve	Elliott	U13G	Hamilton & District AC	68
1080	7:30	Valerie	Findlay	W55	Kinross RR	12
1086	7:31	Owen	Murphy	U13B	Law & District AAC	87
1086	7:31	Pamela	Pattison	W65	Pitreavie AAC	2
1088	7:32	Eilidh	Kennedy	U15G	Cambuslang Harriers	36
1088	7:32	Lisa	Taylor	W35	Bellahouston RR	35
1088	7:32	Tracey	Passway	W50	Dundee Hawkhill Harriers	25
1091	7:33	Stuart	Macdonald	M55	Bellahouston Harriers	38
1092	7:34	Rachel	Mcphillips	U13G	Whitemoss AAC	70
1092	7:34	Rosie	Watson	U15G	Law & District AAC	37
1092	7:34	Abbie	Tosh	U17W	Greenock Glenpark Harriers	24
1092	7:34	Amanda	Strang	W45	Moray RR	39
1092	7:34	Caroline	Malloy	W45	Perth RR	39
1092	7:34	Karen	Norvell	W50	Moray RR	26
1098	7:35	Carrie	Main	U15G	Corstorphine AAC	38
1098	7:35	Gail	Cree	W45	Pitreavie AAC	41
1098	7:35	Ann	Malcolm	W55	Kinross RR	13
1101	7:36	Karen	Littlejohn	W35	Dumfries RC	36
1101	7:36	Anne	Campbell	W40	Bellahouston RR	40
1101	7:36	Heloise	White	W40	Bellahouston RR	40
1101	7:36	Deborah	Larnach	W40	North Highland Harriers	40
1101	7:36	Frances	Turnbull	W50	Harmeny AC	27
1101	7:36	Rhoda	Yarmahmoudi	W55	Bellahouston RR	14
1101	7:36	Morna	Fleming	W65	Pitreavie AAC	3
1108	7:37	Emily	Jackson	SW	Bellahouston Harriers	71
1108	7:37	Poppy	Lunn	U13G	Gala Harriers	71
1108	7:37	Fiona Lesley	Armour	W35	Campbeltown RC	37
1108	7:37	Roz	Wilson	W50	Bellahouston RR	28
1112	7:38	Huw	Thomas	M55	Pitreavie AAC	39
1112	7:38	Lucy	Denholm	U13G	Clydesdale Harriers	72
1112	7:38	Jennifer	Saunders	W40	Nairn Area AAC	43
1112	7:38	Susan	Wilson	W40	Bellahouston RR	43
1116	7:39	Alison	Taylor	W40	Ellon AAC	45

Place	Time	First Name	Last Name	Cat	Club	Pos
1117	7:40	Alex	Orr	U13B	Law & District AAC	88
1117	7:40	Emily	Buchan	U13G	East Kilbride AC	73
1119	7:41	Kenneth	Letham	M55	Dundee Hawkhill Harriers	40
1120	7:42	Aimee	White	U13G	Strathearn Harriers	74
1120	7:42	Hannah	Coutts	U13G	East Kilbride AC	74
1120	7:42	Leigh	Verdot	W35	Kinross RR	38
1120	7:42	Clare	Nicholas	W50	Forres Harriers	29
1124	7:43	David	Burton	M50	Nairn RR	69
1124	7:43	Rachael	Thomson	SW	East Kilbride AC	72
1124	7:43	Duncan	Watson	U17M	Harmeny AC	27
1127	7:44	Gillian	Lopez	W55	Kinross RR	15
1128	7:45	Millie	Robertson	U13G	Clydesdale Harriers	76
1128	7:45	Alison	Curry	W50	Central AC	30
1128	7:45	Maria	Cemborain	W50	Corstorphine AAC	30
1131	7:46	Caitlin	Ripley	SW	Carnethy Hill Racing Club	73
1131	7:46	Lesley	Mealing	W40	Pitreavie AAC	46
1131	7:46	Louise	Gray	W50	Bellahouston RR	32
1134	7:47	Graeme	Stewart	M50	Harmeny AC	70
1134	7:47	Lynn	Beveridge	W45	Kinross RR	42
1136	7:48	Sarah	Edgar	SW	Bellahouston RR	74
1136	7:48	Verity	Thwaites	W35	Kinross RR	39
1136	7:48	Janette	Clarkson	W50	Shettleston Harriers	33
1136	7:48					
1140	7:49	Jason	Miles-Campbell	M45	Strathearn Harriers	105
1140	7:49	David	Morton	U13B	Musselburgh and District AC	89
1142	7:50	Vicky	Harrison	W40	Law & District AAC	47
1142	7:50	Lucy	Fraser	W40	Kinross RR	47
1142	7:50	Wendy	Grieve	W55	Kinross RR	16
1145	7:52	Andrew	Deans	M45	Dundee Road Runners	106
1145	7:52	Daniel	Docherty	U15B	Clydesdale Harriers	59
1147	7:53	Susan Elaine	Graham	W35	Campbeltown RC	40
1148	7:54	Madeline	Frew	U13G	East Kilbride AC	77
1149	7:55	Rene	Rogers	M45	Dundee Hawkhill Harriers	107
1149	7:55	Simon	Munro	SM	Glasgow University AC	107
1151	7:56	David	Houston	M70	Kinross RR	3
1151	7:56	Euan Campbell	Flett	U13B	Stornoway Running & AC	90
1151	7:56	Megan	Turnbull	U15G	Dunfermline Track & Field AC	39
1151	7:56	Michaela	Muir	W40	Harmeny AC	49
1151	7:56	Sarah	Whalen	W45	Scottish Prison Service AAC	43
1151	7:56	Margaret	Blanski	W50	Pitreavie AAC	34
1157	7:58	Francis	Smith	M35	Pitreavie AAC	62
1157	7:58	Julia	Wylie	W50	Kilbarchan AAC	35
1157	7:58	Julia	Greenlees	W60	Strathearn Harriers	4
1160	7:59	Elson	Mourao	M45	Corstorphine AAC	108
1160	7:59	Scott	Hill	U13B	Central AC	91
1160	7:59	Tamara	Kennedy	W40	VP-Glasgow AC	50
1163	8:00	Kerri	Paton	U15G	Strathearn Harriers	40
1163	8:00	Gillian	Edwards	W35	Perth RR	41
1163	8:00	Barbara Anne	Needs	W40	Peterhead AC	51
1163	8:00	Isla	Craig	W50	Kinross RR	36
1167	8:02	Eileen	Nicol	W50	Gala Harriers	37
1167	8:02	Janet	Fellowes	W65	Helensburgh AAC	4

Place	Time	First Name	Last Name	Cat	Club	Pos
1169	8:03	Malcolm	Fraser	M65	Ferranti AAC	12
1169	8:03	Louise	McNicol	W35	Bellahouston RR	42
1169	8:03	Melanie	Hayes	W40	North Highland Harriers	52
1172	8:04	Jane	Leask	W35	Harmeny AC	43
1173	8:05	Peter	Rieu-Clarke	M75	Fife AC	1
1174	8:06	Jessie	Caig	U13G	VP-Glasgow AC	78
1174	8:06	Jennifer	Beattie	W35	Law & District AAC	44
1176	8:08	Lucy	O'Donoghue	U13G	Giffnock North AC	79
1176	8:08	Wendy	Turnbull	W50	Kinross RR	38
1176	8:08	Elizabeth	Watson	W55	Forres Harriers	17
1176	8:08	Sue	Whisler	W60	Strathearn Harriers	5
1180	8:09	Adrienne	Caldwell	W50	Strathearn Harriers	39
1181	8:10	Elizabeth	McAuslan	W50	Greenock Glenpark Harriers	40
1182	8:11	Geoff	Bilton	M65	Kinross RR	13
1182	8:11	Roslyn	McRitchie	U15G	Forres Harriers	41
1182	8:11	Caroline	Hogarth	W45	Perth RR	44
1185	8:12	Joshua	Van Impe	U13B	Helensburgh AAC	92
1186	8:14	Rachel	Stevenson	U13G	Law & District AAC	80
1186	8:14	Meda Maria	Reivyitis	U13G	Harmeny AC	80
1186	8:14	Lisa	Gillespie	W35	Kinross RR	45
1186	8:14	Maria	Dale	W60	Perth RR	6
1190	8:15	Aislynn	Crichton	U17W	Pitreavie AAC	25
1190	8:15	Catherine	McAdams	W40	Kinross RR	53
1192	8:19	Lucy	McDonald	U15G	Harmeny AC	42
1193	8:21	Anne	Docherty	W75	Forres Harriers	1
1194	8:23	Pamela	Lorimer	W45	Harmeny AC	45
1195	8:24	Susannah	Kay	U13G	Law & District AAC	82
1195	8:24	Carys	Forgie	U13G	Falkirk Victoria Harriers	82
1197	8:25	Tom	Addison	U15B	Harmeny AC	60
1197	8:25	Stephanie	Rudd	W45	Bellahouston Harriers	46
1197	8:25	Kym	McCulloch	W50	Pitreavie AAC	41
1200	8:27	Finlay	Stewart	U15B	Harmeny AC	61
1201	8:28	Sarah	Toner	U13G	East Kilbride AC	84
1201	8:28	Kira	Mourao	W40	Corstorphine AAC	54
1201	8:28	Alison	Houston	W65	Kinross RR	5
1204	8:30	Lorraine	Gray	W45	Springburn Harriers	47
1205	8:32	Bailey	Lang	U13B	East Kilbride AC	93
1205	8:32	Kora	Holschbach	U20W	Edinburgh Univ Hare and Hounds	14
1207	8:33	David	Findlay	M45	Lothian RC	109
1207	8:33	Elizabeth	Kay	U15G	Law & District AAC	43
1209	8:34	Katharine	Isherwood	W45	Pitreavie AAC	48
1209	8:34	Rowan	Mestecky	W50	Strathearn Harriers	42
1211	8:35	Louise	Waywell	W50	Perth RR	43
1211	8:35	Nicky	Compston	W55	Pitreavie AAC	18
1213	8:36	Russell	Couper	M55	Calderglen Harriers	41
1213	8:36	Sarah	Grant	W40	Bellahouston RR	55
1215	8:41	Erin	Turnbull	U17W	Pitreavie AAC	26
1216	8:42	Christopher	Paisley	U17M	Pitreavie AAC	28
1216	8:42	Angela	Thomson	W40	Perth RR	56
1218	8:45	Darren	Hamilton-Hall	U13B	Montrose & District AC	94
1219	8:47	Patricia	Hampton	W70	Harmeny AC	2
1220	8:48	June	MacLeod	W60	Bellahouston Harriers	7

Place	Time	First Name	Last Name	Cat	Club	Pos
1221	8:49	Gerry	Clement	M70	Ferranti AAC	4
1221	8:49	Deirdre	Hoyle	W65	Bellahouston Harriers	6
1223	8:50	Gregory	Gontor	U17M	VP-Glasgow AC	29
1224	8:52	Sarah	Eaton	W60	Kinross RR	8
1225	8:53	Elizabeth	Hughes	W55	Bellahouston RR	19
1226	8:54	Jacqueline	Glass	W65	Bellahouston Harriers	7
1227	8:59	Susan	Bothwell	W60	Perth RR	9
1227	8:59	Elaine	Schiavone	W60	Forres Harriers	9
1229	9:00	Eilidh	Ovenstone	U13G	Corstorphine AAC	85
1230	9:02	Charlotte	Hendry	W40	Gala Harriers	57
1231	9:11	Aiden	McWhirter	U13B	North Ayrshire AAC	95
1232	9:18					
1233	9:20	Deborah	Cooper	W60	Pitreavie AAC	11
1234	9:23	Stuart	Christie	M45	Newburgh Dunes RC	110
1235	9:31	Graham	Bennison	M70	Unattached	5
1235	9:31	Sally	Newton	W60	Perth RR	12
1237	9:36	Charlotte	McKay	W65	Greenock Glenpark Harriers	8
1238	9:43	Elaine	Sandeman	W60	Harmeny AC	13
1239	9:45	Cormack	Smith	M55	Bellahouston RR	42
1239	9:45	Emma	Mitchell	U15G	Harmeny AC	44
1241	9:58	Lynn	Cumming	W50	Bellahouston RR	44
1242	10:26	Charis	Crawford	U13G	Springburn Harriers	86
1243	10:41	Norman	Smith	M80	Kinross RR	1
1244	10:42	Simone	Young	W45	Kinross RR	49
1245	10:55	Carla	Telfer	W45	Bellahouston RR	50
1246	12:29	Iain	Haldane	U13B	Gala Harriers	96
1247	19:58	Karen	Haldane	W50	Gala Harriers	45

Any Age or Gender					
Pos	Team	Time	Athlete	Athlete	Athlete
1	CAMBL A	17:34	5 Ryan Thomson (4:17)	7 Grant Sheldon (4:18)	11 Christopher McLew (4:25)
2	EDIN A	18:05	4 Joe Ewing (4:16)	11 Gavin Bryson (4:25)	31 Michael Cameron (4:40)
3	ABERD A	18:28	9 Michael Ferguson (4:23)	31 Aaron Odentz (4:40)	33 Steven Murray (4:41)
4	INVNH A	18:45	14 Luke Davidson (4:27)	23 Lucas Cairns (4:35)	50 Megan Keith (4:49)
5	CAMBL B	18:54	35 Paul Morrison (4:42)	35 Gordon Robertson (4:42)	38 Kenneth Campbell (4:44)
6	KILBA A	19:02	7 Jack Patton (4:18)	33 Robbie Ferguson (4:41)	38 Stuart Kerr (4:44)
7	FALKV A	19:04	3 Kane Elliott (4:14)	43 Callan Hogarth (4:45)	97 Michael Gibson (5:01)
8	PHRC A	19:17	23 Andrew Thomson (4:35)	57 Paul Kieran (4:52)	67 Michael McConnell (4:55)
9	CORST A	19:19	25 Tom Cunningham (4:36)	46 Thomas Ross (4:47)	80 Tom Ferrington (4:58)
10	GAHA A	19:20	21 Callum Tharme (4:34)	55 Marcus D'Agrosa (4:51)	76 Ewan Christie (4:56)
11	GINFN A	19:23	10 Grant Muir (4:24)	62 Cameron Green (4:54)	67 Ruairidh MacLean (4:55)
12	BRR A	19:27	30 Grant Murphy (4:39)	57 BRYAN MULGREW (4:52)	79 Paul Gordon (4:57)
13	INVCL A	19:39	27 Mark Doherty (4:37)	43 Mark Pollard (4:45)	102 Nicholas Gemmill (5:02)
14	INVNH B	19:49	62 John Newsom (4:54)	80 Finlay MacLennan (4:58)	80 Graham Bee (4:58)
15	CENTR A	19:50	17 Calum Phillip (4:33)	80 Luca Fanottoli (4:58)	130 Sam Grivell (5:07)
16	KILMH A	19:51	13 Richard Mair (4:26)	97 Jordan Phillips (5:01)	115 John Speirs (5:05)
17	GGLEN A	19:52	67 Harris Morrison (4:55)	76 Neil Lafferty (4:56)	80 Steven Campbell (4:58)
18	EDIN B	19:53	47 Stuart Johnston (4:48)	90 Iain Whitaker (4:59)	97 Hannah Cameron (5:01)
19	STAND A	19:59	62 Chris Russell (4:54)	67 Kieran Cooper (4:55)	112 Jonny Brattle (5:04)
20	GARS A	20:08	47 James MacLeod (4:48)	102 Donald Mcpartlin (5:02)	115 John Coyle (5:05)
21	KILB A	20:10	17 Grant Baillie (4:33)	125 Jamie Clements (5:06)	150 Hamish Anderson (5:11)
22	FIFE A	20:12	50 Alistair Gudgin (4:49)	76 Ben Kinninmonth (4:56)	150 Mike MacDonald (5:11)
23	TEL A	20:13	50 Angus Wright (4:49)	67 Fraser Kelly (4:55)	169 Aidan Page (5:14)
24	CAMBL C	20:13	57 Stuart McGeachy (4:52)	102 Moira Stewart (5:02)	134 Iain McDonald (5:08)
25	ABERD B	20:24	54 Eoghan MacNamara (4:50)	102 Hamish McKay (5:02)	115 Rhys Crawford (5:05)
26	LAWD A	20:25	61 Darran Muir (4:53)	80 Ross Hill (4:58)	142 Oscar Logan (5:10)
27	PHRC B	20:25	106 Andrew Jannetta (5:03)	115 Alan McGowan (5:05)	125 Robert Sellar (5:06)
28	PRR A	20:29	80 Duncan Ryan (4:58)	142 Greg Simpson (5:10)	142 Kevin Riddell (5:10)
29	TEVDL A	20:36	16 Conan Harper (4:30)	57 Colin Welsh (4:52)	263 Alastair Walker (5:30)
30	GGLEN B	20:40	106 Paul Monaghan (5:03)	137 Kevin Craig (5:09)	142 Stephen Hanley (5:10)
31	BRR B	20:43	115 Bruce Carse (5:05)	137 Ronan Beale (5:09)	169 Garry Porch (5:14)
32	BELLA A	20:45	27 Miguel Delgado Sillero (4:37)	106 Fraser Armstrong (5:03)	203 Scott Mason (5:20)
33	EDIN C	20:48	142 Dylan Daunt (5:10)	142 Iain Macdonald (5:10)	164 Richard Meade (5:13)
34	INVNH C	20:50	106 Jenny Bannerman (5:03)	159 Finlay Rutter (5:12)	172 Anna Cairns (5:15)
35	KINRR A	20:55	134 Allan Kemp (5:08)	150 David Scott (5:11)	164 Martin Hill (5:13)
36	SRAC A	20:56	125 Murdo MacKenzie (5:06)	150 Ewan Crawford (5:11)	178 Norman Ferguson (5:16)
37	LOTHR A	20:58	17 Robbie Kennedy (4:33)	150 Ryan Kirkland (5:11)	210 Gavin Mackay (5:21)
38	CHRC A	21:01	125 James Britton (5:06)	137 Jonathan Mason (5:09)	192 Mark Johnston (5:18)
39	SHETT A	21:09	25 Matthew Turner (4:36)	251 Denis Williams (5:28)	263 Adam Clifford (5:30)
40	GIFFN B	21:21	150 David Shaw (5:11)	172 Cameron Harris (5:15)	231 Oliver Bryers (5:25)
41	MOTHR A	21:24	47 Stephen Allen (4:48)	130 Mark Gallacher (5:07)	203 Evan Crane (5:20)
42	CAMBL D	21:25	178 Mark King (5:16)	196 Richard Cooper (5:19)	231 Sam McCarthy (5:25)
43	BRR C	21:28	188 Anthony Lucio Jannetta (5:17)	210 Stuart Laurence (5:21)	219 Alan Digweed (5:23)
44	CORST B	21:28	178 Patrick Milne (5:16)	203 Olivia Clarke (5:20)	236 Keith Ovenstone (5:26)
45	PHRC C	21:29	188 Kristin Lowrie (5:17)	188 Martin Butcher (5:17)	242 Joe Wilson (5:27)
46	WSTR A	21:31	67 Thomas Callan (4:55)	219 Christopher Butler (5:23)	290 Ross Anderson (5:33)
47	PRR B	21:32	178 Kevin Rogers (5:16)	196 Michael Souter (5:19)	236 Ronnie Glen (5:26)
48	DUNDH A	21:33	67 Munro Stewart (4:55)	203 Daniel Hale (5:20)	219 Gordon Simpson (5:23)
49	CLYDH A	21:34	115 Michael Miller (5:05)	178 Graeme Wiseman (5:16)	242 Iain Robertson (5:27)
50	NAYR A	21:34	164 Mark Preston (5:13)	210 Ian McIlwraith (5:21)	210 Archie Caldwell (5:21)
51	CENTR B	21:41	196 Lauren McCulloch (5:19)	203 Jennifer Wetton (5:20)	242 David Eckersley (5:27)
52	PSH A	21:45	37 James Grant (4:43)	294 Gregor Knight (5:34)	346 Struan Gatherer (5:41)
53	FALKV B	21:51	192 Luke Culliton (5:18)	210 Caitlyn Christie (5:21)	283 Euan McCallum (5:32)
54	CORST C	21:51	236 Mhairi Arnott (5:26)	242 Adam Wetton (5:27)	242 Emma Johnson (5:27)
55	FIFE B	21:59	217 Stephen Dickson (5:22)	263 Glenn Barclay (5:30)	273 Gordon Stanford (5:31)
56	HARM A	21:59	169 Philip Holden (5:14)	178 Phil Buckley (5:16)	369 David Alexander (5:44)
57	CMBLT A	22:03	38 Drew Dutton (4:44)	210 Dominic Sharkey (5:21)	479 James Murdoch (5:57)
58	SRAC B	22:04	226 Howard Maciver (5:24)	257 Daniel Stewart (5:29)	263 Rachel Murray (5:30)
59	PHRC D	22:08	257 Gayle Lindsay (5:29)	273 Scott Love (5:31)	283 Chris Stuart (5:32)
60	EDIN D	22:12	231 Scott Henderson (5:25)	273 Colin McGill (5:31)	307 Jose Leon (5:36)
61	ABERD C	22:12	257 Patrick Lang (5:29)	257 Kirsty Purcell (5:29)	313 Dylan Dickie (5:37)
62	GAHA B	22:18	257 Cameron Rankine (5:29)	294 Kirstin Maxwell (5:34)	313 Zico Field (5:37)
63	GIFFN C	22:18	263 Colin Wylie (5:30)	294 Jordan Orr (5:34)	298 Katy Donnelly (5:35)
64	MUSSD A	22:22	242 Robert Henry (5:27)	257 Ronald Mason (5:29)	335 Paul Silfer (5:40)
65	CAMBL E	22:22	283 Greg Hastie (5:32)	290 Edward Stewart (5:33)	320 Finlay Robb (5:38)
66	PITRE A	22:23	196 Cameron Warner (5:19)	283 David Henderson (5:32)	335 John Cotton (5:40)
67	BRR D	22:29	273 Kevin Queenan (5:31)	307 Iain Murphy (5:36)	320 Simon Wells (5:38)
68	VPCOG A	22:31	112 Graeme Laing (5:04)	346 Sandy Gardner (5:41)	410 Suzanne Gilmour (5:49)
69	LAWD B	22:31	273 Logan Whitton (5:31)	313 Matthew Gillon (5:37)	346 Ryan Kellock (5:41)
70	CENTR C	22:32	298 David Benwell (5:35)	313 Jens Subke (5:37)	320 Donald Shaw (5:38)
71	METAB A	22:32	226 Andrew Thompson (5:24)	298 Jamie Ferries (5:35)	369 Adrian Ferries (5:44)
72	INVNH D	22:35	298 Alex Jamieson (5:35)	313 Sam Burnett (5:37)	335 Julie Wilson (5:40)
73	EKILB B	22:39	231 Hannah Anderson (5:25)	263 David Thomson (5:30)	424 Lewis Moir (5:51)
74	GGLEN C	22:40	217 Scott Hannaway (5:22)	335 Ava Beaton (5:40)	346 David Docherty (5:41)
75	FORRE A	22:41	137 Raymond Hughes (5:09)	410 David Weir (5:49)	420 Iain MacDonald (5:50)
76	PHRC E	22:41	320 Julie Menzies (5:38)	326 Mark Mclean (5:39)	356 Michael Lindsay (5:42)
77	ORKNY A	22:46	196 Craig Moar (5:19)	273 Ewan Foubister (5:31)	383 Alistair Mackenzie (5:45)
78	KILMH B	22:47	219 Jonathon Downey (5:23)	273 Connell Drummond (5:31)	392 Stewart McAllister (5:46)
79	CORST D	22:48	313 Ruairidh Williams (5:37)	320 Ken Speirs (5:38)	335 Christopher O'Brien (5:40)
80	TEL B	22:50	192 Innes Wright (5:18)	326 Flora Henry (5:39)	346 Olivia Robbins (5:41)
					21 Michael Christoforou (4:34)
					38 Leon Johnson (4:44)
					38 Ben Nelson (4:44)
					62 Angus Smith (4:54)
					45 Andrew Carey (4:46)
					196 Louise Hastie (5:19)
					112 Olivia Vareille (5:04)
					67 Craig Paterson (4:55)
					80 Aaron Hoyle (4:58)
					90 Gary Trewartha (4:59)
					142 Charlie Tomkinson (5:10)
					90 Alan Moss (4:59)
					172 Paul Friend (5:15)
					90 Donnie Macdonald (4:59)
					159 Michael Wright (5:12)
					196 Scott Masterton (5:19)
					106 Oliver Reilly (5:03)
					115 Kevin Hamilton (5:05)
					125 Alex Robinson (5:06)
					164 Grant MacDonald (5:13)
					203 Jack Kirwan (5:20)
					178 James Hall (5:16)
					172 Robbie Anderson (5:15)
					150 Gordon McDonald (5:11)
					242 Fraser McGillivray (5:27)
					226 James McClafferty (5:24)
					150 Gary Pirie (5:11)
					150 Daniel Knight (5:11)
					369 Robbie Welsh (5:44)
					192 Daniel Doherty (5:18)
					172 Stuart McMillan (5:15)
					383 James Weir (5:45)
					203 Katie Johnson (5:15)
					172 Jonny Macleod (5:20)
					219 Scott Strachan (5:23)
					219 Charlie Morrison (5:23)
					439 Julie Atkinson (5:53)
					251 Michael Reid (5:28)
					298 Jennifer Martin (5:35)
					263 Scott Wilson (5:30)
					587 David Hoolaghan (6:09)
					231 Chris Upson (5:25)
					242 Catriona MacDonald (5:27)
					236 Jonathan Carpenter (5:26)
					251 Alan Cockburn (5:28)
					335 Tom Elliott (5:40)
					273 Linton Scarborough (5:31)
					466 Andrew Peters (5:55)
					392 Tony Dolan (5:46)
					326 Craig Dailly (5:39)
					298 Ewan Jack (5:35)
					398 Finlay Jarvis (5:47)
					335 Malcolm Finlayson (5:40)
					273 Iain Macleod (5:31)
					307 Hendrik Van Rensburg (5:36)
					383 Dan McGuire (5:45)
					526 Emma Morran (6:01)
					346 Lewis Maclean (5:41)
					307 Wright Beveridge (5:36)
					335 Richard Cockbain (5:40)
					313 Caitlin Purcell (5:37)
					320 Colin Brown (5:38)
					326 Yvonne McNairn (5:39)
					392 Mike Jones (5:46)
					326 Paul Thompson (5:39)
					433 Ben Fraser (5:52)
					369 Gerard Scullion (5:44)
					479 Andrew Law (5:57)
					356 Emily McNicol (5:42)
					356 Grace Tindall (5:42)
					410 Stephen Smith (5:49)
					366 Michael Miller (5:43)
					439 Vincent Glennon (5:53)
					479 John McKee (5:57)
					439 Rod Wallace (5:53)
					356 Katrina Lindsay (5:42)
					606 Finn Aberdein (6:11)
					566 Ellie Anderson (6:07)
					439 Michael Connelly (5:53)
					615 Cristina Elliot (6:12)

Any Age or Gender					
Pos	Team	Time	Athlete	Athlete	Athlete
81	FIFE C	22:56	346 Jennifer Cruickshanks (5:41)	356 David Morton (5:42)	369 Archie Suttie (5:44)
82	CENTR D	22:58	356 Fanni Gyurko (5:42)	369 Morag Millar (5:44)	383 Iain Dunsmore (5:45)
83	GAHA C	22:59	335 Simon Adamson (5:40)	356 Neil Christie (5:42)	369 Ross Christie (5:44)
84	DRR A	23:02	159 George McKinley (5:12)	433 Michael Royden (5:52)	439 Rachel Callaghan (5:53)
85	FALKV C	23:03	369 Mitchell Graham (5:44)	383 Andrew Ronald (5:45)	392 Luke Kennedy (5:46)
86	SHETL A	23:04	236 Reece Black (5:26)	369 Charlotte Black (5:44)	457 Garry Munro (5:55)
87	MRFT A	23:04	178 Colin Williams (5:16)	326 Shaun Pyman (5:39)	383 Kieran Fulton (5:45)
88	NEWDU A	23:05	369 Glen Chalmers (5:44)	369 Allan Bartlet (5:44)	403 Paul Anderson (5:48)
89	CAMBL F	23:06	346 Katie Bristow (5:41)	356 Des Dickson (5:42)	424 Stan MacKenzie (5:51)
90	SRAC C	23:06	366 Scott MacRury (5:43)	369 Murray MacDonald (5:44)	369 Scott Maciver (5:44)
91	EDIN E	23:09	366 Andrew Latham (5:43)	398 Malcolm Parry (5:47)	403 Laurence Ward (5:48)
92	BSAC A	23:09	210 Cameron Scott (5:21)	219 Luc Macleod (5:23)	566 Felix Crawford (6:07)
93	STRTH A	23:12	115 Nick Gough (5:05)	424 Andrew Grant (5:51)	492 Neil Scholes (5:58)
94	FRAS A	23:13	188 Josh Stephen (5:17)	403 Lisa Allan (5:48)	466 Duncan Abernethy (5:55)
95	ABERD D	23:20	403 Finlay Rae (5:48)	403 Kirstin Grant (5:48)	424 Finlay McKay (5:51)
96	KINRR B	23:22	263 Matt Newton (5:30)	420 Jillian Gordon (5:50)	505 Andrew Laycock (5:59)
97	CENTR E	23:26	398 Talat Aidi (5:47)	398 Euan Docherty (5:47)	452 Charles Graham Marr (5:54)
98	HARM B	23:29	424 Matthew Holden (5:51)	424 Coll Dracup (5:51)	439 Christopher Chisholm (5:53)
99	LAWD C	23:32	383 Craig Cherrie (5:45)	466 Patrick Kelly (5:55)	472 Ben Fountain (5:56)
100	PRR C	23:34	346 Garry Smith (5:41)	410 Richard Ward (5:49)	526 Stewart Reid (6:01)
101	EDIN F	23:38	424 Jayne Nisbet (5:51)	439 Jocelyn Moar (5:53)	457 Gavin Phillip (5:55)
102	GIFFN D	23:38	420 Jack Wallace (5:50)	439 Freya Campbell (5:53)	479 Amber Wade (5:57)
103	CARNH A	23:39	335 Jonathan Millar (5:40)	410 Barry Davie (5:49)	466 Alan Murray (5:55)
104	CGH A	23:41	298 Callum Wright (5:35)	439 Graeme Lindsay (5:53)	556 Martin Howell (6:05)
105	BRR E	23:44	383 Christie Ford (5:45)	505 Jonny Moran (5:59)	516 Marty Campbell (6:00)
106	CORST E	23:45	466 Cameron Ross (5:55)	472 Darran Barton (5:56)	479 David Hart (5:57)
107	EKILB C	23:47	457 Gerard O'Neil (5:55)	479 Aimee Anderson (5:57)	479 Thomas O'Neil (5:57)
108	FALKV D	23:47	424 Euan Hogarth (5:51)	457 Adam Kennedy (5:55)	516 Katy McGonigal (6:00)
109	SPRBH A	23:51	164 Andy Norris (5:13)	452 Paul Wilson (5:54)	678 Ellie Doherty (6:20)
110	PITRE B	23:57	439 Gavin Major (5:53)	492 Craig Moriarty (5:58)	505 Graeme Downie (5:59)
111	TEVDL B	23:59	392 Irvine Welsh (5:46)	410 Maisie Ballantyne (5:49)	420 Andrew Gibson (5:50)
112	BRR F	24:03	516 Colin Hughes (6:00)	516 Ann Robin (6:00)	526 James Shepherd (6:01)
113	INVNH E	24:04	392 Robin Burnett (5:46)	526 Caleb MacLeod (6:01)	575 Kirsten Burnett (6:08)
114	GAHA D	24:06	492 Matty Fleming (5:58)	526 Felix Otton (6:01)	545 Julia Johnstone (6:03)
115	CAMBL G	24:06	456 Francis Hurley (5:54)	479 Andrew Blain (5:57)	561 James McLaughlin (6:06)
116	MORAR A	24:07	298 Edward Dunbar (5:35)	516 Nigel Williams (6:00)	516 Simon MacDonald (6:00)
117	FORRE B	24:07	472 Michael Bishenden (5:56)	505 Siobhan Evans (5:59)	526 Hillary Cameron (6:01)
118	NAYR B	24:11	346 Paul Fisher (5:41)	492 Neil McGregor (5:58)	575 Harris McNicol (6:08)
119	PHRC F	24:11	383 Iain Taylor (5:45)	472 Ed Norton (5:56)	598 Graham McInnes (6:10)
120	HARM C	24:14	465 Craig Stewart (5:55)	516 Andrew Ross (6:00)	587 Ben McDonald (6:09)
121	CENTR F	24:16	526 Alexander Milne (6:01)	537 Owen Eckersley (6:02)	556 Claire Houston (6:05)
122	CORST F	24:17	526 David Pattison (6:01)	526 Eva Cameron (6:01)	566 Charlie Cameron (6:07)
123	BRR G	24:20	545 Jamie Robinson (6:03)	550 Jamie Wieland (6:04)	556 Allon Galbraith (6:05)
124	DUNDB H	24:20	492 Calum Gibson (5:58)	550 Ian McNulty (6:04)	566 Mike Tarnawsky (6:07)
125	PRR D	24:27	561 Kenny Cairns (6:06)	561 Robert Gibson (6:06)	566 Bryan Jenkins (6:07)
126	EDIN G	24:30	537 Lucy Marshall (6:02)	566 Freya Pryce (6:07)	598 Dashka MacDonald (6:10)
127	SRAC D	24:31	457 Iain Matheson (5:55)	575 Allan Morrison (6:08)	615 Andrew Macaskill (6:12)
128	BELLA B	24:32	433 Robbie McElroy (5:52)	598 Kristina Greig (6:10)	624 Darren Shields (6:13)
129	EKILB D	24:33	516 Kelly Baillie (6:00)	556 John Edwards (6:05)	598 Jonathan Hunter (6:10)
130	LAWD D	24:35	537 Richard Beattie (6:02)	537 Cameron Fry (6:02)	640 Fiona Currie (6:15)
131	FALKV E	24:37	526 Grant Matheson (6:01)	605 Angus Gibson (6:11)	615 Lorna Kennedy (6:12)
132	GIFFN E	24:37	550 Matthew Shaw (6:04)	561 Andrew Munro (6:06)	587 Charlie McAllister (6:09)
133	BRR H	24:40	587 Kenneth MacMahon (6:09)	587 Louise Ross (6:09)	606 Martin Murphy (6:11)
134	GGLEN D	24:42	492 Sophie McGinty (5:58)	615 Nicola Doohan (6:12)	640 Stephen Reid (6:15)
135	WSTR B	24:52	479 Roderick Fleming (5:57)	575 Romy Beard (6:08)	685 Jennifer Ruddick (6:21)
136	METAB B	24:53	492 Quintin Chalmers (5:58)	615 Hope Thomson (6:12)	685 Petra Hampton (6:21)
137	CAMBL H	25:00	587 Daniel O'Connell (6:09)	633 Jennifer Campbell (6:14)	640 Eva Ritchie (6:15)
138	GARR A	25:02	273 Ian Adamson (5:31)	640 Bryan Mills (6:15)	770 Gordon Orr (6:33)
139	KINRR C	25:04	606 Ally Sinclair (6:11)	640 Caroline Jones (6:15)	672 Susanna Sly (6:19)
140	HARM D	25:06	606 Emma Watson (6:11)	633 Noah Ralph (6:14)	672 Archie Lynch (6:19)
141	FALKV F	25:14	624 Katie Hedges (6:13)	672 Roisin Fulton (6:19)	678 Isabella Ogg (6:20)
142	FORRE C	25:16	633 Oliver Watson (6:14)	672 Anna MacFadyen (6:19)	685 Jessica Haworth (6:21)
143	BRR I	25:17	640 Ross McGeoch (6:15)	661 Isla McIntosh (6:18)	690 Laura Henderson (6:22)
144	CGH B	25:17	575 Karen Allen (6:08)	685 Stephen Phimister (6:21)	690 Edward Reid (6:22)
145	NEWDU B	25:18	439 Gavin Morris (5:53)	655 Royston Walker (6:17)	782 Martyn Phillips (6:34)
146	DTFC A	25:22	263 Callum Newton (5:30)	598 James Cuthbert (6:10)	633 David Cuthbert (6:14)
147	LAWD E	25:24	661 Reagan Binnie (6:18)	685 Martin Kay (6:21)	690 Mark Milligan (6:22)
148	PRR E	25:26	585 Lou Ella Cole (6:08)	647 Lisa Aikman (6:16)	678 Gillian Smith (6:20)
149	GGLEN E	25:28	661 Erin McEleny (6:18)	702 Stuart Clark (6:23)	702 ERIC LINDSAY (6:23)
150	SRAC E	25:34	661 Francesca Greenstock (6:18)	708 Megan Maclean (6:24)	720 Sebastian Nicolson (6:25)
151	EDIN H	25:36	633 Megan McKay (6:14)	702 Leanne Calder (6:23)	720 Alexander Millar (6:25)
152	SHETL B	25:36	587 Cameron Black (6:09)	624 Lewis Black (6:13)	798 Laurence Sutherland (6:36)
153	SHETT B	25:36	307 Matthew Fox (5:36)	624 Evelyn Struthers (6:13)	832 Katie Burns (6:42)
154	DUNDB C	25:37	678 Grace Cook (6:20)	708 Antony Nicoll (6:24)	725 Iris Nicoll (6:26)
155	PITRE C	25:42	661 Andrew Miller (6:18)	678 Lynn Harvey (6:20)	751 Campbell Blair (6:30)
156	GAHA E	25:56	708 Alex Playfair (6:24)	744 Rory Antrobus (6:29)	751 David Nightingale (6:30)
157	BRR J	25:45	708 Gavin McGowan (6:24)	725 Jim Robinson (6:26)	725 Henry Merriweather (6:26)
158	HARM E	25:57	708 Fiona Zeiner (6:24)	725 Kealan O'Shea Morr (6:26)	761 Karl Zeiner (6:32)
159	VPCOG B	26:03	624 Lisa Christy (6:13)	782 Isla Donnelly (6:34)	798 Michael Kennedy (6:36)
160	FORRE D	26:07	725 Ewan Martin (6:26)	744 Bill Symon (6:29)	761 Carrie Ann Ward (6:32)
					410 Hayley Brown (5:49)
					398 Iain Elliott (5:47)
					439 Ian Maxwell (5:53)
					556 John Mill (6:05)
					424 Craig Johnston (5:48)
					505 Frank Miller (5:59)
					708 Elena Lee (6:24)
					410 Ross Chalmers (5:49)
					433 David Marshall (5:52)
					457 Jordan Angus Nicolson (5:55)
					424 Sarah Douglas (5:51)
					661 Elsa Parnaby (6:18)
					661 Andrew Brown (6:18)
					624 Andrew West (6:13)
					349 Charlotte Narducci (5:53)
					545 Rashmi Shah (6:03)
					492 Gordon Appelbe (5:58)
					452 Jon Denis (5:54)
					472 Cameron Martin (5:56)
					545 David Innes (6:03)
					505 Iain Craven (5:59)
					492 Frances Lowrie (5:58)
					640 Brian Miller (6:15)
					575 Julie Beveridge (6:08)
					516 James McGreevy (6:00)
					479 Bruce Malcolm (5:57)
					492 Ryan McNamara (5:58)
					526 Erin Hendry (6:01)
					708 Carole Craig (6:24)
					566 Paul Allan (6:07)
					572 Derek Scott (6:34)
					537 Emer Campbell (6:02)
					587 Stroma Fraser (6:09)
					550 Iain Buckley (6:04)
					567 Carole Setchell (6:09)
					781 Robert Bruce (6:32)
					606 Frances Britain (6:11)
					708 Madeline McGregor (6:24)
					678 Zoe Stuart (6:20)
					598 Iain Gordon (6:10)
					575 Alex Dunlop (6:08)
					575 Nick Gellatly (6:08)
					575 Kenny McDonald (6:08)
					606 Shania King (6:11)
					575 Robin Livingstone (6:08)
					606 Jessica Taylor (6:11)
					647 Emily Murray (6:16)
					655 Jeremy Sutton Hibbert (6:17)
					661 Keith Charters (6:18)
					647 Jim Gillon (6:16)
					624 Chloe Davies (6:13)
					661 Thomas Reay (6:18)
					606 Thomas Burridge (6:11)
					655 David Holmes (6:17)
					725 Ellie Homewood (6:26)
					690 Julie Hendry (6:22)
					690 Kirsty O'Brien (6:22)
					838 Bruce Taylor (6:43)
					672 Kevin Reith (6:19)
					690 Natsai Nyabadza (6:22)
					690 Arwen Kennedy (6:22)
					690 Susan McRitchie (6:22)
					690 Tom Ferris (6:22)
					725 Jim Holmes (6:26)
					782 Caris Strachan (6:34)
					1070 Kirstin Penman (7:28)
					702 Euan Blackwood (6:23)
					832 Claire Douglas (6:42)
					708 James Doherty (6:24)
					736 Kyla Mcmurdo (6:27)
					782 Sharyn Ramage (6:34)
					809 Jan Howard (6:38)
					970 Stephen Clark (7:05)
					736 Isabella Passway (6:27)
					770 Lindsay Baillie (6:34)
					782 Ariane Dun (6:33)
					749 Katie Mathieson (6:29)
					793 Kieran Hardie (6:35)
					819 Nicola Craig (6:40)
					819 Paula Boon (6:40)

Any Age or Gender					
Pos	Team	Time	Athlete	Athlete	Athlete
161	BELLA C	26:09	736 Rebecca SImister (6:27)	756 Kevin Smith (6:31)	770 Heather Rowan (6:33)
162	BRR K	26:09	761 Martin White (6:32)	761 Stuart Telfer (6:32)	761 Claire Wharton (6:32)
163	GGLEN F	26:11	725 Fiona Macfarlane (6:26)	770 Maria McCabe (6:33)	793 Donna Campbell (6:35)
164	STRTH B	26:12	708 Mark Dillon (6:24)	770 Doug Flint (6:33)	770 Ross McNaughton (6:33)
165	GIFFN F	26:18	702 Rob Crusher (6:23)	751 Caroline Munro (6:30)	793 Jacqueline Campbell (6:35)
166	CORST G	26:22	598 Alan Cameron (6:10)	798 Alice Mourao (6:36)	838 Munro Lawrie (6:43)
167	CAMBL I	26:30	708 Paula McCabe (6:24)	761 BERNADETTE ONEIL (6:32)	858 Stephen Leonard (6:46)
168	KINRR D	26:32	750 Andy Johns (6:29)	770 Fiona Nisbet (6:33)	838 Jim Reilly (6:43)
169	HELEN A	26:32	466 John Ritchie (5:55)	655 Matthew Cameron (6:17)	661 Katie Flett (6:18)
170	BSAC B	26:32	751 Abbie Crawford (6:30)	756 Matthew Mair (6:31)	782 Innes Grant (6:34)
171	EKILB E	26:33	803 Gracie Carlin (6:37)	809 Dylan Edwards (6:38)	809 Graeme Haddow (6:38)
172	FIFE D	26:34	624 Marti Penacchio Torres (6:13)	770 Esmee Thoms (6:33)	902 Louise Provan (6:53)
173	BRR L	26:34	798 Lynne Hamilton (6:36)	803 Leanne Mcintosh (6:37)	819 Mhairi Hill (6:40)
174	PTERR A	26:34	130 Mark Beagrie (5:07)	678 Susan Strachan (6:20)	982 Andy Steel (7:07)
175	GAHA F	26:43	690 Erin Gray (6:37)	809 Anthony Lunn (6:38)	846 Michelle Short (6:44)
176	FAAC A	26:39	505 Paul Caban (5:59)	819 Pascaline Mollard (6:40)	912 Andreas Drewer (6:54)
177	FALKV G	26:40	720 Calum Ross (6:25)	725 James McLaren (6:26)	902 Stephen Baird (6:53)
178	CGH C	26:40	736 Alison Lessells (6:27)	782 Jim Mearns (6:34)	858 Claire McSorley (6:46)
179	CENTR G	26:41	615 Colin Alexander (6:12)	633 Ross Lawrie (6:14)	921 Zosia Paddon (6:56)
180	MOTHR B	26:41	736 Mark Smellie (6:27)	756 Scott Kelman (6:31)	858 Gary Arthur (6:46)
181	LAWD F	26:43	720 Joscelyn Kennedy (6:25)	826 Robbie Nugent (6:41)	858 Nina Fyfe (6:46)
182	FRAS B	26:50	782 Greg Bruce (6:34)	838 Jensen Strachan (6:43)	838 Gillian Cardno Strachan (6:43)
183	SRAC F	26:50	761 Ellen Mcmurdo (6:32)	809 Sarah Maciver (6:38)	858 Abbie Stewart (6:46)
184	PITRE D	26:52	809 Graham Hall (6:38)	832 Tom Sludden (6:42)	846 Beth Aitken (6:44)
185	NAYR C	27:08	742 Lewis Vick (6:28)	798 Naideen Dailly (6:36)	932 Dylan Gee (6:58)
186	WSTR C	27:10	742 Chris Furse (6:28)	866 Kerry Cunningham (6:47)	892 Katie Rademaker (6:51)
187	PRR F	27:10	832 Mike Dales (6:42)	866 Tessa Ward (6:47)	882 Gillian Douglas (6:49)
188	GGLEN G	27:10	816 Sumner Taggart (6:39)	819 Marian Monk (6:40)	875 Alan O'Rourke (6:48)
189	CMBLT B	27:10	615 Darren Renton (6:12)	851 Amy Armour (6:45)	902 Elaine McGeachy (6:53)
190	GAHA G	27:12	858 Carole Fortune (6:46)	866 Lisa Dalgliesh (6:47)	866 Pamela Baillie (6:47)
191	PHRC G	27:12	761 Mary Western (6:32)	882 Susan Wilson (6:49)	892 Malcolm Hammond (6:51)
192	VPCOG C	27:14	851 Louise Love (6:45)	851 Jessica Donnelly (6:45)	858 Ruth Walsh (6:46)
193	HARM F	27:16	803 Keith Martin (6:37)	892 Sophie McGillivray (6:51)	892 Kim Kenny (6:51)
194	NEWDU C	27:17	832 Russell Cannon (6:42)	846 Kim King (6:44)	902 Lynne Towler (6:53)
195	BRR M	27:23	875 David Boag (6:48)	882 Andrew Haddow (6:49)	897 Mhairi Gervais (6:52)
196	DRR B	27:25	720 Michael Mitchell (6:25)	782 Paul Reed (6:34)	782 Ian Clark (6:34)
197	PITRE E	27:41	886 Rebecca Grieve (6:50)	897 Erin Mackie (6:52)	938 Gemma Patterson (6:59)
198	BELLA D	27:53	875 David Craig (6:48)	921 Claire Fitzsimmons (6:56)	959 Simon McDougall (7:03)
199	KINRR E	27:53	866 Alvis Gregory (6:47)	912 John Boyle (6:54)	938 Gillian Kemp (6:59)
200	DUNDH D	27:56	793 Fraser Passway (6:35)	921 David Hanlon (6:56)	938 Fiona Gibson (6:59)
201	GAHA H	27:57	902 Jessica Hendry (6:53)	902 David Paterson (6:53)	938 Rachel McAleese (6:59)
202	BRR N	28:00	916 Richard Leyton (6:55)	921 Joni Lindsay (6:56)	964 Stephen Bell (7:04)
203	STRTH C	28:00	916 Iain Thomson (6:55)	946 Nicola Watson (7:00)	951 Becky Mackenzie (7:01)
204	LAWD G	28:05	921 Finn Milligan (6:56)	932 Conor Butters (6:58)	951 Daniel Simpson (7:01)
205	CAMBL J	28:06	875 David Stirling (6:48)	886 Stephen Walker (6:50)	946 Robert Rossborough (7:00)
206	CGH D	28:12	921 Richard Lawton (6:56)	959 Alexandra Hayden (7:03)	964 Frances Ferguson (7:04)
207	FORRE E	28:14	851 Paul Hughes (6:45)	851 Tim Baxter (6:45)	1032 Jackie Nicol (7:18)
208	EKILB F	28:17	882 Gordon Colvin (6:49)	973 Alan Baxter (7:06)	994 Kay Conneff (7:10)
209	INVNH F	28:20	816 Heather Gardiner (6:39)	964 Thomas Burnett (7:04)	1016 Rachel Gillies (7:14)
210	PITRE F	28:24	957 Michelle Murphy (7:02)	964 Holly Gordon (7:04)	991 Carole Bruce (7:08)
211	FALKV H	28:26	932 Monica Anderson (6:58)	951 Alastair McCallum (7:01)	982 Isla Houston (7:07)
212	MORAR B	28:33	826 Niketa Cruickshank (6:41)	846 Justine Blaszk (6:44)	1092 Karen Norvell (7:34)
213	PRR G	28:34	921 Gregor Wells (6:56)	957 Fiona Manson (7:02)	1019 Harriet Shaw (7:15)
214	HARM G	28:34	973 Esther Taylor (7:06)	973 David Morrans (7:06)	1001 Archie Irwin (7:11)
215	CORST H	28:37	982 Graeme Reid (7:07)	982 Keith Copland (7:07)	1001 Chris Peggie (7:11)
216	SPRBH B	28:37	803 Gemma Welsh (6:37)	973 Millie Newall (7:06)	1060 Jeanette Craig (7:26)
217	NHH A	28:40	537 David Spencer (6:02)	938 James Kelman (6:59)	1101 Deborah Larnach (7:36)
218	GIFFN G	28:40	951 Isla Munro (7:01)	994 Isla Ross (7:10)	1005 Patricia Gallagher (7:12)
219	BRR O	28:47	990 Robert Macleod (7:08)	992 Megan Cumming (7:09)	1019 Andrew Tomlinson (7:15)
220	LOTHR B	28:55	725 Alastair Murray (6:26)	886 Andrea Seabrook (6:50)	973 Judith Thomson (7:06)
221	GGLEN H	28:58	982 Lisa Boonsanong (7:07)	989 James Campbell (7:08)	1013 Lynsey Mooney (7:13)
222	LAWD H	28:58	1001 Amanda Quinn (7:11)	1016 Margaret Newell (7:14)	1019 Callum Lowdon (7:15)
223	CLYDH B	29:04	826 Kenzie Macintosh (6:41)	946 Orla Hodgson (7:00)	1112 Lucy Denholm (7:38)
224	STRTH D	29:08	1005 Beth Scholes (7:12)	1026 Josie Goodfellow (7:16)	1032 Cathy Tilbrook (7:18)
225	HARM H	29:24	1005 Mike Taylor (7:12)	1032 Lesley Muego (7:18)	1060 Samantha Denis (7:26)
226	PITRE G	29:32	1016 Bryan Coggane (7:14)	1045 Susan Stevenson (7:22)	1065 Laurie Hunter (7:27)
227	BRR P	29:44	1029 Kenny Angove (7:17)	1060 Shonah Macdonald (7:26)	1074 Ruth McKelvie (7:29)
228	KINRR F	29:48	1026 Michael Atkinson (7:16)	1065 Lynne Zabek (7:27)	1080 Valerie Findlay (7:30)
229	LAWD I	30:07	1045 Jade Gray (7:22)	1086 Owen Murphy (7:31)	1092 Rosie Watson (7:34)
230	PITRE H	30:20	1086 Pamela Pattison (7:31)	1098 Gail Cree (7:35)	1101 Morna Fleming (7:36)
231	BRR Q	30:25	1101 Heloise White (7:36)	1101 Rhoda Yarmahmoudi (7:36)	1101 Anne Campbell (7:36)
232	EKILB G	30:26	1041 Aidan Glennon (7:21)	1117 Emily Buchan (7:40)	1120 Hannah Coutts (7:42)
233	CENTR H	30:32	1041 Colin Sinclair (7:21)	1065 Allan Gall (7:27)	1128 Alison Curry (7:45)
234	STRTH E	30:58	1074 Janine Grant (7:29)	1120 Aimee White (7:42)	1140 Jason Miles Campbell (7:49)
235	KINRR G	31:01	1120 Leigh Verdort (7:42)	1127 Gillian Lopez (7:44)	1134 Lynn Beveridge (7:47)
236	VPCOG D	31:02	1065 Ewan Kennedy (7:27)	1080 Zoe Loughrey (7:30)	1160 Tamara Kennedy (7:59)
237	PRR H	31:15	1080 Alan Bothwell (7:30)	1092 Caroline Malloy (7:34)	1163 Gillian Edwards (8:00)
238	BRR R	31:15	1112 Susan Wilson (7:38)	1131 Louise Gray (7:46)	1136 Sarah Edgar (7:48)
239	HARM I	31:19	1101 Frances Turnbull (7:36)	1124 Duncan Watson (7:43)	1151 Michaela Muir (7:56)
240	KINRR H	31:36	1142 Wendy Grieve (7:50)	1142 Lucy Fraser (7:50)	1151 David Houston (7:56)
					809 Alexander Cuthbert (6:38)
					770 Marc Pieraccini (6:33)
					803 Robin McAuslan (6:37)
					832 Lauren Fairweather (6:42)
					886 Martin Rolfe (6:50)
					902 Ailsa Bagnall (6:53)
					875 Rachel Wardrope (6:48)
					866 Fiona O'Reilly (6:47)
					1167 Janet Fellowes (8:02)
					929 Izzy Parnaby (6:57)
					819 Beth Allan (6:40)
					916 Merce Torres (6:55)
					826 Tony Breslin (6:41)
					1163 Barbara Anne Needs (8:00)
					846 Eileen Maxwell (6:44)
					973 Calum MacDonald (7:06)
					921 Zackary Jackson (6:56)
					902 William Buchanan (6:53)
					1037 Andrew Twigg (7:19)
					929 Kevin Durnian (6:57)
					892 Jessica Inglis (6:51)
					886 Carol Massie (6:50)
					912 Krysta Bray (6:54)
					975 Lauren Gordon (6:48)
					873 Abby Docherty (7:06)
					964 Sam Hampton Smith (7:04)
					897 Stephane Reid (6:52)
					919 Deb McKenzie (7:03)
					1038 Sarah McFadzean (7:20)
					897 Morgan Fairclough (6:52)
					946 Jennifer Caldwell (7:00)
					932 Ruairidh Allen (6:58)
					929 Susan Ross (6:57)
					932 Diane Milne (6:58)
					912 Brian Young (6:54)
					1145 Andrew Deans (7:52)
					946 James Gordon (7:00)
					973 Maria Spedsberg (7:06)
					1013 Steph McGregor (7:13)
					1060 Lesley Rogers (7:26)
					1005 Jocelyn Richard (7:12)
					970 Madeline Smillie (7:05)
					964 Gordon Morrison (7:04)
					994 Callum Woods (7:10)
					1070 Lucy McGrandle (7:28)
					992 Julie Thomson (7:09)
					1060 Grant Symon (7:26)
					1050 Sophia Carlin (7:12)
					1052 Carrie Farnell (7:23)
					994 Gordon MacFarlane (7:10)
					1038 Karen McAllister (7:20)
					1092 Amanda Strang (7:34)
					1041 Ruth Johnson (7:21)
					1001 Ella Jones (7:11)
					1005 Sarah Ledingham (7:12)
					1070 Barbara Knox (7:28)
					1169 Melanie Hayes (8:03)
					1029 Hazel O'Donoghue (7:17)
					1019 Julia McDonald (7:15)
					1207 David Findlay (8:33)
					1080 Jennifer Boyd (7:30)
					1032 James Scullion (7:18)
					1128 Millie Robertson (7:45)
					1045 Wendy Duigan (7:22)
					1070 Denise Hendry (7:28)
					1074 Nicola Moriarty (7:29)
					1088 Lisa Taylor (7:32)
					1098 Ann Malcolm (7:35)
					1117 Alex Orr (7:40)
					1112 Huw Thomas (7:38)
					1088 Roz Wilson (7:37)
					1124 Rachael Thomson (7:43)
					1160 Scott Hill (7:59)
					1157 Julia Greenlees (7:58)
					1136 Verity Thwaites (7:48)
					1174 Jessie Caig (8:06)
					1182 Caroline Hogarth (8:11)
					1169 Louise McNicol (8:03)
					1172 Jane Leask (8:04)
					1163 Isla Craig (8:00)

Any Age or Gender

Pos	Team	Time	Athlete	Athlete	Athlete	Athlete
241	CORST I	31:47	1098 Carrie Main (7:35)	1128 Maria Cemborain (7:45)	1160 Elson Mourao (7:59)	1201 Kira Mourao (8:28)
242	PITRE I	31:55	1131 Lesley Mealing (7:46)	1151 Margaret Blanski (7:56)	1157 Francis Smith (7:58)	1190 Aislynn Crichton (8:15)
243	GAHA I	32:04	1052 Gillian Duncan (7:23)	1108 Poppy Lunn (7:37)	1167 Eileen Nicol (8:02)	1230 Charlotte Hendry (9:02)
244	FORRE F	32:22	1120 Clare Nicholas (7:42)	1176 Elizabeth Watson (8:08)	1182 Roslyn McRitchie (8:11)	1193 Anne Docherty (8:21)
245	BELLA E	32:23	1091 Stuart Macdonald (7:33)	1108 Emily Jackson (7:37)	1197 Stephanie Rudd (8:25)	1220 June MacLeod (8:48)
246	LAWD J	32:34	1142 Vicky Harrison (7:50)	1174 Jennifer Beattie (8:06)	1186 Rachel Stevenson (8:14)	1195 Susannah Kay (8:24)
247	KINRR I	32:48	1176 Wendy Turnbull (8:08)	1182 Geoff Bilton (8:11)	1186 Lisa Gillespie (8:14)	1191 Catherine McAdams (8:15)
248	STRTH F	32:51	1163 Kerri Paton (8:00)	1176 Sue Whisler (8:08)	1180 Adrienne Caldwell (8:09)	1209 Rowan Mestecky (8:34)
249	HARM J	33:21	1186 Meda Maria Reivytyis (8:14)	1192 Lucy McDonald (8:19)	1194 Pamela Lorimer (8:23)	1197 Tom Addison (8:25)
250	PRR I	34:30	1186 Maria Dale (8:14)	1211 Louise Waywell (8:35)	1216 Angela Thomson (8:42)	1227 Susan Bothwell (8:59)
251	PITRE J	34:54	1197 Kym McCulloch (8:25)	1209 Katharine Isherwood (8:34)	1211 Nicky Compston (8:35)	1233 Deborah Cooper (9:20)
252	HARM K	36:42	1200 Finlay Stewart (8:27)	1219 Patricia Hampton (8:47)	1238 Elaine Sandeman (9:43)	1239 Emma Mitchell (9:45)
253	BRR S	37:12	1213 Sarah Grant (8:36)	1225 Elizabeth Hughes (8:53)	1239 Cormack Smith (9:45)	1241 Lynn Cumming (9:58)
254	KINRR J	38:43	1201 Alison Houston (8:28)	1224 Sarah Eaton (8:52)	1243 Norman Smith (10:41)	1244 Simone Young (10:42)

Male, Any Age
Open Male Team

Pos	Team	Time	Athlete	Athlete	Athlete	Athlete
1	CAMBL A	17:34	5 Ryan Thomson (4:17)	7 Grant Sheldon (4:18)	11 Christopher McLew (4:25)	21 Michael Christoforou (4:34)
2	EDIN A	18:05	4 Joe Ewing (4:16)	11 Gavin Bryson (4:25)	31 Michael Cameron (4:40)	38 Leon Johnson (4:44)
3	ABERD A	18:28	9 Michael Ferguson (4:23)	31 Aaron Odentz (4:40)	33 Steven Murray (4:41)	38 Ben Nelson (4:44)
4	INVNH A	18:50	14 Luke Davidson (4:27)	23 Lucas Cairns (4:35)	62 Angus Smith (4:54)	62 John Newsom (4:54)
5	CAMBL B	18:54	35 Paul Morrison (4:42)	35 Gordon Robertson (4:42)	38 Kenneth Campbell (4:44)	45 Andrew Carey (4:46)
6	PHRC A	19:17	23 Andrew Thomson (4:35)	57 Paul Kieran (4:52)	67 Michael McConnell (4:55)	67 Craig Paterson (4:55)
7	FALKV A	19:18	3 Kane Elliott (4:14)	43 Callan Hogarth (4:45)	97 Michael Gibson (5:01)	192 Luke Culliton (5:18)
8	CORST A	19:19	25 Tom Cunningham (4:36)	46 Thomas Ross (4:47)	80 Tom Ferrington (4:58)	80 Aaron Hoyle (4:58)
9	GAHA A	19:20	21 Callum Tharme (4:34)	55 Marcus D'Agrosa (4:51)	76 Ewan Christie (4:56)	90 Gary Trewartha (4:59)
10	GIFFN A	19:23	10 Grant Muir (4:24)	62 Cameron Green (4:54)	67 Ruairidh MacLean (4:55)	142 Charlie Tomkinson (5:10)
11	BRR A	19:27	30 Grant Murphy (4:39)	57 BRYAN MULGREW (4:52)	79 Paul Gordon (4:57)	90 Alan Moss (4:59)
12	INVCL A	19:39	27 Mark Doherty (4:37)	43 Mark Pollard (4:45)	102 Nicholas Gemmell (5:02)	172 Paul Friend (5:15)
13	CENTR A	19:50	17 Calum Phillip (4:33)	80 Luca Fanottoli (4:58)	130 Sam Grivell (5:07)	159 Michael Wright (5:12)
14	KILMH A	19:51	13 Richard Mair (4:26)	97 Jordan Phillips (5:01)	115 John Speirs (5:05)	196 Scott Masterton (5:19)
15	GGLEN A	19:52	67 Harris Morrison (4:55)	76 Neil Lafferty (4:56)	80 Steven Campbell (4:58)	106 Oliver Reilly (5:03)
16	STAND A	19:59	62 Chris Russell (4:54)	67 Kieran Cooper (4:55)	112 Jonny Brattle (5:04)	125 Alex Robinson (5:06)
17	EDIN B	20:02	47 Stuart Johnston (4:48)	90 Iain Whitaker (4:59)	115 Kevin Hamilton (5:05)	142 Dylan Daut (5:10)
18	INVNH B	20:07	80 Finlay MacLennan (4:58)	80 Graham Bee (4:58)	90 Donnie Macdonald (4:59)	159 Finlay Rutter (5:12)
19	GARS A	20:08	47 James MacLeod (4:48)	102 Donald Mcpartlin (5:02)	115 John Coyle (5:05)	164 Grant MacDonald (5:13)
20	EKILB A	20:10	17 Grant Baillie (4:33)	125 Jamie Clements (5:06)	150 Hamish Anderson (5:11)	203 Jack Kirwan (5:20)
21	FIFE A	20:12	50 Alistair Gudgin (4:49)	76 Ben Kinninmonth (4:56)	150 Mike MacDonald (5:11)	178 James Hall (5:16)
22	TEL A	20:13	50 Angus Wright (4:49)	67 Fraser Kelly (4:55)	169 Aidan Page (5:14)	172 Robbie Anderson (5:15)
23	ABERD B	20:24	54 Eoghan MacNamara (4:50)	105 Fraser McKay (5:02)	115 Rhys Crawford (5:05)	202 Fraser McGillivray (5:27)
24	LAWD A	20:25	61 Darran Muir (4:53)	80 Ross Hill (4:58)	142 Oscar Logan (5:10)	226 James McClafferty (5:24)
25	PHRC B	20:25	106 Andrew Jannetta (5:03)	115 Alan McGowan (5:05)	125 Robert Sellar (5:06)	150 Gary Pirie (5:11)
26	CAMBL C	20:27	57 Stuart McGeachy (4:52)	134 Iain McDonald (5:08)	150 Gordon McDonald (5:11)	178 Mark King (5:16)
27	PRR A	20:29	80 Duncan Ryan (4:58)	142 Greg Simpson (5:10)	142 Kevin Riddell (5:10)	150 David Knight (5:11)
28	TEVDL A	20:36	16 Conan Harper (4:30)	57 Colin Welsh (4:52)	263 Alastair Walker (5:30)	369 Robbie Doherty (5:44)
29	GGLEN B	20:40	106 Paul Monaghan (5:03)	137 Kev Craig (5:09)	142 Stephen Hanley (5:10)	192 Daniel Whelsh (5:18)
30	BRR B	20:43	115 Bruce Carse (5:05)	137 Ronan Beale (5:09)	169 Garry Porch (5:14)	172 Stuart McMillan (5:15)
31	BELLA A	20:45	27 Miguel Delgado Sillero (4:37)	106 Fraser Armstrong (5:03)	203 Scott Mason (5:20)	383 James Weir (5:45)
32	KINRR A	20:55	134 Allan Kemp (5:08)	150 David Scott (5:11)	164 Martin Hill (5:13)	219 Scott Strachan (5:23)
33	SRAC A	20:56	125 Murdo MacKenzie (5:06)	150 Ewan Crawford (5:11)	178 Norman Ferguson (5:16)	219 Charlie Morrison (5:23)
34	CHRC A	21:01	125 James Britton (5:06)	137 Jonathan Mason (5:09)	192 Mark Johnston (5:18)	251 Michael Reid (5:28)
35	SHETT A	21:10	25 Matthew Turner (4:36)	251 Denis Williams (5:28)	263 Adam Clifford (5:30)	307 Matthew Fox (5:36)
36	EDIN C	21:19	142 Iain Macdonald (5:10)	164 Richard Meade (5:13)	231 Scott Henderson (5:25)	273 Colin McGill (5:31)
37	GIFFN B	21:21	150 David Shaw (5:11)	172 Cameron Harris (5:15)	231 Oliver Bryers (5:25)	263 Scott Wilson (5:30)
38	MOTHR A	21:24	47 Stephen Allen (4:48)	130 Mark Gallacher (5:07)	203 Evan Crane (5:20)	587 David Hoolaghan (6:09)
39	WSTR A	21:31	67 Thomas Callan (4:55)	219 Christopher Butler (5:23)	290 Ross Anderson (5:33)	335 Tom Elliott (5:40)
40	LOTHR A	21:31	17 Robbie Kennedy (4:33)	150 Ryan Kirkland (5:11)	210 Gavin Mackay (5:21)	725 Alastair Murray (6:26)
41	PRR B	21:32	178 Kevin Rogers (5:16)	196 Michael Souter (5:19)	236 Ronnie Glen (5:26)	273 Linton Scarborough (5:31)
42	BRR C	21:32	188 Anthony Lucio Jannetta (5:17)	210 Stuart Laurence (5:21)	219 Alan Digweed (5:23)	273 Kevin Queenan (5:31)
43	DUNHD A	21:33	67 Munro Stewart (4:55)	203 Daniel Hale (5:20)	219 Gordon Simpson (5:23)	466 Andrew Peters (5:55)
44	CLYDH A	21:34	115 Michael Miller (5:05)	178 Graeme Wiseman (5:16)	242 Iain Robertson (5:27)	392 Tony Dolan (5:46)
45	NAYR A	21:34	164 Mark Preston (5:13)	210 Iain Milwraith (5:21)	210 Archie Caldwell (5:21)	326 Craig Dailly (5:39)
46	CORST B	21:35	178 Patrick Milne (5:16)	236 Keith Ovenstone (5:26)	236 Jonathan Carpenter (5:26)	242 Adam Wetton (5:27)
47	CAMBL D	21:41	196 Richard Cooper (5:19)	231 Sam McCarthy (5:25)	231 Chris Upson (5:25)	283 Greg Hastie (5:32)
48	PHRC C	21:43	188 Martin Butcher (5:17)	242 Joe Wilson (5:27)	251 Alan Cockburn (5:28)	273 Scott Love (5:31)
49	PSH A	21:45	37 James Grant (4:43)	294 Gregor Knight (5:34)	346 Struan Gatherer (5:41)	398 Finlay Jarvis (5:47)
50	HARM A	21:59	169 Philip Holden (5:14)	178 Phil Buckley (5:16)	369 David Alexander (5:44)	383 Dan McGuire (5:45)
51	FIFE B	21:59	217 Stephen Dickson (5:22)	263 Glenn Barclay (5:30)	273 Gordon Stanford (5:31)	307 Hendrik Van Rensburg (5:36)
52	CENTR B	22:14	242 David Eckersley (5:27)	298 Ewan Jack (5:35)	298 David Benwell (5:35)	313 Jens Suck (5:37)
53	CMBLT A	22:14	38 Drew Dutton (4:44)	210 Dominic Sharkey (5:21)	479 James Murdoch (5:57)	615 Darren Renton (6:12)
54	INVNH C	22:15	203 Jonny Macleod (5:20)	298 Alex Jamieson (5:35)	313 Sam Burnett (5:37)	366 Michael Miller (5:43)
55	SRAC B	22:17	226 Howard Maciver (5:24)	257 Daniel Stewart (5:29)	346 Lewis Maclean (5:41)	366 Scott MacRury (5:43)
56	MUSSD A	22:22	242 Robert Henry (5:27)	257 Ronald Mason (5:29)	335 Paul Slifer (5:40)	392 Mike Jones (5:46)
57	PITRE A	22:23	196 Cameron Warner (5:19)	283 David Henderson (5:32)	335 John Cotton (5:40)	433 Ben Fraser (5:52)
58	GAHA B	22:24	257 Cameron Rankine (5:29)	313 Zico Field (5:37)	320 Colin Brown (5:38)	335 Simon Adamson (5:40)
59	CORST C	22:26	273 Iain Macleod (5:31)	313 Ruairidh Williams (5:37)	320 Ken Speirs (5:38)	335 Christopher O'Brien (5:40)
60	PHRC D	22:29	283 Chris Stuart (5:32)	307 Wright Beveridge (5:36)	326 Mark Mclean (5:39)	356 Michael Lindsay (5:42)
61	METAB A	22:32	226 Andrew Thompson (5:24)	298 Jamie Ferries (5:35)	369 Adrian Ferries (5:44)	410 Stephen Smith (5:49)
62	CAMBL E	22:32	290 Edward Stewart (5:33)	320 Finlay Robb (5:38)	326 Paul Thompson (5:39)	356 Des Dickson (5:42)
63	LAWD B	22:34	273 Logan Whitton (5:31)	313 Matthew Gillon (5:37)	346 Ryan Kellock (5:41)	383 Craig Cherrie (5:45)
64	FORRE A	22:41	137 Raymond Hughes (5:09)	410 David Weir (5:49)	420 Iain MacDonald (5:50)	439 Rod Wallace (5:53)
65	FALKV B	22:41	283 Euan McCallum (5:32)	335 Malcolm Finlayson (5:40)	369 Mitchell Graham (5:44)	383 Andrew Ronald (5:45)
66	ABERD C	22:45	257 Patrick Lang (5:29)	313 Dylan Dickie (5:37)	403 Finlay Rae (5:48)	424 Finlay McKay (5:51)
67	ORKNY A	22:46	196 Craig Moar (5:19)	273 Ewan Foubister (5:31)	383 Alistair Mackenzie (5:45)	606 Finn Aberdeen (6:11)
68	EDIN D	22:46	307 Jose Leon (5:36)	335 Richard Cockbain (5:40)	366 Andrew Latham (5:43)	398 Malcolm Parry (5:47)
69	KILMH B	22:52	219 Jonathon Downey (5:23)	273 Connell Drummond (5:31)	392 Stewart McAllister (5:46)	615 MURRAY MCDONALD (6:12)
70	CENTR C	22:57	320 Donald Shaw (5:38)	383 Iain Dunsmore (5:45)	398 Iain Elliott (5:47)	398 Talat Aidi (5:47)
71	BRR D	22:57	307 Iain Murphy (5:36)	320 Simon Wells (5:38)	369 Gerard Scullion (5:44)	505 Jonny Moran (5:59)
72	GIFFN C	22:58	263 Colin Wylie (5:30)	294 Jordan Orr (5:34)	420 Jack Wallace (5:50)	550 Matthew Shaw (6:04)
73	NEWDU A	23:05	369 Glen Chalmers (5:44)	369 Allan Bartlett (5:44)	403 Paul Anderson (5:48)	410 Ross Chalmers (5:49)
74	EKILB B	23:09	263 David Thomson (5:30)	424 Lewis Moir (5:51)	439 Vincent Glennon (5:53)	457 Gerard O'Neil (5:55)
75	STRTH A	23:12	115 Nick Gough (5:05)	424 Andrew Grant (5:51)	492 Neil Scholes (5:58)	661 Andrew Brown (6:18)
76	GGLEN C	23:15	217 Scott Hannaway (5:22)	346 David Docherty (5:41)	479 John McKee (5:57)	640 Stephen Reid (6:15)
77	GAHA C	23:17	356 Neil Christie (5:42)	369 Ross Christie (5:44)	439 Iain Maxwell (5:53)	492 Matty Fleming (5:58)
78	SRAC C	23:18	369 Murray MacDonald (5:44)	369 Scott Maciver (5:44)	457 Jordan Angus Nicolson (5:55)	457 Iain Matheson (5:55)
79	VPCOG A	23:18	112 Graeme Laing (5:04)	346 Sandy Gardner (5:41)	479 Andrew Law (5:57)	798 Michael Kennedy (6:36)
80	FALKV C	23:20	392 Luke Kennedy (5:46)	403 Craig Johnston (5:48)	424 Euan Hogarth (5:51)	457 Adam Kennedy (5:55)

Male. Any Age
Open Male Team

Pos	Team	Time	Athlete	Athlete	Athlete	Athlete
81	BSAC A	23:22	210 Luc Cameron Scott (5:21)	219 Luc Macleod (5:23)	566 Felix Crawford (6:07)	756 Matthew Mair (6:31)
82	HARM B	23:29	424 Matthew Holden (5:51)	424 Coll Dracup (5:51)	439 Christopher Chisholm (5:53)	452 Jon Denis (5:54)
83	SHETL A	23:29	236 Reece Black (5:26)	457 Garry Munro (5:55)	505 Frank Miller (5:59)	587 Cameron Black (6:09)
84	DRR A	23:34	159 George McKinley (5:12)	433 Michael Royden (5:52)	556 John Mill (6:05)	720 Michael Mitchell (6:25)
85	PRR C	23:34	346 Garry Smith (5:41)	410 Richard Ward (5:49)	526 Stewart Reid (6:01)	545 David Innes (6:03)
86	CAMBL F	23:34	424 Stan MacKenzie (5:51)	433 David Marshall (5:52)	456 Francis Hurley (5:54)	479 Andrew Blain (5:57)
87	CARNH A	23:39	335 Jonathan Millar (5:40)	410 Barry Davie (5:49)	466 Alan Murray (5:55)	640 Brian Miller (6:15)
88	CENTR D	23:40	398 Euan Docherty (5:47)	452 Charles Graham Marr (5:54)	492 Gordon Appelbe (5:58)	526 Alexander Milne (6:01)
89	CORST D	23:41	439 Michael Connelly (5:53)	466 Cameron Ross (5:55)	472 Darran Barton (5:56)	479 David Hart (5:57)
90	KINRR B	23:43	263 Matt Newton (5:30)	505 Andrew Laycock (5:59)	545 Rashmi Shah (6:03)	606 Ally Sinclair (6:11)
91	LAWD C	23:49	466 Patrick Kelly (5:55)	472 Ben Fountain (5:56)	472 Cameron Martin (5:56)	537 Richard Beattie (6:02)
92	CGH A	23:54	298 Callum Wright (5:35)	439 Graeme Lindsay (5:53)	556 Martin Howell (6:05)	685 Stephen Phimister (6:21)
93	PITRE B	23:57	439 Gavin Major (5:53)	492 Craig Moriarty (5:58)	505 Graeme Downie (5:59)	566 Paul Allan (6:07)
94	FRAS A	23:59	188 Josh Stephen (5:17)	466 Duncan Abernethy (5:55)	624 Andrew West (6:13)	782 Greg Bruce (6:34)
95	BRR E	24:01	516 Marty Campbell (6:00)	516 James McGreevy (6:00)	516 Colin Hughes (6:00)	526 James Shepherd (6:01)
96	MORAR A	24:07	298 Edward Dunbar (5:35)	516 Nigel Williams (6:00)	516 Simon MacDonald (6:00)	761 Robert Bruce (6:32)
97	EDIN E	24:07	403 Laurence Ward (5:48)	457 Gavin Phillip (5:55)	505 Iain Craven (5:59)	720 Alexander Millar (6:25)
98	EKILB C	24:10	479 Thomas O'Neil (5:57)	492 Ryan McNamara (5:58)	556 John Edwards (6:05)	598 Jonathan Hunter (6:10)
99	CORST E	24:13	479 Bruce Malcolm (5:57)	526 David Pattison (6:01)	566 Charlie Cameron (6:07)	575 Nick Gellatly (6:08)
100	HARM C	24:14	465 Craig Stewart (5:55)	516 Andrew Ross (6:00)	587 Ben McDonald (6:09)	598 Iain Gordon (6:10)
101	BRR F	24:20	545 Jamie Robinson (6:03)	550 Jamie Wieland (6:04)	556 Allon Galbraith (6:05)	575 Kenny McDonald (6:08)
102	PRR D	24:27	561 Kenny Cairns (6:06)	561 Robert Gibson (6:06)	566 Bryan Jenkins (6:07)	575 Robin Livingstone (6:08)
103	DUNDH B	24:33	492 Calum Gibson (5:58)	550 Iain McNulty (6:04)	566 Mike Tarnawsky (6:07)	708 Antony Nicoll (6:24)
104	CENTR E	24:36	537 Owen Eckersley (6:02)	575 Alex Dunlop (6:08)	615 Colin Alexander (6:12)	633 Ross Lawrie (6:14)
105	PHRC E	24:42	383 Iain Taylor (5:45)	472 Ed Norton (5:56)	598 Graham McInnes (6:10)	892 Malcolm Hammond (6:51)
106	BRR G	24:46	587 Kenneth MacMahon (6:09)	606 Martin Murphy (6:11)	606 Thomas Burrigge (6:11)	640 Ross McGeoch (6:15)
107	BELLA B	24:53	433 Robbie McElroy (5:52)	624 Darren Shields (6:13)	655 Jeremy Sutton Hibbert (6:17)	756 Kevin Smith (6:31)
108	GIFFN D	24:56	561 Andrew Munro (6:06)	587 Charlie McAllister (6:09)	661 Thomas Reay (6:18)	702 Rob Crusher (6:23)
109	GAHA D	24:58	526 Felix Otton (6:01)	550 Iain Buckley (6:04)	708 Alex Playfair (6:24)	744 Rory Antrobus (6:29)
110	LAWD D	25:01	537 Cameron Fry (6:02)	647 Jim Gillon (6:16)	685 Martin Kay (6:21)	690 Mark Milligan (6:22)
111	GARR A	25:02	273 Ian Adamson (5:31)	640 Bryan Mills (6:15)	770 Gordon Orr (6:33)	838 Bruce Taylor (6:43)
112	FALKV D	25:03	526 Grant Matheson (6:01)	606 Angus Gibson (6:11)	720 Calum Ross (6:25)	725 James McLaren (6:26)
113	FORRE B	25:05	472 Michael Bishenden (5:56)	633 Oliver Watson (6:14)	725 Ewan Martin (6:26)	744 Bill Symon (6:29)
114	NAYR B	25:15	346 Paul Fisher (5:41)	575 Harris McNicol (6:08)	742 Lewis Vick (6:28)	932 Dylan Gee (6:58)
115	NEWDU B	25:26	439 Gavin Morris (5:53)	655 Royston Walker (6:17)	782 Martyn Phillips (6:34)	832 Russell Cannon (6:42)
116	GGLEN D	25:27	655 David Holmes (6:17)	702 Stuart Clark (6:23)	702 ERIC LINDSAY (6:23)	708 James Doherty (6:24)
117	HARM D	25:31	633 Noah Ralph (6:14)	672 Archie Lynch (6:19)	725 Kealan O'Shea Morr (6:26)	761 Karl Zeiner (6:32)
118	BRR H	25:38	690 Tom Ferris (6:22)	708 Gavin McGowan (6:24)	725 Jim Robinson (6:26)	725 Henry Merriweather (6:26)
119	FIFE C	25:44	356 David Morton (5:42)	369 Archie Suttie (5:44)	624 Marti Penacchio Torres (6:13)	1173 Peter Rieu Clarke (8:05)
120	CAMBL G	25:49	561 James McLaughlin (6:06)	587 Daniel O'Connell (6:09)	858 Stephen Leonard (6:46)	875 David Stirling (6:48)
121	PITRE C	26:08	661 Andrew Miller (6:18)	751 Campbell Blair (6:30)	809 Graham Hall (6:38)	832 Tom Sludden (6:42)
122	INVNH D	26:15	392 Robin Burnett (5:46)	526 Caleb MacLeod (6:01)	964 Thomas Burnett (7:04)	1056 Ruairidh Stirling (7:24)
123	CGH B	26:15	690 Edward Reid (6:22)	725 Jim Holmes (6:26)	782 Jim Mearns (6:34)	902 William Buchanan (6:53)
124	BRR I	26:18	761 Martin White (6:32)	761 Stuart Telfer (6:32)	770 Marc Pieraccini (6:33)	826 Tony Breslin (6:41)
125	EKILB D	26:23	661 Keith Charters (6:18)	809 Dylan Edwards (6:38)	809 Graeme Haddow (6:38)	882 Gordon Colvin (6:49)
126	KINRR C	26:25	672 Kevin Reith (6:19)	750 Andy Johns (6:29)	838 Jim Reilly (6:43)	912 John Boyle (6:54)
127	STRTH B	26:25	708 Mark Dillon (6:24)	770 Doug Flint (6:33)	770 Ross McNaughton (6:33)	916 Iain Thomson (6:55)
128	SRAC D	26:41	575 Allan Morrison (6:08)	615 Andrew Macaskill (6:12)	720 Sebastian Nicolson (6:25)	1151 Euan Campbell Flett (7:56)
129	WSTR B	26:41	479 Roderick Fleming (5:57)	742 Chris Furse (6:28)	964 Sam Hampton Smith (7:04)	1005 Andrew Fullwood (7:12)
130	MOTHR B	26:41	736 Mark Smellie (6:27)	756 Scott Kelman (6:31)	858 Gary Arthur (6:46)	929 Kevin Durnian (6:57)
131	GAHA E	26:53	751 David Nightingale (6:30)	809 Anthony Lunn (6:38)	897 Morgan Fairclough (6:52)	902 David Paterson (6:53)
132	LAWD E	26:58	702 Euan Blackwood (6:23)	826 Robbie Nugent (6:41)	921 Finn Milligan (6:56)	932 Conor Butters (6:58)
133	CORST F	27:07	598 Alan Cameron (6:10)	838 Munro Lawrie (6:43)	982 Graeme Reid (7:07)	982 Keith Copland (7:07)
134	BRR J	27:26	875 David Boag (6:48)	882 Andrew Haddow (6:49)	912 Brian Young (6:54)	916 Richard Leyton (6:55)
135	HARM E	27:29	793 Kieran Hardie (6:35)	803 Keith Martin (6:37)	973 David Morrans (7:06)	1001 Archie Inwin (7:11)
136	BELLA C	28:02	809 Alexander Cuthbert (6:38)	875 David Craig (6:48)	959 Simon McDougall (7:03)	1091 Stuart Macdonald (7:33)
137	FAAC A	28:02	505 Paul Caban (5:59)	912 Andreas Drewer (6:54)	973 Calum MacDonald (7:06)	1169 Malcolm Fraser (8:03)
138	FALKV E	28:14	902 Stephen Baird (6:53)	921 Zackary Jackson (6:56)	951 Alastair McCallum (7:01)	1056 Kai Taylor (7:24)
139	LAWD F	28:44	951 Daniel Simpson (7:01)	994 Callum Woods (7:10)	1019 Callum Lowdon (7:15)	1032 James Scullion (7:18)
140	BRR K	28:44	964 Stephen Bell (7:04)	990 Robert Macleod (7:08)	1019 Andrew Tomlinson (7:15)	1029 Kenny Angove (7:17)
141	PITRE D	29:02	946 James Gordon (7:00)	994 Gordon MacFarlane (7:10)	1016 Bryan Coggane (7:14)	1112 Huw Thomas (7:38)
142	DUNDH C	29:07	793 Fraser Passway (6:35)	921 David Hanlon (6:56)	1119 Kenneth Letham (7:41)	1149 Rene Rogers (7:55)
143	CENTR F	30:06	1037 Andrew Twigg (7:19)	1041 Colin Sinclair (7:21)	1065 Allan Gall (7:27)	1160 Scott Hill (7:59)
144	HARM F	31:47	1005 Mike Taylor (7:12)	1124 Duncan Watson (7:43)	1197 Tom Addison (8:25)	1200 Finlay Stewart (8:27)
145	KINRR D	34:04	1026 Michael Atkinson (7:16)	1151 David Houston (7:56)	1182 Geoff Bilton (8:11)	1243 Norman Smith (10:41)

Female Any Age
Open Female Team

Pos	Team	Time	Athlete	Athlete	Athlete	Athlete
1	INVNH A	20:47	50 Megan Keith (4:49)	106 Jenny Bannerman (5:03)	172 Anna Cairns (5:15)	335 Julie Wilson (5:40)
2	EDIN A	21:58	97 Hannah Cameron (5:01)	172 Katie Johnson (5:15)	424 Sarah Douglas (5:51)	424 Jayne Nisbet (5:51)
3	CENTR A	22:03	196 Lauren McCulloch (5:19)	203 Jennifer Wetton (5:20)	356 Grace Tindall (5:42)	356 Fanni Gyurko (5:42)
4	PHRC A	22:06	188 Kristin Lownie (5:17)	257 Gayle Lindsay (5:29)	320 Julie Menzies (5:38)	356 Katrina Lindsay (5:42)
5	CORST A	22:14	203 Olivia Clarke (5:20)	236 Mhairi Arnott (5:26)	242 Emma Johnson (5:27)	526 Eva Cameron (6:01)
6	FALKV A	22:26	112 Olivia Vareille (5:04)	210 Caitlyn Christie (5:21)	516 Katy McGonigal (6:00)	526 Erin Hendry (6:01)
7	ABERD A	22:47	257 Kirsty Purcell (5:29)	313 Caitlin Purcell (5:37)	403 Kirstin Grant (5:48)	439 Charlotte Narducci (5:53)
8	GIFFN A	23:04	298 Katy Donnelly (5:35)	326 Yvonne McNairn (5:39)	439 Freya Campbell (5:53)	479 Amber Wade (5:57)
9	CAMBL A	23:06	102 Moira Stewart (5:02)	346 Katie Bristow (5:41)	587 Carole Setchell (6:09)	633 Jennifer Campbell (6:14)
10	BRR A	23:14	242 Catriona MacDonald (5:27)	383 Christie Ford (5:45)	516 Ann Robin (6:00)	537 Emer Campbell (6:02)
11	EKILB A	23:59	231 Hannah Anderson (5:25)	479 Aimee Anderson (5:57)	516 Kelly Baillie (6:00)	803 Gracie Carlin (6:37)
12	GGLEN A	24:08	335 Ava Beaton (5:40)	492 Sophie McGinty (5:58)	615 Nicola Doohan (6:12)	661 Erin McEleny (6:18)
13	EDIN B	24:12	439 Jocelyn Moar (5:53)	537 Lucy Marshall (6:02)	566 Freya Pryce (6:07)	598 Dashka MacDonald (6:10)
14	TEL A	24:19	326 Flora Henry (5:39)	346 Olivia Robbins (5:41)	615 Cristina Elliot (6:12)	866 Jessica Bullen (6:47)
15	SRAC A	24:28	263 Rachel Murray (5:30)	647 Emily Murray (6:16)	661 Francesca Greenstock (6:18)	708 Megan Maclean (6:24)
16	FORRE A	24:30	505 Siobhan Evans (5:59)	526 Hillary Cameron (6:01)	606 Frances Britain (6:11)	672 Anna MacFadyen (6:19)
17	GAHA A	24:47	294 Kirstin Maxwell (5:34)	545 Julia Johnstone (6:03)	770 Lindsay Dun (6:33)	690 Erin Gray (6:37)
18	LAWD A	24:40	356 Emily McNicol (5:42)	640 Fiona Currie (6:15)	661 Reagan Binnie (6:18)	720 Joscelyn Kennedy (6:25)
19	FIFE A	24:56	346 Jennifer Cruickshanks (5:41)	410 Hayley Brown (5:49)	770 Esmee Thoms (6:33)	902 Louise Provan (6:53)
20	KINRR A	24:57	420 Jillian Gordon (5:50)	640 Caroline Jones (6:15)	672 Susanna Sly (6:19)	770 Fiona Nisbet (6:33)
21	FALKV B	24:57	615 Lorna Kennedy (6:12)	624 Chloe Davies (6:13)	624 Katie Hedges (6:13)	672 Roisin Fulton (6:19)
22	VPCOG A	25:16	410 Suzanne Gilmour (5:49)	624 Lisa Christy (6:13)	782 Isla Donnelly (6:34)	819 Nicola Caig (6:40)
23	METAB A	25:17	615 Hope Thomson (6:12)	685 Petra Hampton (6:21)	690 Julie Hendry (6:22)	690 Iona Kriauzaitė (6:22)
24	BRR B	25:18	587 Louise Ross (6:09)	661 Isla McIntosh (6:18)	690 Laura Henderson (6:22)	749 Katie Mathieson (6:29)
25	EDIN C	25:22	606 Jessica Taylor (6:11)	633 Megan McKay (6:14)	702 Leanne Calder (6:23)	782 Sharyn Ramage (6:34)
26	DUNDH A	25:24	606 Shania King (6:11)	678 Grace Cook (6:20)	725 Iris Nicoll (6:26)	736 Isabella Passway (6:27)
27	PRR A	25:26	585 Lou Ella Cole (6:08)	647 Lisa Aikman (6:16)	678 Gillian Smith (6:20)	832 Claire Douglas (6:42)
28	CGH A	25:29	575 Julie Beveridge (6:08)	575 Karen Allen (6:08)	736 Alison Lessells (6:27)	858 Claire McSorley (6:46)
29	CAMBL B	25:33	640 Eva Ritchie (6:15)	690 Kirsty O'Brien (6:22)	708 Paula McCabe (6:24)	761 BERNADETTE ONEIL (6:32)
30	WSTR A	25:42	575 Romy Beard (6:08)	685 Jennifer Ruddick (6:21)	725 Ellie Homewood (6:26)	866 KERRY CUNNINGHAM (6:47)
31	HARM A	25:48	606 Emma Watson (6:11)	690 Natsai Nyabadza (6:22)	708 Fiona Zeiner (6:24)	892 Sophie McGillivray (6:51)
32	FORRE B	25:55	685 Jessica Haworth (6:21)	690 Susan McRitchie (6:22)	761 Carrie Ann Ward (6:32)	819 Paula Boon (6:40)
33	NAYR A	26:04	492 Nell McGregor (5:58)	720 Madeline McGregor (6:24)	798 Naideen Dailly (6:36)	973 Abby Docherty (7:06)
34	GIFFN B	26:04	492 Frances Lowrie (5:58)	751 Caroline Munro (6:30)	793 Jacqueline Campbell (6:35)	951 Isla Munro (7:01)
35	BELLA A	26:06	598 Kristina Greig (6:10)	736 Rebecca Slmister (6:27)	770 Heather Rowan (6:33)	921 Claire Fitzsimmons (6:56)
36	INVNH B	26:10	575 Kirsten Burnett (6:08)	587 Stroma Fraser (6:09)	816 Heather Gardiner (6:39)	1016 Rachel Gillies (7:14)
37	GGLEN B	26:13	725 Fiona Macfarlane (6:26)	770 Maria McCabe (6:33)	793 Donna Campbell (6:35)	816 Summer Taggart (6:39)
38	SHETT A	26:18	298 Jennifer Martin (5:35)	624 Evelyn Struthers (6:13)	832 Katie Burns (6:42)	1136 Janette Clarkson (7:48)
39	SRAC B	26:23	736 Kyla Mcmurdo (6:27)	761 Ellen Mcmurdo (6:32)	809 Sarah Maciver (6:38)	858 Abbie Stewart (6:46)
40	BRR C	26:25	761 Claire Wharton (6:32)	798 Lynne Hamilton (6:36)	803 Leanne McIntosh (6:37)	819 Mhairi Hill (6:40)
41	PITRE A	26:26	678 Lynn Harvey (6:20)	782 Ariane Baillie (6:34)	846 Beth Aitken (6:44)	875 Lauren Gordon (6:48)
42	SPRBH A	26:27	678 Ellie Doherty (6:20)	708 Carole Craig (6:24)	803 Gemma Welsh (6:37)	973 Millie Newall (7:06)
43	CENTR B	26:30	369 Morag Millar (5:44)	556 Claire Houston (6:05)	921 Zosia Paddon (6:56)	1128 Alison Curry (7:45)
44	SHETL A	26:35	369 Charlotte Black (5:44)	809 Jan Howard (6:38)	902 Susan Linklater (6:53)	1038 Linda Tulloch (7:20)
45	FRAS A	26:36	403 Lisa Allan (5:48)	838 Gillian Cardno Strachan (6:43)	886 Carol Massie (6:50)	1019 Alison West (7:15)
46	PHRC B	26:41	678 Zoe Stuart (6:20)	761 Mary Western (6:32)	882 Susan Wilson (6:49)	946 Jennifer Caldwell (7:00)
47	FALKV C	26:47	678 Isabella Ogg (6:20)	690 Arwen Kennedy (6:22)	932 Monica Anderson (6:58)	982 Lisa Houston (7:07)
48	CMBLT A	26:59	526 Emma Morran (6:01)	851 Amy Armour (6:45)	902 Elaine McGeachy (6:53)	1038 Sarah McFadzean (7:20)
49	GAHA B	27:01	846 Michelle Short (6:44)	846 Eileen Maxwell (6:44)	858 Carole Fortune (6:46)	866 Lisa Dalglish (6:47)
50	BSAC A	27:08	661 Elsa Parnaby (6:18)	751 Abbie Crawford (6:30)	929 Izzy Parnaby (6:57)	1052 Lucy McLean (7:23)
51	NEWDU A	27:09	782 Caris Strachan (6:34)	846 Kim King (6:44)	902 Lynne Towler (6:53)	932 Diane Milne (6:58)
52	PRR B	27:30	866 Tessa Ward (6:47)	882 Gillian Douglas (6:49)	897 Stephane Reid (6:52)	957 Fiona Manson (7:02)
53	PITRE B	27:43	886 Rebecca Grieve (6:50)	897 Erin Mackie (6:52)	938 Gemma Patterson (6:59)	957 Michelle Murphy (7:02)
54	VPCOG B	27:46	851 Louise Love (6:45)	851 Jessica Donnelly (6:45)	858 Ruth Walsh (6:46)	1080 Zoe Loughrey (7:30)
55	KINRR B	27:46	866 Fiona O'Reilly (6:47)	866 Alison Gregory (6:47)	938 Gillian Kemp (6:59)	1013 Stelyn McGregor (7:13)
56	GAHA C	27:51	866 Pamela Baillie (6:47)	902 Jessica Hendry (6:53)	938 Rachel McAleese (6:59)	1005 Jocelyn Richard (7:12)
57	STRTH A	27:55	832 Lauren Fairweather (6:42)	946 Nicola Watson (7:00)	951 Becky Mackenzie (7:01)	1005 Beth Scholes (7:12)
58	LAWD B	28:02	858 Nina Fyfe (6:46)	892 Jessica Inglis (6:51)	1001 Amanda Quinn (7:11)	1016 Margaret Newell (7:14)
59	BRR D	28:02	897 Mhairi Gervais (6:52)	921 Joni Lindsay (6:56)	970 Madeline Smillie (7:05)	992 Megan Cumming (7:09)
60	GGLEN C	28:03	819 Marian Monk (6:40)	959 Deb McKenzie (7:03)	982 Lisa Boonsanong (7:07)	1013 Lynsey Mooney (7:13)
61	HARM B	28:05	892 Kim Kenny (6:51)	929 Susan Ross (6:57)	973 Esther Taylor (7:06)	1001 Ella Jones (7:11)
62	CORST B	28:16	798 Alice Mourao (6:36)	902 Ailsa Bagnall (6:53)	1005 Sarah Ledingham (7:12)	1098 Carrie Main (7:35)
63	MORAR A	28:33	826 Niketa Cruickshank (6:41)	846 Justine Blaszak (6:44)	1092 Karen Norvell (7:34)	1092 Amanda Strang (7:34)
64	EKILB B	28:42	819 Beth Allan (6:40)	994 Kay Conneff (7:10)	1005 Sophia Carlin (7:12)	1117 Emily Buchan (7:40)
65	PITRE C	29:01	964 Holly Gordon (7:04)	991 Carole Bruce (7:08)	1045 Susan Stevenson (7:22)	1065 Laurie Hunter (7:27)
66	CLYDH A	29:04	826 Kenzie Macintosh (6:41)	946 Orla Hodgson (7:00)	1112 Lucy Denholm (7:38)	1128 Millie Robertson (7:45)
67	STRTH B	29:25	1026 Josie Goodfellow (7:16)	1032 Cathy Tilbrook (7:18)	1045 Wendy Duigan (7:22)	1074 Janine Grant (7:29)
68	BRR E	29:42	1019 Julia McDonald (7:15)	1060 Shonah Macdonald (7:26)	1074 Ruth McKelvie (7:29)	1088 Lisa Taylor (7:32)
69	GIFFN C	29:47	994 Isla Ross (7:10)	1005 Patricia Gallagher (7:12)	1029 Hazel O'Donoghue (7:17)	1176 Lucy O'Donoghue (8:08)
70	HARM C	29:48	1032 Lesley Muego (7:18)	1060 Samantha Denis (7:26)	1070 Denise Hendry (7:28)	1101 Frances Turnbull (7:36)
71	PRR C	30:10	1019 Harriet Shaw (7:15)	1041 Ruth Johnson (7:21)	1092 Caroline Malloy (7:34)	1163 Gillian Edwards (8:00)
72	PITRE D	30:11	1074 Nicola Moriarty (7:29)	1086 Pamela Pattison (7:31)	1098 Gail Cree (7:35)	1101 Morna Fleming (7:36)
73	KINRR C	30:14	1065 Lyne Zabek (7:27)	1080 Valeriy Findlay (7:30)	1098 Ann Malcolm (7:35)	1120 Leigh Verdort (7:42)
74	BRR F	30:25	1101 Heloise White (7:36)	1101 Rhoda Yarmahmoudi (7:36)	1101 Anne Campbell (7:36)	1108 Rod Wilson (7:37)
75	LAWD C	30:52	1045 Jade Gray (7:22)	1092 Rosie Watson (7:34)	1142 Vicky Harrison (7:50)	1174 Jennifer Beattie (8:06)
76	KINRR D	31:09	1127 Gillian Lopez (7:44)	1134 Lynn Beveridge (7:47)	1136 Verity Thwaites (7:48)	1142 Wendy Grieve (7:50)
77	BRR G	31:15	1112 Susan Wilson (7:38)	1131 Louise Gray (7:46)	1136 Sarah Edgar (7:48)	1169 Louise McNicol (8:03)
78	FORRE C	31:19	1032 Jackie Nicol (7:18)	1120 Claire Nicholas (7:42)	1176 Elizabeth Watson (8:08)	1182 Roslyn McRitchie (8:11)
79	STRTH C	31:48	1120 Aimee White (7:42)	1157 Julia Greenlees (7:58)	1163 Kerri Paton (8:00)	1176 Sue Whisler (8:08)
80	BELLA B	31:56	973 Maria Spedsberg (7:06)	1108 Emily Jackson (7:37)	1197 Stephanie Rudd (8:25)	1220 June MacLeod (8:48)

Female Any Age
Open Female Team

Pos	Team	Time	Athlete	Athlete	Athlete	Athlete
81	GAHA D	32:04	1052 Gillian Duncan (7:23)	1108 Poppy Lunn (7:37)	1167 Eileen Nicol (8:02)	1230 Charlotte Hendry (9:02)
82	KINRR E	32:12	1142 Lucy Fraser (7:50)	1163 Isla Craig (8:00)	1176 Wendy Turnbull (8:08)	1186 Lisa Gillespie (8:14)
83	PITRE E	32:22	1131 Lesley Mealing (7:46)	1151 Margaret Bianski (7:56)	1190 Aislynn Crichton (8:15)	1197 Kym McCulloch (8:25)
84	HARM D	32:33	1151 Michaela Muir (7:56)	1172 Jane Leask (8:04)	1186 Meda Maria Reivyitis (8:14)	1192 Lucy McDonald (8:19)
85	PRR D	33:42	1182 Caroline Hogarth (8:11)	1186 Maria Dale (8:14)	1211 Louise Waywell (8:35)	1216 Angela Thomson (8:42)
86	SPRBH B	33:50	1060 Jeanette Craig (7:26)	1070 Barbara Knox (7:28)	1204 Lorraine Gray (8:30)	1242 Charis Crawford (10:26)
87	KINRR F	36:17	1191 Catherine McAdams (8:15)	1201 Alison Houston (8:28)	1224 Sarah Eaton (8:52)	1244 Simone Young (10:42)
88	HARM E	36:38	1194 Pamela Lorimer (8:23)	1219 Patricia Hampton (8:47)	1238 Elaine Sandeman (9:43)	1239 Emma Mitchell (9:45)
89	BRR H	38:22	1213 Sarah Grant (8:36)	1225 Elizabeth Hughes (8:53)	1241 Lynn Cumming (9:58)	1245 Carla Telfer (10:55)

Place	Time	First Name	Last Name	Cat	Club	Pos
1	3:24	Sean	Frame	T54	SM Red Star AC	1
2	4:17	Ryan	Thomson	SM	Cambuslang Harriers	2
3	4:18	Grant	Sheldon	SM	Cambuslang Harriers	3
4	4:23	Michael	Ferguson	SM	Aberdeen AAC	4
5	4:24	Grant	Muir	SM	Giffnock North AC	5
6	4:25	Gavin	Bryson	SM	Edinburgh AC	6
7	4:26	Richard	Mair	M35	Kilmarnock H&AC	1
8	4:33	Grant	Baillie	M40	East Kilbride AC	1
8	4:33	Robbie	Kennedy	SM	Lothian RC	7
10	4:34	Michael	Christoforou	SM	Cambuslang Harriers	8
11	4:36	Tom	Cunningham	SM	Corstorphine AAC	9
11	4:36	Matthew	Turner	SM	Shettleston Harriers	9
13	4:37	Mark	Doherty	M35	Inverclyde AC	2
13	4:37	Miguel	Delgado Sillero	SM	Bellahouston Harriers	11
15	4:38	Daryl	Reid	SM	East Kilbride AC	12
16	4:39	Grant	Murphy	SM	Bellahouston RR	13
17	4:40	Aaron	Odentz	SM	Aberdeen AAC	14
17	4:40	Michael	Cameron	SM	Edinburgh AC	14
19	4:41	Steven	Murray	SM	Aberdeen AAC	16
19	4:41	Robbie	Ferguson	SM	Kilbarchan AAC	16
21	4:42	Gordon	Robertson	M40	Cambuslang Harriers	2
21	4:42	Paul	Morrison	SM	Cambuslang Harriers	18
23	4:44	Leon	Johnson	M40	Edinburgh AC	3
23	4:44	Kenneth	Campbell	M45	Cambuslang Harriers	1
23	4:44	Stuart	Kerr	SM	Kilbarchan AAC	19
23	4:44	Ben	Nelson	SM	Aberdeen AAC	19
23	4:44	Drew	Dutton	SM	Campbeltown RC	19
28	4:45	Mark	Pollard	M35	Inverclyde AC	3
29	4:48	Stuart	Johnston	M40	Edinburgh AC	4
29	4:48	James	MacLeod	M40	Garscube Harriers	4
29	4:48	Stephen	Allen	M50	Motherwell AC	1
32	4:49	Alistair	Gudgin	SM	Fife AC	22
33	4:50	Eoghan	MacNamara	SM	Aberdeen AAC	23
34	4:51	David	Wright	M40	Hunters Bog Trotters	6
34	4:51	Marcus	D'Agrosa	SM	Gala Harriers	24
36	4:52	Colin	Welsh	M35	Teviotdale Harriers	4
36	4:52	Stuart	McGeachy	M40	Cambuslang Harriers	7
36	4:52	Paul	Kieran	M45	PH Racing Club	2
36	4:52	BRYAN	MULGREW	SM	Bellahouston RR	25
40	4:53	Darran	Muir	M40	Law & District AAC	8
41	4:54	John	Newsom	M35	Inverness Harriers AAC	5
41	4:54	Chris	Russell	SM	University of St. Andrews CC	26
41	4:54	Grant	Plenderleith	SM	Falkirk Victoria Harriers	26
44	4:55	Ruairidh	MacLean	M35	Giffnock North AC	6
44	4:55	Thomas	Callan	SM	Westerlands XC Club	28
44	4:55	Michael	McConnell	SM	PH Racing Club	28
44	4:55	Munro	Stewart	SM	Dundee Hawkhill Harriers	28
44	4:55	Craig	Paterson	SM	PH Racing Club	28
44	4:55	Sam	MacNeil	SM	Edinburgh AC	28
50	4:56	Neil	Lafferty	M40	Greenock Glenpark Harriers	9
50	4:56	Ben	Kinninmonth	SM	Fife AC	33

Place	Time	First Name	Last Name	Cat	Club	Pos
52	4:57	Paul	Gordon	SM	Bellahouston RR	34
53	4:58	Graham	Bee	M35	Inverness Harriers AAC	7
53	4:58	Tom	Ferrington	M40	Corstorphine AAC	10
53	4:58	Steven	Campbell	M45	Greenock Glenpark Harriers	3
53	4:58	Duncan	Ryan	M50	Perth RR	2
53	4:58	Finlay	MacLennan	SM	Inverness Harriers AAC	35
53	4:58	Luca	Fanottoli	SM	Central AC	35
53	4:58	Aaron	Hoyle	SM	Corstorphine AAC	35
53	4:58	Ross	Hill	SM	Law & District AAC	35
53	4:58	Kieran	Pugh	SM	Strathclyde Univ Harriers	35
62	4:59	Alan	Moss	M35	Bellahouston RR	8
62	4:59	Iain	Whitaker	M35	Edinburgh AC	8
62	4:59	Donnie	Macdonald	M40	Inverness Harriers AAC	11
62	4:59	Gary	Trewartha	M40	Gala Harriers	11
62	4:59	Ray	Ward	M40	Hunters Bog Trotters	11
67	5:01	Michael	Gibson	M40	Falkirk Victoria Harriers	14
67	5:01	Charlie	Storrie	SM	Dumfries RC	40
69	5:02	Donald	Mcpartlin	M35	Garscube Harriers	10
69	5:02	Nicholas	Gemmell	M45	Inverclyde AC	4
71	5:03	Andrew	Jannetta	M35	PH Racing Club	11
71	5:03	Paul	Monaghan	M45	Greenock Glenpark Harriers	5
71	5:03	Fraser	Armstrong	SM	Bellahouston Harriers	41
71	5:03	Oliver	Reilly	SM	Greenock Glenpark Harriers	41
75	5:04	Graeme	Laing	M40	VP-Glasgow AC	15
75	5:04	Jonny	Brattle	SM	University of St. Andrews CC	43
77	5:05	Kevin	Hamilton	M35	Edinburgh AC	12
77	5:05	Nick	Gough	M35	Strathearn Harriers	12
77	5:05	Bruce	Carse	M40	Bellahouston RR	16
77	5:05	Alan	McGowan	M40	PH Racing Club	16
77	5:05	John	Coyle	M45	Garscube Harriers	6
77	5:05	John	Speirs	M45	Kilmarnock H&AC	6
77	5:05	Ruairidh	Campbell	SM	Glasgow University AC	44
84	5:06	James	Britton	M40	Carnethy Hill Racing Club	18
84	5:06	Robert	Sellar	M45	PH Racing Club	8
84	5:06	Jamie	Clements	SM	East Kilbride AC	45
84	5:06	Murdo	MacKenzie	SM	Stornoway Running & AC	45
88	5:07	Mark	Gallacher	M45	Motherwell AC	9
88	5:07	Mark	Beagrie	SM	Peterhead AC	47
90	5:08	Iain	McDonald	M35	Cambuslang Harriers	14
90	5:08	Allan	Kemp	M40	Kinross RR	19
92	5:09	Ronan	Beale	M35	Bellahouston RR	15
92	5:09	Raymond	Hughes	M40	Forres Harriers	20
92	5:09	Kev	Craig	M40	Greenock Glenpark Harriers	20
92	5:09	Jonathan	Mason	SM	Carnethy Hill Racing Club	48
96	5:10	Kevin	Riddell	M35	Perth RR	16
96	5:10	Greg	Simpson	M40	Perth RR	22
96	5:10	Iain	Macdonald	SM	Edinburgh AC	49
96	5:10	Stephen	Hanley	SM	Greenock Glenpark Harriers	49

Place	Time	First Name	Last Name	Cat	Club	Pos
100	5:11	David	Scott	M40	Kinross RR	23
100	5:11	Mike	MacDonald	M45	Fife AC	10
100	5:11	Gordon	McDonald	M45	Cambuslang Harriers	10
100	5:11	Gary	Pirie	M45	PH Racing Club	10
100	5:11	David	Shaw	M45	Giffnock North AC	10
100	5:11	David	Knight	M50	Perth RR	3
100	5:11	Ewan	Crawford	SM	Stornoway Running & AC	51
107	5:12	Michael	Ross	M35	Falkirk Victoria Harriers	17
107	5:12	George	McKinley	M45	Dundee Road Runners	14
107	5:12	Michael	Wright	SM	Central AC	52
110	5:13	Martin	Hill	M35	Kinross RR	18
110	5:13	Mark	Preston	M35	North Ayrshire AAC	18
110	5:13	Andy	Norris	M35	Springburn Harriers	18
110	5:13	Richard	Meade	M40	Edinburgh AC	24
110	5:13	Grant	MacDonald	M40	Garscube Harriers	24
115	5:14	Garry	Porch	M40	Bellahouston RR	26
115	5:14	Philip	Holden	M40	Harmeny AC	26
117	5:15	Paul	Friend	M40	Inverclyde AC	28
117	5:15	Stuart	McMillan	M40	Bellahouston RR	28
119	5:16	Norman	Ferguson	M35	Stornoway Running & AC	21
119	5:16	Gareth	Irons	M35	Dundee Hawkhill Harriers	21
119	5:16	Colin	Williams	M40	Moorfoot Runners	30
119	5:16	James	Hall	M40	Fife AC	30
119	5:16	Kevin	Rogers	M45	Perth RR	15
119	5:16	Phil	Buckley	M45	Harmeny AC	15
119	5:16	Graeme	Wiseman	M45	Clydesdale Harriers	15
119	5:16	Mark	King	M50	Cambuslang Harriers	4
127	5:17	Anthony Lucio	Jannetta	M35	Bellahouston RR	23
127	5:17	Martin	Butcher	M40	PH Racing Club	32
129	5:18	Daniel	Doherty	M40	Greenock Glenpark Harriers	33
129	5:18	Mark	Johnston	M45	Carnethy Hill Racing Club	18
131	5:19	Cameron	Warner	M40	Pitreavie AAC	34
131	5:19	Richard	Cooper	M45	Cambuslang Harriers	19
131	5:19	Michael	Souter	SM	Perth RR	53
131	5:19	Scott	Masterton	SM	Kilmarnock H&AC	53
131	5:19	Craig	Moar	M35	Orkney AC	24
136	5:20	Evan	Crane	M35	Motherwell AC	25
136	5:20	Scott	Mason	M40	Bellahouston Harriers	35
136	5:20	Jonny	Macleod	M45	Inverness Harriers AAC	20
136	5:20	Jack	Kirwan	SM	East Kilbride AC	55
136	5:20	Daniel	Hale	SM	Dundee Hawkhill Harriers	55
141	5:21	Gavin	Mackay	M40	Lothian RC	36
141	5:21	Ian	Mcilwraith	M45	North Ayrshire AAC	21
141	5:21	Dominic	Sharkey	SM	Campbeltown RC	57
141	5:21	Stuart	Laurence	SM	Bellahouston RR	57
141	5:21	Archie	Caldwell	SM	North Ayrshire AAC	57
146	5:22	Stephen	Dickson	M45	Fife AC	22
147	5:23	Alan	Digweed	M40	Bellahouston RR	37
147	5:23	Scott	Strachan	M45	Kinross RR	23
147	5:23	Gordon	Simpson	M50	Dundee Hawkhill Harriers	5
147	5:23	Christopher	Butler	SM	Westerlands XC Club	60

Place	Time	First Name	Last Name	Cat	Club	Pos
151	5:24	Andrew	Thompson	M40	Metro Aberdeen RC	38
151	5:24	Tom	McWilliam	M45	Inverness Harriers AAC	24
151	5:24	Howard	Maciver	M55	Stornoway Running & AC	1
154	5:25	Scott	Henderson	M40	Edinburgh AC	39
154	5:25	Chris	Upton	M55	Cambuslang Harriers	2
156	5:26	Jonathan	Carpenter	M35	Corstorphine AAC	26
156	5:26	Keith	Ovenstone	M40	Corstorphine AAC	40
156	5:26	Ronnie	Glen	M45	Perth RR	25
159	5:27	Iain	Robertson	M40	Clydesdale Harriers	41
159	5:27	Robert	Henry	M45	Musselburgh and District AC	26
159	5:27	Joe	Wilson	M45	PH Racing Club	26
159	5:27	David	Eckersley	M55	Central AC	3
159	5:27	Fraser	McGillivray	SM	Aberdeen AAC	61
159	5:27	Peter	Simpson	SM	Edinburgh AC	61
165	5:28	Michael	Reid	M40	Carnethy Hill Racing Club	42
165	5:28	John	Brogan	M45	Airdrie Harriers	28
165	5:28	Eddie	Torrie	M50	Perth RR	6
165	5:28	Alan	Cockburn	M55	PH Racing Club	4
165	5:28	Denis	Williams	M55	Shettleston Harriers	4
170	5:29	Ronald	Mason	SM	Musselburgh and District AC	63
171	5:30	Steven	Phillips	M40	Airdrie Harriers	43
171	5:30	Colin	Wylie	M45	Giffnock North AC	29
171	5:30	Matt	Newton	M45	Kinross RR	29
171	5:30	Scott	Wilson	M45	Giffnock North AC	29
171	5:30	Alastair	Walker	M60	Teviotdale Harriers	1
171	5:30	David	Thomson	SM	East Kilbride AC	64
171	5:30	Glenn	Barclay	SM	Fife AC	64
178	5:31	Gordon	Stanford	M35	Fife AC	27
178	5:31	Ian	Adamson	M35	Garioch RR	27
178	5:31	Scott	Love	M40	PH Racing Club	44
178	5:31	Iain	Macleod	M45	Corstorphine AAC	32
178	5:31	Kevin	Queenan	M45	Bellahouston RR	32
178	5:31	Colin	McGill	M45	Edinburgh AC	32
178	5:31	Linton	Scarborough	M45	Perth RR	32
178	5:31	Connell	Drummond	M45	Kilmarnock H&AC	32
186	5:32	David	Henderson	M35	Pitreavie AAC	29
186	5:32	Chris	Stuart	M40	PH Racing Club	45
186	5:32	Greg	Hastie	M50	Cambuslang Harriers	7
186	5:32	Euan	McCallum	SM	Falkirk Victoria Harriers	66
190	5:33	Scott	Brown	M40	Irvine RC	46
190	5:33	Edward	Stewart	M60	Cambuslang Harriers	2
190	5:33	Ross	Anderson	SM	Westerlands XC Club	67
193	5:34	Jordan	Orr	SM	Giffnock North AC	68
194	5:35	Edward	Dunbar	M40	Moray RR	47
194	5:35	David	Benwell	M40	Central AC	47
194	5:35	Ewan	Jack	M45	Central AC	37
194	5:35	Callum	Wright	SM	Calderglen Harriers	69
194	5:35	Greg	Milne	SM	Fife AC	69
199	5:36	Iain	Murphy	M35	Bellahouston RR	30
199	5:36	Wright	Beveridge	M50	PH Racing Club	8
199	5:36	Hendrik	Van Rensburg	M50	Fife AC	8
199	5:36	Jose	Leon	SM	Edinburgh AC	71

Place	Time	First Name	Last Name	Cat	Club	Pos
203	5:37	Jens	Subke	M45	Central AC	38
204	5:38	Simon	Wells	M35	Bellahouston RR	31
204	5:38	Colin	Brown	M40	Gala Harriers	49
204	5:38	Ken	Speirs	M45	Corstorphine AAC	39
204	5:38	Donald	Shaw	M50	Central AC	10
208	5:39	Neil	McLure	M50	Carnethy Hill Racing Club	11
208	5:39	Mark	Mclean	M50	PH Racing Club	11
208	5:39	Norrie	Lyll	M50	Shetland AAC	11
208	5:39	Paul	Thompson	M60	Cambuslang Harriers	3
208	5:39	Craig	Dailly	SM	North Ayrshire AAC	72
213	5:40	Jonathan	Millar	M35	Carnegie Harriers	32
213	5:40	Richard	Cockbain	M40	Edinburgh AC	50
213	5:40	Simon	Adamson	M40	Gala Harriers	50
213	5:40	Christopher	O'Brien	M40	Corstorphine AAC	50
213	5:40	John	Cotton	M45	Pitreavie AAC	40
213	5:40	Paul	Slifer	M45	Musselburgh and District AC	40
213	5:40	Malcolm	Finlayson	M50	Falkirk Victoria Harriers	14
213	5:40	Tom	Elliotte	SM	Westerlands XC Club	73
221	5:41	Garry	Smith	M45	Perth RR	42
221	5:41	Sandy	Gardner	M45	VP-Glasgow AC	42
221	5:41	Paul	Fisher	SM	North Ayrshire AAC	74
224	5:42	Michael	Lindsay	M35	PH Racing Club	33
224	5:42	David	Morton	M40	Fife AC	53
224	5:42	Geoff	Main	M45	Highland Hill Runners	44
224	5:42	Neil	Christie	M50	Gala Harriers	15
224	5:42	Des	Dickson	M60	Cambuslang Harriers	4
229	5:43	Andrew	Latham	M50	Edinburgh AC	16
229	5:43	Scott	MacRury	SM	Stornoway Running & AC	75
231	5:44	Iain	Cairns	M35	Unattached	34
231	5:44	Scott	Maciver	M35	Stornoway Running & AC	34
231	5:44	Glen	Chalmers	M40	Newburgh Dunes RC	54
231	5:44	Allan	Bartlet	M45	Newburgh Dunes RC	45
231	5:44	Adrian	Ferries	M45	Metro Aberdeen RC	45
231	5:44	David	Alexander	M50	Harmeny AC	17
231	5:44	Gerard	Scullion	M50	Bellahouston RR	17
231	5:44	Mitchell	Graham	SM	Falkirk Victoria Harriers	76
239	5:45	Iain	Taylor	M50	PH Racing Club	19
239	5:45	Iain	Dunsmore	M50	Central AC	19
239	5:45	Andrew	Ronald	M50	Falkirk Victoria Harriers	19
239	5:45	James	Weir	SM	Bellahouston Harriers	77
239	5:45	Alistair	MacKenzie	M45	Orkney AC	47
244	5:46	Mike	Jones	M40	Musselburgh and District AC	55
244	5:46	Robin	Burnett	M45	Inverness Harriers AAC	48
244	5:46	Stewart	McAllister	SM	Kilmarnock H&AC	78
244	5:46	Tony	Dolan	SM	Clydesdale Harriers	78
248	5:47	Talat	Aidi	M35	Central AC	36
248	5:47	Malcolm	Parry	M45	Edinburgh AC	49
248	5:47	Iain	Elliott	SM	Central AC	80

Place	Time	First Name	Last Name	Cat	Club	Pos
251	5:48	Paul	Anderson	M35	Newburgh Dunes RC	37
251	5:48	Craig	Johnston	M50	Falkirk Victoria Harriers	22
253	5:49	Barry	Davie	M40	Carnegie Harriers	56
253	5:49	Stephen	Smith	M45	Metro Aberdeen RC	50
253	5:49	Steven	Burchill	M45	Birchfield Harriers	50
253	5:49	Richard	Ward	M50	Perth RR	23
253	5:49	David	Weir	M55	Forres Harriers	6
253	5:49	Roddy	Cunningham	SM	Westerlands XC Club	81
259	5:50	Andrew	Gibson	M35	Teviotdale Harriers	38
259	5:50	Iain	MacDonald	M50	Forres Harriers	24
261	5:51	Euan	Hogarth	M45	Falkirk Victoria Harriers	52
261	5:51	Stan	MacKenzie	M55	Cambuslang Harriers	7
263	5:52	Tim	Darlow	M40	Gala Harriers	57
263	5:52	Michael	Royden	M50	Dundee Road Runners	25
263	5:52	David	Marshall	M55	Cambuslang Harriers	8
263	5:52	Robbie	McElroy	SM	Bellahouston Harriers	82
263	5:52	Ben	Fraser	SM	Pitreavie AAC	82
268	5:53	Gavin	Major	M35	Pitreavie AAC	39
268	5:53	Rod	Wallace	M45	Forres Harriers	53
268	5:53	Vincent	Glennon	M45	East Kilbride AC	53
268	5:53	Graeme	Lindsay	M45	Calderglen Harriers	53
268	5:53	Michael	Connelly	M55	Corstorphine AAC	9
268	5:53	Ian	Maxwell	M60	Gala Harriers	5
268	5:53	Christopher	Chisholm	SM	Harmeny AC	84
268	5:53	Gavin	Morris	SM	Newburgh Dunes RC	84
276	5:54	Paul	Wilson	M35	Springburn Harriers	40
276	5:54	Jon	Denis	M45	Harmeny AC	56
276	5:54	James	Breen	M50	Hamilton Harriers	26
276	5:54	Charles	Graham-Marr	M60	Central AC	6
276	5:54	Francis	Hurley	M65	Cambuslang Harriers	1
281	5:55	Garry	Munro	M35	Shetland AAC	41
281	5:55	Gerard	O'Neil	M40	East Kilbride AC	58
281	5:55	John	Ritchie	M40	Helensburgh AAC	58
281	5:55	Craig	Stewart	M45	Harmeny AC	57
281	5:55	Alan	Murray	M45	Carnegie Harriers	57
281	5:55	Gavin	Phillip	M50	Edinburgh AC	27
281	5:55	Duncan	Abernethy	M50	Fraserburgh RC	27
281	5:55	Patrick	Kelly	M70	Law & District AAC	1
289	5:56	Darran	Barton	M35	Corstorphine AAC	42
289	5:56	Ed	Norton	M65	PH Racing Club	2
289	5:56	Ben	Fountain	SM	Law & District AAC	86
292	5:57	Roderick	Fleming	M35	Westerlands XC Club	43
292	5:57	James	Murdoch	M35	Campbeltown RC	43
292	5:57	David	Hart	M45	Corstorphine AAC	59
292	5:57	Bruce	Malcolm	M55	Corstorphine AAC	10
292	5:57	John	McKee	M55	Greenock Glenpark Harriers	10
292	5:57	Andrew	Law	M60	VP-Glasgow AC	7
292	5:57	Andrew	Blain	SM	Cambuslang Harriers	87

Place	Time	First Name	Last Name	Cat	Club	Pos
299	5:58	Quintin	Chalmers	M40	Metro Aberdeen RC	60
299	5:58	Gordon	Appelbe	M40	Central AC	60
299	5:58	Neil	Scholes	M55	Strathearn Harriers	12
299	5:58	Alexander	Bryce	M55	Falkirk Victoria Harriers	12
299	5:58	Craig	Moriarty	SM	Pitreavie AAC	88
299	5:58	Garry	Forfar	SM	Carnethy Hill Racing Club	88
305	5:59	Mark	Love	M35	Unattached	45
305	5:59	Iain	Craven	M40	Edinburgh AC	62
305	5:59	Jonny	Moran	M40	Bellahouston RR	62
305	5:59	Graeme	Downie	M45	Pitreavie AAC	60
305	5:59	Andrew	Laycock	M50	Kinross RR	29
305	5:59	Ryan	Christie	M50	Newburgh Dunes RC	29
305	5:59	Paul	Caban	M55	Ferranti AAC	14
305	5:59	Frank	Miller	M60	Shetland AAC	8
313	6:00	James	McGreevy	M35	Bellahouston RR	46
313	6:00	Marty	Campbell	M45	Bellahouston RR	61
313	6:00	Nigel	Williams	M50	Moray RR	31
313	6:00	Andrew	Ross	M50	Harmeny AC	31
313	6:00	Colin	Hughes	M55	Bellahouston RR	15
313	6:00	Simon	MacDonald	M60	Moray RR	9
319	6:01	Stewart	Reid	M40	Perth RR	64
319	6:01	David	Pattison	M40	Corstorphine AAC	64
319	6:01	James	Shepherd	M40	Bellahouston RR	64
319	6:01	Grant	Matheson	M55	Falkirk Victoria Harriers	16
319	6:01	Alexander	Milne	M55	Central AC	16
319	6:01	Felix	Otton	M60	Gala Harriers	10
325	6:02	Richard	Beattie	M35	Law & District AAC	47
325	6:02	David	Spencer	M50	North Highland Harriers	33
327	6:03	Jamie	Robinson	M35	Bellahouston RR	48
327	6:03	Rashmi	Shah	M50	Kinross RR	34
327	6:03	David	Innes	M50	Perth RR	34
327	6:03	Roger	Homyer	M65	Highland Hill Runners	3
331	6:04	Michael	Carlin	M40	East Kilbride AC	67
331	6:04	Ian	Mcnulty	M50	Dundee Hawkhill Harriers	36
331	6:04	Jamie	Wieland	SM	Bellahouston RR	90
331	6:04	Iain	Buckley	SM	Gala Harriers	90
335	6:05	John	Edwards	M40	East Kilbride AC	68
335	6:05	Martin	Howell	M50	Calderglen Harriers	37
335	6:05	John	Mill	M55	Dundee Road Runners	18
335	6:05	Allon	Galbraith	M60	Bellahouston RR	11
339	6:06	Kenny	Cairns	M40	Perth RR	69
339	6:06	Andrew	Munro	M45	Giffnock North AC	62
339	6:06	James	McLaughlin	M55	Cambuslang Harriers	19
339	6:06	Robert	Gibson	M55	Perth RR	19
343	6:07	Paul	Allan	M45	Pitreavie AAC	63
343	6:07	Mike	Tarnawsky	M45	Dundee Hawkhill Harriers	63
343	6:07	Bryan	Jenkins	M45	Perth RR	63
346	6:08	Allan	Morrison	M45	Stornoway Running & AC	66
346	6:08	Kenny	McDonald	M45	Bellahouston RR	66
346	6:08	Robin	Livingstone	M65	Perth RR	4
346	6:08	Nick	Gellatly	SM	Corstorphine AAC	92

Place	Time	First Name	Last Name	Cat	Club	Pos
350	6:09	David	Hoolaghan	M40	Motherwell AC	70
350	6:09	Kenneth	MacMahon	M45	Bellahouston RR	68
350	6:09	Peter	Maclean	M45	Ayr Seaforth AC	68
350	6:09	Daniel	O'Connell	M50	Cambuslang Harriers	38
354	6:10	Graham	McInnes	M35	PH Racing Club	49
354	6:10	Iain	Gordon	M35	Harmeny AC	49
354	6:10	Alan	Cameron	M50	Corstorphine AAC	39
354	6:10	Charles	Stable	M50	Musselburgh and District AC	39
358	6:11	Martin	Murphy	M45	Bellahouston RR	70
358	6:11	Ally	Sinclair	M50	Kinross RR	41
358	6:11	Thomas	Burridge	SM	Bellahouston RR	93
361	6:12	Colin	Alexander	M45	Central AC	71
361	6:12	Darren	Renton	M45	Campbeltown RC	71
361	6:12	MURRAY	MCDONALD	SM	Kilmarnock H&AC	94
364	6:13	Andrew	West	M45	Fraserburgh RC	73
364	6:13	Darren	Shields	SM	Bellahouston Harriers	95
366	6:15	Ross	McGeoch	M40	Bellahouston RR	71
366	6:15	Stephen	Reid	M45	Greenock Glenpark Harriers	74
366	6:15	Brian	Miller	M45	Carnegie Harriers	74
366	6:15	Bryan	Mills	M50	Garioch RR	42
370	6:16	John	Kelly	M45	Cambuslang Harriers	76
370	6:16	Jim	Gillon	M55	Law & District AAC	21
372	6:17	Royston	Walker	M40	Newburgh Dunes RC	72
372	6:17	David	Holmes	M40	Greenock Glenpark Harriers	72
372	6:17	David	Orr	M45	North Highland Harriers	77
372	6:17	Jeremy	Sutton-Hibbert	M50	Bellahouston Harriers	43
376	6:18	Andrew	Miller	M35	Pitreavie AAC	51
376	6:18	Andrew	Brown	M50	Strathearn Harriers	44
376	6:18	Keith	Charters	M55	East Kilbride AC	22
376	6:18	Adrian	Kearns	M60	Garscube Harriers	12
380	6:19	Kevin	Reith	M50	Kinross RR	45
381	6:21	Martin	Kay	M40	Law & District AAC	74
381	6:21	Stephen	Phimister	M50	Calderglen Harriers	46
383	6:22	Mark	Milligan	M45	Law & District AAC	78
383	6:22	Tom	Ferris	M50	Bellahouston RR	47
383	6:22	Edward	Reid	M55	Calderglen Harriers	23
386	6:23	Stuart	Clark	M40	Greenock Glenpark Harriers	75
386	6:23	ERIC	LINDSAY	M45	Greenock Glenpark Harriers	79
386	6:23	Rob	Crusher	M55	Giffnock North AC	24
389	6:24	Gavin	McGowan	M40	Bellahouston RR	76
389	6:24	James	Doherty	M40	Greenock Glenpark Harriers	76
389	6:24	Antony	Nicoll	M45	Dundee Hawkhill Harriers	80
389	6:24	Mark	Dillon	M50	Strathearn Harriers	48
393	6:25	Michael	Mitchell	M50	Dundee Road Runners	49
393	6:25	Calum	Ross	M55	Falkirk Victoria Harriers	25
395	6:26	Alastair	Murray	M40	Lothian RC	78
395	6:26	Henry	Merriweather	M45	Bellahouston RR	81
395	6:26	Jim	Holmes	M50	Calderglen Harriers	50
395	6:26	James	McLaren	M55	Falkirk Victoria Harriers	26
395	6:26	Jim	Robinson	M60	Bellahouston RR	13
400	6:27	Brian	Boyle	M40	Kirkintilloch Olympians	79
400	6:27	Mark	Smellie	SM	Motherwell AC	96

Place	Time	First Name	Last Name	Cat	Club	Pos
402	6:28	Chris	Furse	M50	Westerlands XC Club	51
403	6:29	Andy	Johns	M45	Kinross RR	82
404	6:30	Campbell	Blair	M45	Pitreavie AAC	83
404	6:30	David	Nightingale	M60	Gala Harriers	14
406	6:31	Gary	Macfadyen	M50	Forres Harriers	52
406	6:31	Kevin	Smith	M60	Bellahouston Harriers	15
406	6:31	Scott	Kelman	SM	Motherwell AC	97
409	6:32	Stuart	Telfer	M45	Bellahouston RR	84
409	6:32	Karl	Zeiner	M45	Harmeny AC	84
409	6:32	Martin	White	M45	Bellahouston RR	84
409	6:32	Robert	Bruce	M50	Moray RR	53
413	6:33	Marc	Pieraccini	M35	Bellahouston RR	52
413	6:33	Gordon	Orr	M40	Garioch RR	80
413	6:33	Ross	McNaughton	M40	Strathearn Harriers	80
413	6:33	Gordon	Hay	M45	Hamilton Harriers	87
413	6:33	Doug	Flint	M50	Strathearn Harriers	54
418	6:34	Martyn	Phillips	M35	Newburgh Dunes RC	53
418	6:34	Paul	Reed	M45	Dundee Road Runners	88
418	6:34	Jim	Mearns	M55	Calderglen Harriers	27
418	6:34	Ian	Clark	M60	Dundee Road Runners	16
418	6:34	Greg	Bruce	SM	Fraserburgh RC	98
418	6:34	Derek	Scott	SM	Teviotdale Harriers	98
424	6:36	Michael	Kennedy	M45	VP-Glasgow AC	89
424	6:36	Laurence	Sutherland	M60	Shetland AAC	17
426	6:37	Gerry	Gallacher	M40	Scottish Prison Service AAC	82
426	6:37	Robin	McAuslan	M55	Greenock Glenpark Harriers	28
426	6:37	Keith	Martin	M55	Harmeny AC	28
429	6:38	Alexander	Cuthbert	M45	Bellahouston Harriers	90
429	6:38	Graham	Hall	M45	Pitreavie AAC	90
429	6:38	Anthony	Lunn	M50	Gala Harriers	55
429	6:38	Graeme	Haddow	M55	East Kilbride AC	30
433	6:40	David	Hepburn	M45	Hamilton Harriers	92
434	6:41	Richard	Clark	M40	Edinburgh AC	83
434	6:41	Tony	Breslin	M50	Bellahouston RR	56
436	6:42	Russell	Cannon	M35	Newburgh Dunes RC	54
436	6:42	Tom	Sludden	M50	Pitreavie AAC	57
436	6:42	Mike	Dales	M60	Perth RR	18
439	6:43	Colin	Frew	M40	East Kilbride AC	84
439	6:43	Bruce	Taylor	M50	Garioch RR	58
439	6:43	Jim	Reilly	M55	Kinross RR	31
439	6:43	Florian	Kuegerl	SM	Glasgow University AC	100
443	6:45	Paul	Hughes	M50	Forres Harriers	59
443	6:45	Tim	Baxter	M50	Forres Harriers	59
445	6:46	Stephen	Leonard	M45	Cambuslang Harriers	93
445	6:46	Gary	Arthur	SM	Motherwell AC	101
447	6:47	Alex	Cozma	M35	Unattached	55
448	6:48	David	Stirling	M45	Cambuslang Harriers	94
448	6:48	David	Boag	M50	Bellahouston RR	61
448	6:48	Alan	O'Rourke	M50	Greenock Glenpark Harriers	61
448	6:48	Charlie	Ritchie	M65	Cambridge & Coleridge AC	5
448	6:48	David	Craig	SM	Bellahouston Harriers	102

Place	Time	First Name	Last Name	Cat	Club	Pos
453	6:49	Gordon	Colvin	M60	East Kilbride AC	19
453	6:49	Andrew	Haddow	M65	Bellahouston RR	6
455	6:50	Stephen	Walker	M40	Cambuslang Harriers	85
456	6:51	Malcolm	Hammond	M65	PH Racing Club	7
457	6:53	Stephen	Baird	M45	Falkirk Victoria Harriers	95
457	6:53	David	Paterson	M45	Gala Harriers	95
457	6:53	William	Buchanan	M65	Calderglen Harriers	8
457	6:53	Carl	Dietrich	SM	North Shields Polytechnic RC	103
461	6:54	Andreas	Drewer	M45	Ferranti AAC	97
461	6:54	Brian	Young	M55	Bellahouston RR	32
461	6:54	John	Boyle	M60	Kinross RR	20
464	6:55	Richard	Leyton	M45	Bellahouston RR	98
464	6:55	Iain	Thomson	M70	Strathearn Harriers	2
466	6:56	Gregor	Wells	M40	Perth RR	86
466	6:56	Richard	Lawton	M45	Calderglen Harriers	99
466	6:56	David	Hanlon	M60	Dundee Hawkhill Harriers	21
469	6:57	Kevin	Durnian	M40	Motherwell AC	87
470	6:58	Conor	Butters	SM	Law & District AAC	104
471	6:59	James	Kelman	M50	North Highland Harriers	63
472	7:00	Robert	Rosborough	M35	Cambuslang Harriers	56
473	7:01	Kevin	McPhillips	M45	Motherwell AC	100
473	7:01	Sean	Lorinyenko	M50	Unattached	64
473	7:01	Alastair	Mccallum	M55	Falkirk Victoria Harriers	33
476	7:03	Simon	McDougall	M40	Bellahouston Harriers	88
476	7:03	Ryan	Nelson	SM	Clydesdale Harriers	105
478	7:04	Sam	Hampton-Smith	M40	Westerlands XC Club	89
478	7:04	Stephen	Bell	M65	Bellahouston RR	9
478	7:04	Gordon	Morrison	M65	Strathearn Harriers	9
481	7:05	Stephen	Clark	M35	Shettleston Harriers	57
482	7:06	Alan	Baxter	M40	East Kilbride AC	90
482	7:06	David	Morrans	M50	Harmeny AC	65
482	7:06	Phil	Dawson	M55	Garioch RR	34
482	7:06	Calum	MacDonald	SM	Ferranti AAC	106
486	7:07	Keith	Copland	M50	Corstorphine AAC	66
486	7:07	Graeme	Reid	M55	Corstorphine AAC	35
486	7:07	Andy	Steel	M55	Peterhead AC	35
486	7:07	Philip	Owens	M60	Garioch RR	22
490	7:08	James	Campbell	M40	Greenock Glenpark Harriers	91
490	7:08	Robert	Macleod	M40	Bellahouston RR	91
492	7:10	Jonathan	Fleetham	M40	Garioch RR	93
492	7:10	Gordon	MacFarlane	M45	Pitreavie AAC	101
494	7:11	Chris	Peggie	M35	Corstorphine AAC	58
495	7:12	Mike	Taylor	M45	Harmeny AC	102
495	7:12	Andrew	Fullwood	M50	Westerlands XC Club	67
497	7:14	Bryan	Coggane	M40	Pitreavie AAC	94
498	7:15	Andrew	Tomlinson	M35	Bellahouston RR	59
498	7:15	Ross	Bennet	M45	PH Racing Club	103
498	7:15	William	Macrae	M65	Highland Hill Runners	11

Place	Time	First Name	Last Name	Cat	Club	Pos
501	7:16	Michael	Atkinson	M35	Kinross RR	60
502	7:17	Kenny	Angove	M35	Bellahouston RR	61
503	7:18	James	Scullion	M40	Law & District AAC	95
504	7:21	Colin	Sinclair	M50	Central AC	68
505	7:22	Kenny	Mason	M55	Scottish Prison Service AAC	37
506	7:26	Grant	Symon	M40	Forres Harriers	96
507	7:27	Allan	Gall	M60	Central AC	23
508	7:29	Andrew	Rodgers	M45	Unattached	104
508	7:29	Andy	Fraser	M60	Newburgh Dunes RC	24
510	7:30	Alan	Bothwell	M60	Perth RR	25
511	7:33	Stuart	Macdonald	M55	Bellahouston Harriers	38
512	7:38	Huw	Thomas	M55	Pitreavie AAC	39
513	7:41	Kenneth	Letham	M55	Dundee Hawkhill Harriers	40
514	7:43	David	Burton	M50	Nairn RR	69
515	7:47	Graeme	Stewart	M50	Harmeny AC	70
516	7:49	Jason	Miles-Campbell	M45	Strathearn Harriers	105
517	7:52	Andrew	Deans	M45	Dundee Road Runners	106
518	7:55	Rene	Rogers	M45	Dundee Hawkhill Harriers	107
518	7:55	Simon	Munro	SM	Glasgow University AC	107
520	7:56	David	Houston	M70	Kinross RR	3
521	7:58	Francis	Smith	M35	Pitreavie AAC	62
522	7:59	Elson	Mourao	M45	Corstorphine AAC	108
523	8:03	Malcolm	Fraser	M65	Ferranti AAC	12
524	8:05	Peter	Rieu-Clarke	M75	Fife AC	1
525	8:11	Geoff	Bilton	M65	Kinross RR	13
526	8:33	David	Findlay	M45	Lothian RC	109
527	8:36	Russell	Couper	M55	Calderglen Harriers	41
528	8:49	Gerry	Clement	M70	Ferranti AAC	4
529	9:23	Stuart	Christie	M45	Newburgh Dunes RC	110
530	9:31	Graham	Bennison	M70	Unattached	5
531	9:45	Cormack	Smith	M55	Bellahouston RR	42
532	10:41	Norman	Smith	M80	Kinross RR	1

Senior Men Team

Pos	Team	Time	Places			
1	CAMBL A	17:51	5 Ryan Thomson (4:17)	7 Grant Sheldon (4:18)	21 Michael Christoforou (4:34)	35 Paul Morrison (4:42)
2	ABERD A	18:28	9 Michael Ferguson (4:23)	31 Aaron Odentz (4:40)	33 Steven Murray (4:41)	38 Ben Nelson (4:44)
3	EDIN A	19:09	11 Gavin Bryson (4:25)	31 Michael Cameron (4:40)	90 Iain Whitaker (4:59)	115 Kevin Hamilton (5:05)
4	BRR A	19:27	30 Grant Murphy (4:39)	57 BRYAN MULGREW (4:52)	79 Paul Gordon (4:57)	90 Alan Moss (4:59)
5	PHRC A	20:35	67 Michael McConnell (4:55)	67 Craig Paterson (4:55)	106 Andrew Jannetta (5:03)	356 Michael Lindsay (5:42)
6	FIFE A	20:46	50 Alistair Gudgin (4:49)	76 Ben Kinninmonth (4:56)	263 Glenn Barclay (5:30)	273 Gordon Stanford (5:31)
7	CORST A	20:56	25 Tom Cunningham (4:36)	80 Aaron Hoyle (4:58)	236 Jonathan Carpenter (5:26)	472 Darran Barton (5:56)
8	SRAC A	21:16	125 Murdo MacKenzie (5:06)	150 Ewan Crawford (5:11)	178 Norman Ferguson (5:16)	366 Scott MacRury (5:43)
9	BELLA A	21:17	27 Miguel Delgado Sillero (4:37)	106 Fraser Armstrong (5:03)	383 James Weir (5:45)	433 Robbie McElroy (5:52)
10	BRR B	21:23	137 Ronan Beale (5:09)	188 Anthony Lucio Jannetta (5:17)	210 Stuart Laurence (5:21)	307 Iain Murphy (5:36)
11	WSTR A	21:31	67 Thomas Callan (4:55)	219 Christopher Butler (5:23)	290 Ross Anderson (5:33)	335 Tom Elliotte (5:40)
12	KILMH A	21:43	13 Richard Mair (4:26)	196 Scott Masterton (5:19)	392 Stewart McAllister (5:46)	615 MURRAY MCDONALD (6:12)
13	CENTR A	21:44	80 Luca Fanottoli (4:58)	159 Michael Wright (5:12)	398 Iain Elliott (5:47)	398 Talat Aidi (5:47)
14	NAYR A	21:54	164 Mark Preston (5:13)	210 Archie Caldwell (5:21)	326 Craig Dailly (5:39)	346 Paul Fisher (5:41)
15	PITRE A	23:15	283 David Henderson (5:32)	433 Ben Fraser (5:52)	439 Gavin Major (5:53)	492 Craig Moriarty (5:58)
16	BRR C	23:45	320 Simon Wells (5:38)	516 James McGreevy (6:00)	545 Jamie Robinson (6:03)	550 Jamie Wieland (6:04)
17	LAWD A	23:54	80 Ross Hill (4:58)	472 Ben Fountain (5:56)	537 Richard Beattie (6:02)	932 Conor Butters (6:58)
18	NEWDU A	24:57	403 Paul Anderson (5:48)	439 Gavin Morris (5:53)	782 Martyn Phillips (6:34)	832 Russell Cannon (6:42)
19	MOTHR A	25:04	203 Evan Crane (5:20)	736 Mark Smellie (6:27)	756 Scott Kelman (6:31)	858 Gary Arthur (6:46)
20	BRR D	27:16	606 Thomas BurrIDGE (6:11)	770 Marc Pieraccini (6:33)	1019 Andrew Tomlinson (7:15)	1029 Kenny Angove (7:17)

Masters Men Team

Pos	Team	Time	Places
1	CAMBL A	19:29	35 Gordon Robertson (4:42)
2	GLEN A	20:06	76 Neil Lafferty (4:56)
3	EDIN A	20:10	38 Leon Johnson (4:44)
4	PHRC A	20:14	57 Paul Kieran (4:52)
5	PRR A	20:35	80 Duncan Ryan (4:58)
6	BRR A	20:57	115 Bruce Carse (5:05)
7	KINRR A	21:12	134 Allan Kemp (5:08)
8	GARS A	21:24	47 James MacLeod (4:48)
9	FIFE A	21:25	150 Mike MacDonald (5:11)
10	CHRC A	21:31	125 James Britton (5:06)
11	CAMBL B	21:32	178 Mark King (5:16)
12	CORST A	21:33	80 Tom Ferrington (4:58)
13	PHRC B	21:43	188 Martin Butcher (5:17)
14	GAHA A	21:59	90 Gary Trewartha (4:59)
15	HARM A	22:08	169 Philip Holden (5:14)
16	FALKV A	22:14	97 Michael Gibson (5:01)
17	CENTR A	22:14	242 David Eckersley (5:27)
18	GIFFN A	22:17	150 David Shaw (5:11)
19	EKILB A	22:26	17 Grant Baillie (4:33)
20	PRR B	22:27	236 Ronnie Glen (5:26)
21	PHRC C	22:32	283 Chris Stuart (5:32)
22	FORRE A	22:41	137 Raymond Hughes (5:09)
23	EDIN B	22:41	273 Colin McGill (5:31)
24	CAMBL C	22:45	290 Edward Stewart (5:33)
25	METAB A	22:55	226 Andrew Thompson (5:24)
26	MOTHR A	23:01	47 Stephen Allen (4:48)
27	MUSSD A	23:03	242 Robert Henry (5:27)
28	PITRE A	23:05	196 Cameron Warner (5:19)
29	BRR B	23:14	273 Kevin Queenan (5:31)
30	CENTR B	23:15	320 Donald Shaw (5:38)
31	VPCOG A	23:18	112 Graeme Laing (5:04)
32	LAWD A	23:25	61 Darran Muir (4:53)
33	CORST B	23:27	335 Christopher O'Brien (5:40)
34	DRR A	23:34	159 George McKinley (5:12)
35	GLEN B	23:47	192 Daniel Doherty (5:18)
36	DUNDH A	23:58	219 Gordon Simpson (5:23)
37	CAMBL D	24:01	433 David Marshall (5:52)
38	MORAR A	24:07	298 Edward Dunbar (5:35)
39	BRR C	24:14	516 Colin Hughes (6:00)
40	PRR C	24:16	526 Stewart Reid (6:01)
			38 Kenneth Campbell (4:44)
			80 Steven Campbell (4:58)
			47 Stuart Johnston (4:48)
			115 Alan McGowan (5:05)
			142 Greg Simpson (5:10)
			169 Garry Porch (5:14)
			150 David Scott (5:11)
			115 John Coyle (5:05)
			178 James Hall (5:16)
			192 Mark Johnston (5:18)
			196 Richard Cooper (5:19)
			236 Keith Ovenstone (5:26)
			242 Joe Wilson (5:27)
			320 Colin Brown (5:38)
			178 Phil Buckley (5:16)
			335 Malcolm Finlayson (5:40)
			298 Ewan Jack (5:35)
			263 Scott Wilson (5:30)
			439 Vincent Glennon (5:53)
			273 Linton Scarborough (5:31)
			307 Wright Beveridge (5:36)
			410 David Weir (5:49)
			335 Richard Cockbain (5:40)
			326 Paul Thompson (5:39)
			369 Adrian Ferries (5:44)
			130 Mark Gallacher (5:07)
			335 Paul Slifer (5:40)
			369 Gerard Scullion (5:44)
			383 Iain Dunsmore (5:45)
			335 John Cotton (5:40)
			369 Gerard Scullion (5:44)
			383 Iain Dunsmore (5:45)
			346 Sandy Gardner (5:41)
			466 Patrick Kelly (5:55)
			439 Michael Connelly (5:53)
			433 Michael Royden (5:52)
			479 John McKee (5:57)
			550 Ian McNulty (6:04)
			456 Francis Hurley (5:54)
			516 Nigel Williams (6:00)
			526 James Shepherd (6:01)
			545 David Innes (6:03)
			57 Stuart McGeachy (4:52)
			106 Paul Monaghan (5:03)
			164 Richard Meade (5:13)
			125 Robert Sellar (5:06)
			150 David Knight (5:11)
			172 Stuart McMillan (5:15)
			219 Scott Strachan (5:23)
			164 Grant MacDonald (5:13)
			217 Stephen Dickson (5:22)
			251 Michael Reid (5:28)
			231 Chris Upson (5:25)
			273 Iain Macleod (5:31)
			251 Alan Cockburn (5:28)
			335 Simon Adamson (5:40)
			369 David Alexander (5:44)
			383 Andrew Ronald (5:45)
			298 David Benwell (5:35)
			263 Colin Wylie (5:30)
			457 Gerard O'Neil (5:55)
			346 Garry Smith (5:41)
			326 Mark Mclean (5:39)
			420 Iain MacDonald (5:50)
			366 Andrew Latham (5:43)
			356 Des Dickson (5:42)
			410 Stephen Smith (5:49)
			587 David Hoolaghan (6:09)
			392 Mike Jones (5:46)
			505 Graeme Downie (5:59)
			505 Jonny Moran (5:59)
			452 Charles Graham Marr (5:54)
			479 Andrew Law (5:57)
			647 Jim Gillon (6:16)
			479 David Hart (5:57)
			556 John Mill (6:05)
			640 Stephen Reid (6:15)
			566 Mike Tarnawsky (6:07)
			561 James McLaughlin (6:06)
			516 Simon MacDonald (6:00)
			556 Allon Galbraith (6:05)
			561 Kenny Cairns (6:06)
			150 Gordon McDonald (5:11)
			137 Kev Craig (5:09)
			231 Scott Henderson (5:25)
			150 Gary Pirie (5:11)
			178 Kevin Rogers (5:16)
			219 Alan Digweed (5:23)
			263 Matt Newton (5:30)
			661 Adrian Kearns (6:18)
			307 Hendrik Van Rensburg (5:36)
			326 Neil McLure (5:39)
			283 Greg Hastie (5:32)
			320 Ken Speirs (5:38)
			273 Scott Love (5:31)
			356 Neil Christie (5:42)
			452 Jon Denis (5:54)
			403 Craig Johnston (5:48)
			313 Jens Subke (5:37)
			561 Andrew Munro (6:06)
			556 John Edwards (6:05)
			410 Richard Ward (5:49)
			383 Iain Taylor (5:45)
			439 Rod Wallace (5:53)
			398 Malcolm Parry (5:47)
			424 Stan MacKenzie (5:51)
			492 Quintin Chalmers (5:58)
			929 Kevin Durnian (6:57)
			598 Charles Stable (6:10)
			566 Paul Allan (6:07)
			516 Marty Campbell (6:00)
			492 Gordon Appelbe (5:58)
			798 Michael Kennedy (6:36)
			685 Martin Kay (6:21)
			479 Bruce Malcolm (5:57)
			720 Michael Mitchell (6:25)
			655 David Holmes (6:17)
			708 Antony Nicoll (6:24)
			587 Daniel O'Connell (6:09)
			761 Robert Bruce (6:32)
			575 Kenny McDonald (6:08)
			561 Robert Gibson (6:06)

Masters Men Team

Pos	Team	Time	Places				
41	KINRR B	24:32	505 Andrew Laycock (5:59)	545 Rashmi Shah (6:03)	606 Ally Sinclair (6:11)	672 Kevin Reith (6:19)	
42	CGH A	24:41	439 Graeme Lindsay (5:53)	556 Martin Howell (6:05)	685 Stephen Phimister (6:21)	690 Edward Reid (6:22)	
43	FALKV B	24:43	424 Euan Hogarth (5:51)	526 Grant Matheson (6:01)	720 Calum Ross (6:25)	725 James McLaren (6:26)	
44	BELLA A	24:46	203 Scott Mason (5:20)	655 Jeremy Sutton Hibbert (6:17)	756 Kevin Smith (6:31)	809 Alexander Cuthbert (6:38)	
45	BRR D	24:57	587 Kenneth MacMahon (6:09)	606 Martin Murphy (6:11)	640 Ross McGeoch (6:15)	690 Tom Ferris (6:22)	
46	GAHA B	25:02	439 Ian Maxwell (5:53)	526 Felix Otton (6:01)	751 David Nightingale (6:30)	809 Anthony Lunn (6:38)	
47	HARM B	25:04	465 Craig Stewart (5:55)	516 Andrew Ross (6:00)	761 Karl Zeiner (6:32)	803 Keith Martin (6:37)	
48	STRTH A	25:13	492 Neil Scholes (5:58)	661 Andrew Brown (6:18)	708 Mark Dillon (6:24)	770 Doug Flint (6:33)	
49	NEWDU A	25:14	369 Glen Chalmers (5:44)	369 Allan Bartlet (5:44)	655 Royston Walker (6:17)	1074 Andy Fraser (7:29)	
50	GLEN C	25:47	702 Stuart Clark (6:23)	702 ERIC LINDSAY (6:23)	708 James Doherty (6:24)	803 Robin McAuslan (6:37)	
51	BRR E	25:48	708 Gavin McGowan (6:24)	725 Jim Robinson (6:26)	725 Henry Merriweather (6:26)	761 Martin White (6:32)	
52	PRR D	25:53	566 Bryan Jenkins (6:07)	575 Robin Livingstone (6:08)	832 Mike Dales (6:42)	921 Gregor Wells (6:56)	
53	CORST C	26:25	526 David Pattison (6:01)	598 Alan Cameron (6:10)	982 Graeme Reid (7:07)	982 Keith Copland (7:07)	
54	GARR A	26:37	640 Bryan Mills (6:15)	770 Gordon Orr (6:33)	838 Bruce Taylor (6:43)	973 Phil Dawson (7:06)	
55	CGH B	26:49	725 Jim Holmes (6:26)	782 Jim Mearns (6:34)	902 William Buchanan (6:53)	921 Richard Lawton (6:56)	
56	BRR F	26:50	761 Stuart Telfer (6:32)	826 Tony Breslin (6:41)	875 David Boag (6:48)	882 Andrew Haddow (6:49)	
57	EKILB B	26:51	661 Keith Charters (6:18)	809 Graeme Haddow (6:38)	882 Gordon Colvin (6:49)	973 Alan Baxter (7:06)	
58	PITRE B	27:00	751 Campbell Blair (6:30)	809 Graham Hall (6:38)	832 Tom Sludden (6:42)	994 Gordon MacFarlane (7:10)	
59	CENTR C	27:01	526 Alexander Milne (6:01)	615 Colin Alexander (6:12)	1041 Colin Sinclair (7:21)	1065 Allan Gall (7:27)	
60	BRR G	28:01	912 Brian Young (6:54)	916 Richard Leyton (6:55)	964 Stephen Bell (7:04)	990 Robert Macleod (7:08)	
61	KINRR C	28:02	750 Andy Johns (6:29)	838 Jim Reilly (6:43)	912 John Boyle (6:54)	1151 David Houston (7:56)	
62	STRTH B	28:21	770 Ross McNaughton (6:33)	916 Iain Thomson (6:55)	964 Gordon Morrison (7:04)	1140 Jason Miles Campbell (7:49)	
63	FAAC A	29:45	505 Paul Caban (5:59)	912 Andreas Drewer (6:54)	1169 Malcolm Fraser (8:03)	1221 Gerry Clement (8:49)	

Place	Time	First Name	Last Name	Cat	Club	Pos
1	4:49	Gemma	Kersey	SW	Basildon AC	1
2	5:01	Hannah	Cameron	SW	Edinburgh AC	2
3	5:02	Moira	Stewart	SW	Cambuslang Harriers	3
4	5:03	Jenny	Bannerman	SW	Inverness Harriers AAC	4
5	5:16	Katie	Lowery	SW	Edinburgh Univ Hare and Hounds	5
6	5:17	Kristin	Lownie	W35	PH Racing Club	1
7	5:20	Jennifer	Wetton	SW	Central AC	6
8	5:27	Catriona	MacDonald	SW	Bellahouston RR	7
9	5:29	Gayle	Lindsay	SW	PH Racing Club	8
10	5:32	Chloe	Simpson	SW	Kilbarchan AAC	9
11	5:34	Kirstin	Maxwell	SW	Gala Harriers	10
11	5:34	Jennifer	Spence	SW	Fife AC	10
13	5:35	Jennifer	Martin	SW	Shettleston Harriers	12
14	5:38	Julie	Menzies	W45	PH Racing Club	1
15	5:39	Yvonne	McNairn	W35	Giffnock North AC	2
15	5:39	Janet	Dunbar	W50	Edinburgh AC	1
17	5:40	Julie	Wilson	W50	Inverness Harriers AAC	2
18	5:41	Jennifer	Cruickshanks	SW	Fife AC	13
18	5:41	Katie	Bristow	SW	Cambuslang Harriers	13
20	5:42	Emily	McNicol	SW	Law & District AAC	15
20	5:42	Fanni	Gyurko	SW	Central AC	15
20	5:42	Katrina	Lindsay	SW	PH Racing Club	15
20	5:42	Sharon	Hastie	W40	Kilbarchan AAC	1
24	5:44	Morag	Millar	SW	Central AC	18
24	5:44	Charlotte	Black	W45	Shetland AAC	2
26	5:45	Christie	Ford	SW	Bellahouston RR	19
27	5:48	Lisa	Allan	W40	Fraserburgh RC	2
28	5:49	Suzanne	Gilmour	W45	VP-Glasgow AC	3
29	5:50	Jillian	Gordon	W40	Kinross RR	3
30	5:51	Sarah	Douglas	SW	Edinburgh AC	20
30	5:51	Jayne	Nisbet	SW	Edinburgh AC	20
32	5:52	Natalie	Sharp	SW	Kilbarchan AAC	22
33	5:53	Jocelyn	Moar	SW	Edinburgh AC	23
33	5:53	Rachel	Callaghan	SW	Dundee Road Runners	23
33	5:53	Julie	Atkinson	W45	Lothian RC	4
36	5:56	Lindsey	Quinn	SW	Morpeth Harriers	25
37	5:58	Frances	Lowrie	SW	Giffnock North AC	26
37	5:58	Dhaval	Stott	W40	Sri Chinmoy AC (Scotland)	4
39	5:59	Siobhan	Evans	W45	Forres Harriers	5
40	6:00	Ann	Robin	W40	Bellahouston RR	5
40	6:00	Kelly	Baillie	W40	East Kilbride AC	5
42	6:01	Emma	Morran	SW	Campbeltown RC	27
42	6:01	Hillary	Cameron	W50	Forres Harriers	3
44	6:02	Lucy	Marshall	W40	Edinburgh AC	7
44	6:02	Emer	Campbell	W40	Bellahouston RR	7
46	6:03	Julia	Johnstone	W45	Gala Harriers	6
47	6:05	Claire	Houston	W35	Central AC	3
48	6:06	Mary	Senior	W45	Garscube Harriers	7
49	6:07	Katherine	Hylands	SW	Bellahouston Harriers	28
50	6:08	Julie	Beveridge	W35	Calderglen Harriers	4
50	6:08	Karen	Allen	W35	Calderglen Harriers	4
50	6:08	Romy	Beard	W35	Westerlands XC Club	4
50	6:08	Lou Ella	Cole	W40	Perth RR	9

Place	Time	First Name	Last Name	Cat	Club	Pos
54	6:09	Carole	Setchell	W35	Cambuslang Harriers	7
54	6:09	Louise	Ross	W40	Bellahouston RR	10
56	6:10	Kristina	Greig	SW	Bellahouston Harriers	29
57	6:11	Frances	Britain	W45	Forres Harriers	8
58	6:12	Lorna	Kennedy	W40	Falkirk Victoria Harriers	11
59	6:13	Lisa	Christy	SW	VP-Glasgow AC	30
59	6:13	Evelyn	Struthers	W45	Shettleston Harriers	9
61	6:14	Moira	Davie	SW	Forres Harriers	31
61	6:14	Jennifer	Campbell	W45	Cambuslang Harriers	10
63	6:15	Caroline	Jones	W35	Kinross RR	8
64	6:16	Arianne	Holland	SW	Edinburgh Univ Hare and Hounds	32
64	6:16	Lisa	Aikman	SW	Perth RR	32
64	6:16	Jennifer	Beattie	W35	Kilmarnock H&AC	9
67	6:17	Jennifer	Telford	W50	Scottish Prison Service AAC	4
68	6:18	Reagan	Binnie	SW	Law & District AAC	34
68	6:18	Isla	McIntosh	SW	Bellahouston RR	34
70	6:19	Anna	MacFadyen	SW	Forres Harriers	36
70	6:19	Kayleigh	Haggo RR2	SW	Red Star AC	36
70	6:19	Susanna	Sly	W35	Kinross RR	10
70	6:19	Roisin	Fulton	W45	Falkirk Victoria Harriers	11
74	6:20	Gillian	Smith	SW	Perth RR	38
74	6:20	Zoe	Stuart	W40	PH Racing Club	12
74	6:20	Susan	Strachan	W45	Peterhead AC	12
77	6:21	Jessica	Haworth	SW	Forres Harriers	39
77	6:21	Jennifer	Ruddick	SW	Westerlands XC Club	39
77	6:21	Petra	Hampton	W35	Metro Aberdeen RC	11
80	6:22	Laura	Henderson	SW	Bellahouston RR	41
80	6:22	Kirsty	O'Brien	W35	Cambuslang Harriers	12
80	6:22	Ilona	Kriauzaite	W35	Metro Aberdeen RC	12
80	6:22	Julie	Hendry	W40	Metro Aberdeen RC	13
80	6:22	Susan	McRitchie	W45	Forres Harriers	13
85	6:23	Leanne	Calder	W35	Edinburgh AC	14
85	6:23	Lynn	Angely	W45	Cambuslang Harriers	14
87	6:24	Paula	McCabe	W35	Cambuslang Harriers	15
87	6:24	Gemma	Leadbetter	W35	Dumfries RC	15
87	6:24	Fiona	Zeiner	W45	Harmeny AC	15
87	6:24	Carole	Craig	W50	Springburn Harriers	5
91	6:26	Fiona	Macfarlane	W40	Greenock Glenpark Harriers	14
91	6:26	Ellie	Homewood	W40	Westerlands XC Club	14
93	6:27	Rebecca	Slmister	SW	Bellahouston Harriers	42
93	6:27	Alison	Lessells	W35	Calderglen Harriers	17
95	6:29	Katie	Mathieson	W45	Bellahouston RR	16
96	6:30	Caroline	Munro	W40	Giffnock North AC	16
97	6:32	Carrie-Ann	Ward	W40	Forres Harriers	17
97	6:32	Claire	Wharton	W45	Bellahouston RR	17
97	6:32	BERNADETTE	ONEIL	W50	Cambuslang Harriers	6
97	6:32	Mary	Western	W55	PH Racing Club	1
101	6:33	Heather	Rowan	SW	Bellahouston Harriers	43
101	6:33	Fiona	Nisbet	W40	Kinross RR	18
101	6:33	Lindsay	Dun	W50	Gala Harriers	7

Place	Time	First Name	Last Name	Cat	Club	Pos
104	6:34	Caris	Strachan	SW	Newburgh Dunes RC	44
104	6:34	Sharyn	Ramage	W55	Edinburgh AC	2
106	6:35	Donna	Campbell	W40	Greenock Glenpark Harriers	19
106	6:35	Jacqueline	Campbell	W45	Giffnock North AC	18
108	6:36	Lynne	Hamilton	W40	Bellahouston RR	20
109	6:37	Gemma	Welsh	SW	Springburn Harriers	45
109	6:37	Leanne	Mcintosh	W35	Bellahouston RR	18
111	6:38	Jan	Howard	W45	Shetland AAC	19
112	6:39	Olivia	Steven	SW	East Kilbride AC	46
112	6:39	Heather	Gardiner	W50	Inverness Harriers AAC	8
114	6:40	Pascaline	Mollard	W35	Ferranti AAC	19
114	6:40	Nicola	Caig	W35	VP-Glasgow AC	19
114	6:40	Mhairi	Hill	W40	Bellahouston RR	21
114	6:40	Marian	Monk	W45	Greenock Glenpark Harriers	20
114	6:40	Paula	Boon	W50	Forres Harriers	9
119	6:41	Niketa	Cruickshank	SW	Moray RR	47
120	6:42	Lauren	Fairweather	SW	Strathearn Harriers	48
120	6:42	Claire	Douglas	W45	Perth RR	21
122	6:43	Elsie	MacDonald	W35	Garscube Harriers	21
122	6:43	Gillian	Cardno-Strachan	W45	Fraserburgh RC	22
124	6:44	Justine	Blaszka	SW	Moray RR	49
124	6:44	Michelle	Short	SW	Gala Harriers	49
124	6:44	Kim	King	W35	Newburgh Dunes RC	22
124	6:44	Eileen	Maxwell	W55	Gala Harriers	3
128	6:45	Amy	Armour	SW	Campbeltown RC	51
128	6:45	Louise	Love	W45	VP-Glasgow AC	23
130	6:46	Claire	McSorley	SW	Calderglen Harriers	52
130	6:46	Carole	Fortune	W55	Gala Harriers	4
130	6:46	Isobel	Burnett	W60	Carnegie Harriers	1
133	6:47	Kerry	Cunningham	SW	Westerlands XC Club	53
133	6:47	Alison	Gregory	SW	Kinross RR	53
133	6:47	Fiona	O'Reilly	W40	Kinross RR	22
133	6:47	Lisa	Dalgliesh	W45	Gala Harriers	24
133	6:47	Pamela	Baillie	W45	Gala Harriers	24
133	6:47	Tessa	Ward	W50	Perth RR	10
133	6:47	Marianne	Lang	W50	Aberdeen AAC	10
140	6:48	Lauren	Gordon	W35	Pitreavie AAC	23
141	6:49	Susan	Wilson	W40	PH Racing Club	23
141	6:49	Gillian	Douglas	W55	Perth RR	5
143	6:50	Andrea	Seabrook	W45	Lothian RC	26
143	6:50	Carol	Massie	W55	Fraserburgh RC	6
145	6:51	Katie	Rademaker	SW	Westerlands XC Club	55
145	6:51	Kim	Kenny	W35	Harmeny AC	24
147	6:52	Stephane	Reid	W35	Perth RR	25
147	6:52	Mhairi	Gervais	W35	Bellahouston RR	25
147	6:52	Erin	Mackie	W40	Pitreavie AAC	24
150	6:53	Lynne	Towler	SW	Newburgh Dunes RC	56
150	6:53	Elaine	McGeachy	W35	Campbeltown RC	27
150	6:53	Louise	Provan	W40	Fife AC	25
150	6:53	Susan	Linklater	W65	Shetland AAC	1
154	6:55	Mandy	Cazes	SW	Linlithgow AC	57
154	6:55	Mercede	Torres	W40	Fife AC	26

Place	Time	First Name	Last Name	Cat	Club	Pos
156	6:56	Joni	Lindsay	SW	Bellahouston RR	58
156	6:56	Claire	Fitzsimmons	W35	Bellahouston Harriers	28
158	6:57	Susan	Ross	W50	Harmeny AC	12
159	6:58	Diane	Milne	SW	Newburgh Dunes RC	59
159	6:58	Monica	Anderson	W50	Falkirk Victoria Harriers	13
161	6:59	Anne	Sillars	SW	Garscube Harriers	60
161	6:59	Gemma	Patterson	W35	Pitreavie AAC	29
161	6:59	Gillian	Kemp	W35	Kinross RR	29
161	6:59	Rachel	McAleese	W35	Gala Harriers	29
161	6:59	Fiona	Gibson	W40	Dundee Hawkhill Harriers	27
166	7:00	Jennifer	Caldwell	SW	PH Racing Club	61
166	7:00	Nicola	Watson	W50	Strathearn Harriers	14
168	7:01	Becky	Mackenzie	SW	Strathearn Harriers	62
169	7:02	Michelle	Murphy	W40	Pitreavie AAC	28
169	7:02	Fiona	Manson	W50	Perth RR	15
171	7:03	Alexandra	Hayden	SW	Calderglen Harriers	63
171	7:03	Deb	McKenzie	W45	Greenock Glenpark Harriers	27
173	7:04	Frances	Ferguson	W55	Calderglen Harriers	7
174	7:05	Madeline	Smillie	W45	Bellahouston RR	28
175	7:06	Maria	Spedsberg	W35	Bellahouston Harriers	32
175	7:06	Judith	Thomson	W45	Lothian RC	29
177	7:07	Lisa	Boosanong	W40	Greenock Glenpark Harriers	29
178	7:08	Carole	Bruce	W40	Pitreavie AAC	30
179	7:09	Megan	Cumming	SW	Bellahouston RR	64
179	7:09	Julie	Thomson	W40	Calderglen Harriers	31
181	7:10	Kay	Conneff	W40	East Kilbride AC	32
181	7:10	Moraig	Lyll	W50	Shetland AAC	16
183	7:12	Beth	Scholes	W45	Strathearn Harriers	30
183	7:12	Patricia	Gallagher	W50	Giffnock North AC	17
183	7:12	Sarah	Ledingham	W50	Corstorphine AAC	17
183	7:12	Jocelyn	Richard	W60	Gala Harriers	2
187	7:13	Lynsey	Mooney	W35	Greenock Glenpark Harriers	33
187	7:13	Steph	McGregor	W35	Kinross RR	33
187	7:13	Anne	Duncan	W55	Edinburgh AC	8
190	7:14	Margaret	Newell	SW	Law & District AAC	65
191	7:15	Harriet	Shaw	SW	Perth RR	66
191	7:15	Julia	McDonald	W40	Bellahouston RR	33
191	7:15	Alison	West	W45	Fraserburgh RC	31
194	7:16	Josie	Goodfellow	W40	Strathearn Harriers	34
195	7:17	Julia	Drewer	W40	Ferranti AAC	35
196	7:18	Lesley	Muego	W45	Harmeny AC	32
196	7:18	Cathy	Tilbrook	W50	Strathearn Harriers	19
196	7:18	Jackie	Nicol	W55	Forres Harriers	9
199	7:20	Sarah	McFadzean	W40	Campbeltown RC	36
199	7:20	Linda	Tulloch	W40	Shetland AAC	36
199	7:20	Karen	McAllister	W60	Falkirk Victoria Harriers	3
202	7:21	Julie	Cleghorn	W50	Triathlon Inverness	20
202	7:21	Ruth	Johnson	W55	Perth RR	10
204	7:22	Chrissie	McWhirter	W40	North Ayrshire AAC	38
204	7:22	Wendy	Duigan	W45	Strathearn Harriers	33
204	7:22	Susan	Stevenson	W45	Pitreavie AAC	33
204	7:22	Elaine	Timoney	W50	Penicuik Harriers	21

Place	Time	First Name	Last Name	Cat	Club	Pos
208	7:23	Carrie	Farnell	SW	Inverness Harriers AAC	67
208	7:23	Gillian	Duncan	W45	Gala Harriers	35
208	7:23	Clare	Graham	W50	PH Racing Club	22
211	7:26	Shonah	Macdonald	SW	Bellahouston RR	68
211	7:26	Samantha	Denis	W45	Harmeny AC	36
211	7:26	Jeanette	Craig	W70	Springburn Harriers	1
214	7:27	Lynne	Zabek	W45	Kinross RR	37
215	7:28	Denise	Hendry	W50	Harmeny AC	23
215	7:28	Barbara	Knox	W55	Springburn Harriers	11
217	7:29	Ruth	McKelvie	SW	Bellahouston RR	69
217	7:29	Heather	Lafferty	W40	Greenock Glenpark Harriers	39
217	7:29	Nicola	Moriarty	W45	Pitreavie AAC	38
217	7:29	Janine	Grant	W50	Strathearn Harriers	24
221	7:30	Jennifer	Boyd	SW	Greenock Glenpark Harriers	70
221	7:30	Valerie	Findlay	W55	Kinross RR	12
223	7:31	Pamela	Pattison	W65	Pitreavie AAC	2
224	7:32	Lisa	Taylor	W35	Bellahouston RR	35
224	7:32	Tracey	Passway	W50	Dundee Hawkhill Harriers	25
226	7:34	Amanda	Strang	W45	Moray RR	39
226	7:34	Caroline	Malloy	W45	Perth RR	39
226	7:34	Karen	Norvell	W50	Moray RR	26
229	7:35	Gail	Cree	W45	Pitreavie AAC	41
229	7:35	Ann	Malcolm	W55	Kinross RR	13
231	7:36	Karen	Littlejohn	W35	Dumfries RC	36
231	7:36	Anne	Campbell	W40	Bellahouston RR	40
231	7:36	Heloise	White	W40	Bellahouston RR	40
231	7:36	Deborah	Larnach	W40	North Highland Harriers	40
231	7:36	Frances	Turnbull	W50	Harmeny AC	27
231	7:36	Rhoda	Yarmahmoudi	W55	Bellahouston RR	14
231	7:36	Morna	Fleming	W65	Pitreavie AAC	3
238	7:37	Emily	Jackson	SW	Bellahouston Harriers	71
238	7:37	Fiona Lesley	Armour	W35	Campbeltown RC	37
238	7:37	Roz	Wilson	W50	Bellahouston RR	28
241	7:38	Jennifer	Saunders	W40	Nairn Area AAC	43
241	7:38	Susan	Wilson	W40	Bellahouston RR	43
243	7:39	Alison	Taylor	W40	Ellon AAC	45
244	7:42	Leigh	Verdot	W35	Kinross RR	38
244	7:42	Clare	Nicholas	W50	Forres Harriers	29
246	7:43	Rachael	Thomson	SW	East Kilbride AC	72
247	7:44	Gillian	Lopez	W55	Kinross RR	15
248	7:45	Alison	Curry	W50	Central AC	30
248	7:45	Maria	Cemborain	W50	Corstorphine AAC	30
250	7:46	Caitlin	Ripley	SW	Carnethy Hill Racing Club	73
250	7:46	Lesley	Mealing	W40	Pitreavie AAC	46
250	7:46	Louise	Gray	W50	Bellahouston RR	32
253	7:47	Lynn	Beveridge	W45	Kinross RR	42
254	7:48	Sarah	Edgar	SW	Bellahouston RR	74
254	7:48	Verity	Thwaites	W35	Kinross RR	39
254	7:48	Janette	Clarkson	W50	Shettleston Harriers	33
257	7:50	Vicky	Harrison	W40	Law & District AAC	47
257	7:50	Lucy	Fraser	W40	Kinross RR	47
257	7:50	Wendy	Grieve	W55	Kinross RR	16

Place	Time	First Name	Last Name	Cat	Club	Pos
260	7:53	Susan Elaine	Graham	W35	Campbeltown RC	40
261	7:56	Michaela	Muir	W40	Harmeny AC	49
261	7:56	Sarah	Whalen	W45	Scottish Prison Service AAC	43
261	7:56	Margaret	Blanski	W50	Pitreavie AAC	34
264	7:58	Julia	Wylie	W50	Kilbarchan AAC	35
264	7:58	Julia	Greenlees	W60	Strathearn Harriers	4
266	7:59	Tamara	Kennedy	W40	VP-Glasgow AC	50
267	8:00	Gillian	Edwards	W35	Perth RR	41
267	8:00	Barbara Anne	Needs	W40	Peterhead AC	51
267	8:00	Isla	Craig	W50	Kinross RR	36
270	8:02	Eileen	Nicol	W50	Gala Harriers	37
270	8:02	Janet	Fellowes	W65	Helensburgh AAC	4
272	8:03	Louise	McNicol	W35	Bellahouston RR	42
272	8:03	Melanie	Hayes	W40	North Highland Harriers	52
274	8:04	Jane	Leask	W35	Harmeny AC	43
275	8:06	Jennifer	Beattie	W35	Law & District AAC	44
276	8:08	Wendy	Turnbull	W50	Kinross RR	38
276	8:08	Elizabeth	Watson	W55	Forres Harriers	17
276	8:08	Sue	Whisler	W60	Strathearn Harriers	5
279	8:09	Adrienne	Caldwell	W50	Strathearn Harriers	39
280	8:10	Elizabeth	McAuslan	W50	Greenock Glenpark Harriers	40
281	8:11	Caroline	Hogarth	W45	Perth RR	44
282	8:14	Lisa	Gillespie	W35	Kinross RR	45
282	8:14	Maria	Dale	W60	Perth RR	6
284	8:15	Catherine	McAdams	W40	Kinross RR	53
285	8:21	Anne	Docherty	W75	Forres Harriers	1
286	8:23	Pamela	Lorimer	W45	Harmeny AC	45
287	8:25	Stephanie	Rudd	W45	Bellahouston Harriers	46
287	8:25	Kym	McCulloch	W50	Pitreavie AAC	41
289	8:28	Kira	Mourao	W40	Corstorphine AAC	54
289	8:28	Alison	Houston	W65	Kinross RR	5
291	8:30	Lorraine	Gray	W45	Springburn Harriers	47
292	8:34	Katharine	Isherwood	W45	Pitreavie AAC	48
292	8:34	Rowan	Mestecky	W50	Strathearn Harriers	42
294	8:35	Louise	Waywell	W50	Perth RR	43
294	8:35	Nicky	Compston	W55	Pitreavie AAC	18
296	8:36	Sarah	Grant	W40	Bellahouston RR	55
297	8:42	Angela	Thomson	W40	Perth RR	56
298	8:47	Patricia	Hampton	W70	Harmeny AC	2
299	8:48	June	MacLeod	W60	Bellahouston Harriers	7
300	8:49	Deirdre	Hoyle	W65	Bellahouston Harriers	6
301	8:52	Sarah	Eaton	W60	Kinross RR	8
302	8:53	Elizabeth	Hughes	W55	Bellahouston RR	19
303	8:54	Jacqueline	Glass	W65	Bellahouston Harriers	7
304	8:59	Susan	Bothwell	W60	Perth RR	9
304	8:59	Elaine	Schiavone	W60	Forres Harriers	9
306	9:02	Charlotte	Hendry	W40	Gala Harriers	57
307	9:20	Deborah	Cooper	W60	Pitreavie AAC	11
308	9:31	Sally	Newton	W60	Perth RR	12
309	9:36	Charlotte	McKay	W65	Greenock Glenpark Harriers	8
310	9:43	Elaine	Sandeman	W60	Harmeny AC	13
311	9:58	Lynn	Cumming	W50	Bellahouston RR	44
312	10:42	Simone	Young	W45	Kinross RR	49
313	10:55	Carla	Telfer	W45	Bellahouston RR	50
314	19:58	Karen	Haldane	W50	Gala Harriers	

Pos	Sen Women Team Team	Time	Places				
1	EDIN A	22:36	97 Hannah Cameron (5:01)	424 Sarah Douglas (5:51)	424 Jayne Nisbet (5:51)	439 Jocelyn Moar (5:53)	
2	CENTR A	22:51	203 Jennifer Wetton (5:20)	356 Fanni Gyurko (5:42)	369 Morag Millar (5:44)	556 Claire Houston (6:05)	
3	CAMBL A	23:14	102 Moira Stewart (5:02)	346 Katie Bristow (5:41)	587 Carole Setchell (6:09)	690 Kirsty O'Brien (6:22)	
4	PHRC A	23:28	188 Kristin Lownie (5:17)	257 Gayle Lindsay (5:29)	356 Katrina Lindsay (5:42)	946 Jennifer Caldwell (7:00)	
5	BRR A	23:52	242 Catriona MacDonald (5:27)	383 Christie Ford (5:45)	661 Isla McIntosh (6:18)	690 Laura Henderson (6:22)	
6	CGH A	25:29	575 Julie Beveridge (6:08)	575 Karen Allen (6:08)	736 Alison Lessells (6:27)	858 Claire McSorley (6:46)	
7	BELLA A	26:06	598 Kristina Greig (6:10)	736 Rebecca SImister (6:27)	770 Heather Rowan (6:33)	921 Claire Fitzsimmons (6:56)	
8	WSTR A	26:07	575 Romy Beard (6:08)	685 Jennifer Ruddick (6:21)	866 Kerry Cunningham (6:47)	892 Katie Rademaker (6:51)	
9	KINRR A	26:20	640 Caroline Jones (6:15)	672 Susanna Sly (6:19)	866 Alison Gregory (6:47)	938 Gillian Kemp (6:59)	
10	PRR A	26:43	647 Lisa Aikman (6:16)	678 Gillian Smith (6:20)	897 Stephane Reid (6:52)	1019 Harriet Shaw (7:15)	
11	NEWDU A	27:09	782 Caris Strachan (6:34)	846 Kim King (6:44)	902 Lynne Towler (6:53)	932 Diane Milne (6:58)	
12	LAWD A	27:20	356 Emily McNicol (5:42)	661 Reagan Binnie (6:18)	1016 Margaret Newell (7:14)	1174 Jennifer Beattie (8:06)	
13	CMBLT A	27:32	526 Emma Morran (6:01)	851 Amy Armour (6:45)	902 Elaine McGeachy (6:53)	1147 Susan Elaine Graham (7:53)	
14	BRR B	27:34	803 Leanne McIntosh (6:37)	897 Mhairi Gervais (6:52)	921 Joni Lindsay (6:56)	992 Megan Cumming (7:09)	
15	BRR C	30:15	1060 Shonah Macdonald (7:26)	1074 Ruth McKelvie (7:29)	1088 Lisa Taylor (7:32)	1136 Sarah Edgar (7:48)	
16	KINRR B	30:57	1013 Steph McGregor (7:13)	1120 Leigh Verdot (7:42)	1136 Verity Thwaites (7:48)	1186 Lisa Gillespie (8:14)	

Mas Women Team

Pos	Team	Time	Places			
1	FORRE A	24:33	505 Siobhan Evans (5:59)	526 Hillary Cameron (6:01)	606 Frances Britain (6:11)	690 Susan McRitchie (6:22)
2	BRR A	24:40	516 Ann Robin (6:00)	537 Emer Campbell (6:02)	587 Louise Ross (6:09)	749 Katie Mathieson (6:29)
3	PHRC A	25:19	320 Julie Menzies (5:38)	678 Zoe Stuart (6:20)	761 Mary Western (6:32)	882 Susan Wilson (6:49)
4	GAHA A	26:06	545 Julia Johnstone (6:03)	770 Lindsay Dun (6:33)	846 Eileen Maxwell (6:44)	858 Carole Fortune (6:46)
5	PRR A	26:26	585 Lou Ella Cole (6:08)	832 Claire Douglas (6:42)	866 Tessa Ward (6:47)	882 Gillian Douglas (6:49)
6	SHETL A	26:35	369 Charlotte Black (5:44)	809 Jan Howard (6:38)	902 Susan Linklater (6:53)	1038 Linda Tulloch (7:20)
7	FRAS A	26:36	403 Lisa Allan (5:48)	838 Gillian Cardno Strachan (6:43)	886 Carol Massie (6:50)	1019 Alison West (7:15)
8	KINRR A	26:37	420 Jillian Gordon (5:50)	770 Fiona Nisbet (6:33)	866 Fiona O'Reilly (6:47)	1065 Lynne Zabek (7:27)
9	GGLN A	26:44	725 Fiona Macfarlane (6:26)	793 Donna Campbell (6:35)	819 Marian Monk (6:40)	959 Deb McKenzie (7:03)
10	FALKV A	26:49	615 Lorna Kennedy (6:12)	672 Roisin Fulton (6:19)	932 Monica Anderson (6:58)	1038 Karen McAllister (7:20)
11	BRR B	26:53	761 Claire Wharton (6:32)	798 Lynne Hamilton (6:36)	819 Mhairi Hill (6:40)	970 Madeline Smillie (7:05)
12	HARM A	28:05	708 Fiona Zeiner (6:24)	929 Susan Ross (6:57)	1032 Lesley Muego (7:18)	1060 Samantha Denis (7:26)
13	GAHA B	28:09	866 Lisa Dalgliesh (6:47)	866 Pamela Baillie (6:47)	1005 Jocelyn Richard (7:12)	1052 Gillian Duncan (7:23)
14	FORRE B	28:12	761 Carrie Ann Ward (6:32)	819 Paula Boon (6:40)	1032 Jackie Nicol (7:18)	1120 Clare Nicholas (7:42)
15	PITRE A	28:24	897 Erin Mackie (6:52)	957 Michelle Murphy (7:02)	991 Carole Bruce (7:08)	1045 Susan Stevenson (7:22)
16	STRTH A	28:46	946 Nicola Watson (7:00)	1005 Beth Scholes (7:12)	1026 Josie Goodfellow (7:16)	1032 Cathy Tilbrook (7:18)
17	SPRBH A	29:48	708 Carole Craig (6:24)	1060 Jeanette Craig (7:26)	1070 Barbara Knox (7:28)	1204 Lorraine Gray (8:30)
18	BRR C	30:03	1019 Julia McDonald (7:15)	1101 Heloise White (7:36)	1101 Rhoda Yarmahmoudi (7:36)	1101 Anne Campbell (7:36)
19	PRR B	30:08	957 Fiona Manson (7:02)	1041 Ruth Johnson (7:21)	1092 Caroline Malloy (7:34)	1182 Caroline Hogarth (8:11)
20	PITRE B	30:11	1074 Nicola Moriarty (7:29)	1086 Pamela Pattison (7:31)	1098 Gail Cree (7:35)	1101 Morna Fleming (7:36)
21	KINRR B	30:36	1080 Valerie Findlay (7:30)	1098 Ann Malcolm (7:35)	1127 Gillian Lopez (7:44)	1134 Lynn Beveridge (7:47)
22	STRTH B	30:57	1045 Wendy Duigan (7:22)	1074 Janine Grant (7:29)	1157 Julia Greenlees (7:58)	1176 Sue Whisler (8:08)
23	HARM B	31:23	1070 Denise Hendry (7:28)	1101 Frances Turnbull (7:36)	1151 Michaela Muir (7:56)	1194 Pamela Lorimer (8:23)
24	BRR D	31:37	1108 Roz Wilson (7:37)	1112 Susan Wilson (7:38)	1131 Louise Gray (7:46)	1213 Sarah Grant (8:36)
25	KINRR C	31:48	1142 Wendy Grieve (7:50)	1142 Lucy Fraser (7:50)	1163 Isla Craig (8:00)	1176 Wendy Turnbull (8:08)
26	PITRE C	32:41	1131 Lesley Mealing (7:46)	1151 Margaret Blanski (7:56)	1197 Kym McCulloch (8:25)	1209 Katharine Isherwood (8:34)
27	PRR C	34:30	1186 Maria Dale (8:14)	1211 Louise Waywell (8:35)	1216 Angela Thomson (8:42)	1227 Susan Bothwell (8:59)
28	BELLA A	34:56	1197 Stephanie Rudd (8:25)	1220 June MacLeod (8:48)	1221 Deirdre Hoyle (8:49)	1226 Jacqueline Glass (8:54)
29	KINRR D	36:17	1191 Catherine McAdams (8:15)	1201 Alison Houston (8:28)	1224 Sarah Eaton (8:52)	1244 Simone Young (10:42)

Place	Time	First Name	Last Name	Cat	Club
1	4:03	Kylemichael	Brotherton T54	U20M	Red Star AC
2	4:14	Kane	Elliott	U20M	Falkirk Victoria Harriers
3	4:16	Joe	Ewing	U20M	Edinburgh AC
4	4:25	Christopher	McLew	U20M	Cambuslang Harriers
5	4:27	Freddie	Carcas	U20M	Edinburgh AC
5	4:27	Luke	Davidson	U20M	Inverness Harriers AAC
7	4:33	Calum	Phillip	U20M	Central AC
8	4:34	Callum	Tharme	U20M	Gala Harriers
9	4:46	Andrew	Carey	U20M	Cambuslang Harriers
10	4:47	Thomas	Ross	U20M	Corstorphine AAC
11	4:55	Fraser	Kelly	U20M	Team East Lothian
11	4:55	Kieran	Cooper	U20M	University of St. Andrews CC
13	5:05	Michael	Miller	U20M	Clydesdale Harriers
14	5:06	Alex	Robinson	U20M	University of St. Andrews CC
15	5:07	Ryan	Donnelly	U20M	Cambuslang Harriers
16	5:11	Ryan	Kirkland	U20M	Lothian RC
17	5:22	Scott	Hannaway	U20M	Greenock Glenpark Harriers
18	5:24	James	McClafferty	U20M	Law & District AAC
19	5:29	Daniel	Stewart	U20M	Stornoway Running & AC
20	5:34	Gregor	Knight	U20M	Perth Strathtay Harriers
21	5:37	Matthew	Gillon	U20M	Law & District AAC
22	6:29	Callum	Ballantyne	U20M	Red Star AC
23	6:34	Innes	Grant	U20M	Banchory Stonehaven AC

Place	Time	First Name	Last Name	Cat	Club
1	4:49	Megan	Keith	U20W	Inverness Harriers AAC
2	4:59	Charlotte	Clare	U20W	Moorfoot Runners
3	5:04	Olivia	Vareille	U20W	Falkirk Victoria Harriers
4	5:19	Lauren	McCulloch	U20W	Central AC
5	6:00	Katy	McGonigal	U20W	Falkirk Victoria Harriers
6	6:11	Shania	King	U20W	Dundee Hawkhill Harriers
7	6:12	Nicola	Doohan	U20W	Greenock Glenpark Harriers
8	6:22	Mhairi	Watret	U20W	Nithsdale AC
9	6:48	Rachel	Wardrope	U20W	Cambuslang Harriers
10	7:12	Phoebe	Lewis	U20W	North Ayrshire AAC
11	7:14	Rachel	Gillies	U20W	Inverness Harriers AAC
12	7:16	Mairi	Weir	U20W	Elgin AAC
13	7:25	Anna	Leishman	U20W	Falkirk Victoria Harriers
14	8:32	Kora	Holschbach	U20W	Edinburgh Univ Hare and Hounds

Place	Time	First Name	Last Name	Cat	Club
1	4:17	Alastair	Marshall	U17M	Livingston AC
2	4:18	Jack	Patton	U17M	Kilbarchan AAC
3	4:35	Lucas	Cairns	U17M	Inverness Harriers AAC
3	4:35	Andrew	Thomson	U17M	PH Racing Club
5	4:43	James	Grant	U17M	Perth Strathtay Harriers
6	4:45	Callan	Hogarth	U17M	Falkirk Victoria Harriers
7	4:54	Angus	Smith	U17M	Inverness Harriers AAC
8	4:58	Reuben	MacIntyre	U17M	Cumbernauld AAC
9	4:59	Ritchie	Gardiner	U17M	Unattached
10	5:07	Sam	Grivell	U17M	Central AC
11	5:10	Charlie	Tomkinson	U17M	Giffnock North AC
12	5:11	Hamish	Anderson	U17M	East Kilbride AC
13	5:12	Finlay	Rutter	U17M	Inverness Harriers AAC
13	5:12	Aaron	Bennet	U17M	PH Racing Club
15	5:15	Robbie	Anderson	U17M	Team East Lothian
16	5:17	Josh	Stephen	U17M	Fraserburgh RC
17	5:29	Patrick	Lang	U17M	Aberdeen AAC
18	5:40	Euan	Flett	U17M	Corstorphine AAC
19	5:49	Ross	Chalmers	U17M	Newburgh Dunes RC
20	5:51	Coll	Dracup	U17M	Harmeny AC
21	6:02	Cameron	Fry	U17M	Law & District AAC
22	6:07	Charlie	Cameron	U17M	Corstorphine AAC
23	6:14	Oliver	Watson	U17M	Forres Harriers
24	6:26	Ewan	Martin	U17M	Forres Harriers
25	6:56	Finn	Milligan	U17M	Law & District AAC
26	7:04	Thomas	Burnett	U17M	Inverness Harriers AAC
27	7:43	Duncan	Watson	U17M	Harmeny AC
28	8:42	Christopher	Paisley	U17M	Pitreavie AAC
29	8:50	Gregory	Gontor	U17M	VP-Glasgow AC

Place	Time	First Name	Last Name	Cat	Club
1	5:19	Louise	Hastie	U17W	Kilbarchan AAC
2	5:25	Hannah	Anderson	U17W	East Kilbride AC
3	5:26	Mhairi	Arnott	U17W	Corstorphine AAC
4	5:27	Emma	Johnson	U17W	Corstorphine AAC
5	5:29	Kirsty	Purcell	U17W	Aberdeen AAC
6	5:37	Caitlin	Purcell	U17W	Aberdeen AAC
7	5:39	Flora	Henry	U17W	Team East Lothian
8	5:42	Grace	Tindall	U17W	Central AC
9	5:48	Jaden	Lenny	U17W	Fife AC
10	5:49	Hayley	Brown	U17W	Fife AC
10	5:49	Maisie	Ballantyne	U17W	Teviotdale Harriers
12	5:57	Rose	Ryan	U17W	Perth Strathtay Harriers
13	6:18	Katie	Flett	U17W	Helensburgh AAC
14	6:20	Lynn	Harvey	U17W	Pitreavie AAC
14	6:20	Ellie	Doherty	U17W	Springburn Harriers
16	6:33	Anna	Saunders	U17W	Perth Strathtay Harriers
17	6:44	Beth	Aitken	U17W	Pitreavie AAC
18	6:46	Nina	Fyfe	U17W	Law & District AAC
19	6:54	Krysta	Bray	U17W	Stornoway Running & AC
20	6:57	Izzy	Parnaby	U17W	Banchory Stonehaven AC
21	6:59	Kirsten	O'Donoghue	U17W	Giffnock North AC
22	7:18	Gemma	Macritchie	U17W	Stornoway Running & AC
23	7:26	Lesley	Rogers	U17W	Dundee Hawkhill Harriers
24	7:34	Abbie	Tosh	U17W	Greenock Glenpark Harriers
25	8:15	Aislynn	Crichton	U17W	Pitreavie AAC
26	8:41	Erin	Turnbull	U17W	Pitreavie AAC

Place	Time	First Name	Last Name	Cat	Club
1	4:30	Conan	Harper	U15B	Teviotdale Harriers
2	4:49	Angus	Wright	U15B	Team East Lothian
3	4:54	Cameron	Green	U15B	Giffnock North AC
4	4:55	Harris	Morrison	U15B	Greenock Glenpark Harriers
5	4:56	Ewan	Christie	U15B	Gala Harriers
6	5:01	Jordan	Phillips	U15B	Kilmarnock H&AC
6	5:01	Logan	Beagley	U15B	Livingston AC
8	5:02	Hamish	McKay	U15B	Aberdeen AAC
9	5:10	Oscar	Logan	U15B	Law & District AAC
10	5:14	Aidan	Page	U15B	Team East Lothian
11	5:16	Patrick	Milne	U15B	Corstorphine AAC
12	5:23	Jonathon	Downey	U15B	Kilmarnock H&AC
12	5:23	Charlie	Morrison	U15B	Stornoway Running & AC
14	5:26	Reece	Black	U15B	Shetland AAC
15	5:27	Adam	Wetton	U15B	Corstorphine AAC
16	5:28	Alexander	Douglas	U15B	Perth Strathtay Harriers
17	5:29	Cameron	Rankine	U15B	Gala Harriers
18	5:31	Logan	Whitton	U15B	Law & District AAC
18	5:31	Euan	Foubister	U15B	Orkney AC
20	5:35	Alex	Jamieson	U15B	Inverness Harriers AAC
21	5:37	Ruairidh	Williams	U15B	Corstorphine AAC
21	5:37	Sam	Burnett	U15B	Inverness Harriers AAC
21	5:37	Dylan	Dickie	U15B	Aberdeen AAC
24	5:38	Finlay	Robb	U15B	Cambuslang Harriers
25	5:41	Lewis	Maclean	U15B	Stornoway Running & AC
26	5:44	Robbie	Welsh	U15B	Teviotdale Harriers
26	5:44	Murray	MacDonald	U15B	Stornoway Running & AC
28	5:45	Craig	Cherrie	U15B	Law & District AAC
29	5:46	Luke	Kennedy	U15B	Falkirk Victoria Harriers
30	5:47	Euan	Docherty	U15B	Central AC
30	5:47	Finlay	Jarvis	U15B	Perth Strathtay Harriers
32	5:51	Lewis	Moir	U15B	East Kilbride AC
33	5:55	Zak	Fearn	U15B	Ross County AC
33	5:55	Cameron	Ross	U15B	Corstorphine AAC
33	5:55	Andrew	Peters	U15B	Dundee Hawkhill Harriers
36	5:56	Cameron	Martin	U15B	Law & District AAC
36	5:56	Dean	Hill	U15B	Larkhall YMCA Harriers
38	5:57	Thomas	O'Neil	U15B	East Kilbride AC
39	5:58	Calum	Gibson	U15B	Dundee Hawkhill Harriers
40	6:01	Caleb	MacLeod	U15B	Inverness Harriers AAC
41	6:07	Jude	Dolan	U15B	Greenock Glenpark Harriers
42	6:10	James	Cuthbert	U15B	Dunfermline Track & Field AC
43	6:11	Angus	Gibson	U15B	Falkirk Victoria Harriers
44	6:14	Ross	Lawrie	U15B	Central AC
45	6:17	Matthew	Cameron	U15B	Helensburgh AAC
46	6:25	Alexander	Millar	U15B	Edinburgh AC
47	6:28	Lewis	Vick	U15B	North Ayrshire AAC
48	6:29	Conor	Wilson	U15B	Inverness Harriers AAC
49	6:31	Matthew	Mair	U15B	Banchory Stonehaven AC
50	6:35	Fraser	Passway	U15B	Dundee Hawkhill Harriers

Place	Time	First Name	Last Name	Cat	Club
51	6:41	Robbie	Nugent	U15B	Law & District AAC
52	6:45	Ryan	Curran	U15B	Nairn Area AAC
53	6:52	Joe	Macpherson	U15B	Nairn Area AAC
54	6:58	Ruairidh	Allen	U15B	VP-Glasgow AC
55	7:11	Archie	Irwin	U15B	Harmeny AC
56	7:19	Andrew	Twigg	U15B	Central AC
57	7:27	Ewan	Kennedy	U15B	VP-Glasgow AC
57	7:27	Murray	Scott	U15B	Metro Aberdeen RC
59	7:52	Daniel	Docherty	U15B	Clydesdale Harriers
60	8:25	Tom	Addison	U15B	Harmeny AC
61	8:27	Finlay	Stewart	U15B	Harmeny AC

Place	Time	First Name	Last Name	Cat	Club
1	5:15	Katie	Johnson	U15G	Edinburgh AC
1	5:15	Anna	Cairns	U15G	Inverness Harriers AAC
3	5:20	Olivia	Clarke	U15G	Corstorphine AAC
4	5:21	Caitlyn	Christie	U15G	Falkirk Victoria Harriers
5	5:30	Rachel	Murray	U15G	Stornoway Running & AC
6	5:48	Kirstin	Grant	U15G	Aberdeen AAC
7	5:53	Charlotte	Narducci	U15G	Aberdeen AAC
8	6:00	Millie	Thomson	U15G	Unattached
9	6:01	Erin	Hendry	U15G	Falkirk Victoria Harriers
10	6:07	Ellie	Anderson	U15G	Kilmarnock H&AC
11	6:09	Stroma	Fraser	U15G	Inverness Harriers AAC
12	6:11	Emma	Watson	U15G	Harmeny AC
13	6:13	Ava	Luke	U15G	Orkney AC
14	6:15	Eva	Ritchie	U15G	Cambuslang Harriers
14	6:15	Fiona	Currie	U15G	Law & District AAC
16	6:16	Hannah	Taylor	U15G	Ellon AAC
17	6:18	Francesca	Greenstock	U15G	Stornoway Running & AC
17	6:18	Elsa	Parnaby	U15G	Banchory Stonehaven AC
19	6:22	Arwen	Kennedy	U15G	Falkirk Victoria Harriers
20	6:26	Olivia	Meikle	U15G	Lasswade AC
21	6:30	Abbie	Crawford	U15G	Banchory Stonehaven AC
22	6:32	Ellen	Mcmurdo	U15G	Stornoway Running & AC
23	6:33	Esmee	Thoms	U15G	Fife AC
24	6:35	Cecily	Millar	U15G	Edinburgh AC
25	6:37	Gracie	Carlin	U15G	East Kilbride AC
26	6:41	Kenzie	Macintosh	U15G	Clydesdale Harriers
27	6:47	Jessica	Bullen	U15G	Team East Lothian
28	6:51	Sophie	McGillivray	U15G	Harmeny AC
29	6:53	Ailsa	Bagnall	U15G	Corstorphine AAC
30	6:56	Zosia	Paddon	U15G	Central AC
31	6:58	Effie	Thomson	U15G	Orkney AC
32	7:04	Holly	Gordon	U15G	Pitreavie AAC
33	7:07	Isla	Houston	U15G	Falkirk Victoria Harriers
34	7:11	Amanda	Quinn	U15G	Law & District AAC
35	7:22	Jade	Gray	U15G	Law & District AAC
36	7:32	Eilidh	Kennedy	U15G	Cambuslang Harriers
37	7:34	Rosie	Watson	U15G	Law & District AAC
38	7:35	Carrie	Main	U15G	Corstorphine AAC
39	7:56	Megan	Turnbull	U15G	Dunfermline Track & Field AC
40	8:00	Kerri	Paton	U15G	Strathearn Harriers
41	8:11	Roslyn	McRitchie	U15G	Forres Harriers
42	8:19	Lucy	McDonald	U15G	Harmeny AC
43	8:33	Elizabeth	Kay	U15G	Law & District AAC
44	9:45	Emma	Mitchell	U15G	Harmeny AC

Place	Time	First Name	Last Name	Cat	Club
1	5:05	Rhys	Crawford	U13B	Aberdeen AAC
2	5:10	Dylan	Daunt	U13B	Edinburgh AC
3	5:15	Cameron	Harris	U13B	Giffnock North AC
4	5:18	Innes	Wright	U13B	Team East Lothian
4	5:18	Luke	Culliton	U13B	Falkirk Victoria Harriers
6	5:21	Cameron	Scott	U13B	Banchory Stonehaven AC
7	5:23	Luc	Macleod	U13B	Banchory Stonehaven AC
8	5:24	Aaron	Middleton	U13B	Central AC
9	5:25	Oliver	Bryers	U13B	Giffnock North AC
9	5:25	Sam	McCarthy	U13B	Cambuslang Harriers
11	5:30	Adam	Clifford	U13B	Shettleston Harriers
11	5:30	Callum	Newton	U13B	Dunfermline Track & Field AC
13	5:32	Alasdair	Nugent	U13B	Giffnock North AC
14	5:35	Jamie	Ferries	U13B	Metro Aberdeen RC
15	5:36	Matthew	Fox	U13B	Shettleston Harriers
16	5:37	Zico	Field	U13B	Gala Harriers
17	5:39	Shaun	Pyman	U13B	Moorfoot Runners
18	5:41	Struan	Gatherer	U13B	Perth Strathtay Harriers
18	5:41	Ryan	Kellock	U13B	Law & District AAC
18	5:41	David	Docherty	U13B	Greenock Glenpark Harriers
21	5:43	Michael	Miller	U13B	Inverness Harriers AAC
22	5:44	Ross	Christie	U13B	Gala Harriers
22	5:44	Archie	Suttie	U13B	Fife AC
24	5:45	Dan	McGuire	U13B	Harmeny AC
24	5:45	Kieran	Fulton	U13B	Moorfoot Runners
26	5:46	Irvine	Welsh	U13B	Teviotdale Harriers
27	5:48	Finlay	Rae	U13B	Aberdeen AAC
27	5:48	Laurence	Ward	U13B	Edinburgh AC
29	5:50	Jack	Wallace	U13B	Giffnock North AC
30	5:51	Finlay	McKay	U13B	Aberdeen AAC
30	5:51	Andrew	Grant	U13B	Strathearn Harriers
30	5:51	Matthew	Holden	U13B	Harmeny AC
33	5:55	Adam	Kennedy	U13B	Falkirk Victoria Harriers
33	5:55	Iain	Matheson	U13B	Stornoway Running & AC
33	5:55	John	Marshall	U13B	Haddington RC
33	5:55	Jordan Angus	Nicolson	U13B	Stornoway Running & AC
37	5:56	Michael	Bishenden	U13B	Forres Harriers
38	5:57	Stuart	Duncan	U13B	Perth Strathtay Harriers
39	5:58	Ryan	McNamara	U13B	East Kilbride AC
39	5:58	Matty	Fleming	U13B	Gala Harriers
41	5:59	Fraser	McIntyre	U13B	Ayr Seaforth AC
42	6:02	Owen	Eckersley	U13B	Central AC
42	6:02	Liam	Kane	U13B	Inverclyde AC
44	6:04	Matthew	Shaw	U13B	Giffnock North AC
45	6:07	Felix	Crawford	U13B	Banchory Stonehaven AC
46	6:08	Alex	Dunlop	U13B	Central AC
46	6:08	Harris	McNicol	U13B	North Ayrshire AAC
48	6:09	Ben	McDonald	U13B	Harmeny AC
48	6:09	Charlie	McAllister	U13B	Giffnock North AC
48	6:09	Cameron	Black	U13B	Shetland AAC

Place	Time	First Name	Last Name	Cat	Club
51	6:10	Jonathan	Hunter	U13B	East Kilbride AC
52	6:11	Finn	Aberdein	U13B	Orkney AC
53	6:12	Alasdair	Maclean	U13B	Ayr Seaforth AC
53	6:12	Andrew	Macaskill	U13B	Stornoway Running & AC
55	6:13	Marti	Penacchio Torres	U13B	Fife AC
55	6:13	Lewis	Black	U13B	Shetland AAC
57	6:14	David	Cuthbert	U13B	Dunfermline Track & Field AC
57	6:14	Noah	Ralph	U13B	Harmeny AC
59	6:16	Oliver	Wagstaff	U13B	Inverclyde AC
60	6:18	Thomas	Reay	U13B	Giffnock North AC
61	6:19	Archie	Lynch	U13B	Harmeny AC
62	6:23	Euan	Blackwood	U13B	Law & District AAC
63	6:24	Alex	Playfair	U13B	Gala Harriers
64	6:25	Sebastian	Nicolson	U13B	Stornoway Running & AC
65	6:26	Kealan	O'Shea-Morr	U13B	Harmeny AC
66	6:29	Bill	Symon	U13B	Forres Harriers
66	6:29	Rory	Antrobus	U13B	Gala Harriers
68	6:35	Kieran	Hardie	U13B	Harmeny AC
69	6:38	Dylan	Edwards	U13B	East Kilbride AC
70	6:41	Isaac	Stevenson	U13B	Team East Lothian
71	6:43	Munro	Lawrie	U13B	Corstorphine AAC
71	6:43	Jensen	Strachan	U13B	Fraserburgh RC
73	6:50	Lewis	Anderson	U13B	Kilmarnock H&AC
73	6:50	Martin	Rolfe	U13B	Giffnock North AC
75	6:52	Morgan	Fairclough	U13B	Gala Harriers
76	6:55	Adam	Smith	U13B	Unattached
77	6:56	Zackary	Jackson	U13B	Falkirk Victoria Harriers
78	6:58	Dylan	Gee	U13B	North Ayrshire AAC
79	7:00	James	Gordon	U13B	Pitreavie AAC
80	7:01	Daniel	Simpson	U13B	Law & District AAC
81	7:10	Callum	Woods	U13B	Law & District AAC
82	7:15	Callum	Lowdon	U13B	Law & District AAC
83	7:21	Aidan	Glennon	U13B	East Kilbride AC
84	7:24	Kai	Taylor	U13B	Falkirk Victoria Harriers
84	7:24	Ruairidh	Stirling	U13B	Inverness Harriers AAC
86	7:30	Euan	Green	U13B	Strathaven Striders
87	7:31	Owen	Murphy	U13B	Law & District AAC
88	7:40	Alex	Orr	U13B	Law & District AAC
89	7:49	David	Morton	U13B	Musselburgh and District AC
90	7:56	Euan Campbell	Flett	U13B	Stornoway Running & AC
91	7:59	Scott	Hill	U13B	Central AC
92	8:12	Joshua	Van Impe	U13B	Helensburgh AAC
93	8:32	Bailey	Lang	U13B	East Kilbride AC
94	8:45	Darren	Hamilton-Hall	U13B	Montrose & District AC
95	9:11	Aiden	McWhirter	U13B	North Ayrshire AAC
96	12:29	Iain	Haldane	U13B	Gala Harriers

Place	Time	First Name	Last Name	Cat	Club
1	5:05	Freya	Murdoch	U13G	Stockport Harriers
2	5:10	Katie	Lennon	U13G	Springburn Harriers
3	5:33	Ruby	Lennon	U13G	Springburn Harriers
4	5:35	Katy	Donnelly	U13G	Giffnock North AC
5	5:40	Ava	Beaton	U13G	Greenock Glenpark Harriers
6	5:41	Olivia	Robbins	U13G	Team East Lothian
7	5:53	Freya	Campbell	U13G	Giffnock North AC
8	5:57	Amber	Wade	U13G	Giffnock North AC
8	5:57	Aimee	Anderson	U13G	East Kilbride AC
10	5:58	Nell	McGregor	U13G	North Ayrshire AAC
10	5:58	Sophie	McGinty	U13G	Greenock Glenpark Harriers
12	5:59	Abby	Farquhar	U13G	Aberdeen AAC
13	6:01	Eva	Cameron	U13G	Corstorphine AAC
14	6:04	Anna	McNeill	U13G	Aberdeen AAC
15	6:07	Freya	Pryce	U13G	Edinburgh AC
16	6:08	Kirsten	Burnett	U13G	Inverness Harriers AAC
17	6:10	Dashka	MacDonald	U13G	Edinburgh AC
18	6:11	Jessica	Taylor	U13G	Edinburgh AC
19	6:12	Cristina	Elliot	U13G	Team East Lothian
19	6:12	Hope	Thomson	U13G	Metro Aberdeen RC
21	6:13	Katie	Hedges	U13G	Falkirk Victoria Harriers
21	6:13	Chloe	Davies	U13G	Falkirk Victoria Harriers
23	6:14	Megan	McKay	U13G	Edinburgh AC
24	6:16	Emily	Murray	U13G	Stornoway Running & AC
25	6:18	Erin	McEleny	U13G	Greenock Glenpark Harriers
26	6:20	Grace	Cook	U13G	Dundee Hawkhill Harriers
26	6:20	Isabella	Ogg	U13G	Falkirk Victoria Harriers
28	6:22	Natsai	Nyabadza	U13G	Harmeny AC
29	6:24	Madeline	McGregor	U13G	North Ayrshire AAC
29	6:24	Megan	Macleane	U13G	Stornoway Running & AC
29	6:24	Elena	Lee	U13G	Moorfoot Runners
32	6:25	Joscelyn	Kennedy	U13G	Law & District AAC
33	6:26	Iris	Nicoll	U13G	Dundee Hawkhill Harriers
34	6:27	Isabella	Passway	U13G	Dundee Hawkhill Harriers
34	6:27	Kyla	Mcmurdo	U13G	Stornoway Running & AC
36	6:29	Olivia	Mahon	U13G	Kirkintilloch Olympians
37	6:30	Iris	Paterson	U13G	Inverclyde AC
38	6:33	Maria	McCabe	U13G	Greenock Glenpark Harriers
39	6:34	Isla	Donnelly	U13G	VP-Glasgow AC
39	6:34	Ariane	Baillie	U13G	Pitreavie AAC
41	6:36	Naideen	Dailly	U13G	North Ayrshire AAC
41	6:36	Alice	Mourao	U13G	Corstorphine AAC
43	6:37	Erin	Gray	U13G	Gala Harriers
44	6:38	Sarah	Maciver	U13G	Stornoway Running & AC
45	6:39	Summer	Taggart	U13G	Greenock Glenpark Harriers
46	6:40	Beth	Allan	U13G	East Kilbride AC
47	6:42	Katie	Burns	U13G	Shettleston Harriers
48	6:45	Jessica	Donnelly	U13G	VP-Glasgow AC
49	6:46	Ruth	Walsh	U13G	VP-Glasgow AC
49	6:46	Abbie	Stewart	U13G	Stornoway Running & AC

Place	Time	First Name	Last Name	Cat	Club
51	6:51	Jessica	Inglis	U13G	Law & District AAC
52	6:53	Jessica	Hendry	U13G	Gala Harriers
53	7:00	Orla	Hodgson	U13G	Clydesdale Harriers
54	7:01	Isla	Munro	U13G	Giffnock North AC
55	7:05	Sarah	Taylor	U13G	Ellon AAC
56	7:06	Abby	Docherty	U13G	North Ayrshire AAC
56	7:06	Esther	Taylor	U13G	Harmeny AC
56	7:06	Millie	Newall	U13G	Springburn Harriers
59	7:10	Isla	Ross	U13G	Giffnock North AC
60	7:11	Ella	Jones	U13G	Harmeny AC
61	7:12	Sophia	Carlin	U13G	East Kilbride AC
62	7:17	Hazel	O'Donoghue	U13G	Giffnock North AC
63	7:23	Lucy	McLean	U13G	Banchory Stonehaven AC
64	7:24	Amy	Macritchie	U13G	Stornoway Running & AC
65	7:27	Laurie	Hunter	U13G	Pitreavie AAC
66	7:28	Kirstin	Penman	U13G	Dunfermline Track & Field AC
66	7:28	Lucy	McGrandle	U13G	Cambuslang Harriers
68	7:30	Zoe	Loughrey	U13G	VP-Glasgow AC
68	7:30	Neve	Elliott	U13G	Hamilton & District AC
70	7:34	Rachel	McPhillips	U13G	Whitemoss AAC
71	7:37	Poppy	Lunn	U13G	Gala Harriers
72	7:38	Lucy	Denholm	U13G	Clydesdale Harriers
73	7:40	Emily	Buchan	U13G	East Kilbride AC
74	7:42	Aimee	White	U13G	Strathearn Harriers
74	7:42	Hannah	Coutts	U13G	East Kilbride AC
76	7:45	Millie	Robertson	U13G	Clydesdale Harriers
77	7:54	Madeline	Frew	U13G	East Kilbride AC
78	8:06	Jessie	Caig	U13G	VP-Glasgow AC
79	8:08	Lucy	O'Donoghue	U13G	Giffnock North AC
80	8:14	Rachel	Stevenson	U13G	Law & District AAC
80	8:14	Meda Maria	Reivyitis	U13G	Harmeny AC
82	8:24	Susannah	Kay	U13G	Law & District AAC
82	8:24	Carys	Forgie	U13G	Falkirk Victoria Harriers
84	8:28	Sarah	Toner	U13G	East Kilbride AC
85	9:00	Eilidh	Ovenstone	U13G	Corstorphine AAC
86	10:26	Charis	Crawford	U13G	Springburn Harriers

Pos U17M Team

Team	Time	Places			
1 INVNH A	21:45	23 Lucas Cairns (4:35)	62 Angus Smith (4:54)	159 Finlay Rutter (5:12)	964 Thomas Burnett (7:04)

U15B Team

Team	Time	Places			
1 CORST A	22:15	178 Patrick Milne (5:16)	242 Adam Wetton (5:27)	313 Ruairidh Williams (5:37)	466 Cameron Ross (5:55)
2 LAWD A	22:22	142 Oscar Logan (5:10)	273 Logan Whitton (5:31)	383 Craig Cherrie (5:45)	472 Cameron Martin (5:56)

U15G Team

Team	Time	Places			
1 FALKV A	24:51	210 Caitlyn Christie (5:21)	526 Erin Hendry (6:01)	690 Arwen Kennedy (6:22)	982 Isla Houston (7:07)
2 LAWD A	28:22	640 Fiona Currie (6:15)	1001 Amanda Quinn (7:11)	1045 Jade Gray (7:22)	1092 Rosie Watson (7:34)
3 HARM A	31:06	606 Emma Watson (6:11)	892 Sophie McGillivray (6:51)	1192 Lucy McDonald (8:19)	1239 Emma Mitchell (9:45)

U13B Team

Team	Time	Places			
1 GIFFN A	22:34	172 Cameron Harris (5:15)	231 Oliver Bryers (5:25)	420 Jack Wallace (5:50)	550 Matthew Shaw (6:04)
2 GAHA A	23:43	313 Zico Field (5:37)	369 Ross Christie (5:44)	492 Matty Fleming (5:58)	708 Alex Playfair (6:24)
3 HARM A	23:59	383 Dan McGuire (5:45)	424 Matthew Holden (5:51)	587 Ben McDonald (6:09)	633 Noah Ralph (6:14)
4 SRAC A	24:27	457 Jordan Angus Nicolson (5:55)	457 Iain Matheson (5:55)	615 Andrew Macaskill (6:12)	720 Sebastian Nicolson (6:25)
5 FALKV A	25:33	192 Luke Culliton (5:18)	457 Adam Kennedy (5:55)	921 Zackary Jackson (6:56)	1056 Kai Taylor (7:24)
6 EKILB A	26:07	492 Ryan McNamara (5:58)	598 Jonathan Hunter (6:10)	809 Dylan Edwards (6:38)	1041 Aidan Glennon (7:21)
7 LAWD A	26:15	346 Ryan Kellock (5:41)	702 Euan Blackwood (6:23)	951 Daniel Simpson (7:01)	994 Callum Woods (7:10)

U13G Team

Team	Time	Places			
1 GIFFN A	24:26	298 Katy Donnelly (5:35)	439 Freya Campbell (5:53)	479 Amber Wade (5:57)	951 Isla Munro (7:01)
2 GGLEN A	24:29	335 Ava Beaton (5:40)	492 Sophie McGinty (5:58)	661 Erin McEleny (6:18)	770 Maria McCabe (6:33)
3 EDIN A	24:42	566 Freya Pryce (6:07)	598 Dashka MacDonald (6:10)	606 Jessica Taylor (6:11)	633 Megan McKay (6:14)
4 SRAC A	25:45	647 Emily Murray (6:16)	708 Megan Maclean (6:24)	736 Kyla Mcurdo (6:27)	809 Sarah Maciver (6:38)
5 NAYR A	26:04	492 Nell McGregor (5:58)	708 Madeline McGregor (6:24)	798 Naideen Dailly (6:36)	973 Abby Docherty (7:06)
6 FALKV A	27:10	624 Chloe Davies (6:13)	624 Katie Hedges (6:13)	678 Isabella Ogg (6:20)	1195 Carys Forgie (8:24)
7 EKILB A	27:29	479 Aimee Anderson (5:57)	819 Beth Allan (6:40)	1005 Sophia Carlin (7:12)	1117 Emily Buchan (7:40)
8 VPCOG A	27:35	782 Isla Donnelly (6:34)	851 Jessica Donnelly (6:45)	858 Ruth Walsh (6:46)	1080 Zoe Loughrey (7:30)
9 HARM A	28:53	690 Natsai Nyabadza (6:22)	973 Esther Taylor (7:06)	1001 Ella Jones (7:11)	1186 Meda Maria Reivytyis (8:14)
10 LAWD A	29:54	720 Joscelyn Kennedy (6:25)	892 Jessica Inglis (6:51)	1186 Rachel Stevenson (8:14)	1195 Susannah Kay (8:24)