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Position	Men Name	Club	Scottish Short Course Championships 09-Nov-19	Liverpool Cross Challenge 23-Nov-19	Scottish District Championships 07-Dec-19	Scottish Inter District Championships 11-Jan-20	Scottish National Cross Country Championships 22-Feb-20	Inter Counties Cross Country Championships 07-Mar-20	Total
1	Jamie Crowe	Central AC	36	43	50	43	50	0	**222**
2	Jonny Glen	Inverclyde AC	27	33	0	0	43	50	**153**
3	Kristian Jones	Dundee Hawkhill Harriers	33	50	0	50	0	0	**133**
4	Lachlan Oates	Shettleston Harriers	22	24	50	24	0	0	**120**
5	Jack Leitch	Edinburgh University	14	22	0	18	18	43	**115**
6	Ben Greenwood	Perth Strathtay	0	0	43	27	16	0	**86**
7	Andrew Butchart	Central AC	50	0	0	36	0	0	**86**
8	Tom Martyn	Costorphine AAC	3	0	30	30	20	0	**83**
9	Ryan Thomson	Cambuslang Harriers	30	18	33	0	0	0	**81**
10	Sol Sweeney	Glasgow University	43	36	0	0	0	0	**79**
11	Ross Gollan	Shettleston Harriers	0	0	43	10	24	0	**77**
12	Fraser Stewart	Cambuslang Harriers	4	0	36	0	1	33	**74**
13	Ewan Brown	Costorphine AAC	0	0	36	0	30	0	**66**
14	Cameron Strachan	Metro Aberdeen RC	12	0	36	14	0	0	**62**
15	Calum McKenzie	Costorphine AAC	1	0	27	8	22	0	**58**
16	Andrew Douglas	Inverclyde AC	0	0	0	20	33	0	**53**
17	Cameron Smith	Glasgow University	0	0	30	0	2	20	**52**
18	Hamish Hickey	Stirling University	8	0	0	16	0	27	**51**
19	Eoin Lennon	Carnethy HRC	0	0	24	12	14	0	**50**
20	John Newsom	Inverness Harriers AAC	0	0	50	0	0	0	**50**
21	Craig Jardine	Cambuslang Harriers	0	0	43	2	0	0	**45**
22	Craig Campbell	Inverness Harriers AAC	0	8	36	0	0	0	**44**
23	Kevin Wood	Fife AC	0	0	0	0	36	0	**36**
24	Conan McCaughey	Central AC	0	0	0	0	0	36	**36**
25	Ewan Davidson	Moray Road Runners	0	0	33	0	0	0	**33**
26	Sean Chalmers	Inverness Harriers AAC	0	0	0	33	0	0	**33**
27	Jamie Williamson	Springburn Harriers	0	30	0	0	0	0	**30**
28	Rob Sinclair	Highland Hill Runners	0	0	30	0	0	0	**30**
29	Ryan Gray	Inverclyde AC	0	0	0	0	0	30	**30**
30	Jack Eykelbosch	Edinburgh University	0	4	0	0	0	24	**28**
31	Alastair Hay	Central AC	0	0	0	0	27	0	**27**
32	Adam Craig	Inverclyde AC	0	27	0	0	0	0	**27**
33	Alasdair Campbell	Cambuslang Harriers	0	0	27	0	0	0	**27**
34	James Wilson	Moray Road Runners	0	0	27	0	0	0	**27**
35	Lewis Rodgers	Fife AC	18	0	0	0	8	0	**26**
36	Alexander Cheplin	Carnethy HRC	0	0	20	6	0	0	**26**
37	James Donald	Dundee Hawkhill Harriers	10	14	0	1	0	0	**25**
38	Michael Ferguson	Aberdeen AAC	24	0	0	0	0	0	**24**
39	Craig Ruddy	Inverclyde AC	0	0	24	0	0	0	**24**
40	John Yells	Lochaber AC	0	0	24	0	0	0	**24**
41	Ross Gray	Inverclyde AC	0	0	22	0	0	0	**22**
42	Douglas Selman	Costorphine AAC	0	0	22	0	0	0	**22**
43	Graham Bee	Inverness Harriers AAC	0	0	22	0	0	0	**22**
44	Robbie Simpson	Deeside Runners	0	0	0	22	0	0	**22**
45	James Gillon	Law & District AAC	0	0	0	0	0	22	**22**
46	Michael Christoforou	Edinburgh AC	2	16	0	3	0	0	**21**
47	Connor Maclean	Kilbarchan AAC	20	0	0	0	0	0	**20**
48	Max Milarvie	Edinburgh University	0	20	0	0	0	0	**20**
49	Mike Deason	Shettleston Harriers	0	0	20	0	0	0	**20**
50	Jack Ward	Highland Hill Runners	0	0	20	0	0	0	**20**
51	John Fergusson	East Kilbride AC	0	0	18	0	0	0	**18**
52	James Hoad	Aberdeen AAC	0	0	18	0	0	0	**18**
53	Blair Mackay	East Sutherland AC	0	0	18	0	0	0	**18**
54	John Lenehan	Edinburgh AC	0	0	0	0	0	18	**18**
55	Freddie Carcas	Edinburgh AC	16	0	0	0	0	0	**16**
56	Cameron Milne	Central AC	0	0	0	0	12	0	**12**
57	Joe Arthur	Edinburgh AC	0	12	0	0	0	0	**12**
58	Alasdair McLeod	Shettleston Harriers	0	0	0	0	10	0	**10**
59	Euan Campbell	Stornoway RAC	0	10	0	0	0	0	**10**
60	Eddie Narbett	Edinburgh University	0	0	0	0	6	0	**6**
61	Kristof Hornyik	Dundee Hawkhill Harriers	6	0	0	0	0	0	**6**
62	Alex Carcas	Edinburgh University	0	6	0	0	0	0	**6**
63	Matthew Sutherland	Central AC	0	0	0	0	4	0	**4**
64	Elisha de Mello	Edinburgh University	0	0	0	4	0	0	**4**
65	Alex Muir	Edinburgh University	0	0	0	0	3	0	**3**
66	Conor Thomson	Kilbarchan AAC	0	3	0	0	0	0	**3**
67	Euan Martin	Falkirk Victoria Harriers	0	2	0	0	0	0	**2**
68	David Tamburini	Inverclyde AC	0	1	0	0	0	0	**1**
69									**0**
70									**0**
71									**0**
72									**0**
73									**0**
74									**0**
75									**0**
76									**0**
77									**0**
78									**0**
79									**0**
80									**0**

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Position	Women Name	Club	Scottish Short Course Championships 09-Nov-19	Liverpool Cross Challenge 23-Nov-19	Scottish District Championships 07-Dec-19	Scottish Inter District Championships 11-Jan-20	Scottish National Cross Country Championships 22-Feb-20	Inter Counties Cross Country Championships 07-Mar-20	Total
1	Annabel Simpson	Fife AC	50	50	50	36	43	0	**229**
2	Kayleigh Jarrett	Shettleston Harriers	6	30	43	16	30	36	**161**
3	Michelle Sandison	Springburn Harriers	18	0	0	24	27	50	**119**
4	Nynke Mulholland	Inverclyde AC	20	0	50	33	0	0	**103**
5	Mhairi MacLennan	Inverness Harriers AAC	0	0	0	50	50	0	**100**
6	Avril Mason	Shettleston Harriers	0	0	30	0	22	43	**95**
7	Catriona MacDonald	Bellahouston RR	0	0	36	10	14	33	**93**
8	Jenny Selman	Fife AC	43	33	0	0	0	0	**76**
9	Holly Little	VP-Glasgow AC	16	36	0	14	0	0	**66**
10	Fiona Brian	Metro Aberdeen	0	0	43	22	0	0	**65**
11	Virginie Barrand	Metro Aberdeen	0	0	36	27	0	0	**63**
12	Holly Page	Edinburgh University	30	0	0	0	0	30	**60**
13	Kerry McAngus	Kilbarchan AAC	12	43	0	2	0	0	**57**
14	Zoe Pflug	Edinburgh University	24	0	0	30	0	0	**54**
15	Moira Davie	Forres Harriers	0	0	50	0	0	0	**50**
16	Rebecca Johnson	Edinburgh University	0	27	0	20	0	0	**47**
17	Megan Crawford	Fife AC	0	0	27	0	16	0	**43**
18	Emma Watt	JSK Running Club	0	0	43	0	0	0	**43**
19	Fionnuala Ross	Shettleston Harriers	0	0	0	43	0	0	**43**
20	Freya Ross	Falkirk Victoria Harriers	0	0	30	12	0	0	**42**
21	Lauren Wilson	Edinburgh AC	22	0	0	18	0	0	**40**
22	Nicola Hood	Dumfries RC	0	0	33	0	6	0	**39**
23	Moira Stewart	Cambuslang Harriers	0	0	0	0	36	0	**36**
24	Megan Keith	Inverness Harriers	36	0	0	0	0	0	**36**
25	Caroline Marwick	Inverness Harriers AAC	0	0	36	0	0	0	**36**
26	Jill Stephens	Hunters Bog Trotters	1	0	33	0	0	0	**34**
27	Steph Pennycook	Fife AC	0	0	0	0	33	0	**33**
28	Cera Gemmell	Team East Lothian	33	0	0	0	0	0	**33**
29	Iona Robertson	Moray Road Runners	0	0	33	0	0	0	**33**
30	Polly Edwards	Edinburgh University	0	16	0	0	0	16	**32**
31	Michelle Slater	Moray Road Runners	0	0	30	0	0	0	**30**
32	Katie Lowery	Edinburgh University	2	24	0	0	3	0	**29**
33	Kathryn Pennel	Shettleston Harriers	0	0	18	0	10	0	**28**
34	Heather Anderson	Fife AC	0	0	20	0	8	0	**28**
35	Claire Bruce	Metro Aberdeen	0	0	22	6	0	0	**28**
36	Erin Wallace	Giffnock North AC	27	0	0	0	0	0	**27**
37	Sarah Attwood	Skye & Lochalsh RAC	0	0	27	0	0	0	**27**
38	Kara Tait	Kilmarnock Harriers	0	0	27	0	0	0	**27**
39	Sara Green	Gala Harriers	0	0	0	0	0	27	**27**
40	Jennifer Spence	Fife AC	0	0	0	0	24	0	**24**
41	Charlotte Black	Shetland AAC	0	0	24	0	0	0	**24**
42	Chloe Cox	Edinburgh AC	0	0	24	0	0	0	**24**
43	Aoife Carr	Glasgow University	0	0	24	0	0	0	**24**
44	Ruth Joss	Shettleston Harriers	0	0	0	0	0	24	**24**
45	Yvonne McNairn	Giffnock North AC	0	0	0	0	1	22	**23**
46	Hannah Morrison	Edinburgh University	0	22	0	0	0	0	**22**
47	Karen Lyons	Highland Hill Runners	0	0	22	0	0	0	**22**
48	Steph Lawrie	VP-Glasgow AC	0	0	22	0	0	0	**22**
49	Catriona Graves	Edinburgh University	0	0	0	0	20	0	**20**
50	Holly Thompson	Kilbarchan AAC	0	20	0	0	0	0	**20**
51	Julie Wilson	Inverness Harriers AAC	0	0	20	0	0	0	**20**
52	Jessica Martin	Shettleston Harriers	0	0	20	0	0	0	**20**
53	Jill Smylie	Giffnock North AC	0	0	0	0	0	20	**20**
54	Kirsten Maxwell	Gala Harriers	0	0	0	0	18	0	**18**
55	Emily McNicol	Strathclyde University	0	18	0	0	0	0	**18**
56	Siobhan Evans	Forres Harriers	0	0	18	0	0	0	**18**
57	Morag Miller	Central AC	0	0	18	0	0	0	**18**
58	Constance Nankivell	Edinburgh University	14	0	0	4	0	0	**18**
59	Elaine Eadie	Edinburgh AC	0	0	0	0	0	18	**18**
60	Isla Scott-Pearce	Edinburgh AC	0	0	0	0	0	16	**16**
61	Sharon Hastie	Kilbarchan AAC	0	14	0	0	0	0	**14**
62	Sophie Collins	Hunters Bog Trotters	0	0	0	0	12	0	**12**
63	Lydia Blythe	Edinburgh University	0	12	0	0	0	0	**12**
64	Katy Brown	Giffnock North AC	10	0	0	0	0	0	**10**
65	Catriona Padmanabhan	Garscube Harriers	0	10	0	0	0	0	**10**
66	Hannah Cameron	Edinburgh AC	8	0	0	0	0	0	**8**
67	Margaret Newell	Law & District AAC	0	8	0	0	0	0	**8**
68	Sophia Green	Moray Road Runners	0	0	0	8	0	0	**8**
69	Amanda Connelly	Garscube Harriers	0	6	0	0	0	0	**6**
70	Kirsty Dickson	Glasgow University	0	0	0	0	4	0	**4**
71	Philippa Millage	VP-Glasgow AC	4	0	0	0	0	0	**4**
72	Ruth Kirk	Ayr Seaforth	0	4	0	0	0	0	**4**
73	Emily Andrew	Inverness Harriers AAC	3	0	0	0	0	0	**3**
74	Gemma Cormack	Inverness Harriers	0	0	0	3	0	0	**3**
75	Keira Gore	Lasswade AC	0	0	0	0	2	0	**2**
76	Amy Frankland	Lasswade AC	0	0	0	1	0	0	**1**
77									**0**
78									**0**
79									**0**
80									**0**