scottishathletics

| Position | Men<br>Name | Club | Scottish Short Course Championships<br>09-Nov-19 | Liverpool Cross Challenge<br>23-Nov-19 | Scottish District Championships<br>07-Dec-19 | Scottish Inter District Championships<br>11-Jan-20 | Scottish National Cross Country Championships<br>22-Feb-20 | Inter Counties Cross Country Championships<br>07-Mar-20 | Total |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Kristian Jones | Dundee Hawkhill Harriers | 33 | 50 | | | | | **83** |
| 2 | Sol Sweeney | Glasgow University | 43 | 36 | | | | | **79** |
| 3 | Jamie Crowe | Central AC | 36 | 43 | | | | | **79** |
| 4 | Jonny Glen | Inverclyde AC | 27 | 33 | | | | | **60** |
| 5 | Andrew Butchart | Central AC | 50 | 0 | | | | | **50** |
| 6 | Ryan Thomson | Cambuslang Harriers | 30 | 18 | | | | | **48** |
| 7 | Lachlan Oates | Shettleston Harriers | 22 | 24 | | | | | **46** |
| 8 | Jack Leitch | Edinburgh University | 14 | 22 | | | | | **36** |
| 9 | Jamie Williamson | Springburn Harriers | 0 | 30 | | | | | **30** |
| 10 | Adam Craig | Inverclyde AC | 0 | 27 | | | | | **27** |
| 11 | Michael Ferguson | Aberdeen AAC | 24 | 0 | | | | | **24** |
| 12 | James Donald | Dundee Hawkhill Harriers | 10 | 14 | | | | | **24** |
| 13 | Connor Maclean | Kilbarchan AAC | 20 | 0 | | | | | **20** |
| 14 | Max Milarvie | Edinburgh University | 0 | 20 | | | | | **20** |
| 15 | Lewis Rodgers | Fife AC | 18 | 0 | | | | | **18** |
| 16 | Michael Christoforou | Edinburgh AC | 2 | 16 | | | | | **18** |
| 17 | Freddie Carcas | Edinburgh AC | 16 | 0 | | | | | **16** |
| 18 | Cameron Strachan | Metro Aberdeen RC | 12 | 0 | | | | | **12** |
| 19 | Joe Arthur | Edinburgh AC | 0 | 12 | | | | | **12** |
| 20 | Euan Campbell | Stornoway RAC | 0 | 10 | | | | | **10** |
| 21 | Hamish Hickey | Stirling University | 8 | 0 | | | | | **8** |
| 22 | Craig Campbell | Inverness Harriers | 0 | 8 | | | | | **8** |
| 23 | Kristof Hornyik | Dundee Hawkhill Harriers | 6 | 0 | | | | | **6** |
| 24 | Alex Carcas | Edinburgh University | 0 | 6 | | | | | **6** |
| 25 | Fraser Stewart | Cambuslang Harriers | 4 | 0 | | | | | **4** |
| 26 | Jack Eykelbosch | Edinburgh University | 0 | 4 | | | | | **4** |
| 27 | Tom Martyn | Costorphine AAC | 3 | 0 | | | | | **3** |
| 28 | Conor Thomson | Kilbarchan AAC | 0 | 3 | | | | | **3** |
| 29 | Euan Martin | Falkirk Victoria Harriers | 0 | 2 | | | | | **2** |
| 30 | Calum McKenzie | Costorphine AAC | 1 | 0 | | | | | **1** |
| 31 | David Tamburini | Inverclyde AC | 0 | 1 | | | | | **1** |
| 32 | | | | | | | | | **0** |
| 33 | | | | | | | | | **0** |
| 34 | | | | | | | | | **0** |
| 35 | | | | | | | | | **0** |

scottishathletics

| Position | Women<br>Name | Club | Scottish Short Course Championships<br>09-Nov-19 | Liverpool Cross Challenge<br>23-Nov-19 | Scottish District Championships<br>07-Dec-19 | Scottish Inter District Championships<br>11-Jan-20 | Scottish National Cross Country Championships<br>22-Feb-20 | Inter Counties Cross Country Championships<br>07-Mar-20 | Total |
|---|---|---|---|---|---|---|---|---|---|
| 1 | Annabel Simpson | Fife AC | 50 | 50 | | | | | **100** |
| 2 | Jenny Selman | Fife AC | 43 | 33 | | | | | **76** |
| 3 | Kerry McAngus | Kilbarchan AAC | 12 | 43 | | | | | **55** |
| 4 | Holly Little | VP-Glasgow AC | 16 | 36 | | | | | **52** |
| 5 | Megan Keith | Inverness Harriers | 36 | 0 | | | | | **36** |
| 6 | Kayleigh Jarrett | Shettleston Harriers | 6 | 30 | | | | | **36** |
| 7 | Cera Gemmell | Team East Lothian | 33 | 0 | | | | | **33** |
| 8 | Holly Page | Edinburgh University | 30 | 0 | | | | | **30** |
| 9 | Erin Wallace | Giffnock North AC | 27 | 0 | | | | | **27** |
| 10 | Rebecca Johnson | Edinburgh University | 0 | 27 | | | | | **27** |
| 11 | Katie Lowery | Edinburgh University | 2 | 24 | | | | | **26** |
| 12 | Zoe Pflug | Edinburgh University | 24 | 0 | | | | | **24** |
| 13 | Lauren Wilson | Edinburgh AC | 22 | 0 | | | | | **22** |
| 14 | Hannah Morrison | Edinburgh University | 0 | 22 | | | | | **22** |
| 15 | Nynke Mulholland | Inverclyde AC | 20 | 0 | | | | | **20** |
| 16 | Holly Thompson | Kilbarchan AAC | 0 | 20 | | | | | **20** |
| 17 | Michelle Sandison | Springburn Harriers | 18 | 0 | | | | | **18** |
| 18 | Emily McNicol | Strathclyde University | 0 | 18 | | | | | **18** |
| 19 | Polly Edwards | Edinburgh University | 0 | 16 | | | | | **16** |
| 20 | Constance Nankivell | Edinburgh University | 14 | 0 | | | | | **14** |
| 21 | Sharon Hastie | Kilbarchan AAC | 0 | 14 | | | | | **14** |
| 22 | Lydia Blythe | Edinburgh University | 0 | 12 | | | | | **12** |
| 23 | Katy Brown | Giffnock North AC | 10 | 0 | | | | | **10** |
| 24 | Catriona Padmanabhan | Garscube Harriers | 0 | 10 | | | | | **10** |
| 25 | Hannah Cameron | Edinburgh AC | 8 | 0 | | | | | **8** |
| 26 | Margaret Newell | Law & District AAC | 0 | 8 | | | | | **8** |
| 27 | Amanda Connelly | Garscube Harriers | 0 | 6 | | | | | **6** |
| 28 | Philippa Millage | VP-Glasgow AC | 4 | 0 | | | | | **4** |
| 29 | Ruth Kirk | Ayr Seaforth | 0 | 4 | | | | | **4** |
| 30 | Emily Andrew | Inverness Harriers | 3 | 0 | | | | | **3** |
| 31 | Jillian Stephens | Hunters Bog Trotters | 1 | 0 | | | | | **1** |
| 32 | | | | | | | | | **0** |
| 33 | | | | | | | | | **0** |
| 34 | | | | | | | | | **0** |
| 35 | | | | | | | | | **0** |