

Month	Date: Mon - Sun	International Level	Scottish Representation	UK Level	Domestic (Scottish) Level
March	18th - 24th				23rd-Shetland Spring Open*
April	1st - 7th				
	8th - 14th			13th-Alan Bertram Hammer Competition	13th-Throws Grand Prix 1 (inc. para), Inverness*
	15th - 21st				19th-GAA Miler Meet 10,000, Night of the 10Ks*
					21st-Knockando Jumps OGM*
					21st-Shetland AAC OGM*
22nd - 28th					
May	29th Apr - 5th May	3rd-Doha DL		4th-6th: BUCS Champs, Bedford	
		3rd-5th:World Relay Champs			
	6th - 12th			11th-National leagues (BAL&UKWAL)	10th-12th: scottishathletics District Champs & National Open (U20 & SNR)*
	13th - 19th	18th-Shanghai DL	19th-Loughborough International	15th-BMC, Trafford	
				18th-England 10,000m Champs (tbc)	
	20th - 26th			23rd-Lee Valley Sprints Open (100m x 2)	24th-The Monument Mile Classic, Stirling*
				25th/26th-England SNR & U20 CE Champs (incl. Para)	25th-Throws Grand Prix 2 (inc. para), Livingston*
				26th-SAL Jumps Series 1 (inc. para), Aberdeen*	
June	27 May - 2 June	30th-Stockholm DL		27th-Big ISH 2019, Bedford	29th-GAA Sprint Gala*
				26th/27th-Javelin Festival, Loughborough	31st-GAA Miler Meet (800m/3000m)*
				27th-Hurdles Fest, Newham	
	3rd - 9th	6th-Rome DL		4th-BMC, Trafford	5th-SDS Junior Champs
				5th-Windsprint Meet, Cardiff	7th/8th-Scottish Schools Championships
		7th-10th Frankish Crumbach		5th-Lee Valley Sprints Open (100m & 200m)	
				8th-Le Cheile Internationa, Loxlip, Ireland	
				9th-National Leagues (BAL/UKWL)	
	10th - 16th	13th-Oslo DL			15th-Shetland AAC OGM*
		15th-Geneva (EAP)			
		16th-Rabat DL			

June Ctd...	17th - 23rd	22nd-Nivelles (EAP)	18th-BMC, Trafford	
			19th-Lee Valley Sprints Open (100m x 2)	
			21st-Mencap Champs	
			22nd/23rd-England U23/U20 Champs (incl. Para), Bedford	
	24th - 30th	30th-Eugene DL	26th-Lee Valley Open (400m)	28th-GAA Sprint Gala - Run with Wind*

July	1st - 7th	5th-Lausanne DL	6th-Night of 10000m, Highgate		
		6th-European 10,000m Cup (tbc)			
		3rd/4th-World Student Games			
	8th - 14th	12th-Monaco DL		13th-scottishathletics Masters Championships	
		11th-14th: European U23 Champs		14th-SAL Hurdles Open, Grangemouth*	
		13th/14th-Athletics World Cup (tbc)		13th/14th-scottishathletics Combined Events Champs, Grangemouth*	
	15th - 21st	18th-21st:European U20	20th-SIAB International Champs		
		20th/21st-Muller Anniversary Games (London DL)			
	22nd - 28th		24th-July Cardiff International (U20)	23rd-BMC, Trafford	24th-GAA Sprints Gala - Run with Wind*
				27th/28th-England SNR & UKCAU Champs, Manchester	26th-GAA Miler Meet 1500m/ 5000m*
					27th-Throws Grand Prix 3 (inc. para), Livingston*
					28th-SAL Jumps Series 2 (inc. para), Pitreavie*

August	29th Jul - 4th Aug	1st-Aug Belfast Int. (EAP)	3rd/4th Home Countries CE Champs, Manchester	3rd/4th-England U17&U15 CE Champs, Manchester	
		1st-4th: World Para Athletics Junior Champs		3rd-National leagues (BAL/UKWAL)	
		3rd/4th-Leiria International Throwing Meeting		3rd-Birmingham Relays	
	5th - 11th	6th-Loughborough (EAP)		7th-Windsprint Meet, Cardiff	10th/11th-scottishathletics U13/ U15 & U20 (incl. para), Grangemouth*
		9th-11th: European Team Champs		10th-BMC, Trafford	
	12th - 18th	18th-Muller Grand Prix (Birmingham DL)	14th-Manchester International		17th/18th-scottishathletics SNR&U17 Champs (incl. para), Grangemouth*

August Ctd...	19th - 25th	24th-Paris DL	20th-BMC, Trafford	24th-Throws Grand Prix 4 (inc. para), Livingston*
			24th/25th: Muller British Championships	25th-Shetland AAC OGM*
	26th - 1st Sept	29th-Zurich DL	28th-Lee Valley Open (100 & 200)	25th-Knockando Jumps OGM*
			31st Aug/1st Sept-England U17&U15 Champs	31st-scottishathletics Masters 10000m Champs, Carluke

September	2nd - 8th	6th-Brussels DL		
	8th - 14th			11th-SDS Senior Athletics Champs
	23rd - 29th			14th-SAL Jumps Series 3 (inc. para), Linwood*
October	30th Sept - 6th Oct	28th Sept-6th Oct World Champs		
	7th - 13th	12th-19th: INAS FID Global Games		

November	4th - 10th	7th-15th: World Para Athletics		
	11th - 17th	World Champs		

Further information on the Scottish International opportunities can be found in the International Handbook [Team Selection](#)

Further information on the British International opportunities can be found on the UKA website [2019 Selection Policies](#)

Further information on the Domestic (Scottish) Fixtures can be found on the SA Events Pages [scottishathletics Events Calendar](#)

*These events will form part of the scottishathletics 2019 Event Specific Competition Series
More information can be found on the website: [Event Specific Series](#)

Please use the following contacts for information on Event Specific Competition opportunities:

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