

scottishathletics
road race grand prix



2019	Male		Female	
	A Standard 5 shares	B Standard 2 shares	A Standard 5 shares	B Standard 2 shares
Tom Scott 10 Miler	50:00	51:00	56:20	57:00
Stirling Marathon	2:20:00	2:24:00	2:44:00	2:48:00
Silverknowles 5k	14:30	14:45	16:20	16:35
Stirling 10k	30:00	30:30	34:30	35:00
Glasgow Half Marathon	65:00	67:00	76:00	78:00

2019	Male (5 shares)	Male (2 shares)	Female (5 share)	Female (2 shares)
Tom Scott 10 Miler	Lachlan Oates (49:15) Michael Crawley (49:56)	Craig Ruddy (50:02) Michael Christoforou (50:30) John Bell (50:30)	Elsbeth Curran (56:00)	Fiona Brian (56:35)
Stirling Marathon	N/A	N/A	N/A	N/A
Silverknowles 5k				
Stirling 10k				
Glasgow Half Marathon				

Total Shares 2019	Male	Female

Prize Money 2019	Male (£2000)	Female (£2000)

WOMEN		Tom Scott 10 miles		Stirling Marathon		Self Transcendence 5km		Stirling 10km		Great Scottish Run Half Marathon		T O T A L
		1st April		29th April		4th May		10th September		30th September		
NAME	CLUB	A	B	A	B	A	B	A	B	A	B	
		Sub 57:00	Sub 58:00	Sub 2:44:00	Sub 2:48:00	Sub 16:20	Sub 16:35	Sub 34:30	Sub 35:00	Sub 76:00	Sub 78:00	
1	Eispeth Curran	Kilbarchan AAC	5									5
2	Fiona Brian	Metro Aberdeen		2								2
3												0
4												0
5												0
6												
7												
8												
9												
10												
11												
12												
13												

Total Shares (currently) = 7
One Share (currently) = £ 286



MEN		Tom Scott 10 miles		Stirling Marathon		Self Transcendence 5km		Stirling 10km		Great Scottish Run Half Marathon		T O T A L
		1st April		29th April		4th May		10th September		30th September		
NAME	CLUB	A	B	A	B	A	B	A	B	A	B	
		Sub 50:00	Sub 51:00	Sub 2:20:00	Sub 2:24:00	Sub 14:30	Sub 14:45	Sub 30:00	Sub 30:30	Sub 65:00	Sub 67:00	
1	Lachlan Oates	Shettleston Harriers	5									5
2	Michael Crawley	Costorphine AAC	5									5
3	Craig Ruddy	Inverclyde AC		2								2
4	Michael Christoforou	Edinburgh AC		2								2
5	John Bell	Inverclyde AC		2								2
6												0
7												0
8												0
9												
10												
11												
12												

Total Shares (currently) = 16
 One Share (currently) = £ 125