



STUDENT RESOURCE BOOKLET





INTRODUCTION

The 2019 European Athletics Indoor Championships take place in Glasgow from 1st – 3rd March. The event will bring together over 600 athletes from 50 countries from around Europe. The venue for the Championships will be the Emirates Arena, Glasgow. This venue was part of the hugely successful 2014 Glasgow Commonwealth Games and is the premier indoor athletics facility in Scotland.

HISTORY

Athletics has a rich sporting history. In fact, early competitive forms of athletics can be traced back to the ancient Olympic Games from 776 BC.

In 1912 the International Amateur Athletic Federation was founded bringing standardisation to events and equipment. They also started introducing and recording world records.

The first European Athletics Indoor Championships took place much more recently in 1970. The first Championships were hosted in Vienna and this year is the 35th running of the biennial event. This will be the second time that the Championships has been hosted in Glasgow having first come to the city in 1990.

Scottish athlete, Laura Muir, currently holds two Championship records after setting a leading mark in both the 1,500 metres and 3,000 metres at the 2017 European Athletics Indoor Championships in Belgrade, Serbia. Fellow Scot, Eilidh Doyle, was also part of the team that holds the current Championship record for the 4x400m relay.

International Association of Athletics Federations https://www.iaaf.org/home

European Athletics Indoor Championships 2019 https://glasgow2019athletics.com/

scottishathletics

USEFUL LINKS

https://www.scottishathletics.org.uk/

SCHOOLS RESOURCE BOOKLET

This resource booklet has been developed by **scottish**athletics, with the support of Glasgow's PEPASS team to help you learn more about athletics and the countries who will be competing in Glasgow in March 2019. In this booklet you will:

- Research athletes, countries and equipment involved in the European Athletics Indoor Championships
- Find out about competing countries and their history in the sport of athletics
- Learn about researching and writing articles on a country and/or a famous athlete

COVERAGE

As a truly global sport, athletics is broadcast and watched around the world, and produces superstars like Usain Bolt.

During the Championships thousands of spectators from around Europe will come to Glasgow to see their athletes compete for gold. The eyes of sports fans and the media across the continent will be on Glasgow between 1-3 March 2019 and you can help us to make it the best athletics event ever!

EVENTS

The European Athletics Indoor Championships are made up of track and field events where individuals compete against each other with the only team event being the 4x400m relay.

Most athletes will compete in one or two events, however, for those who compete in the pentathlon and heptathlon they compete over two days across a variety of running, jumping and throwing events.

There are no para events as part of these Championships. Top Scottish para athletes such as Sammi Kinghorn, Maria Lyle, Jo Butterfield and Gavin Drysdale are this year preparing for the World Para Athletics Championships to be held in Dubai in November 2019.

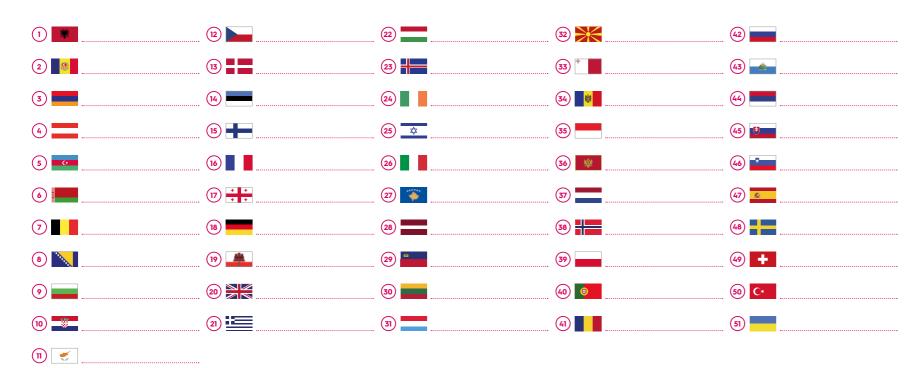
IDENTIFY THE COMPETING COUNTRIES

Using the map of Europe on the next page and the flags shown below, see how many of the countries competing in the 2019 European Athletics Indoor Championships you can identify.

You may wish to complete this task with a partner or group of classmates.

USEFUL LINK:

http://www.european-athletics.org/member-federations/





COUNTRY PROFILE

Scottish athletes will compete in the European Athletics Indoor Championships as part of the Great Britain & Northern Ireland team. In addition, the biggest nations in Europe, such as France and Germany, will compete alongside some of the smallest and most remote, such as Cyprus and Malta.

Across the 600 plus athletes, over 50 nationalities will be represented bringing a real multi-cultural feel to the event. Numerous different languages will be spoken, different cultures represented, and religions practised.

FRANCE

Population: 67 million

Capital City: Paris

Currency: Euro

Distance from home: 500 miles (to Calais)

Famous sports people: Zinedine Zidane; Mary Pierce

Interesting fact: France has hosted the European Indoor Athletics Championship 5 times – 1972, 1981, 1987, 1994 and 2001







CHALLENGE

Choose a country to research and write a fact file on that country. Use the example on France for ideas of what you can include.

Population:	
Capital City:	
Currency:	
Distance from home:	
Famous sports people:	
Interesting fact:	
opean Championships – P7 work document	

)4

EVENTS AND EQUIPMENT

Across the three days of competition, in the European Athletics Indoor Championships, fourteen events will be held. All events will be held in the indoor, 7,000 seated capacity, Emirates Arena creating an electric atmosphere for the athletes, coaches, officials and spectators.

As you can imagine there are a lot of people and equipment needed to make the Championships run smoothly. Over the three days 400 volunteers will work to support the event and 120 officials will ensure the rules are followed.

With over 600 athletes competing in the 2019 European Athletics Indoor Championships there is a lot of equipment required to ensure each individual event goes ahead and runs smoothly.

See if you can complete the table below highlighting one piece of equipment that you think is required for each of the events listed.

EVENT	EQUIPMENT REQUIRED
60 metres sprint	
60 metres hurdles	
800 metres	
Shot put	
Long jump	
Pole vault	
Relay	

USEFUL LINKS:

https://glasgow2019athletics.com/championships/schedule/

CHALLENGE 1:	Can you name all the athletics events that athletes will compete in during the 3 days of competition?	

1	2	3	
4	5	6	
7	8	9	
10	11	12	
13	14		
	you name the events that make up the women		
4	5		
CHALLENGE 3: Can	n you name the events that make up the men's h	neptathlon event?	

European Championships – P7 work document

EUROPEAN ATHLETICS INDOOR CHAMPIONSHIPS - RESULTS

The last European Athletics Indoor Championships were held in Belgrade, Serbia in 2017. At all major, national and local events qualified officials play an extremely important role in ensuring that events run smoothly, and results are accurately recorded.

In all track events the results are determined by the times recorded by each athlete. The athlete recording the fastest time will win the event. In throwing events the results are determined by the distance thrown. For example, in Shot Put, the athlete throwing the shot put furthest will win the event.

The European Athletics Indoor Championships features four jumps event. There are two horizontal jumps - long jump and triple jump, and two vertical jumps - high jump and pole vault. In the horizontal jumps the athlete jumping the furthest distance from the take-off board into the sand pit wins the event. In vertical jumps the results are determined by the height jumped. The athlete clearing the bar at the highest height wins the event.

USEFUL LINKS:

http://www.european-athletics.org/competitions/european-athletics-indoor-championships/history/year=2017/results/index.html

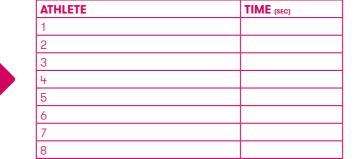
CHALLENGE

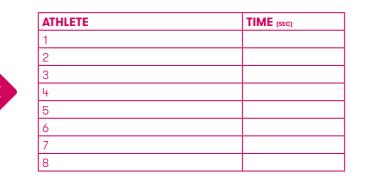
Put the results from the 2017 European Athletics Indoor Championships, into the correct order to determine who won the Gold (1st), Silver (2nd) and Bronze (3rd) medals.

60M MEN – FINAL	ATHLETE	TIME (SEC)
Ξ	Sulayman Bah	6.96
」	Theo Etienne	6.67
Ē	Austin Hamilton	6.63
Σ	Richard Kilty	6.54
0 9	Pascal Mancini	6.70
	Andrew Robertson	DQ
	Odain Rose	6.64
	Jan Volko	6.58

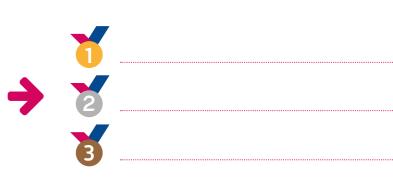
FINAL	ATHLETE	DISTANC (METERS)
	Jessica Cerival	16.84
Ż	Aliona Dubitskaya	17.85
Σ	Paulina Guba	18.00
PUT WOMEN –	Yulia Leantsiuk	18.32
É	Anita Marton	19.28
	Radoslava Mavrodieva	18.36
SHOT	Fanny Roos	18.13
Ϋ́	Claudine Vita	18.09

ž	AIHLEIE	(METERS)
ONG JUMP WOMEN-FINA	Ksenija Balta	6.79
Ż	Maryna Bekh	6.59
Σ	Darya Klishina	6.84
Š	Claudia Salman-Rath	6.94
<u>∠</u>	Jazmin Sawyers	6.67
בַ	Ivana Spanovic	7.24
٩	Lorraine Ugen	6.97
ō	Alexandra Wester	6.53
_		

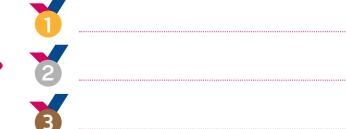




	ATHLETE
	1
	2
	3
	4
	5
	6
	7
	8



















DESIGN A KIT

All teams competing in the 2019 European Athletics Indoor Championships will have their own bespoke kit. This makes it easier for spectators both in the stadium and watching at home to identify what countries the athletes are from.

The athletes will have competition kit to wear while they compete and in addition, they will have a tracksuit for medal ceremonies and travelling to and from the Emirates Arena. The different kits on display during the Championships will be made by a variety of manufacturers such as Joma, New Balance, Nike and Adidas.

CHALLENGE

Choose a competing country and use the image overleaf, featuring Scottish athlete Libby Clegg and her guide runner, to design a vest for both a male and female athlete from that country. Use the countries flag on pages 3 and 4 to help identify colours that your chosen country may use in their kit.

USEFUL LINKS:

http://www.european-athletics.org/index.html https://www.iaaf.org/athletes



JOURNALISM

An international event like the European Athletics Indoor Championships or World Para Athletics Championships attracts journalists and writers from all the countries that are competing. During the European Athletics Indoor Championships in 2019 Glasgow will host visitors from newspapers, websites and magazines which are read by people from throughout Europe.

In addition, television broadcasters and reporters from across Europe will be present to provide live broadcasts, recorded highlights and reports for their country's supporters.

Many of these journalists will start to write about the European Athletics Indoor Championships before they arrive in Glasgow. They will write about who might be chosen to represent their country, profile famous athletes and make predictions about who might win the medals. In preparation for any major Championships, journalists will research and study information about athletics, the events involved, the people taking part, the city hosting the Championships and lots more.

USEFUL LINKS:

https://www.scottishathletics.org.uk/

https://glasgow2019athletics.com/

http://www.european-athletics.org/athletes/

https://www.paralympic.org/athletics

https://www.paralympic.org/athletics/athletes/ones-to-watch

https://www.britishathletics.org.uk/athletes/



CHALLENGE

Choose an athlete from one of the competing countries and write an article, in the style of a website report, about that athlete. You may wish to use the useful links provided to profile a para athlete ahead of the World Para Athletics Championships later this year. You can write about their performances in previous Championships, awards and medals they have won, and things that they do when not taking part in athletics.





VISIT A COMPETING COUNTRY

With countries from across Europe coming to Glasgow to compete they will all face different challenges when travelling to Scotland. From expensive and lengthy flights to providing food that their athletes are used to eating, there are a lot of things that countries travelling to Scotland need to consider.

CHALLENGE

Pick a country that is competing in the European Athletics Indoor Championships in Glasgow and plan a visit for you and your family to the country.

Your class teacher will allocate you a budget to spend on your trip and you will need to research the following items to ensure you can bring your trip in on, or under, budget.

- How long will you stay?
- Flights
- Airport transfer
- Hotel
- Landmarks to visit and travel to get there
- Anything else you would like to do e.g. attend a sports event
- Spending money (including meals)

Once you have finished planning your trip prepare a 5-minute presentation to share with your classmates.

OUNTRY:	TRIPS (LANDMARKS TO VISIT):
UDGET:	• Details
LIGHT DETAILS:	• Cost
Departure date	OTHER (INCLUDING SPENDING MONEY):
Return date	• Details
RANSFER TO AND FROM AIRPORT:	• Cost
Details	
Cost	
OTEL:	
Details	TOTAL COST
Cost	
	L

DESIGN A POSTER

Now that you have learned about some of the countries competing in the 2019 European Athletics Indoor Championships, it is time to capture some of what you have learned in a poster. Your teacher may wish to display the posters in your classroom or elsewhere in the school to share your work with others.

As part of a legacy project for the championships, schools in Glasgow have an opportunity to enter their favourite class posters in a citywide competition to win tickets to the event.

You and your fellow classmates should nominate two posters from your class to be entered in the citywide competition to win tickets for the poster designer and three others to the Championships. All posters entered for the citywide competition will be displayed at the Emirates Arena during the Championships.

The two winning posters from the class should be sent to the address on the right by Wednesday 20th February 2019 with the school name, class, and pupils first name recorded on the reverse.

ADDRESS

Scottish Athletics Caledonia House 1 Redheughs Rigg Edinburgh EH12 9DQ

CHALLENGE

Choose a competing country you have learned about and design a mainly visual poster to showcase and celebrate your chosen country's heritage and culture. Use the worksheets you have already completed to help get ideas.

Your poster could include the country's flag, famous landmarks, what they like to eat, what sports they like to play and words in their language.

Once you have completed your poster they could be displayed in your classroom or elsewhere in the school.

Design your poster on the next page and don't forget to enter the competition.





Athletics clubs and jogging groups in EVERY local authority in Scotland

- **9** FIND YOUR LOCAL ATHLETICS CLUB
- **f** @scotathletics
- @scotathletics
- www.scottishathletics.org.uk development@scottishathletics.org.uk









