



Men									
			Scottish Short Course Championships	Liverpool Cross Challenge	Scottish District Championships	Scottish Inter District Championships	Scottish National Cross Country Championships	Inter Counties Cross Country Championships	Total
Position	Name	Club	10-Nov-18	24-Nov-18	08-Dec-18	12-Jan-19	23-Feb-19	09-Mar-19	
1	Lachlan Oates	Shettleston Harriers	33	33	50	50			166
2	Andrew Douglas	Inverclyde AC	30	36	43	30			139
3	Alastair Hay	Central AC	27	0	24	43			94
4	Ryan Thomson	Cambuslang Harriers	14	27	22	27			90
5	Adam Craig	Inverclyde AC	43	43	0	0			86
6	Calum McKenzie	Costorphine AAC	3	0	36	36			75
7	Michael Ferguson	Aberdeen AAC	36	0	33	0			69
8	Michael Christoforou	Edinburgh AC	22	0	43	0			65
9	Cameron Strachan	Metro Aberdeen RC	18	0	22	20			60
10	Jacob Adkin	Moorfoot Runners	0	30	27	0			57
11	Sol Sweeney	Perth Strathay Harriers	50	0	0	0			50
12	Kristian Jones	Dundee Hawhill Harriers	0	50	0	0			50
13	Jamie Crowe	Central AC	0	0	50	0			50
14	Kenny Wilson	Moray Road Runners	0	0	50	0			50
15	Jack Leitch	Edinburgh University	0	16	18	16			50
16	Fraser Stewart	Cambuslang Harriers	1	0	33	14			48
17	Rob Sinclair	Insch TC	0	0	43	0			43
18	Alasdair Campbell	Cambuslang Harriers	0	0	30	12			42
19	John Bell	Inverclyde AC	2	0	36	0			38
20	Craig Campbell	Inverness Harriers	0	0	36	0			36
21	Kevan Harvey	Cambuslang Harriers	0	0	27	8			35
22	James Wilson	Moray Road Runners	0	0	33	0			33
23	Alexander Chepelin	Edinburgh University	0	0	0	33			33
24	Dale Colley	Central AC	0	12	20	0			32
25	Robbie Simpson	Deeside Runners	0	0	30	0			30
26	Steve Daye	Shetland AAC	0	0	30	0			30
27	John Fergusson	East Kilbride AC	0	10	18	0			28
28	Robbie Patterson	Moray Road Runners	0	0	27	0			27
29	Connor Maclean	Kilbarchan AAC	24	0	0	0			24
30	Cameron Milne	Central AC	0	24	0	0			24
31	Grant Baillie	East Kilbride AC	0	0	24	0			24
32	Ewan Davidson	Moray Road Runners	0	0	24	0			24
33	Kevin Wood	St. Andrews University	0	0	0	24			24
34	Kevin Schenk	Forres Harriers	0	3	20	0			23
35	Euan Campbell	Stornoway RAC	0	22	0	0			22
36	Finlay Murray	East Sutherland AC	0	0	22	0			22
37	Scott Fraser	Hunters Bog Trotters	0	0	0	22			22
38	James Donald	Dundee Hawhill Harriers	0	20	0	1			21
39	Scott Green	Central AC	20	0	0	0			20
40	Daniel Bradford	Shettleston Harriers	0	0	20	0			20
41	Lloyd Kempson	Cambridge & Coleridge	0	18	0	0			18
42	Graham Bee	Inverness Harriers	0	0	18	0			18
43	Douglas Selman	Costorphine AAC	0	0	0	18			18
44	Freddie Carcas	Edinburgh AC	16	0	0	0			16
45	Cameron Young	Inverness Harriers	0	14	0	0			14
46	Craig Ruddy	Inverclyde AC	12	0	0	0			12
47	Tewoldeberhan Mengisteab	Shettleston Harriers	10	0	0	0			10
48	Alex Carcas	Edinburgh AC	8	0	0	2			10
49	Jonathan Crickmore	Hunters Bog Trotters	0	0	0	10			10
50	Oskar Fraser Kraus	Edinburgh University	0	8	0	0			8
51	Joseph Arthur	Edinburgh AC	6	0	0	0			6
52	David Tamburini	Inverclyde AC	0	6	0	0			6
53	Richard Mair	Kilmarnock Harriers	0	0	0	6			6
54	Cameron Wright	Kilbarchan AAC	4	0	0	0			4
55	Jamie Clements	East Kilbride AC	0	4	0	0			4
56	Hamish Hickey	Central AC	0	0	0	4			4
57	Robert Simpson	Shettleston Harriers	0	0	0	3			3
58	Euan Martin	Falkirk Harriers	0	2	0	0			2

Women									
Position	Name	Club	Scottish Short Course Championships 10-Nov-18	Liverpool Cross Challenge 24-Nov-18	Scottish District Championships 08-Dec-18	Scottish Inter District Championships 12-Jan-19	Scottish National Cross Country Championships 23-Feb-19	Inter Counties Cross Country Championships 09-Mar-19	Total
1	Morag Millar	Central AC	43	36	50	43			172
2	Mhairi MacLennan	Edinburgh University	0	50	0	50			100
3	Michelle Sandison	Springburn Harriers	20	0	43	30			93
4	Jo Williams	Lothian RC	22	0	43	27			92
5	Elsbeth Curran	Kilbrachan AAC	30	0	50	0			80
6	Steph Pennycook	Fife AC	36	43	0	0			79
7	Rebecca Burns	Edinburgh AC	27	30	0	0			57
8	Avril Mason	Shettleston Harriers	2	0	33	22			57
9	Anna Tait	VPCOG	0	24	27	0			51
10	Jemma Reekie	Kilbrachan AAC	50	0	0	0			50
11	Helen Sharpe	Fife AC	0	20	30	0			50
12	Eilidh MacKenzie	Stornoway AC	0	0	50	0			50
13	Lauren Wilson	Edinburgh AC	0	0	33	16			49
14	Rebecca Johnson	Edinburgh University	16	0	0	33			49
15	Nicola Hood	Dumfries RC	12	0	36	0			48
16	Catriona Morrison	Highland Hill Runners	0	0	43	0			43
17	Katie White	Garscube Harriers	0	0	30	12			42
18	Jennifer Kibble Spence	Fife AC	0	18	18	0			36
19	Annabel Simpson	Fife AC	0	0	36	0			36
20	Kirstie Rogan	Moray Road Runners	0	0	36	0			36
21	Eloise Walker	Edinburgh AC	0	0	0	36			36
22	Zoe Bates	Edinburgh AC	6	22	0	6			34
23	Anna MacFadyen	Forres Harriers	33	0	0	0			33
24	Megan Davies	Sale Harriers	0	33	0	0			33
25	Amy Hudson	Inverness Harriers	0	0	33	0			33
26	Tammy Wilson	JSK Running Club	0	0	30	0			30
27	Claire Bruce	Metro Aberdeen RC	0	0	27	1			28
28	Sarah Potter	VPCOG	0	27	0	0			27
29	Moir Davie	Forres Harriers	0	0	27	0			27
30	Virgine Barrant	Metro Aberdeen RC	0	0	22	4			26
31	Lesley Chisolm	Garscube Harriers	0	0	22	3			25
32	Josephine Moultrie	VPCOG	24	0	0	0			24
33	Catriona MacDonald	Bellahouston RR	0	0	24	0			24
34	Megan Crawford	Fife AC	0	0	24	0			24
35	Karen Lyons	Highland Hill Runners	0	0	24	0			24
36	Freya Ross	Falkirk Victoria Harriers	0	0	0	24			24
37	Sheila Gollan	East Sutherland AC	0	0	22	0			22
38	Hannah Terrance	Springburn Harriers	0	0	20	0			20
39	Jennifer Elvin	Metro Aberdeen RC	0	0	20	0			20
40	Iona Craft	Moray Road Runners	0	0	20	0			20
41	Fanni Gyurko	Central AC	0	0	0	20			20
42	Kerry McAngus	Kilbrachan AAC	18	0	0	0			18
43	Ruth Joss	Shettleston Harriers	0	0	18	0			18
44	Isla MacKay	Moray Road Runners	0	0	18	0			18
45	Zoe Pflug	Gala Harriers	0	0	0	18			18
46	Kayleigh Jarrett	Metro Aberdeen RC	3	0	0	14			17
47	Jennifer Cruickshanks	Fife AC	0	16	0	0			16
48	Jenny Selman	Fife AC	14	0	0	0			14
49	Chloe Simpson	Kilbrachan AAC	0	14	0	0			14
50	Amanda Connelly	Garscube Harriers	0	12	0	0			12
51	Constance Nankivell	East Sutherland	10	0	0	0			10
52	Ruth Kirk	Ayr Seaforth AC	0	10	0	0			10
53	Stephanie Tucker	Glasgow University	0	0	0	10			10
54	Mhairi Hendry	VPCOG	8	0	0	0			8
55	Frances Parsons	Edinburgh AC	0	8	0	0			8
56	Amy Frankland	Lasswade AC	0	0	0	8			8
57	Christina Rankin	Kilbrachan AAC	4	0	0	0			4
58	Jessica McLeod	Costorphine AAC	0	0	0	2			2
59	Toni McIntosh	Ayr Seaforth AC	1	0	0	0			1