**Scottish Athletics Hill Running Championships 2018
Ochil 2000s race – 18 August 2018 - SAL medalists**

MU23

1. Alastair Thirlbeck, Shettleston

M Open

1. Andrew Fallas, Carnethy
2. James Waldie, HBT
3. Alastair Thirlbeck, Shettleston

MV40

1. Kenny Richmond, Shettleston
2. Michael Reid, Carnethy
3. Davie Millar, Ochil

MV50

1. Stewart Whitlie, Carnethy
2. Bill Breckenridge, Shettleston
3. Alec Keith, HBT

MV60

1. John Tullie, Teviotdale

M teams

1. Carnethy 13 (1. Andrew Fallas, 5. Liam Braby, 7. Stewart Whitlie)
2. Shettleston 19 (3. Alastair Thirlbeck, 4. Kenny Richmond, 12. Matthew Sullivan)
3. HBT 27 (2. James Waldie, 6. James Dunn, 19. Alec Keith)

FU23

 Not awarded

F Open

1. Catriona Buchanan, Ochil
2. Jill Stephen, HBT
3. Heather Anderson, Fife

FV40

1. Fiona Kelsall, Ochil
2. Louise Millar, Pitreavie
3. Not awarded

FV50

1. Hilary Ritchie, Fife
2. Michelle Hetherington, Carnethy
3. Not awarded.

FV60

1. Pauline McAdam, Teviotdale

F Teams

1. Fife 17 (3. Heather Anderson, 6. Hilary Ritchie, 8. Maya Stone)
2. Not awarded
3. Not awarded