

## MINIMUM MEDICAL SERVICES – SMALLER ROAD RACES (UNDER 500 COMPETITORS)

	Race Distance km	Under 6km (Incl 5km)		6 - 10km (Incl 10km)		11 - 25km (Incl 10mile & ½ marathon)		Over 26km (Incl marathon)	
		Under 150	150 - 500	Under 150	150 – 500	Under 150	150 – 500	Under 100	100 – 300
1	Qualified event team First Aiders <sup>1</sup>	Either 2		Either 2					
2	First Aiders from CQC registered medical provider	Or 2	1 per 100 (Min 4)	Or 2	2 per 150 (Min 4)	Min 4	2 per 125 (Min 4)	Min 4	2 per 100 (Min 4)
3	Covered First Aid Post at finish	Optional	Required	Optional	Required	Required	Required	Required	Required
4	Covered First Aid Posts on course	Optional	Optional	Optional	Min 1	Min 1	Min 1	Min 2	Min 4
5	Mobile BLS Smaller races only	Either 1		Either 1					
6	Mobile BLS plus AED	or 1	Either 1	or 1	Either 1	Either 1	Either 1	Either 1	
7	Mobile ALS	or 1	or 1	or 1	or 1	or 1	or 1	or 1	Min 1
8	Ambulances & crew	or 1	or 1	or 1	or 1	or 1	or 1	or 1	Min 1
9	Paramedics								Min 1
10	Doctors								Min 1
11	Nurses								
12	First Aid or Medical Manager		Either	Required	Either	Required	Either	Required	Either
13	Medical Director		or		or		or		or
14	Dedicated Medical Control								
15	Sweeper bus or car		Required	Required	Required	Required	Required	Required	Required
16	Beds or cots		Min 1	Min 1	Min 2	Min 1	Min 2	Min 2	Min 2