GAA GLASGOW MILERS MEET WEDNESDAY 4th JANUARY 2017

TIMETABLE

600m (Race 1) 1:18	6.15pm	Anthony Young	25/26s
600m (Race 2) 1:30	6.20pm	Evie Semple	28/29s
3000m (Race 11) 11:15	6.25pm	John Sharp	45s
3000m (Race 2) 8:45	6.40pm	Craig Ruddy	35s
3000m (Race 5) 9:00	6.52pm	Mark Pollard	36s
3000m (Race 10) 10:30	7.04pm	John Sharp	42s
3000m / 5000m (Race 3) 9:00	7.19pm	Jenny Meadows	36s
3000m (Race 4) 9:00	7.39pm	Stephen Trainer	36s
3000m (Race 8) 9:45	7.51pm	Mark Pollard	39s
3000m (Race 9) 10:00	8.03pm	Craig Ruddy	40s
3000m (Race 6) 9:15	8.15pm	Mark Pollard	36/37s
3000m (Race 7) 9:45	8.27pm	Stephen Trainer	39s
3000m (Race 1) 8:07	8.39pm	Luke Traynor	32/33s