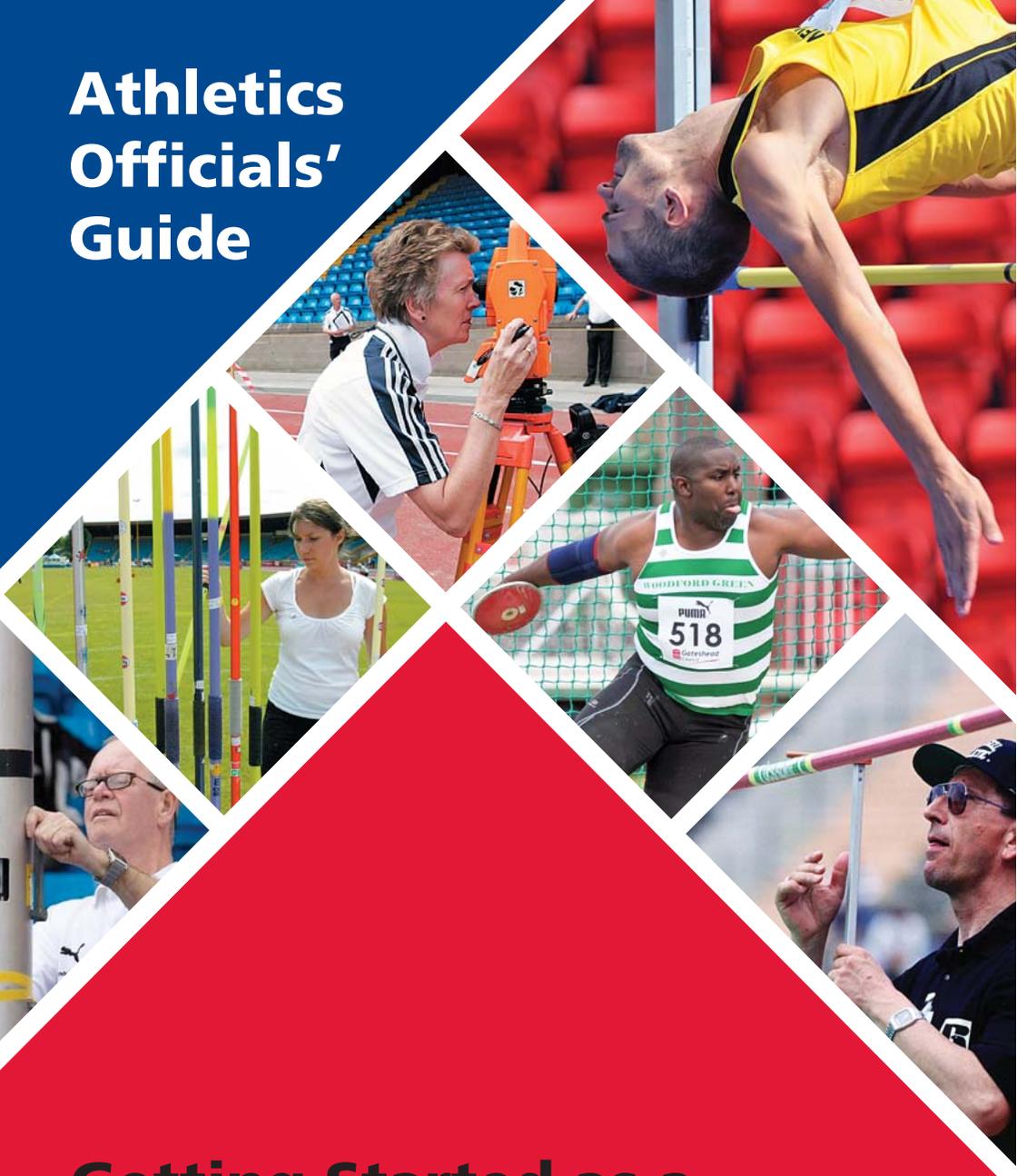


Athletics Officials' Guide



Getting Started as a
Field Official

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Foreword

We would like to extend a warm welcome to you as you enter the realms of judging Field Events. There can never be too many Field Officials - so you will always be welcomed 'with open arms'.

We hope that you will find these notes useful in guiding you through the initial stages of judging. As you progress and gain experience of judging you will also gain the necessary knowledge to progress further up the scale.

As all athletics judges act in a voluntary capacity, it is important to remember that you are not compelled to progress at any given rate. It is your decision, and yours alone, as to how many (and which) meetings you attend in the early stages of being a Field Judge.

If, after having read these notes, you require help or further information please do not hesitate to contact your local County Officials' Secretary (or Home Country equivalent – see pages 17-18), or any member of the Field Sub-Committee of your Home Country or Regional Officials' Association (see page 19). Finally, may we once again welcome you to Field Judging and wish you success in the future.



References throughout this text are made to the UK Athletics publication *Rules for Competition*. This rule book is published every two years and is available from:

UK Athletics Book Centre
5 Church Road, Great Bookham, Surrey KT23 3PN
www.ukathleticsbookcentre.co.uk
Tel: 01372 452804.



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Officials' Association Field Sub-Committee
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Introduction

How often have you attended an athletics meeting and heard requests broadcast for volunteers to assist with judging?

How often do you volunteer to assist?

Do you feel that you shouldn't volunteer until you have become a UK Athletics (UKA) licensed official? Well, in reality, the opposite applies. It is far better to gain experience as an assistant before attending a UKA Level 1 or Level 2 course. So, next time you are aware that assistance is required, **please volunteer!**

You won't be asked to perform tasks beyond your capability.

- You WILL gain an insight into the way in which the various events are conducted.
- You WILL be given on-site tuition for the tasks you are required to perform.
- You WILL be made most welcome!

Now, you may be asking yourself "What does judging field events entail?"

Judging field events is, in essence, the application of a set of rules to ensure that all athletes competing in an event get the same chance, thereby ensuring that the end results are purely dependent upon their own ability, and not influenced by others. These rules have evolved over a number of decades and even now are still subject to change as equipment manufacture improves, and/or athletes' abilities improve with new training techniques.

Judging is, in nearly all cases, subjective and comes from experience. Judges must therefore have a clear understanding of the rules that apply to each event and so ensure that each competitor competes under the same conditions. The application of the rules for both men's and women's events rests with the judges in charge of an event, and is overseen by a Field Referee.

These rules are laid down in the UKA *Rules for Competition* book which is published bi-annually and may be obtained through County or Club officials, or from the UKA office or bookshop (see page 14). It is also available to be downloaded online at www.uka.org.uk/competitions/rules.

The UKA publication covers meetings at all levels of competition throughout the UK, whilst the International Association Athletics Federations (IAAF) Handbook lays down the rules that apply to International meetings. It should be noted that some technical differences do exist between the two Handbooks.

So you want to be a field judge?

What is a Field Judge?

A Field Judge is part of a team of officials who oversee the Throwing and Jumping events at an athletics meeting.

Why would I want to become a Field Judge?

If you have an interest in leisure or sport activities and feel you could offer your time in a meaningful and rewarding way, then by becoming a field judge you will be helping the sport and the athletes tremendously whilst at the same time enjoying an active involvement.

What events are involved?

There are eight field events in athletics as follows:

Four are THROWS

- Shot
- Discus
- Hammer
- Javelin

Four are JUMPS

- Long Jump
- Triple Jump
- High Jump
- Pole Vault

What sort of things would I do?

You would help with marking where the throwing implements land, measuring and recording distances or heights, ensuring the rules for each event are adhered to and ensuring the competition is conducted fairly and safely.

Whom do I contact to get started?

If you are not already involved with an Athletic Club, you can find the address of your nearest club from the Internet, your local library or sports centre. Offer to help at your local club's meetings. You will be shown what to do and they will be delighted you have offered to help.

There is also a list of athletic clubs throughout the UK on the UK Athletics (UKA) website at www.uka.org.uk/grassroots/search.

Do I have to pass a test?

No, but a knowledge of basic rules is desirable. Your club officials will explain these to you. There are various UKA courses available to the new official, which will allow him / her to progress through the various levels.

Do I need special equipment?

Not to start with but wet weather clothing is advisable! As you continue you will find it useful to acquire some basic equipment, e.g.: a clipboard, pens, pencils, marking pencils, a marking spike, etc.

How many Field Judges are there at a meeting?

At league meetings, clubs are asked to provide a certain number of officials to judge the field events. They are placed under the direction of the field referee who is appointed by the host club. Usually from three to six judges are required for each field event, depending on the event and the type of meeting.

How do I gain experience?

You can best do this initially by going with your club to judge at league matches and

other competitions, or at open meetings hosted by your club. Each club will usually have two or three events to judge, and it will not take long for you to gain experience at each of the eight field events.

If I enjoy judging, can I progress further?

Yes. There is a structure laid down by UKA and administered by the Home Country governing bodies (England Athletics, Scottish Athletics, Welsh Athletics and Athletics Northern Ireland) comprising the following Levels of Technical Official:

Level 1: Assistant Officials Award & Young Officials Award.

Level 2: Licensed to operate in a single discipline (e.g. Field Judging), at levels of competition up to and including Regional Level. There are three sub-levels:

- **Level 2a (Club)**
- **Level 2b (County)** (or Home Country equivalent)
- **Level 2c (Region)** (or Home Country equivalent)

Note that there is no requirement to get to Level 1 first: if you know where you wish to specialise first, you can go straight to Level 2 (Club).

Level 3: This is the highest UK Level of Technical Official, which covers national and international meetings. Within Level 3, there are 'International Officials' Groups' who provide the core of officiating teams for televised meetings.

These Levels may be attained by a combination of attending courses, providing evidence of suitable experience, gaining reports from senior officials and recommendation.

Levels 4 and 5 also exist: the former is essentially associated with Meeting Management, rather than technical officiating, while the latter will include only the handful of UK officials who have IAAF ITO or ATO status.

Becoming a Licensed Official

Getting started

If you decide after helping at some meetings that you would like to become a licensed official, it will be necessary for you attend a UKA course and obtain some experience. Here you have two choices:

- **Level 1 - Assistant Official:** this is a general course, covering the basic elements of both track and field judging. It will not of itself result in your obtaining a UKA license, but it will help you to gain a basic understanding of athletics officiating and to decide whether Field Judging is your preferred discipline. In any case you can always qualify in other disciplines at a later stage. Once you reach Level 1, you will be officially registered with UKA and your details held on the UKA officials' database, but you will only be insured by UKA when working under the supervision of a licensed official. So, you may choose (there is no requirement to obtain Level 1 first) to go straight to:
- **Level 2 – Discipline-Specific Official:** this requires you to choose the discipline in which you wish to specialise and is the first level at which a UKA Licence is granted. As well as attending the course, you are required to provide evidence of having judged, for the first step within Level 2 – Level 2a (Club) – at a minimum of four meetings, following which you will receive your Licence from UKA and be covered by UKA insurance. To reach Level 2, you will also be required to complete a Police Records Check procedure, in the form of an enhanced Criminal Records Bureau (CRB) check: you may be familiar with this process from performing another role with your club or from other volunteer activities. The welfare officer at your club, your local County Officials' Secretary (or Home Country equivalent – see pages 17-18) or your Level 2 course tutor will be able to provide more information.

The UKA courses are delivered by England Athletics, Scottish Athletics, Welsh Athletics and Athletics Northern Ireland (see page 17). Courses usually take place between October and March (i.e. the 'Quiet' season). If in doubt as to which course to attend, your club secretary should be able to advise you of the dates for those in your area - otherwise the best person to contact is your local Officials' Secretary.

Progressing as a Licensed Field Judge

As you continue to judge you will find the need to acquire certain items of equipment to assist you. At the start, the following items will form the basis of your 'tool kit': -

- UKA Rules for Competition, Clipboard, plus large plastic bag in wet weather.
- Pencils.
- Pens (2 or 3 colours).
- Rubber.
- Chalk.
- Spike (approx. 30cm long x 6mm diameter) – an old screwdriver will suffice to start.
- Roller (wallpaper type).
- Steel 5m Tape.
- Bag and Wet Weather Clothing.

Details of suppliers of the above items are given on page 15.

Throughout your progression as a Field Judge it will always be necessary for you to try to judge each of the events at least once per season. Thus, if you know that you need to gain experience of a particular event at any time, please do not hesitate to contact the meeting organiser and/or Field Referee, prior to the meeting, to request a specific event. Assuming that you have given them sufficient notice (the more, the better) they will do their best to accommodate you.

In order to progress up through the Levels, first within Level 2 (Club > County > Region – or your Home Country equivalents) and, should you wish to, to Level 3 (the highest level of Technical Official, covering national and international meetings), it is necessary to actually do some judging (!) and record those experiences in a Log Book. To reach Level 2c (Region) (or equivalent) and Level 3, it is also necessary to obtain satisfactory reports from higher graded officials at the various meetings you attend. The UKA *Rules for Competition* book lists the exact requirements.

In order to obtain reports on your own performance whilst you are Level 2b (County) or Level 2c (Region) (or equivalents), it will be necessary for you to ask Level 3 officials. To this end, it is strongly recommended that you contact the meeting referee prior to the start of the meeting – if at all possible some days in advance of the meeting – and ask for a report to be made. If you do not ask early it may well not be possible, as the referee may not have the necessary judges 'in the right places at the right time', and the reporting official will probably wish to arrive at the meeting fully prepared.

Report forms can be downloaded from the UKA website – go to www.uka.org.uk/officials then click on the 'Education and Training' link and follow the link for each level. Forms must be completed by the official who is making the report, and returned to your Home Country governing body with a copy to you, the candidate. In order to achieve this it will be necessary for the candidate (i.e. you) to supply your e-mail address, or (if you are not on e-mail) a stamped self-addressed envelope. Remember, you should also receive a verbal de-brief at the end of the meeting, so try not to rush away before the reporting official has had an opportunity to do this.

Conduct at meetings

As an official (whether licensed or not) it is wise to arrive at meetings **early** – one hour prior to start if possible, but at least half an hour in advance. You should always report to the meeting organiser upon arrival and ensure that your name is on his/her list of officials for that meeting. At league meetings when with a club they should declare you as an official – check! This is a requirement under UKA insurance policies. You should then seek out the Field Referee(s) and determine your duties for the day. You may receive a typed/hand-written 'Duties Sheet' or merely a verbal instruction to assist at a specific event at a given time. In either case, please ensure that whenever possible you report to the competition area 20-30 minutes prior to the event start-time to assist with warming-up or site preparation procedures.

Duties

Remember: a key element of field judging, as with all athletics officiating, is team work. One of the essential aspects of team working is that all officials understand their respective duties. These are normally allocated in some way by the Referee. At the simplest level, say at a Young Athletes League meeting, this might mean that the judging of each event is the responsibility of a team from a particular club, which will then agree who will do what within that team. As you move to higher level meetings, you are likely to find that the referee will have prepared a written 'duties sheet' for each official, setting out specific duties within each event. This duties sheet can normally be collected when reporting at the start of the meeting.

It is beyond the scope of this 'Getting started' booklet to show how a duties sheet is compiled, but it may be useful to illustrate the sort of duties that you may be allocated. These are shown on page 10: please note that this list is by no means prescriptive nor intended to be comprehensive. For example, you may find that there are more or less than the assumed numbers of officials on an event, or that, with the same number of officials, there are different duties specified: e.g. there may not be a wind gauge in use in the long jump, or there might be two rakers.

You will also see that the list of duties specifies a 'leader' on each event: he / she, in conjunction with the referee, can decide to vary the written duties. You may also find the list of duties here useful in thinking about the wording of how you will fill in the 'What tasks did you carry out?' boxes in your log book. Of course, if you have received a duties sheet on the day, you can use that description.

If you have been allocated something new to you, or you are unsure about an aspect of equipment etc. do not hesitate to ask. If the Referee is unable to spare the time at that moment, another official will be detailed to answer your queries.

Dress

Please try to dress in smart clothes, remembering that you do also need to be comfortable and able to work! It is always preferable for judges to dress differently from the athletes. The usual 'uniform' for officials is a white polo shirt (with a County 'fleece' in colder weather) and navy trousers, with black shoes. Come prepared for wet weather – navy waterproofs are generally preferred.

Sample field duties (illustrative)

Throws

DISCUS THROW (assumed number of officials = 5)

- Official No. 1 Leader, Card 1, Call up, Horn, Time, Measure, Rear/front of circle
- Official No. 2 Card 2, Check numbers, Rear/front of circle, Check measure, Flags
- Official No. 3 Tape through circle, Implement landing, Supervise warm-up
- Official No. 4 Sector judge, Spike and zero end of tape
- Official No. 5 Return implements

HAMMER THROW (assumed number of officials = 5)

- Official No. 1 Leader, Card 1, Call up, Horn, Time, Measure, Rear/front of circle
- Official No. 2 Card 2, Check numbers, Rear/front of circle, Check measure, Flags
- Official No. 3 Tape through circle, Implement landing, Gates, Supervise warm-up
- Official No. 4 Sector judge, Spike and zero end of tape
- Official No. 5 Return implements

JAVELIN THROW (assumed number of officials = 6)

- Official No. 1 Leader, Card 1, Call up, Horn, Runway control, Arc, Measure
- Official No. 2 Runway control, Tape through 8m mark, Arm action, Time, Exit from runway, Supervise warm-up
- Official No. 3 Validity of landing, Flags
- Official No. 4 Sector judge, Spike and zero end of tape
- Official No. 5 Sector judge, Spike, Return implements, tidy site on completion
- Official No. 6 Spike, Return implements, tidy site on completion

SHOT PUT (assumed number of officials = 4)

- Official No. 1 Leader, Card 1, Call up, Time, Rear/front of circle, Measure, Check numbers
- Official No. 2 Card 2, Rear/front of circle, Check measure, Flags
- Official No. 3 Arm action, Tape through circle, Scoreboard, Supervise warm-up
- Official No. 4 Sector judge, Spike and zero end of tape

Jumps

HIGH JUMP (assumed number of officials = 3)

- Official No. 1 Leader, Card 1, Call-up, Area control & check marks, Height progression, Check shoes/numbers/scoreboard
- Official No. 2 Card 2, Set bar, Check Measure, Validity of take-off, Time, Scoreboard
- Official No. 3 Set bar, Plane of uprights, Flags, Supervise warm-up, tidy site on completion

POLE VAULT (assumed number of officials = 3)

- Official No. 1 Leader, Card 1, Call-up, Runway control, Time, Check shoes/numbers, Height progression
- Official No. 2 Card 2, Adjust stands, Check Measure, Set Bar, Pole plant, Hands on bar, Scoreboard, Supervise warm-up
- Official No. 3 Adjust stands, Set Bar, Check Measure, Hands on bar, Validity of vault, Flags, tidy site on completion

LONG JUMP (assumed number of officials = 6)

- Official No. 1 Leader, Card 1, Take-off board, Measure
- Official No. 2 Card 2, Take-off board, check measure, Flags
- Official No. 3 Tape pull through, Runway control, Repair no jump indicator, Scoreboard
- Official No. 4 Call up, Runway control, Check marks, Check shoes/numbers, Wind gauge, Time, Supervise warm-up
- Official No. 5 Pit judge, Spike and zero end of tape, Pit exit, Supervise warm-up at Board
- Official No. 6 Pit judge, Rake, tidy site on completion

TRIPLE JUMP (assumed number of officials = 6)

- Official No. 1 Leader, Card 1, Change boards as necessary, Measure, Flags, check scoreboard
- Official No. 2 Card 2, Change boards as necessary, Check measure, Supervise warm-up at board
- Official No. 3 Tape pull through, Repair no jump indicator, Scoreboard
- Official No. 4 Call up, Runway control, Check shoes/numbers, Wind gauge, Time, Supervise warm-up
- Official No. 5 Pit judge, Spike and zero end of tape
- Official No. 6 Pit judge, Rake, Jump sequence, Pit exit, tidy site on completion

Tips

Here are a few tips (by no means comprehensive) to bear in mind on potential pitfalls. Health & Safety: The official completing the score card is usually deemed to be leading the event and therefore it is necessary for that official to ensure that the event proceeds on time and is conducted in a safe and proper manner. All officials have a responsibility for the safe conduct of an event. Should an official feel that any equipment or actions by competitors present a safety problem then it should immediately be brought to the leader's or referee's attention.

Do not be persuaded by an athlete not to close the hammer gates or allow a throw before sounding the horn etc. In the event of an accident it is the officials, the event leader and the referee who will be asked to explain! For all 'long' throws, remember the horn is to warn the officials of an impending throw, NOT to indicate the athlete can commence his/her throw.

Rules, generic and competition-specific: It is wise to read the relevant event rules in the UKA rule book before entering the field for an event. This is far better than having to refer to the rules during the competition. Full copies of the specific meeting rules should be available for inspection. Do not hesitate to ask if you are not sure of what the meeting requirements are for an event. (e.g. High Jump/Pole Vault starting heights and progression). Always explain the competition conditions to the athletes before the event commences.

UKA Rules also state: 'Any athlete who misses a round forfeits that round'. The order of competition can be adjusted temporarily to accommodate athletes taking part in other events, provided it does not impair other athletes. It is wise not to alter the competing order for the final three rounds if at all possible. UKA Rule: 'Once a competition has begun, competitors are not permitted to use runways or take-off areas for practice or warm-up purposes, nor are they permitted to use throwing sites for practice trials with or without implements.' It is in your own interests to enforce this rule.

Ties: In some competitions the meeting rules may state that in field events (except High Jump & Pole Vault) each competitor will be allowed three trials and the best '6 or 8 depending on competition rules' athletes will be allowed three further trials. Note that UKA rules state that, in the case of throws and jumping for distance: 'In the event of a tie for final place(s), any competitor so tying shall be allowed the three additional trials. To qualify for these further trials, the athlete must have achieved a valid performance'.

The above contrasts with the UKA rule (again for throws and jumping for distance only), covering ties at the end of the competition: "In the case of a tie the second best performance of the competitors tying shall determine the result". If there is still a tie (pretty rare), further performances will need to be considered and (for first place only) a further trial given.

Remember! High Jump and Pole Vault have their own rules for resolving ties: these do not include referring to total attempts, even though there is often a column for those on the card! For *first place* vertical jump event ties, UKA Rules (unlike IAAF Rules) are currently silent, but you may find that in some *exceptional* cases these are resolved (after checking competition-specific rules), by allowing a fourth attempt at the failed height, followed by lowering or raising the bar – *always* check with the Referee before proceeding.

IF IN DOUBT, ASK!

Referees and other officials will always be pleased to advise and answer your questions. Most referees have many years' experience and their advice will help you enormously.

Tips for completing Height Cards

Get into the habit of completing these two columns for all competitors even though you may not always feel this is necessary.

HEIGHT SCORE CARD										DATE: 05 th May 2002	VENUE: Basildon	MEETING: Essex County Championships Day 2						
EVENT: High Jump Senior Men										TIME: 14.00	STANDARD: 2.10, 2.00, 1.90	RECORD (S): 2.06						
Competition Order	No.	NAME	CLUB	Starting Height	1.60 metres	1.65 metres	1.70 metres	1.75 metres	1.80 metres	1.85 metres	1.90 metres	1.95 metres	2.00 metres	Best Performance	Height	Trials	Failures	Final Place
1	117	Brett Heath	Havering Mayes	1.75										1.95	1	5	2	
2	120	Allan Collier	Thurrock	1.60	o	x	o	x	x	x				1.65	2	1	9	
3	108	Stuart Ohrland	Chelmsford	1.90										1.65	1	1	8	
4	121	Steve Oxlade	Blackheath	1.60	x	o	o	x	x	x				1.75	1	2	6	
5	112	Keith Ball	Chelmsford	1.60	x	o	o	x	o	o				1.80	3	4	5	
6	109	Stephen Clark	Enfield	1.65										1.85	1	2	3	
7	103	Stuart Hammond	Tower Hamlets	1.65										1.75	2	1	7	
8	106	Mark Pelman	Havering Mayes	1.65										1.75	1	0	10	
9	101	Darren Keevil	Havering Mayes	1.60	o	o	o	x	o	x	x			1.60	1	0	10	
10	107	Stephen Watts	Thurrock	1.60	o	x	pass	x	x									
11					2	0	5	2	0	8	2	1	1					
12																		
13		Continuation																
14	108	Stuart Ohrland			o	x	x	o										
15																		
16																		

BEST STRING RESULT											
Place	No.	NAME	CLUB	metres	Points	Place	No.	NAME	CLUB	metres	Points
1	108	Stuart Ohrland	Chelmsford	2.08	CEB	9 th	120	Allan Collier	Thurrock	1.65	
2	117	Brett Heath	Havering Mayes	1.95		10 th	107	Stephen Watts	Thurrock	1.60	
3	106	Mark Pelman	Havering Mayes	1.85		11 th	103	Stuart Hammond	Tower Hamlets	1.75	
4	103	Stuart Hammond	Enfield	1.75		13 th	112	Stephen Clark	Chelmsford	1.75	
5	112	Stephen Clark	Chelmsford	1.75		14 th	109	Keith Ball	Havering Mayes	1.75	
6	109	Keith Ball	Havering Mayes	1.75		15 th	101	Darren Keevil	Havering Mayes	1.65	
7	101	Darren Keevil	Havering Mayes	1.65		16 th	121	Steve Oxlade	Blackheath	1.65	
8	121	Steve Oxlade	Blackheath	1.65							

Some judges prefer to use first name. It increases a good relationship with the athletes.

Some judges use a different colour beyond the 9th height progression.

When reaching a Championship Best Performance, call the referee to validate the height both before and after the attempt (on throws and LJ/TJ this is done after the measurement is taken).

With league matches, indicate with the final position which athletes are 'A' and which are 'B'.

Tips for completing Distance Cards

Athletes' details will not always be supplied with the card. If there are no details then check with the field referee if there is a set order of competition specified in the match rules. Otherwise complete in a random order.

If an athlete states they intend to pass a round it is better to write 'PASS' than use a '-----', similarly write 'WITHDRAWN' should an athlete opt not to continue further.

Try to obtain meeting (or league) records prior to the start of the event.

Indicate 'no throws' with the letters 'NT', or 'no jumps' as 'NJ'.

DISTANCE SCORE CARD										DATE: 13/02/03	Event No: F18	Venue: Newham	Meeting: Essex County Championships Day 2
EVENT: Javelin Senior Men										Time: 13.30pm	Standard: 60.0, 62.0, 56.0	Record(s):	78m 04
Competition Order	Competition Number	Name	Club	First trial	Second trial	Third trial	Best of three trials	Fourth trial	Fifth trial	Sixth trial	Best of all Trials	Final Position	
1	101	D. Keevil	Havering Mayes	Pass	34.32	32.74	34.32	34.48	33.30	Pass	34.48	8	
2	104	P. Howard	Woodford Green	52.96	52.54	Pass	52.96	52.18	Pass	50.90	52.96	4	
3	109	M. Enever	Thurrock	53.90	50.62	53.06	53.90	54.46	Pass	50.18	54.46	2	
4	111	D. Woland	Southend	54.46	48.40	50.16	54.46	40.78	Pass	39.48	43.66	6	
5	112	M. Salter	Thurrock	N.T.	39.28	43.66	43.66	60.00	1	N.T.	Withdrawn	60.00	1
6	113	P. Bushnell	Chelmsford	57.48	60.00	59.62	60.00	32.58	9	Withdrawn	45.54	5	
7	114	A. Livett	Castle Point	32.58	30.52	N.T.	32.58	5	Pass	41.26	39.58	43.42	7
8	115	C. Bryant	Colchester	43.48	45.54	N.T.	45.54	7	Pass	41.26	39.58	43.42	7
9	130	G. Holder	Woodford Green	43.42	43.12	41.86	43.42						
10													
11													
12													
13													
14													
15													
16													

Place	Number	Name	Club	Metres	Points	Place	Number	Name	Club	Metres	Points	Judges
1st	113	P. Bushnell	Chelmsford	60.00		114	A. Livett	Castle Point	32.58			P. Lee
2nd	111	D. Woland	Southend	54.46								P. Crawshaw
3rd	109	M. Enever	Thurrock	53.90								
4th	104	P. Howard	Woodford Green	52.96								
5th	115	C. Bryant	Colchester	45.54								K. Nunn
6th	112	M. Salter	Thurrock	43.66								C. Sach
7th	130	G. Holder	Woodford Green	43.42								
8th	101	D. Keevil	Havering Mayes	34.48								

Avoid using highlight or coloured pens. Do not highlight best performances. Cards are easier to check accurately when they contain no misleading marks.

Complete the results section prior to getting the card checked by the other members of the event team.

Select the prescribed number of best performances for the remaining three rounds. Qualifying athletes who withdraw must not be substituted. Competitors are not split into 'A' and 'B' strings until after the final round.

Sign the card when complete and ask the other team officials to check the card and sign in the other two boxes. Leave the final box free for the referee to sign.

With league matches, indicate with the final position which athletes are 'A' and which are 'B'.

Weight specifications

Weight specifications for throwing implements

Group	Age	Discus	Shot	Javelin	Hammer
U13 Boys	11 & 12	1 Kg	3.25 Kg	400 g	3 Kg
U15 Boys	13 & 14	1.25 Kg	4 Kg	600 g	4 Kg
U17 Men	15 & 16	1.5 Kg	5 Kg	700 g	5 Kg
Junior Men	17 to 19	1.75 Kg	6 Kg	800 g	6.Kg
Senior Men	20 & Over	2 Kg	7.26Kg	800 g	7.26 Kg
Veteran Men	35 to 49	2 Kg	7.26 Kg	800 g	7.26 Kg
Veteran Men	50 to 59	1.5 Kg	6 Kg	700 g	6 Kg
Veteran Men	60 to 69	1 Kg	5 Kg	600 g	5 Kg
Veteran Men	70 to 79	1 Kg	4 Kg	500 g	4 Kg
Veteran Men	80 & Over	1 Kg	4 Kg	400 g	4 Kg
U13 Girls	11 & 12	0.75 Kg	2.72 Kg	400 g	3 Kg
U15 Girls	13 & 14	1 Kg	3.25 Kg	600g	3 Kg
U17 Girls	15 & 16	1 Kg	4. Kg	600 g	4 Kg
Junior Women	17 to 19	1 Kg	4 Kg	600 g	4 Kg
Senior Women	20 & Over	1 Kg	4 Kg	600 g	4 Kg
Veteran Women	35 to 49	1 Kg	4 Kg	600 g	4 Kg
Veteran Women	50 to 59	1 Kg	3 Kg	500 g	3 Kg
Veteran Women	60 & Over	1 Kg	3 Kg	400 g	3 Kg

Useful reading

The South of England Athletics Officials Association issues a number of leaflets, including *Oh no, I've been asked to be the Referee!* and *How to be Technical Manager*. These are available from the Association's website: www.seaoa.co.uk.

The *UKA Rules for Competition* is essential reading as it contains all the event rules and equipment specifications. Available from the UK Athletics Bookshop, 5 Church Road, Great Bookham, Surrey KT23 3PN. Tel: 01372 452 804. www.ukathleticsbookcentre.co.uk.

Athletics Weekly magazine is obtainable from most of the larger newsagents. Discounts may be available if a periodic subscription is purchased from the publishers.

Equipment suppliers

Some suggested suppliers are given below. Some suppliers offer discounts to athletics officials' association members, please ask. Some items may also be available direct from your regional officials' association, often at competitive rates.

Results Recording Paperwork

Stacy & Sons Ltd, 6 Brewery Fields, Church St, Great Baddow, Chelmsford, Essex CM2 7LF Tel: 01245 474322

Transverse Style Clipboards – basic

Available from any good stationer.

Transverse Style Clipboards – weatherproof

V.I.P., Pettaugh, Stowmarket, Suffolk IP14 6AX
Tel: 01473 39285

Neuff Athletic Equipment, P0 Box 12, Rillington, Nr. Malton, North Yorks YO17 8YX
Tel: 01944 75620

Tapes – 5m metal

Available from any DIY store.

Tapes: longer fibre

Most DIY stores.

Neuff Athletic Equipment (see above).

Dima (UK) Ltd., 111 Friern Barnet Road, New Southgate, London NI 1 3EU
Tel: 0208 366 6054

Warning Horns

Neuff Athletic Equipment (see above).

Spikes

Any screwdriver with a long blade will suffice, or a thin steel rod (e.g. knitting needle) sunk into a wooden handle. Alternatively bespoke versions are available from Neuff Athletic Equipment (see above).

Rollers: Wallpaper Type

Any DIY store.

Waterproof Clothing

Various types are available from most camping / outdoor activity stores.

In conclusion

We hope these notes will prove useful to you. Please remember that you will always be welcome to assist at meetings, regardless of your decision to become licensed or not. We would recommend that due to the increasing importance of Health and Safety policy that you attend one of the Health and Safety course even if you wish just to remain a club helper. These are arranged by the Home Country Officials' Coordinators in conjunction with the County Officials' Secretaries (or Home Country equivalents - see pages 17-18).

You are encouraged to get involved with your Regional Officials' Association. Most associations will have a field sub-committee to help newly qualified field judges. They will be grateful for any feedback you have on their work and, to maintain a balanced membership, members from all levels can stand for election.

UK and Home Country Officials' Contacts

UK Athletics

Website: www.uka.org.uk/competitions/officials

England Athletics

Website: www.englandathletics.org/officials

England Athletics Officials' Education Contacts

North: officials-north@englandathletics.org 07968 498704.

Midlands: officials-midlands@englandathletics.org 07725 457823

South West: officials-sw@englandathletics.org 07921 049048

South: officials-south@englandathletics.org 07968 498704

Courses: www.englandathletics.org/officials-courses

For County Officials' Secretaries see page 18

Scottish Athletics

Website: www.scottishathletics.org.uk

Scottish Athletics Officials' Coordinator

Shona Malcolm – shonamalcolm@scottishathletics.org.uk 0131 539 7348

Education contact

Jim Goldie – jimgoldie@scottishathletics.org.uk

Welsh Athletics

Website: www.welshathletics.org

Welsh Athletics Officials' Coordinator

Neil Wheeler (Office) – neil.wheeler@welshathletics.org T: 02920 644870

Officials' Secretary

Derek Crowder – derek.crowder@welshathletics.org

Area Officials' Contacts

North: Denise Harris – den.harris@btinternet.com

South: Derek Crowder – derekcrowder@btinternet.com

East: John Chidlow – javchidlow@yahoo.co.uk

West: Ken Bennett – kenhb@tiscali.co.uk

Athletics Northern Ireland

Website: www.niathletics.org

Officials' Coordinator (office)

Jenni Black – jenni@niathletics.org 028 9060 2707

Officials' Committee

Chairman Stanley Hall – stanleyhall37@btinternet.com -

Secretary Bob Brodie – bbrodie677@btinternet.com

County Officials' Secretaries (England)

Your County Officials' Secretary (COFSec) is an important link. They can supply you with details of County events, particularly County Championships, at which you are welcome to officiate. There may well be other events within your County. Your COFSec will also be able to provide help and support during your Officiating career.

Contact details are listed below, but an up to date list can be found on the England Athletics website www.englandathletics.org – click 'Your area' and then on the appropriate area on the map. Then click 'Officials' and scroll down for COFSecs for your area. Your County AA website should also have details for your County.

Avon	Ray Gooding	0117 9562481	raygooding@supanet.com
Bedfordshire	Paul Brookes	01582 750474	honsec.bedsaaa@hotmail.co.uk
Berkshire	Jill Wright	01344 885475	jill.wright61@yahoo.com
Buckinghamshire	John How	01494 785623	johnhow60@hotmail.com
Cambridgeshire	Al Weaver	01733 246572	cambsofficials@sky.com
Cheshire	Alan Morris	07885 985172	cheshireofficials@gmx.com
Cornwall	Ben Penberthy	01736 850404	ben.penberthy147@btinternet.com
Cumbria	Ken Taylor	01768 772685	kt.k@btinternet.com
Derbyshire	Ernie Cripps	01332 512483	ernie@ecripps.wanadoo.co.uk
Devon	Keith Reed	01752 893573	kreed@cleeve41.freemove.co.uk
Dorset	David Kitching	01305 832 797	dorsetcofsec@mkitching.plus.com
Essex	Diane Wooller		diane.wooller@btinternet.com
Gloucestershire	George Williams	01242 602529	(education, CRB, database)
	Albert Gardiner	07837 874936	albert_gardiner@hotmail.co.uk
Gr. Manchester	Mike Welford	0161 866 8253	mike.welford@ntlworld.com
Hampshire	Eileen & Terry Williams	01252 664455	eileenandterry@seaoa.co.uk
Herefordshire	Phil Wells	01544 318854	p-wells2@sky.com
Hertfordshire	Peter Lee	07986 808033	peteratpeter.lee44@btopenworld.com
Humberside	Edwin Bellamy	01652 633422	ebellath@aol.com
Isle of Man	Colin Halsall	01624 852187	halsallcolin@hotmail.com
Kent (shared)	Maureen Fletcher	01424 855638	maureenfletcher@btinternet.com
	Gill Freeman	01322 402476	gill.freeman53@ntlworld.com
Lancashire	Michael Grime	01254 240739	mike.grime@talk21.com
Leicestershire	Cherie D'Silva	0116 2713661	knowlesdsilva1@btinternet.com
Lincolnshire	Maggie Davis		mad@maggiedavis.plus.com
Merseyside	Ron Scott	01704 566995	ronscott@aol.com
Middlesex	Steve Marshall	07973 253145	steve.marshall@barnet.gov.uk
Norfolk	Gaye Clarke		gayec Clarke@lineone.net
Northamptonshire	Graham Curtis	01536 744390	grahamandbernadette@tiscali.co.uk
North Yorkshire	Roger Everton	01904 765104	rogereverton@talktalk.net
Nottinghamshire	Gwen Hines	01909 591298	gwen.hines@virgin.net
Oxfordshire	Alan Vincent	01295 720809	alan.carole@freeuk.com
Shropshire	Margaret Afford	01952 419826	margaret.afford@blueyonder.co.uk
South Yorkshire	Terry Bailey	01302 537853	terry.bailey.292@tesco.net
Somerset	Mike Eastmond	01823 400076	east@fsmail.net
Staffordshire	Pat Lockley	01902 784903	patlockley@blueyonder.co.uk
Suffolk	Tony Cheatham	01473 311290	anthonycheatham1107@btinternet.com
Surrey	Peter Crawshaw	01737 761626	peter.crawshaw@achilles.org
Sussex	John Gill	01444 458953	puffins70@talktalk.net
Tyne and Wear	Chris Betts	01768 772685	christopher.betts@btinternet.com
Wiltshire	Ray Bell	01793 723862	bellrjg@btinternet.com
Warw. & Birm'ham	Margery Ewington	02476 314990	mewington2@sky.com
West Yorkshire	Bryan Murray	01924 291150	ldavies21@sky.com
Worcestershire	Roland Day	01384 873989	roland.day@btinternet.com

Officials' Associations



South of England Athletics Officials' Association

Website: www.seaoa.co.uk

Chairman: Stan Burton – stanburton@seaoa.co.uk

Secretary: Ros Alterman – rosalterman@seaoa.co.uk

Sub-Committee Chairs

Track: Terry Williams – terrywilliams@seaoa.co.uk

Field: Peter Crawshaw – peter.crawshaw@achilles.org

Timekeepers: Paul Langston – paullangston@seaoa.co.uk

Photofinish: Steve Baldwin – stevebaldwin@seaoa.co.uk



Midlands Association for Athletics Officials

Website: www.mafeo.net

Chairman: Andrew Hulse

Secretary: Mauren Bullen – honsecretary@mafeo.net



Northern Athletics Officials' Association

Website: englandathletics.org/naoa

Chairman: Janette Tomlins

Secretary: Roger McCall – mccalls@ntlworld.com

Membership Secretary: Andrew Shaw – 01204 591194

Northern Ireland Technical Officials' Association

Website: www.niathletics.org (click on 'education & officials')

Chairman: Stanley Hall – stanleyhall37@btinternet.com -

Secretary: Bob Brodie – bbrodie677@btinternet.com

Scottish Athletics Officials' Commission

Convenor: Vic Hockley – hockley_vic@msn.com

Secretary: Brenda Stephen – bmstephen@aol.com

Peer Group Chairs

Field: Bob Carter – robanncarter08@btinternet.com

Track: Margaret Ann MacLachlan – colin_margaret-ann@hotmail.co.uk

Starter/Marksman: Dave Biggin – davebiggin@aol.com

Timekeepers: Mike Forrest – Family.Forrest@btinternet.com



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