

scottishathletics Championship Hurdle Specifications Indoor

Distance	Age Group	Height	To first Hurdle	Distance Between	From last hurdle	Number of flights	Tip weight
60m	U13 Girls	68.5cm	11m	7m	21.0m	5	2.7kg
60m	U13 Boys	76.2cm	11.5m	7.5m	18.5m	5	2.7kg
60m	U15 Girls	76.2cm	11.5m	7.5m	18.5m	5	2.7kg
60m	U15 Boys	84.0cm	12m	8m	16.0m	5	2.7kg
60m	U17 Women	76.2cm	12m	8m	16.0m	5	2.7kg
60m	U17 Men	91.4cm	13m	8.5m	13.0m	5	2.7kg
60m	U20/Senior Women	84cm	13m	8.5m	13.0m	5	3.6kg
60m	U20 Men	99.1cm	13.72m	9.14m	9.72m	5	3.6kg
60m	Senior Men	106.7cm	13.72m	9.14m	9.72m	5	3.6kg