

600m 'M' Race (25/26s)

Lane	Bib	First	Surname	AG	Sex	Club	Time
1	1	Greg	Urwin	SEN	M	Robert Gordon Uni/Tynedale	
2	2	Donald	MacLeod	SEN	M	Glasgow City/Glasgow Caledonian Uni/Kilbarchan	
3	3	Bradley	Yates	U20	M	Sale Harriers Manchester	
3	4	Jamie	Webb	U23	M	Liverpool H/Manchester Metropolitan Uni	
4	5	Lea	Stephenson	SEN	M	Tynedale	
5	6	Ben	Greenwood	U20	M	Perth Strathtay	
6	7	Rory	Muir	U23	M	Dundee Hawkhill	
6	8	Robbie	Barr	U20	M	Victoria Park City of Glasgow	

600m 'F' Race (29/30s)

Lane	Bib	First	Surname	AG	Sex	Club	Time
2	9	Danielle	Webb	U20	W	Liverpool H	
3	10	Julie	Dobbin	U23	W	Victoria Park City of Glasgow/Glasgow Uni	
4	11	Erin	Mcilveen	SEN	W	Victoria Park City of Glasgow/City of Lisburn	
5	12	Jenny	Tan	SEN	W	Fife/Dundee Uni	
6	13	Jemma	Reekie	U20	W	Kilbarchan	
6	14	Lucy	Massie	U20	W	Inverness	

3000m 'A' Race (32/33s)

Lane	Bib	First	Surname	AG	Sex	Club	Time
1	15	Lewis	Moses	SEN	M	Gateshead/Loughborough Students	
2	16	Ben	Stevenson	U23	M	Falkirk/Ochil/Edinburgh Uni Hare & Hounds	
3	17	Jonathan	Glen	U23	M	Inverclyde/Glasgow City	
4	18	James	Bowness	SEN	M	Trafford/Glasgow Caledonian Uni	
5	19	Ryan	Thomson	U23	M	Cambuslang/Strathclyde Uni	
6	20	Max	Ralston	SEN	M	Victoria Park City of Glasgow/Edinburgh Uni	
7	21	Dale	Colley	U23	M	Central	
8	22	Lachlan	Oates	SEN	M	Shettleston/Glasgow Uni	
9	23	Calum	McKenzie	SEN	M	Corstorphine/Aberdeen Uni	
10	24	Max	McNeill	SEN	M	Salford H/Lothian/Edinburgh Uni/Falkirk	
11	25	Adam	Craig	U23	M	Edinburgh AC	
12	26	Stephen	Mackay	SEN	M	Glasgow City/Inverness	
13	27	Alistair	Campbell	SEN	M	Glasgow City/Whitemoss	

3000m 'B' Race (34/35s)

Lane	Bib	First	Surname	AG	Sex	Club	Time
1	28	Gavin	McArdle	U20	M	Kilbarchan	
2	29	Craig	Jardine	U20	M	Cambuslang	
3	30	Joe	Arthur	U20	M	Edinburgh AC	
4	31	Adam	Scott	U17	M	Fife	
5	32	Scott	MacAulay	SEN	M	Glasgow City	
6	33	Jake	Thomas	U23	M	Livingston	
7	34	Jamie	MacKinnon	U20	M	Victoria Park City of Glasgow	
8	35	Greg	Turner	SEN	M	Giffnock North/Stirling Uni	
9	36	James	Donald	U20	M	Dundee Hawkhill	
10	37	Rhys	Sim	U20	M	Ayr Seaforth	
11	38	Aidan	Gilbride	U20	M	East Kilbride/South Lanarkshire	
12	39	Alastair	Thurlbeck	U23	M	Glasgow University Hares & Hounds	

13	40	Ben	Potrykus	U23	M	Pitreavie/Heriot-Watt Uni		
14	41	Myles	Bax	SEN	M	Perth RR/Glasgow Uni		
		3000m 'C' Race (35/36s)						
Lane	Bib	First	Surname	AG	Sex	Club	Time	
1	42	Gordon	Robertson	V35	M	Cambuslang		
2	43	Josephine	Moultrie	SEN	W	Victoria Park City of Glasgow/New Mexico Uni		
3	44	Conor	Thomson	U20	M	Kilbarchan		
4	45	Anthony	Addison	U20	M	Corstorphine		
5	46	Cameron	Richardson	U20	M	Cumbernauld		
6	47	Stephen	Allen	V45	M	Law/Scottish Vets H		
7	48	Peter	Cameron	U23	M	Edinburgh AC/Cambridge Uni		
8	49	John	Law	U20	M	Victoria Park City of Glasgow/Glasgow Sch of Sport		
9	50	Sarah	Inglis	SEN	W	Lothian/Trinity Western Uni/Forth Valley		
10	51	Gemma	Hillier-Moses	SEN	W	Charnwood/Loughborough Students		
11	52	Jenna	Hill	SEN	W	Sale Harriers Manchester/St. Mary's Uni		
12	53	Ross	Gray	U20	M	Inverclyde		
13	54	Oliver	Watson-Sweeney	U20	M	Giffnock North		
14	55	Robert	Gilroy	V35	M	Cambuslang		
15	56	Iain	Davies	U20	M	Central		
		3000m 'D' Race (36/37s)						
Lane	Bib	First	Surname	AG	Sex	Club	Time	
1	57	Jack	Heathwood	U20	M	Bellahouston Harriers		
2	58	Robbie	Kennedy	U23	M	Edinburgh AC		
3	59	Guy	Bracken	V50	M	North Shields Poly/VAA North East		
4	60	Paul	Harper	U20	M	Glasgow Sch of Sport		
5	61	David	Henderson	V35	M	Greenock Glenpark		
6	62	Adam	Pratt	SEN	M	Tynedale		
7	63	Gordon	Barrie	V40	M	Dundee Hawkhill/Bedford & County		
8	64	Mark	Gardner	SEN	M	Lancaster & Morecambe		
9	65	Grant	Boyne	U23	M	Glasgow Uni		
10	66	Ian	Johnston	V45	M	Veterans/Scottish Vets H		
11	67	Struan	Paton	U17	M	Cambuslang		
12	68	Andrew	MacAngus	U17	M	Kilbarchan		
13	69	James	Adam	U17	M	Pitreavie		
14	70	Stephen	Addison	U17	M	Corstorphine		
15	71	Lewis	Pentecost	U17	M	Falkirk		
16	72	Michael	Swinton	U17	M	Edinburgh AC		
17	73	Magnus	Tait	U17	M	Lasswade		
		3000m 'E' Race (37/38s)						
Lane	Bib	First	Surname	AG	Sex	Club	Time	
1	74	Alan	Blair	SEN	M	Garscube		
2	75	Graham	McCabe	V40	M	Kirkintilloch		
3	76	Owen	Miller	SEN	M	Dunfermline Track & Field		
4	77	David	Brown	SEN	M	Lancaster & Morecambe		
5	78	Adam	Redpath	SEN	M	Victoria Park City of Glasgow		
6	79	Stephen	Allan	V40	M	Kirkintilloch		

7	80	Alex	Johnston	U17	M	Pitreavie	
8	81	Kerry-Liam	Wilson	V45	M	Cambuslang	
9	82	Stephen	Smith	V55	M	Preston/Northern Vets	
10	83	Sean	Gaffney	SEN	M	Inverclyde	
11	84	Darran	Muir	V35	M	Law	
12	85	David	Hogg	V45	M	Kirkintilloch	
13	86	Bruce	Carse	V35	M	Bellahouston RR	
14	87	Joe	Arnaud	U17	M	Inverness	
15	88	Greg	Hastie	V45	M	Cambuslang	
		3000m 'F' Race (38/39s)					
Lane	Bib	First	Surname	AG	Sex	Club	Time
1	89	Isaac	Scott	U23	M	Lancaster & Morecambe/UCL	
2	90	Kobe	Stevens	U20	M	Moorfoot	
3	91	David	Tamburini	V40	M	Scottish Vets H/Inverclyde	
4	92	Iain	Burns	V35	M	Bellahouston RR	
5	93	Scott	Martin	V45	M	Kilmarnock	
6	94	Neil	Walker	V35	M	Kilmarnock	
7	95	Gordon	Reid	V40	M	Kilmarnock/Stubbington Green	
8	96	Rob	McLennan	V55	M	Garscube	
9	97	Chris	Upson	V50	M	Cambuslang/Westerlands	
10	98	Vincent	Carroll	V45	M	Kirkintilloch	
12	99	Ted	Gourley	V50	M	Giffnock North	
13	100	Howard C	Elliott	V45	M	Kirkintilloch	
14	101	Colin	Feechan	V55	M	Cambuslang/Scottish Vets H	
15	102	Martin	Duthie	V50	M	Calderglen	
16	103	Lewis	Raeburn	U17	M	Shettleston	
17	104	Garry	Mathew	SEN	M	Garscube	
18	105	Keith	Dunlop	SEN	M	Edinburgh AC/Giffnock North	
		3000m 'G' Race (38/39s)					
Lane	Bib	First	Surname	AG	Sex	Club	Time
1	106	Sophia	Parvizi-Wayne	U20	W	Shaftesbury Barnet	
2	107	Sarah	Mackness	SEN	W	Telford AC/Birmingham Uni/Altrincham	
3	108	Jenny	Bannerman	SEN	W	Inverness	
4	109	Gillian	Black	U20	W	Victoria Park City of Glasgow	
5	110	Erin	Wallace	U17	W	Giffnock North	
6	111	Kate	Gallagher	U17	W	Central	
7	112	Lauren	Dickson	U17	W	Lasswade	
8	113	Annabel	Simpson	U20	W	Fife	
9	114	Lesley	Chisholm	V40	W	Garscube	
10	115	Emily	Crusher	U17	W	Giffnock North	
11	116	Rhian	Dawes	SEN	W	Victoria Park City of Glasgow/McNeese State Uni	
12	117	Hannah	Addison	U20	W	Corstorphine	
13	118	Shannon	McLellan	U23	W	Shettleston/Strathclyde Uni	
14	119	Sarah	Dempsey	U20	W	Kilbarchan	
15	120	Sarah	Tait	U17	W	Lasswade	
		3000m 'H' Race (39/40s)					

Lane	Bib	First	Surname	AG	Sex	Club	Time
1	121	David	Mackintosh	SEN	M	Bellahouston Harriers	
2	122	Craig	Reid	SEN	M	Bellahouston RR	
3	123	Jason	Kane	SEN	M	Inverclyde/Unattached	
4	124	Calum	Little	U15	M	Cumbernauld	
5	125	Elliot	Duff	U15	M	Garscube	
6	126	Scott	Sprang	U15	M	Ayr Seaforth	
7	127	Cameron	Campbell	U15	M	Shettleston	
8	128	Ben	Shaw	U17	M	Giffnock North	
9	129	Jack	Patton	U15	M	Kilbarchan	
10	130	Kyle	Rafferty	U23	M	Unknown	
11	131	Ryan	Donald	U15	M	Dundee Hawkhill	
12	132	Gavin	McWhinnie	U15	M	Fife	
13	133	Lewis	Hannigan	U15	M	Kilbarchan	
14	134	Iain	McWhinnie	U15	M	Fife	
15	135	Connell	Drummond	V40	M	Kilmarnock	
		3000m 'I' Race (41/42s)					
Lane	Bib	First	Surname	AG	Sex	Club	Time
1	136	Heather	Barnes	U15	W	Giffnock North	
2	137	Danielle	Kelly	U17	W	Giffnock North	
3	138	Kate	Richardson	U15	W	Giffnock North	
4	139	Laura	Ferguson	U15	W	Glasgow Sch of Sport	
5	140	Louise	McCullagh	U17	W	Fife	
6	141	Lynn	Mckenna	U17	W	Giffnock North	
7	142	Ailsa	Cruickshanks	U20	W	Anster Haddies/Fife	
8	143	Shona	Doherty	SEN	W	Kelvin	
9	144	Melissa	Wylie	V45	W	Dumbarton	
10	145	Jessica	MacLeod	U17	W	Corstorphine	
11	146	Heather	Addison	U20	W	East Kilbride	
12	147	Claire	McArthur	V35	W	Hamilton/Scottish Vets H	
13	148	Sofia	Kirkpatrick	U15	W	Giffnock North	
14	149	Niamh	Shaw	U20	W	Lasswade	
15	150	Charlotte	Mckenna	U17	W	Giffnock North	
16	151	Karen	Kennedy	V40	W	Carnegie	
17	152	Alice	Robertson	U17	W	Falkirk	
		3000m 'J' Race (41/42s)					
Lane	Bib	First	Surname	AG	Sex	Club	Time
1	153	Alastair	Dunlop	V60	M	Stornoway/Scottish Vets H	
2	154	Calum	Young	U17	M	Giffnock North	
3	155	Bruce	Malcolm	V50	M	Corstorphine	
4	156	Kevin	Slaven	V35	M	Shettleston	
5	157	Sammy	Hearl	U17	M	Inverclyde	
6	158	Peter	Laing	V55	M	Ayr Seaforth	
7	159	Kenneth	Hislop	SEN	M	Central/Durham Uni	
8	160	David	Blane	V50	M	Aberdeen	
9	161	Chris	Creegan	V50	M	Edinburgh AC	
10	162	Andrew	Law	V60	M	Victoria Park City of Glasgow	

11	163	Alexander	Chisholm	V60	M	Garscube	
		3000m 'K' Race (43/44s)					
Lane	Bib	First	Surname	AG	Sex	Club	Time
1	164	Dylan	Elliott	U15	M	Kirkintilloch	
2	165	Andrew	Robertson	U15	M	Giffnock North	
3	166	Alan	Mollins	U15	M	Greenock Glenpark	
4	167	Jenny	Gillanders	U15	W	Pitreavie	
5	168	Ethan	Carolan	U15	M	Giffnock North	
6	169	Leila	Hickey-Fugaccia	U15	W	Giffnock North	
7	170	Leah	Cameron	U15	W	Inverclyde	
8	171	Morgan	Mcburnie	U17	W	Kilmarnock	
		3000m 'L' Race (45/46s)					
Lane	Bib	First	Surname	AG	Sex	Club	Time
1	172	Jacqueline	Etherington	V35	W	Tyne Bridge/Scottish Vets H	
2	173	Cath	Ferry	V40	W	Edinburgh AC	
3	174	Karen	Dobbie	V45	W	Edinburgh AC	
4	175	Duncan	Ryan	V45	M	Perth RR	
5	176	Colin	Wylie	V35	M	Giffnock North	
6	177	Ian	Johnstone	V60	M	Inverness/Scottish Vets H	
7	178	Susan	Ridley	V50	W	Edinburgh AC/Scottish Vets H	
8	179	Claire	Thompson	V35	W	Victoria Park City of Glasgow/Scottish Vets H	
9	180	Bobby	Young	V70	M	Clydesdale/Scottish Vets H	
10	181	Pete	Cartwright	V70	M	Clydesdale/Scottish Vets H	
11	182	Sandy	Eaglesham	V60	M	Cambuslang	
12	183	Sharyn	Ramage	V50	W	Edinburgh AC/Scottish Vets H	
13	184	David	Cooney	V65	M	Cambuslang	
14	185	Ian	Leggett	V75	M	Lothian/Scottish Vets H	
15	186	Phyllis	Hands	V60	W	Motherwell/Scottish Vets H	