

Break-Out Session 3

Are you an inclusive club?



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Club Leaders Conference 2014

Hampden Park
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Inclusive Athletic Clubs.

What is an Inclusive club

?

scottishathletics



Inclusive Athletic Club

- One that is open to all able bodied and disabled athletes.
- Has inclusiveness embedded into it's polices and procedures.
- It's membership forms.
- It's Coaching Structure.



Athletic Clubs

- 140 Athletics Clubs across Scotland
- 28 Inclusive
- 3 Disability Specific – Red Star (Glasgow)
 - Forth Valley Flyers
 - Edinburgh Eagles
- 2 Disability clubs not affiliated to SAL
 - Lothian Leopards
 - Ayr Carrick Eagles



Athletic Clubs with Disability Sections.

- Aberdeen AAC
- Gala Harriers
- Inverness Harriers
- Perth Strathtay Harriers
- Victoria Park – Glasgow
- Kilmarnock Harriers



Who is there to help you Become more Inclusive

- Disability Development Officer
- Regional Manager
- Club Together Officer
- Local Authority



What is there to help you become more Inclusive - Education Courses

- Club Accreditation
- Club Toolkit

Specific Courses for Coaches.

- SA Coaching Athletes with a Disability.
- UK DIT-Athletics.
- Inclusive Athletics.
- Coaching Wheelchair Racing.
- Seated Throws
- Guiding



Education Courses

- **Generic Courses.**
- SDS - Disability Inclusion Training.
- Sports Coach UK – How to coach disabled people in Sport.
- Sports Coach UK – Coaching Disabled Performers.



Case Studies

- Falkirk Victoria Harriers
 - Harry Baird

- Victoria Park Glasgow



FVH Case Study

FVH Inclusion Officer main duties.

- Liaise with FVF coaches to determine best route for both new enquiries and athletes progressing to mainstream.
- Support FVF athletes during transition.
- Support FVH coaches.

Both clubs sharing resources – coaches and coach education.

Victoria Park Glasgow AC Case Study

- Gordon Innes saw 2 RaceRunners training at Scotstoun after the London Olympics.
- Came from Friday night Multi Sports Club with Caroline Johnston.
- Spring 2013, set up a Wednesday night session with 8 athletes. (now 18-20)
- Linking with Local Schools – Abercorn & Merkland.
- 2 Coaches went on disability awareness training. 4/5 work with the group.
- Athletes compete in Club Championships, CSSAL, SDS National Champs and Open Events.
- Dedicated trophies given out at Awards Night.





IF WE BUILD IT, THEY WILL COME...AND STAY...



WHAT DOES YOUR CLUB LOOK LIKE IN 2013?



Any Questions ?



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