

Annual Report and Accounts 2018



EMIRATES ARENA GLASGOW



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President's Report

This report relates to the period covering 1 April 2017 to 31 March 2018 – where the main events of the period were the World Championships and Para World Championships. **scottishathletics** had a huge record breaking contingent of SIXTEEN athletes (#SALsuper16) at this 'home' World Championships in London, more than double the previous best of seven athletes equating to 20% of the 87 strong British team. This achievement had 'icing on the cake' before the Championships started when Eilidh Doyle was nominated by her fellow athletes to Captain the GB&NI team. A huge honour for Eilidh and the sport in Scotland as a whole.

The Para World Championships 'kicked off' in July with FOUR **scottishathletics** athletes selected for the GB&NI team and what a quartet they turned out to be. Stef Reid won Gold in the T44 Long Jump while Sammi Kinghorn won Gold in the T53 100m and 200m (in a new World record) and bronze in the T53 400m. Not to be outdone 17-year-old Maria Lyle won bronze medals in the T35 100m and 200m while Jo Butterfield was edged into 4th place with the last throw of the competition in the club throw, a heart-breaking place to finish.

The #SALsuper16 as they became known did indeed perform when it counted. Callum Hawkins finished 4th in the marathon to match the best-ever finish by a British male athlete at a World Championships in a new PB – 2:10.17. Laura Muir finished 4th in the 1500m 4:02.97 which saw the top four athletes separated by only 0.38 of a second before going on to finish 6th in the 5000m final in a new Scottish record – 14:52.07. Eilidh Doyle reached her third consecutive 400mH final and along with Zoey Clark who had achieved a PB in the 400m semi-final – 51.81 the two athletes made up 50% of the GB&NI 4 x 400m Relay team grabbing a superb silver medal behind USA. Andy Butchart and Eilish McColgan finished 8th in their respective 5000m finals as did Lynsey Sharp in the 800m Final. Chris O'Hare reached the 1500m final. The other athletes who made up #SALsuper16 were: Beth Potter, Steph Twell, Lennie Waite, Chris Bennett, Josh Kerr, Nick Percy, Jake Wightman and Guy Learmonth.

Away from the Olympic Stadium **scottishathletics** Track & Field athletes were performing with distinction with three athletes Neil Gourley (1500m), Jack Lawrie (400mH) and Kelsey Stewart (4 x 400m Relay) selected for the Track & Field European U23 Championships in Poland.

Six athletes: Alisha Rees (200m), Holly McArthur (Heptathlon), Jemma Reekie (3000m and 1500m),

Ben Greenwood (800m), George Evans (Discus) and Jill Cherry (4 x 400m Relay) headed off to the European Junior T&F Championships in Grosseto with some outstanding performances and no fewer than five of them returning home with medals. Holly McArthur broke the Scottish U20 heptathlon record with seven individual event PB's across two days giving a tally of 5687. From being pipped for bronze in the 3000m, Jemma Reekie picked herself up and won 1500m Gold in 4.13.25 while George Evans won individual bronze in the Discus. After finishing 4th in the 200m Final there was 4 x 100m Relay bronze for Alisha Rees with Holly McArthur and Jill Cherry also picking up bronze medals as part of the 4 x 400m Relay.

Immediately prior to the World Championships, the European Team Championships were held in France and five Scottish athletes headed off as part of the GB&NI team – Lennie Waite (3000m), Jake Wightman (1500m), Eilidh Doyle (400mH & 4 x 400m Relay), Zoey Clark and Kirsten McAslan (4 x 400m Relay). This was the inspiration that Jake Wightman needed as no sooner was he selected than he was winning the 1500m at the Bislett Games.

Our younger athletes were not to be outdone as 11 Track & Field athletes headed off to the Bahamas for the Commonwealth Youth Games where Erin Wallace took 1500m Gold in a superb PB of 4.16.61.

Our new generation of athletes proved their emerging quality by continuing to win medals at the England T&F Championships. In 2017 they won 19 medals with no fewer than eight being Gold.

Away from Track & Field our athletes were putting Scotland on the map. Four Scots including husband and wife Marco Consani and Debbie Martin-Consani along with James Stewart and Sharon Law were selected for the GB&NI team at the IAU World 24-hour Championships, an impressive Scottish proportion of the ten strong team. Not to be out-done three Scots were named in the GB&NI team for the World Long Distance Mountain Running Championships – Murray Strain, Tom Owens and Charlotte Morgan.

In July, Slovenia was the venue for the European Mountain Running Championships where Andrew Douglas and Anna Macfadyen were selected for GB&NI after both winning British titles. Anna finished 7th in the Junior race and helped the GB&NI team to Team Gold. Andrew, also 7th, continued his fine form at the World Mountain Running Championships (up and down) where he continued his remarkable run of top ten finishes at global Championships placing 9th in the Italian mountains.

Cross country has continued to thrive with a huge number of athletes entering Championship events. At the East District Championships there were record entries for the Senior Women (67) and Senior Men (83) teams. That's 150 teams in total against 97 senior teams back in 2009. The Lindsays National Cross Country relays saw the biggest fields for a National Cross Country event in at least a quarter of a century with 2,600 entries. Compare this to the 2,390 entries in 2016, this amounted to a huge increase in numbers.



Throughout the sport athletes in all disciplines and age groups were winning medals at British Championships which is showing a real demonstration of depth of athletes, coaches and clubs. As a collective they are also breaking Scottish records some which have dated back to the 1970's and 80's which has been great to see.

Having been crowned Governing Body of the Year at the Scottish Sports Awards in 2016 it was another huge compliment for the sport in Scotland after a superb 2017 to win it for the second year running. We not only had achievement at elite level but had 120,000 athletes competing in our permitted events. In 2017 we paved the way for wider inclusion with a new partnership between **jogscotland** and the Scottish Association for Mental Health. **scottishathletics** is also working with Leap Sports Scotland and Stonewall Scotland to support participation in athletics throughout the LGBT community with a first ever permit event that included a third gender/non-binary category.

Overall it has been a fantastic year for the sport and it could not have been done without the help and support of many people. My thanks to all members of staff, members of the Board, commissions and committees within **scottishathletics** who have worked hard to develop and improve the delivery and performance of our sport throughout the year.

Our partnerships with UK Athletics, **sportscotland**, SAMH and Scottish local authorities / leisure trusts continue to grow with each playing a major role in the development of athletics in Scotland, and we are grateful for their support. Not only did athletes win medals but it was announced that once again, a number of our members were recognised in the 2017 New Year Honours List.

Well done to all athletes, clubs, officials, coaches and administrators who have made 2017/18 a very successful year.

Leslie Roy MBE
President

Annual Review

What a spectacular year for athletics in Scotland, and let me begin by congratulating all athletes, coaches, officials, clubs, club leaders and volunteers, and staff for what has been a major step forward again for the organisation and the sport as a whole.



Membership growth and medals are always used as a barometer of a sport's success and if we viewed success purely on these two areas then we would be judged extremely positively indeed. Whilst the rate of membership growth has slowed (as expected after several years of major growth) it remains on a positive trajectory. In medal terms, the success of athletes at world championships, IPC (para) championships plus cross country, road, mountain and ultra, ensures that Scotland punches above its weight in global terms. However, as we all know, there are a number of other factors that we must judge ourselves on as a business. There have been numerous successes but challenges do remain which must be addressed moving forwards.

As always, it is almost impossible to detail every success and challenge, but this review does try to highlight the key matters of importance and reports very clearly on the state of the business to provide confidence to our members and partners that we are delivering effectively within that area as well.

Events

Once again we witnessed strong numbers competing across all disciplines and very much in keeping with our mantra, "competition, it's what we train for", no matter the level of participant or event. After such a strong growth in numbers in the last few years, it is encouraging to see those levels continue, in particular we are seeing significant growth in some of the shorter course events such as the National Cross Country Relays, the Short Course Cross Country Championships and the road 5K amongst others.

We must also thank and recognise the important role of our four commissions (Officials, Hill Running, Road Running & Cross Country, and Track & Field) in driving forward our events programme. In particular, the work of our commission conveners and their respective teams plays a significant role in supporting the staff team and volunteer networks to deliver strong competition programmes. As with previous years, the calendar has been busy but we strive to improve and deliver events to a high standard.

A development from 2017 that will impact in the 2018/19 season is the introduction of a new event specific series for Scotland, resulting from a review at Board level within the organisation following communication from the sport. We must also thank the numerous clubs and officials, it is testament to the work of the clubs that numbers continue to grow.

A further development that we are continually tweaking to ensure it is fit for purpose and as user friendly as possible is our new online events licensing process. We have appreciated the feedback over the initial phase and are adapting to ensure a customer friendly approach is adopted.

Media / Communication

Communications has been a significant success at **scottishathletics** and promoting our sport in many forms continues to be one of our greatest priorities. We are very fortunate in our staff team who work tirelessly with partners and the sport to make sure there is wide spread of coverage from events to clubs to athlete performances.

Media and communications is forever changing, evolving and moving at pace. It is a challenge and our aim is to continually evolve our approach to communicating both internally to our membership as well as externally to a wider audience. The website remains the 'go to' place for our members and athletics enthusiasts, with an average of 12 news stories per week over the last year, all of excellent quality.

Social media is undoubtedly our greatest tool for communicating about the sport and there are now more than 20,000 Facebook and 17,000 Twitter followers (including **jogscotland**), another increase of more than 30% on last year. In 2016/17 we mentioned the fact that Twitter impressions were hitting one million in some months, this has now become the norm with occasional months peaking at 1.2 million Twitter impressions; quite impressive stats, but more importantly, demonstrates the reach of the sport beyond the immediate athletics family.

Online streaming is a continual area of focus and improvement utilising the great work of Vinco as well as 'live streaming' via Facebook Live. The introduction of drone footage was a massive positive at the Lindsays National Cross Country Championships this year with thousands of views – reaching into the North American market for the first time, too.

We continue to work hard to maintain strong relationships with the Scottish (and UK) media with an increasing interest in news stories in the national media, and the continuation of media partnerships around our events. The brand that is 'Scottish Athletics', and not always or necessarily '**scottishathletics**' the company, is certainly growing in strength across numerous media platforms which is extremely positive.

Club Support and Development

Supporting clubs remains and will always remain a central focal point to our work at **scottishathletics**. Our aim is to support and develop a strong, modern and sustainable club system that recruits and retains skilled coaches, officials and club leaders – investing in people in clubs and the support to retain, recruit and deploy good people, is the single most important factor and enabler in delivering the 2015-2019 strategy, *Perform When It Counts*.

We are always seeking to listen to feedback from the sport about how we can better support clubs and club projects and these areas continue to evolve



and develop. Over the last 12 months the following projects and programmes have been delivered:

- ILM accredited National Club Leaders Academy (18 graduates)
- Club Modernisation programme engaging with 44 clubs
- Club Together Project – supporting 32 employed roles within clubs across Scotland
- National Coach Development Programme – always evolving and with over 400 individual coaches supported
- Club Leaders' Conference – again at full capacity at 100 places
- Officials' Development – continue to develop but a critical target area for 2018-19
- Day to day meetings and support to clubs – more than 200 club meetings took place last year

We are very proud of our affiliated athletics clubs in Scotland who continue to lead the way in their modernisation work and are continually viewed as a marker for good practice across the rest of the UK. A number of clubs continue to push the boundaries with many taking forward new management structures, legal status and balancing those ever important volunteers alongside paid staff. However, we must and will continue to offer all clubs support at the appropriate stage of their development, no matter how large or small their membership is.

The Club Leaders' Conference continues to deliver at full capacity and is a great platform for clubs to share best practice and discuss key issues and themes. A particular highlight this year was the fact that eight Scottish clubs delivered sessions over the course of the day with some brilliant projects being discussed.

Membership

As with recent years the trend of positive growth continues within both individual membership and club membership. As expected, after a period of significant growth since 2012, growth rates are slowing slightly. The end of year membership was 12,997, a growth of 3.7% for the year for individual members registered with **scottishathletics**. We are also evidencing a continued strong growth in club membership through the annual affiliation returns information, mainly resulting from growth in smaller clubs and new clubs affiliating to the organisation.

Athletes

Once again we have seen unprecedented levels of success from Scottish athletes on the world stage, particularly at the IAAF Outdoor Championships, IPC World Championships and the IAAF World Indoor Championships, all hosted in the UK last year. A record 16 athletes were selected for the IAAF World Outdoor Championships in London with two medals won (Eilidh Doyle & Zoey Clark) and agonising 4th places for Callum Hawkins in the marathon and Laura Muir in the 1500m. In the IPC World Championships,

Sammi Kinghorn was undoubtedly the star winning three medals including two golds and a world record in the 200m. She was supported by Stef Reid (T44 long jump gold), Maria Lyle T35 100m & 200m bronze and Derek Rae's marathon bronze (from April but counting).

The World Indoors saw an impressive tally of 5 medals with Laura Muir winning two medals in the 1500m and 3000m, with silver and bronze respectively. Eilidh Doyle picked up a magnificent bronze in the individual 400m followed by a bronze in the 4 x 400m Relay in which team mate, Zoey Clark, played a crucial role with a fantastic leg.

Success at senior level was certainly matched by our emerging talent with five medals won at the European Junior Championships: Jemma Reekie (U20 1500m gold & 3,000m 4th), George Evans (U20 discus bronze), Alisha Rees (U20 4 x 100m Relay bronze & 200m 4th) and Jill Cherry and Holly McArthur (U20 4 x 400m Relay bronze). Not to be outshone, Amy Carr won T35-38 200m gold, long jump gold and 100m bronze at the World Junior Para Athletics Championships – congratulations to all athletes, their coaches and clubs.

Not only have we seen success in track and field which, arguably, unfairly grabs the media spotlight, but Scottish athletes have performed outstandingly on the World and European stage in all disciplines from cross country to road to trail to mountain to ultra distances, plus success at World Masters level - quite remarkable really for such a small nation.

Particular highlights included a European Cross Country bronze medal for Andy Butchart plus team medals for all Scots competing including Andy, Stef Twell, Mhairi MacLennan and Cameron Boyek. Not to be outdone was Anna Macfadyen who placed 7th with a team gold at the European Mountain Running Championships.

Undoubtedly the greatest successes over the last 12 months has stemmed from the athletes and their coaches themselves. Scotland continues to be the strongest athletics nation in the UK based on population percentages against performances.

It was not just athletes performing as part of the GB set up with Scottish coaches having an impact as well with Ian Mirfin a key part of the GB team at the IPC World Championships, Mark Pollard was team manager for the U20 girls for the European Cross Country Championships and Peter Jardine and Mark Pollard part of the official GB staff at the European U23 Championships in the summer.

Our President, Leslie Roy and Stef Reid were awarded MBEs in the 2017 New Year Honours List.

We should also take the time to thank Rodger Harkins for his three and a half years' service to **scottishathletics** as Performance Director.

Lastly, unprecedented numbers of national records were broken throughout the year across all age groups, and the Roll of Honour section and the

Commission reports will further detail the specific performances across the disciplines. We congratulate all the Scotland team members for their outstanding performances, and those who have coached and supported them during that period.

Coaches

Coaching, coaches and coach development remain vital to our work. Following the restructure of the coaching team it was full steam ahead in terms of progressing the coach development work within the organisation.

Coach Qualifications

UK Athletics, in partnership with the Home Country Athletics Federations, has completed a review of the Coach Qualifications Pathway. As a result, and following pilot courses run last year, an improved Athletics Coach Award is being launched.

The changes reflect the feedback from coaches that they wish to have the opportunity to develop skills and knowledge in more depth in a particular event area of the sport. Coaches, therefore, can now opt for a technical day (day three) in an event group of their choice – whether Speed, Endurance, Jumps or Throws. Importantly, the new Athletics Coach qualification will retain the competencies needed to deliver coaching across the seven core events which were part of the former Athletics Coach qualification.

The UKA qualifications delivery is the formal part of the coach's journey that we offer around the country. Throughout the year, courses were delivered and attended by 1,162 teachers, leaders and coaches in:

Event Group (level 3)	12
Athletics Coach and Coach in Running Fitness (level 2)	102
Coaching Assistants (level 1)	294
Jog Leaders	319
Leader Athletics	243
Teachers / Future Teachers	192

sportscotland continued to invest into coach education by offering a 60% subsidy for those who meet the set criteria. The focus is on supporting coaches who are, or will be, delivering through schools, clubs, community and performance sport, supporting coaches at UKCC Level 2 or equivalent.



Coach Development

Qualifications are really important to ensure coaches have the minimum requirements and are insured to be deployed through schools, clubs and in the community. However, we hold a strong belief within the organisation that whilst qualifications are important, the ongoing continued learning (CPD) of coaches is more critical for any longer-term success within the sport, ensuring our athletes realise and maximise their potential.

We also recognise that there are barriers to continued learning, and this year we focused on identifying these barriers and improve the opportunities for coaches in this endeavour to:

- Make more courses accessible - Athletic Development & Physical Preparation courses and Coaching Clinics we delivered regionally across the country. Clubs can also request coach development opportunities to be delivered at the club through the new online booking request form.
- Free coaching clinics – for Level 1 / Level 2 coaches for coach members.
- Reduced costs of courses - in athletic development & physical preparation we contributed 60% of the total course fee.

Once again, over 400 individual coaches attended at least one CPD opportunity and the National Coaching Conference attracted a very strong standard of guest coaches working across various levels of the pathway.

We saw over 25 coaches complete the four athletic development & physical preparation courses, concluding a two-year learning journey of understanding the role and importance of the foundation movements that underpin the sporting actions of athletics. Coaches were exposed to the gym environment and were taught how to teach the Olympic lifts in a safe environment.



Officials

The work of our Officials Commission, led by Convener, Margaret Brown, and our fantastic 'army' of officials remain a keystone of the sport. Every week up and down the country in all weather conditions, they are an essential ever present. They are also critical to the delivery of our various regional and national events across all disciplines.

However, we face continual challenges in the recruitment and retention of officials within the national structures. We continue to see the same officials (to their immense credit) week in and week out but that is becoming an ever increasing strain on the system. Whilst we have seen a number of new faces over the past 12 months, a very specific programme of recruitment, training support and an 'easing' into the regional and national system is required.

scottishathletics has a key role to play in that and there will be an increased commitment and focus of staff time in that area for 2018-19 but we all have a role to play, particularly clubs in how we better support the system.

On a positive however, to recognise the fantastic work of our officials community we introduced a number of improved benefits over the past year, including an increase in mileage expenses, and the implementation of an awards scheme of kit for officials committing to a certain number of national events. We hope that these adjustments will go a little way to recognising the role and importance of our officials.

The Officials' Conference took place in October again with a very good attendance of circa 90 officials. There were some excellent discussion topics and a range of presentations, including a memorable talk from GB 800m internationalist Guy Learmonth who kept the audience entertained. As with Laura Muir last year, Guy was keen to express his thanks to all officials who had supported him, and recognised the important role they hold within the sport – a sentiment echoed from the sport in general.



Facilities

We are now 30 months into our National Facilities Strategy, in what has been one of the most difficult economic periods in recent decades for funding partners. However, despite that we have seen some continued investment in the athletics facility stock across Scotland for which we are ever grateful.

In particular, we have witnessed investment into the following projects:

- Caird Park (Dundee) has now closed for the re-developed Regional Indoor centre including indoor straight and technical facilities
- Meadowbank is now closed for re-development with a new contemporary indoor training area planned
- Investment into Grangemouth refurbishment indoors
- Huntershill (Bishopbriggs) 400m track is now complete
- Greenfaulds High School (Cumbernauld) 400m track is now complete
- Banff High School 400m track is now complete
- Balfron High School compact facility complete
- Banchory & Stonehaven AC compact complete
- Throws facility at Scotstoun is partially complete on back of 3G pitch within infield area

The proposal to develop the new indoor regional centre at Inverness (Queens Park) continues to stall over funding challenges and regional priorities, and we await a decision on future plans which has been a frustration for everyone involved.

We now have progressed plans and costings for Scotland's first ever in-to-out throws facility and we intend inviting interested parties to discuss plans before autumn 2018.

We will also continue to work with clubs and facility providers locally to support where challenges exist, predominantly around maintenance, access and costs.

Schools

The ongoing influence of athletics continues and we are always indebted to the fantastic work and organisation of the Scottish Schools Athletic Association who provide an excellent series of events each year as well as crucial introductory international competitions for aspiring young athletes.

scottishathletics has continued to deliver teacher and future teacher education support to around 200 teachers last year and work closely with Active Schools and local authorities around the annual primary school Sportshall programme. Again this year, 30 local authorities participated in cluster events with an estimated 6,000+ children participating nationally. The secondary school National Giant Heptathlon competition was also delivered with 20 local authorities competing.

As always, partnerships and local support remain key and **scottishathletics** would like to extend our thanks to the many volunteers, clubs and teachers that assisted in the delivery of Sportshall and Giant Heptathlon.

jogscotland

jogscotland's growth was again extremely high and representative of the great work across the jogging groups and staff within **jogscotland**. 6,337 new members joined – 1,097 male and 5,240 female. From a programmes perspective the priority remained supporting new and existing Jog Leaders, **jogscotland** groups and members, and delivering the Mums on the Run and Jogworks programmes. It is fantastic to continue to watch thousands of

jogscotland groups and members participate in hundreds of running events across the country each year.

Following funding challenges over recent years we were delighted to announce our new partnership with the Scottish Association of Mental Health (SAMH) who have joined the programme as an equal funding partner. The support from SAMH has been warmly welcomed and we are delighted that the arrangement has proven extremely fruitful for both organisations with some excellent project work benefitting our members. In particular, over 200 Jog Leaders completed the online mental health training course, **scottishathletics** signed up as one of the founding members of the Mental Health Charter and most recently, the launch of Sammie the Jog Dog campaign to raise awareness and discussions around the issue of mental health amongst our networks.

Welfare and Equality Update

scottishathletics acknowledges that child protection and wellbeing is an important and integral part of our sport. In August 2017, to support development in this area, we introduced a new national welfare team. Since then the team has worked to review and revise our child protection and wellbeing policies and guidelines to ensure they are compliant with Scottish national guidance and exceed the minimum criteria within the eight new 'Standards for Child Protection and Wellbeing' which were launched in 2018 by **sportscotland** in conjunction with the Safeguarding In Sport service.

The aim of all of this work is to provide greater support to our members and clubs and this starts with the newly revised child protection policy and a comprehensive set of guidelines and supporting documents which are now available on the **scottishathletics** website.

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The Board continue to work to ensure that the sport is heading in the same direction with the priorities remaining to deliver our business objectives.

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The role of club welfare officer is an important, rewarding, and at times challenging position. In recognition of this we have adopted a more proactive approach with the team being available to discuss any aspect of welfare when it's convenient for our members. The team are also available to visit welfare officers across the country and to provide advice and training to clubs when necessary.

Our equality work continues to lead the way on a national front. Not only have the Road Running and Cross Country Commission equalised all distances at all ages at the National Cross Country Championships recently, but work is being carried out to see whether it is feasible to work towards closing the gap or equalising the number of medals provided to senior men and women in that event.

scottishathletics proposed a rule change to UKA to incorporate a third gender category in all events. This has been approved as a pilot and guidelines have already been communicated to all race organisers and the uptake has been very positive indeed.

This all coincides with the formation of a new Equalities Advisory Group who will provide a support, check and challenge role for the board and staff across a number of key areas. This work has been driven by our part time Equalities Officer, Francesca Snitjer.

Governance

Our current National Strategy, *Perform When It Counts* (2015-2019) is now into its final year and the Board, chaired by Ian Beattie, continues to work in partnership with the commissions, the sport, staff and partners to provide the leadership and strategic direction of the organisation. The Board continue to work to ensure that the sport is heading in the same direction with the priorities remaining to deliver our business objectives, support our membership and continue to activate key programmes and events that help athletes, coaches, clubs, officials and volunteers to grow and develop.

We were delighted this past year to achieve a 'satisfactory' grade in our development audit undertaken by KPMG. This is the highest grade awarded to an organisation and the first time we have achieved such a feat. We were also very pleased to be awarded the Team Scotland, Scottish Governing Body of the Year for 2017, the second year running – recognition of the great work being carried out by everyone in the sport.

We are also delighted that the AGM ratified a second term as non-executive director for Sandra Frame and we were extremely pleased that Lord Jack McConnell was nominated and approved as the new Honorary President following the stepping down of Sir Menzies Campbell after 27 years - we wish him all the best for the future.



Ensuring athletics remains high on the political agenda is important to the Board and relationships continue to prove strong between **scottishathletics**, **sportscotland** and the Scottish Government. The Development Team was also central to an important piece of research and subsequent reporting during the past 12 months. Following criticism of sport as a whole, in relation to a lack of research on the wider impacts that sport has on communities in Scotland, **scottishathletics** led the way nationally by evidencing significant impacts. The 'Impact Document' revealed that participants involved in athletics clubs and jogging groups across the country were having extremely positive effects on people's health (physical and mental) plus subjective wellbeing elements (social integration, confidence etc). The social impact of clubs that were previously measured through the annual club affiliation returns were also included within the report. All in, this has placed athletics at the forefront of the Scottish Government's leading partner organisations.

Despite a fragile state of the sporting economy and the widely communicated cuts in Exchequer and Lottery funding to **sportscotland**, **scottishathletics** remains in a strong position to deliver against our national strategy. We are continually streamlining activities and structures accordingly as well as driving forward our relationships with new commercial partners.

As seems to be the way every year, we have also sadly mourned a number of key contributors across all levels of athletics. Our thoughts continue to be with all their families and friends. Gone, but never forgotten.

Partners

Partnerships are a core component of our work. We have spent a significant amount of time in 2017-18 supporting and servicing existing partnerships but just as important, we have tried to attract some new commercial sponsors to bolster the delivery of the sport. Without our partners we would be unable to deliver a number of our objectives and the scale of our investments would be greatly reduced, as such we are delighted to have secured new partnerships this year with FPSG Professional Recruitment (track and field series and annual awards), Scottish Association for Mental Health (**jogscotland**) Voice Mobile, DW Sport & Fitness (retail partner) plus Joma Sport (National Teams – commences 2018). During the 2017-18 financial year the following organisations have been pivotal to our work:

- **sportscotland**
- Scottish Government
- UK Athletics
- Local Authorities and Leisure Trusts across Scotland
- Lindsays
- Strathmore
- FPSG Professional Recruitment
- Scottish Association for Mental Health
- Voice Mobile
- DW Sport & Fitness
- Brand Oath
- Vinco

Finally, as we reflect positively on another busy year we must also look to the future. We are now entering the final stages of our current four-year strategy, **Perform When It Counts** and work has already commenced on the next iteration. It is crucial that the sport in Scotland contributes to that strategy and that whilst acknowledging the priorities of our partners and funders, it must be a strategy written for athletics by the athletics community. It is important that we do not lose sight of our priorities which should not change significantly, and that we evolve and develop on the secure foundations that have been built over recent years. We are committed to ensuring our focus remains on supporting our membership and continuing to activate key programmes that help athletes, coaches, clubs, club leaders, officials and volunteers to thrive and grow.

Our staff team is very fortunate to be working in the sport of athletics and is extremely focused and motivated to ensure our sport continues to lead the way nationally. That success can only ever be attributed to those out there doing it and making it happen – you - thank you.

Mark Munro

Chief Executive Officer

Hill Running Commission Report

Once again Scotland provided leading finishers in GB teams to international hill running championships in 2017.

At the European Championships in Kamnik in Slovenia in July, in the junior women's race, Anna Macfadyen was the second Brit home in 7th place and helped the team gain gold. Andrew Douglas led the UK senior men's team home, also in 7th place, but unfortunately didn't come home with a team medal. In the junior men's race, Joshua Boyle was the third UK finisher in 28th in a team that finished 6th. Later in July, the World Championships took place in Premana in Italy. The senior men's team was again led home by Andrew Douglas (this time in 9th) with Graham Gristwood in 25th place, the 3rd UK counter and the team in 5th place. The World Long Distance was also at Premana, a week later, where Scotland provided the leading British women's finisher in Charlotte Morgan in seventh place, and the second British finisher in the men's race, with Tom Owens in 16th place.

The Senior Home International in 2017 was held in July at Sedbergh, and Scotland's women's and men's teams both returned with silver medals, and Catriona Buchanan also winning an individual bronze. The women's team was completed by Stephanie Provan (6th), Miranda Grant (7th) and Georgia Tindley (12th). In the men's team, the individual positions were Tom Martyn (5th), Andrew Fallas (7th), Sam Alexander (9th) and Joe Symonds (10th).

Scotland hosted the Junior Home Internationals at Peebles, racing over Cademuir Hill, and contested between Under-17 and Under-20 teams of boys and

girls. In a great set of results, all of our athletes brought home team medals: silver for U17 girls, U20 boys, and U20 girls and bronze for U17 boys. Athletes bringing home individual medals were Lynn McKenna (U17 girls) and Freddie Carcas (U20 boys) with golds and Lauren Dickson (U20 girls) a bronze. Unfortunately, despite many fine performances, the overall City of Edinburgh Trophy remained in England's hands.

The World Youth Cup was held in Gagliano del Capo in Italy in June. This race for 16 and 17 year olds is a first taste of international competition for the best in their age group: both of our teams battled with adversity. The girls' team of Lynn McKenna, Grace Whelan and Zoe Nicholson placed in 10th despite Zoe having a bad fall, while in the boys' team George Rees was unable to finish, leaving Robert Sparks, Cody Stevenson unable to post a team result.

The Snowdon International Race is an annual feature for Scottish teams, and combines top level competition with a mass-participation event. The standout Scottish result this year was second place in the women's race for Louise Mercer in a team completed by Miranda Grant and Jill Stephen also in the top ten. In the men's team, James Espie was 5th, Robert Simpson 10th and Kyle Greig 14th.

In domestic competition, the Scottish Senior Championships were held at Goat Fell on Arran, with Murray Strain and Jill Stephen the individual champions.

Hugh Buchanan
Convenor



Road Running and Cross Country Commission Report

The strategic role of the Road and Cross Country Commission is to increase participation, improve the quality of performance, increase our representation in Great Britain international teams and improve our international results.

This has to be done within the framework of the Scottish Athletics Strategic Plan (2015-2019) and the 'Perform when it Counts' philosophy.

Over the years, the statistics for participation, particularly in cross country events, have been collected and published on the Commission's website at <http://www.salroadrunningandcrosscountrysmedalists.co.uk/index.html>

The weather at the National Cross Country Championships could not have been more different from 2017 with bright sunshine and good underfoot conditions. Mhairi MacLennan and Kristian Jones were first time winners of the senior races as was Cameron Boyek in the National Short Course Championship at Kirkcaldy where Laura Muir retained her title with ease. Calum Hawkins won the Half Marathon Championship for the fourth time and Fionnuala Ross was a first time winner of the women's race. Robbie Simpson and Susan Partridge were Marathon winners in London.

In 2017, at the National Cross, men and women ran the same 10K distance for the first time. At the 2018 championship the Commission continued the gender equality process by equalising race distances across all age groups. At the National Cross Country Relays there were four athletes in both men's and women's teams for the first time. Interestingly the number of women's teams was a record entry.

Great Britain representative honours were awarded to seven Ultra and Trail athletes, five athletes on the road and seven on the country.

We would like to thank Scottish law and property firm Lindsays for their generous sponsorship. Their support helped us to stage the following events promoted by the Commission: the Short Course, the National Cross Country, three Districts (East, North, and West), the Inter-District, the Masters, three District Relays (East, North, West) and National Relays. In addition there is a Grand Prix Series for seniors based on the Short Course, District, Inter-District and National and a Team Challenge based on the relays and the Short Course championships. The Grand Prix helps focus the quality of participants into these events.

In road running the Commission promotes championships at: 5K, 10K, 10 miles, half-marathon, marathon, 50K and 100K with a Grand Prix Series based on the first five of these events.

The Commission stages two Championships in Trail Running: the Ultra Trail Race this year conjunction with the Devil 'O The Highlands at Tyndrum and the Mid Trail championship hosted by Fife AC.

Again, we are indebted to our sponsors: Falkirk District Council (National XC), Fife Council (National Short Course XC), West Lothian Council (National Road Relays), North Lanarkshire Council (National XC Relays) and Inverclyde District Council (National Young Athlete Road Races) for their continued support in these difficult economic times.

As with every year many people contribute to the successful running of the road and cross country season – thank you all.

John Rodger
Convenor



Roll of Honour 2018

Hill Running

European Championships in Slovenia in July 2017

Andy Douglas

Anna Macfadyen *team gold* 🥇

Trail Running

World Trail Championships in Italy in June 2017

Kyle Greig

Helen Bonsor

Joasia Zakrzewski

Track and Field

IPC World Marathon Cup in London in April 2017

Derek Rae *bronze* 🥉

Loughborough International in May 2017

GB and NI Juniors

Alisha Rees 100m and 4 x 100m Relay

Cameron Tindle 100m and 4 x 100m Relay

Jemma Reekie 3000m

Jill Cherry 4 x 400m Relay

Lewis Brown 4 x 400m Relay

European Team Championships in France in June 2017

Eilidh Doyle 400m Hurdles

Jake Wightman 1500m

Lennie Waite 3000m Steeplechase

Kirsten McAslan 4 x 400m Relay

Zoey Clark (selected but withdrew)

Euro U23 Championships in Poland in July 2017

Neil Gourley 1500m

Jack Lawrie 400m Hurdles

Kelsey Stewart 4 x 400m Relay

Euro U20s in Italy in July 2017

Alisha Rees 200m, 4 x 100m Relay *team bronze* 🥉

Jemma Reekie 3000m, 1500m *gold* 🥇

Ben Greenwood 800m

George Evans discus *bronze* 🥉

Holly McArthur heptathlon, 4 x 400m Relay *team bronze* 🥉

Jill Cherry 4 x 400m Relay *team bronze* 🥉

Commonwealth Youth Games in Bahamas in July 2017

Fraser Angus 200m

Adam Clayton 100m

Lauren Greig 200m

Calum Henderson Long Jump

Naomi Lang 3000m

Bethany McAndrew 100m Hurdles

Alessandro Schenini Long Jump

Adam Scott 1500m

Maddy Silcock 100m

Olivia Vareille 400m

Erin Wallace 1500m *gold* 🥇

IPC World Champs in London in July 2017

Sammi Kinghorn T53 100 Gold 🥇 T53 200m Gold 🥇
T53 400m Bronze 🥉 T53 800m

Stef Reid T44 Long Jump Gold 🥇

Jo Butterfield F51 Club Throw

Maria Lyle T35 200m Bronze 🥉 100m Bronze 🥉

Libby Clegg (selected but had to withdraw)





IPC World Junior Champs in Switzerland in August 2017

Amy Carr T35-38 200m Gold 🥇 Long Jump Gold 🥇
100m Bronze 🥉

World Championships in London in August 2017

Chris Bennett Hammer

Andy Butchart 5000m

Zoey Clark 400m, 4 x 400m Relay *team silver* 🥈

Eilidh Doyle 400m Hurdles, 4 x 400m Relay *team silver* 🥈

Callum Hawkins Marathon

Josh Kerr 1500m

Guy Learmonth 800m

Eilish McColgan 5000m

Laura Muir 1500m and 5000m

Chris O'Hare 1500m

Nick Percy Discus

Beth Potter 10000m

Lynsey Sharp 800m

Steph Twell 5000m

Lennie Waite 3000m Steeplechase

Jake Wightman 1500m

Robbie Simpson (selected for Marathon but withdrew)

Manchester International in August 2017

GB Juniors

Jemma Reekie the Mile

Alisha Rees 200m and 4 x 100m Relay

Combined Events International in Spain in January 2018

Senior Men: **Andrew Murphy**

Junior Women: **Holly McArthur**

Junior Men: **Joel McFarlane**

World Indoors in Birmingham in March 2018

Chris O'Hare, Jake Wightman 1500m

Laura Muir 3000m *bronze*, 1500m *silver* 🥈 🥉

Eilish McColgan 3000m, 1500m

Eilidh Doyle 400m *bronze*, 4 x 400m Relay *team bronze* 🥉 🥉

Zoey Clark 400m, 4 x 400m Relay *team bronze* 🥉

Mhairi Hendry 800m

Grant Plenderleith 4 x 400m Relay

World Half Marathon Championships, March 2018

Luke Traynor

Tsegai Tewelde

IAAF World Championships Medal upgrades

Lee McConnell 4 x 400m Relay *bronze* 2009, 🥉 🥉
4 x 400m Relay *bronze* 2011 (from fourth place)

Eilidh Doyle 4 x 400m Relay *silver* 2013 🥈
(from bronze)

Ultra Running

World Trail Championships in Italy in June 2017

Kyle Greig

Helen Bonsor

Joasia Zakrzewski

World 24-Hour Championships in Belfast in July 2017

Debbie Martin-Consani

Sharon Law

Marco Consani

James Stewart

Cross Country

Euro Cross in Slovenia in December 2017

Senior Men: **Andy Butchart** *bronze, team bronze* 🥉 🥉

International Relay: **Cameron Boyek** *team gold* 🥇

Senior Women: **Steph Twell** *team gold* 🥇

U23 Women: **Mhairi MacLennan** *team gold* 🥇

Erin Wallace (was selected for U20 Women but withdrew)

Great Edinburgh Cross Country in January 2018

International Relay: **Laura Muir**

Senior Women: **Mhairi MacLennan**

Junior Women: **Erin Wallace, Eloise Walker**

Track and Field Commission Report



The management of Track and Field Athletics in respect of Scottish and International affairs is delegated to the Track and Field Commission by the Scottish Athletics Board and it is incumbent upon the Commission to deliver a competition pathway, which meets the needs of all our athletes.

This has been a period of development within the Commission with a lot of work done on clarifying the roles and responsibilities of the Commission, setting out a clear protocol for the ratification of records, pulling together an Event Specific series competition pathway and reviewing the opportunities currently in place for athletes to represent Scotland.

There was a real sense of history attached to the 125th edition of the Scottish Senior Championships and the National Senior Championships kicked off with the early arrival of the Queen's Baton Relay at Grangemouth. The event was marked with a bespoke logo and the medals had commemorative ribbons and officials and volunteers were given key rings. Introduced this year was a Championship book, which the winners of Senior titles were invited to sign. As in previous years all Championships had live results, which has been a huge step forward and one the scottishathletics community is rightly very proud of.

As always, the delivery of Championships, Event Specific Grand Prix events, Open Graded and League events is totally reliant on the tireless support of all those involved in giving our athletes the appropriate pathway in Scotland, which is crucial to their long-term development.

The Track and Field Commission would like to thank the officials, club volunteers, athletes, parents, coaches, the Scottish Athletics Board and the events team at **scottishathletics** for their continued support as we endeavour to improve this pathway.

There is always the risk of athletes suffering post-Olympic blues but there were no signs that that thought had ever entered the minds of any of Scotland's athletes as they continued to make their mark on the international stage, while the sport continued to make progress on several fronts.

April saw the publication of a remarkable piece of work by Arnold Black, scotstats.net statistician, which covers a history of Scotland international matches from the first one in 1895 to the current date. This covers 231 internationals with full details of results from all of them. The international careers of 1,636 athletes have been recorded and there is further information on athletes who have represented Scotland the most and the youngest and oldest athletes. The Track and Field Commission are delighted to announce that three new members have been co-opted onto the Records and Statistics group, which is chaired by Arnold Black and sits as a Sub-Committee of the Track and Field Commission. A new style record certificate was designed, and the feedback has been very positive.

Subject to a couple still awaiting final ratification, 49 new Scottish records were set in the reporting period and some of our athletes created their own bits of history. Worthy of mention are Josh Kerr, who followed up on his NCAA indoor mile title to win the NCAA, outdoor title in 3:43.03 and in so doing he made history as he became the first Scot ever to win the indoor and outdoor titles in the same year. He made it a hat-trick of consecutive NCAA titles, winning the indoor title again to become the first male athlete to win back-to-back NCAA mile crowns since Lee Emanuel in 2010. It was truly a year to be remembered for 1500m athletes as Erin Wallace struck gold at the Commonwealth Youth Games in the Bahamas while Chris O'Hare bettered the Scottish record of 3:33.83 set by John Robson way back in 1979 with a run of 3:33.61 and on the final day of the European Junior Championships in Grosseto



There is always the risk of athletes suffering post-Olympic blues but there were no signs that that thought had ever entered the minds of any of Scotland's athletes.



Jemma Reekie convincingly won the 1500m title in 4:13.25 to win by a clear 3.48 seconds. Laura Muir added the icing to the cake with her superb silver medal in the 1500m at the World Indoor Championships in Birmingham, where she also won a superb bronze in the 3000m.

June saw Holly McArthur embark on a record breaking summer as she broke the National Record for U20 Heptathlon not once but twice in a nine-day period after it had stood for 34 years. She racked up five event PBs on her way to gold at the England Athletics Championships in Bedford, and then a further four in Tenerife when she pushed the overall points tally up to 5478. That performance earned her selection for the European Juniors where she came up with one of the finest Combined Events performances by a Scot in recent years. With a 'full house' of seven individual event PBs across two days, McArthur's tally of 5687 points also landed her a Commonwealth Games standard for Gold Coast 2018 (set at 5600 points).

The record breaking continued as Sammi Kinghorn smashed the T53 200m World Record at Mesa, Arizona in early May. This was the start of a magnificent season for Sammi, culminating in double gold in the 100m and 200m, at the World Para Athletics Championships in London and she topped her year off with being voted Scottish Disability Athlete of the Year and winning the prestigious Sunday Mail sportscotland Scottish Sports Personality of the Year 2017.

At the British trials 18 medals were gained to add to the 10000m and Combined Events bringing the tally to a record breaking 21 resulting in the #SALsuper16 gaining selection for London and Eilidh Doyle having the well-deserved honour of Captain bestowed upon her.

In London there were silver medals for Eilidh and Zoey Clark in the 4 x 400m Relay and a brilliant 4th place for Callum Hawkins in the Marathon and a 4th place for Laura in the 1500m. She followed this up with a Scottish record in the 5000m, a mark eclipsed by Eilish McColgan in the Diamond League Final.

In December, 25 athletes were named as part of Team Scotland for the Gold Coast while eight Scots were selected for the IAAF World Indoor Championships Birmingham 2018 from 1-4 March and that is double the previous largest number of Scots selected for these championships.

Eilidh Doyle gained the first-ever medal in the women's 400m by a Briton in a strong run that won her the bronze medal and she and Zoey Clark gained the bronze medal in the 4 x 400m Relay to add to the silver and bronze won by Laura.

Each and every one of these athletes and those athletes recognised in the Roll of Honour has benefitted from the support of the athletics community in Scotland and once again the Track and Field Commission would like to offer their heartfelt thanks to all the volunteers in our sport, who make it happen.

Moir Maguire
Convenor



Officials Commission Report

Another busy year for our officials to the end of March 2018, incorporating the World Outdoor Championships in London and World Indoor Championships in Birmingham.

It is with tremendous pride that we watched 26 of our Level 4 officials selected for the World Outdoor and 11 selected for the World Indoor Championships. Our officials were spread across Track, Field, Call Room, TIC (Technical Information Centre) and each one deserves great applause for their enthusiasm and committed approach to everything athletics. Working at this level is pretty hard, always a little stressful and tiring, but incredibly rewarding.

However, we certainly cannot leave out our hard working officials who, this time around, were unsuccessful in selection for the Worlds. They work tremendously hard, provide enormous support and offer nothing less than enthusiastic commitment and a huge amount of personal time to every level of competition.

Scottish officials continue to be successfully selected for UKA Level 5 televised meetings throughout the Indoor and Outdoor season and many were able to benefit from a place at the Glasgow Grand Prix held in February 2018.

All Scottish officials aspire to reach the highest possible level and we continually work towards supporting everyone to progress through our Education and Training programmes offered through each year. Demographically we know things are changing and that we are all ageing and are now desperately in need of young blood into our officiating community. As can be heard from those who have reached and officiated at the highest level it can be an incredibly rewarding experience.

Each year we recognise some of our officials who have given just a little bit more and it is tremendously pleasing to see them rewarded at the **scottishathletics** Annual Rewards and Dinner held at the end of October each year. In 2017 the officials who were successfully rewarded were Alison Mathieson (Raymond Hutcheson Trophy for Services to Officiating) and Janice McFarlane (Official of the Year). Other nominations were Carol Rose (Official of the Year) and Ian McWatt (Raymond Hutcheson Trophy).

The huge support and commitment of our Officials' Commission certainly cannot go unsaid. The Commission meets regularly throughout the year as well as holding two allocation meetings for selection of officials for both Indoor and Outdoor Championships. The process has evolved over a number of years and continues to work very efficiently and effectively. The time and commitment for this is considerable and many thanks go to every member who currently sits on the Commission offering the best support possible to the Convener and everything involved in athletics in Scotland.

The Events Team continue also to provide the highest level of support possible for all Championships. It cannot be underestimated just how valuable and important this is to every single official for our Championship events.

Many thanks must also go to the Track & Field Commission who provide great support through timetabling to ensure a sensible working day for our officials.

Margaret Brown
Convener



Accounts



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**SCOTTISH
CROSSCOUNTRY
SEASON**

lindsays
**SCOTTISH
CROSSCOUNTRY
SEASON**

Directors' Report

The directors present their report and financial statements for the year ended 31 March 2018.

Principal Activities

The company's principal activity is to act as the governing body for athletics in Scotland and as such to foster, develop and control the sport of athletics in Scotland. Our role is to provide a clear strategic lead for the sport whilst continuing to evolve and develop the support to all members (athletes, clubs, coaches, officials and event organisers) and we will continue to evolve and provide initiatives to support clubs and volunteers at the heart of the sport. 2017-18 was the third year of our strategy, Perform When It Counts, and the Board is very positive about the ongoing development of the sport. National (exchequer and lottery) funding continues to be a challenge for all sport in this country. No matter what the future funding picture looks like nationally, **scottishathletics** Ltd will continue to concentrate our investment at the heart of the sport where it matters. Our business strategy and direction relies upon clear and transparent partnerships both within the sport i.e. member clubs and with key stakeholders. Our partnerships remain strong and it is important that we continue to build on these if we are to continue with the current upwards trajectory.

Statement of Directors' Responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Financial Review

The company has recorded a surplus for the year of £32,948 (2017 - £48,681) with reserves at 31 March 2018 of £367,790 (2017 - £334,842).

The results are consistent with the budgetary expectations stated at the last annual general meeting.

As with recent years, the financial strategy of the company has been to maintain the normal operating budget for ongoing activities on a break-even basis, seeking to increase the Reserves by a minimum of 10% year on year - seeking to achieve a reserve of a minimum of three months operating costs ultimately. Investment funding from **sportscotland** is allocated primarily to staff costs, administration and to international performance and competition, with the balance of funding required to be generated from commercial income and sponsorship, membership or generated through activity.

Scottish Athletics is a company limited by guarantee incorporated on 28/03/2001. The company was established under a Memorandum of Association which established the objects and powers of the company and is governed by the Articles of Association.

The total income of the company was £2,073,282 (2017 - £2,021,657) with grant funding providing 54%, membership and event income 38%, marketing and sponsorship 2% and other sources 6%. The financial performance gives Scottish Athletics a solid platform to advance the sport in the coming years despite ongoing financial challenges across sport in Scotland.

Scottish Athletics would like to thank its partners and sponsors - Scottish Government, **sportscotland**, UK Athletics, Lindsays, FPSG Professional Recruitment, DW Sport & Fitness, Scottish Association for Mental Health, Voice Mobile and Strathmore - for their support as well as the contributions made to events and essential development programmes by City of Edinburgh Council, Falkirk Leisure Trust, North Lanarkshire Leisure and Glasgow City Council, and the many other local authorities/leisure trusts who invest in the sport. Such support remains a keystone to the future success of the sport.

Directors

With the exception of the Chief Executive Officer and those Board members representing the Commissions and other parties with representation rights on the Board, all Board members appointed shall be subject to retirement by rotation after they have been in office for four or more years since they were appointed or reappointed. Such Board members may serve a maximum of two terms. Any Board member retiring in accordance with these provisions shall be eligible for re-appointment after the end of their first tenure, but shall not be eligible for re-election thereafter.

Membership

At 31 March 2018, 170 Clubs and Associates were in membership of the company (2017 - 169) and there were 12,997 members of Athletics Scotland, the membership scheme of Scottish Athletics (2017 - 12,531).

Auditors

Henderson Loggie were reappointed as auditors at the 2017 AGM for another term.

Statement as to Disclosure of Information to Auditors

The Board Members who were in office on the date of approval of these financial statements have confirmed, as far as they are aware, that there is no relevant audit information of which the auditors are unaware. Each of the Board Members have confirmed that they have taken all the steps that they ought to have taken as Board Members in order to make themselves aware of any relevant audit information and to establish that it has been communicated to the auditor.

Small Company Rules

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

By order of the Board

Ian Beattie, Chair

13 July 2018

Directors

Leslie Roy (President)

Ian Beattie (Chair)

Mark Munro (Chief Executive Officer)

Ronald Morrison

Sandra Frame

Alison Johnstone

John Rodger

Margaret Brown

Moir Maguire

Hugh Buchanan

Joanna Butterfield

Independent Auditors' Report

Opinion

We have audited the financial statements of Scottish Athletics Limited (the 'company') for the year ended 31 March 2018 which comprise the Profit And Loss Account, the Balance Sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 March 2018 and of its surplus for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice and;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt
- about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other Information

The directors are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Directors' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Directors' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to prepare the financial statements in accordance with the small company regime and take advantage of the small companies exemption in preparing the directors' report and take advantage of the small companies exemption from the requirement to prepare a strategic report.

Responsibilities of directors

As explained more fully in the Directors' Responsibilities Statement, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <http://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

For and on behalf of Henderson Loggie Chartered Accountants, Statutory Auditors

James Davidson (Senior Statutory Auditor)

11-15 Thistle Street, Edinburgh, EH2 1DF

13 July 2018

Profit and Loss Account

For the year ended 31 March 2018

	Notes	2018 £	2017 £
Income			
Income from grant funding		1,125,048	1,117,843
Income from marketing and sponsorship		40,728	24,959
Income from the membership and from events		793,893	768,705
Other income	1	113,613	110,150
Total operating income		2,073,282	2,021,657
Expenditure			
Administrative costs		573,166	604,159
Events and programme costs		1,385,473	1,275,589
Membership scheme costs		16,683	25,672
Marketing and fundraising costs		66,234	70,033
Total operating expenditure		2,041,556	1,975,453
Operating surplus	2	31,726	46,204
Interest receivable		5,949	6,043
Surplus for the year before taxation		37,675	52,247
Taxation		(4,727)	(3,566)
Surplus for the year		32,948	48,681

Balance Sheet

As at 31 March 2018

	Notes	2018 £	2017 £
Fixed assets			
Investments	5	12,931	12,931
Tangible assets	6	1,642	7,138
		14,573	20,069
Current assets			
Debtors	7	100,916	43,159
Cash at bank and in hand		1,124,132	1,029,514
		1,225,048	1,072,673
Creditors: amounts falling due within one year	8	(871,831)	(757,900)
Net current assets		353,217	314,773
Total assets less current liabilities		367,790	334,842
Net assets		367,790	334,842
Reserves	9	367,790	334,842

The financial statements have been prepared in accordance with the provision applicable to companies subject to the small companies regime, and were approved and authorised for issue by the board on 13 July 2018 and signed on its behalf by:

Ian Beattie, Chair
13 July 2018

Notes to the financial statements

For the year ended 31 March 2018

1. Accounting Policies

Basis of preparation

Scottish Athletics is a company limited by guarantee incorporated in Scotland. The financial statements are prepared under the historical cost convention and in accordance with the provisions of FRS102 Section 1A small entities.

Going concern

At 31 March 2018 the company had net current assets of £353,217 (2017 - £314,773). Having reviewed the financial projections for the year to 31 March 2019 and having regard to both confirmed and indicative funding for the period to 2019, the Directors are satisfied that the going concern basis is appropriate.

Recognition of income

Income is credited in the accounts on the date of receipt, except for subscriptions, fees and grants received in advance that are credited in the year in which they fall due.

Should grant income received during the financial period be unspent during that period, the position is discussed with the funders and subject to the agreement of the organisation providing that income, the sums concerned will be deferred and utilised to meet appropriate business needs in subsequent financial periods.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is calculated to write off evenly the cost of fixed assets over their expected useful life, as follows:-

Computer equipment	- 4 years
Other office equipment	- 4 years
Furniture and Fittings	- 10 years

Website design and content development costs are capitalised to the extent that they lead to the creation of an enduring asset delivering benefits at least as great as the amount capitalised. The website costs are depreciated on a straight line basis over three years following completion of the development work. Grant income in respect of the development is released to the Profit and Loss account over the same three year period.

Investments

Fixed asset investments are stated at fair value.

Pensions

The company operates a group pension scheme, contributing a fixed percentage of each employee's salary to an individual pension plan. Costs in respect of this are charged to the Profit and Loss account in the period they are incurred.

Leased assets

The annual rentals on operating leases on equipment and vehicles, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred.

Taxation

The tax currently payable is based on taxable profit for the year.

2. Operating Surplus

	2018 £	2017 £
Operating surplus is stated after charging:		
Depreciation of tangible fixed assets	5,496	22,484
Auditors' remuneration	6,465	6,280
Pension costs	41,729	38,349

3. Taxation

	2018 £	2017 £
Corporation tax charge	4,727	3,566

4. Directors' Emoluments

The directors' aggregate emoluments in respect of qualifying services were:

	2018 £	2017 £
Emoluments receivable	75,094	52,529
Remuneration		
Pension	3,535	2,573

The lower remuneration figure in 2017 reflects the fact that no Chief Executive was in place for the first part of that financial year.

As at 31 March 2018 retirement benefits were accruing to one director in respect of money purchase pension schemes.

The average number of employees during the year was 51 (split between 20 full time and 31 part time) (2017 - 20 full time and 44 part time).

5. Investments

	2018 £	2017 £
At 1 April 2017 and 31 March 2018	12,931	12,931

Investments at the year ended 31 March 2018 relate to the McLanaghan Trust. All investments are held at fair value.

6. Tangible Fixed Assets

Cost	Office Equipment £	Furniture & Fittings £	Website £	Total £
At 1 April 2017	117,938	11,315	77,590	206,843
Additions	-	-	-	-
At 31 March 2018	117,938	11,315	77,590	206,843
Depreciation				
At 1 April 2017	(110,800)	(11,315)	(77,590)	(199,705)
Charge for year	(5,496)	-	-	(5,496)
At 31 March 2018	(116,296)	(11,315)	(77,590)	(205,201)
Net book value				
At 31 March 2018	1,642	-	-	1,642
At 31 March 2017	7,138	-	-	7,138

7. Debtors

	2018 £	2017 £
Trade debtors	79,658	24,836
Prepayments	21,258	17,060
VAT Debtor	-	1,263
	100,916	43,159

8. Creditors - Amounts falling due within one year

	2018	2017
	£	£
Trade creditors	114,623	53,474
VAT payable	2,010	-
Corporation tax	4,727	3,566
Trust fund creditors	12,177	12,177
Other creditors	89,791	89,791
Deferred income	485,745	476,487
Accrued charges	158,992	119,232
Pension charges	3,766	3,173
	871,831	757,900

9. Reserves

	2018	2017
	£	£
Prior year balance carried forward	334,842	286,161
Surplus for the current year	32,948	48,681
	367,790	334,842

10. Commitments Under Operating Leases

The future minimum lease payments under non-cancellable operating leases for each of the following periods are as follows:

	2018	2017
	£	£
Less than one year	43,307	45,401
In two to five years	2,632	8,163
	45,939	53,564

11. Related Party Transactions

Scottish Athletics and SAMH have worked in partnership in areas of common interest governed by a Memorandum of Understanding since November 2013. During the year SAMH contributed £25,000 to Scottish Athletics to support the continuation of jog**scotland**. This aligns to the recreational element of the Scottish Athletics strategy and is considered to be in the normal course of business. Ian Beattie Scottish Athletics Chair, is also the Vice Chair of SAMH. Mr Beattie duly declared his interest at the Scottish Athletics Board meeting of the 20th March 2017, where this was discussed. This has been noted in the minute under item 16.

12. Ultimate Controlling Party

The organisation is controlled by its Club and Associate members who are entitled to mandate one delegate each to attend any General Meeting, speak and vote on their behalf.



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