

Annual report
& accounts 2014





Contents

President's Report	3
Annual Review	4
Track & Field Commission Report	9
Road Running and Cross Country Commission Report	12
Hill Running Commission Report	13
Officials Commission Report	14
Accounts	15



Cover Photo: Nicholas Beckett of Edinburgh Sports

President's Report

The past year 2013-14 has been full of drama and excitement with Track, Field and Marathon athletes rising to the challenge to try and achieve qualification for the 2014 Commonwealth Games. The selection window opened on 1st April 2013 and closed on 8th June 2014 and the prospect of competing in front of a 'home' crowd inspired everyone with the athletics team being the biggest ever with 58 athletes gaining selection to Team Scotland.

Seven athletes were selected for the IAAF World Championships in Moscow - Eilidh Child, Eilish McColgan, Laura Muir, Susan Partridge, Kirsten McAslan, Chris O'Hare and Jamie Bowie. Eilidh and Jamie both picked up medals being part of the 4x400m relay teams while Eilish McColgan set a new Scottish record in the 3000m steeplechase with Susan finishing an impressive 10th in a very gruelling marathon.

History was made when a Scottish Track & Field Team competed for the first time at the annual Sainsbury's Glasgow Indoor International match at the Emirates Arena in January against GB & NI, USA and a Commonwealth Select.

In front of a 5,000-strong crowd Scottish athletes turned on the style in magnificent fashion with five individual event victories, five indoor records and a Native Record (David Smith) in High Jump.

At the same meeting, Lynsey Sharp was awarded her European 2012 gold medal in a special presentation. There wasn't a dry eye in the house when the 800m athlete received her deserved gold from none other than her dad, Cameron, with Kim Collins presenting flowers. A day to remember.



Once again Falkirk was the place to be in February to experience the biggest entry in 19 years. No fewer than 1,520 athletes completed the course despite muddy conditions and there were some very exciting races for all to see throughout all the age groups.

Success was also to be found in Ultra Running and Hill Running across the year, with athletes landing Team GB and NI selections and competing for Scotland.

Coaches and Officials were also winning awards. Janice Hendrie became Scotland's unsung hero after being nominated by Inverclyde AC for all her coaching work at the club, while well-known official Shona Malcolm was awarded an OBE in the New Year Honours list for services to athletics.

Thanks must go to all the officials, coaches, volunteers and club officials who make such a great contribution to athletics in Scotland.

My thanks also to all members of staff, members of the Board, Commissions and Committees within **scottishathletics** who have worked hard to develop and improve the delivery and performance of our sport throughout the year.

Our partnerships within UK Athletics, **sportscotland** and Scottish Local Authorities continue to grow with each playing a major role in the development of athletics in Scotland, and we are grateful for their support.

Leslie Roy
President





Annual Review

This Annual Report for the financial year April 2013 – March 2014 (inclusive) contains some very positive news. That should be of no surprise to any members of **scottishathletics** reading it – it reflects the news, the impact, and the strong trends in development and performance that have been extensively reported throughout the year.

As a business, the core priorities for **scottishathletics** over the past four year period can be distilled down to three pretty simple and straightforward overall objectives:

- **Increasing the number and improving the performances *when it matters*** of our elite athletes – across all disciplines in athletics (i.e. off track; roads; hills as well as the spotlight of track and field)
- **Increasing the number of participants and active members** – across all demographics and geographics. Key to that is retention – irrespective of age profile – athlete, volunteer, coach, and official.
- **Ensuring an effective business and governance structure** that efficiently delivers the above two priorities, whilst balancing the membership nature of the organisation with partnership imperatives.

Later in the report, the detail that our Commissions share, demonstrate aspects of impact certainly across the first two of those objectives, discipline by discipline within our sport. There is direct evidence that as a sport we are growing in Scotland currently; our event entries are increasing; our club membership numbers are increasing

It is challenging to comment comprehensively on all the work being undertaken against those three key business objectives, but let me summarise the key elements:





Increasing the number and improving the performances when it matters

Branded the “performance” area of our work, the reality is that much of the focus and priority is on “performance development” – preparing athletes and supporting their coaches to prepare for and lay the foundations for performance. Our relationship and partnership with UK Athletics – and the support that UKA combined with Lottery investment from UKSport – provides the true performance level to which under current frameworks, Scottish athletes must aspire.

Our focus then in supporting Scottish athletes on this pathway has been:

Coach support and development

- National Coaching weekends with renowned coaches leading developmental sessions specifically related to the core of quality coaching. CPD opportunities for coaches that have been positively received and well attended.
- Coaching Zone – the regular “e” coaching newsletter – guiding coaches to relevant and topic related learning material. Providing specific resources to coaches to enable them to take responsibility for their own development – great coaches ultimately make themselves through dedication, a hunger for learning and further information.
- Impact 2018 Event Coaches – delivering in and with clubs practical coach mentoring and guidance – on the ground where it counts.

Direct athlete support

- This has always been and remains a core activity – working with athletes, coaches and the support teams they have around them (specialists etc.). This work involves close and excellent liaison and planning with our partners the **sportscotland** Institute of Sport, with the role of the personal coach absolutely central and pivotal. Support can cover travel to camps and competition, altitude, medical, conditioning, science, lifestyle, psychology – anything that will assist the athlete with performance, subject to it being planned and fitting in with the plan developed by the personal coach.



The reality is that much of the focus and priority is on ‘performance development’ – preparing athletes and supporting their coaches to prepare for and lay the foundations for performance.





Talent identification and development

- Athletics clubs of course unearth so much of the talent we see developing across Scotland, but supporting this, the “Playground to Podium” programme was launched for S3 pupils. Unique and different, using a battery of standard athletics tests, the programme sought to identify athletes who were not at that point involved in club athletics (but could be in other sports), with the objective of guiding them to a coach – if they were interested. The early signs are positive – with a number of young athletes guided to clubs and in one case winning a medal at the National Age Group Track and Field Championships.

Commonwealth Games focus and team management

- Inevitably a significant area of work preparing for and building up to the Games in the summer of 2014. The Selection window opened during the year (April 2013), and we held the first of three selection dates – where 23 athletes were selected in September 2013. The concept behind that early selection was to enable coaches and athletes to prepare from 10 months out knowing selection was achieved. The success of that approach – July and August 2014 will tell us!
- Close liaison with our partners Commonwealth Games Scotland (CGS) in terms of preparing Team Scotland and our role within that team, has been vital, and we are extremely grateful for that support.
- There has also been close liaison and planning with representatives of the Organising Committee (Glasgow 2014). That liaison has covered Technical Officials, Marathon routes,

equipment, legacy of facilities – all manner of issues that should benefit the Games and in some direct ways athletics in Scotland after the Games.

Partnership with UK Athletics

- In recognising that Scotland’s best athletes will receive support (and guidance) through UK Athletics, the partnership and mutual support with UK Athletics – especially on the performance aspects is vital. This partnership continues to be enhanced, and respected by all parties.

Increasing the number of participants and active members

The Development Team have a clear focus – enable and support athletics clubs to be able to provide more and better opportunities for people to embrace, progress, and love our sport. In the last 12 months, clubs have done a tremendous job in this regard – and it’s the clubs that in the main take that credit above all. The commitment to listening, and prioritising support to Clubs goes back a few years now, and the impact of that decision is being felt across Scotland. In addition, the numbers of active people competing – in all disciplines – we see increasing. Record numbers in many cases during the last year – making some events challenging to organise and timetable!

It is important to also stress the integration and close working practice between the Performance and Development Teams. That teamwork – vital and logical – has brought some real dividends through the year and is a theme that will continue at the heart of what we do.



“
The impact achieved
by clubs is
astonishing”

We are also passionate and proud of **jogscotland**. Whilst it may have its own focus, **jogscotland** is also about more people involved in jogging and recreational running, and the links between jogging groups and athletics clubs are in many cases extremely strong.

Some highlights then across this areas from the last year that deserve a mention are:

Club Together

- It had to start here, because the impact achieved by the Club Together Clubs is astonishing. Continuing the ground-breaking impact from the first full year of operation (as reported last year), the programme can now boast the following impact within the clubs (17, growing now with more clubs joining):

Project	Numbers Recruited	Numbers Retained	% Retained
Athlete Recruitment	4,234	3,756	88.7%
Volunteer Recruitment	922	784	85.0%
Coach Recruitment	546	495	90.1%
Officials Recruitment	270	266	98.5%
Other Useful Information			
Coaches Qualified	411		
Coach CPD Attendances	441		

- Club Together this year – in addition to tackling the “capacity” issues as demonstrated with the numbers of coaches, officials, volunteers recruited and trained, has started to evolve into areas such as club coaching structures, financial sustainability, governance issues (charitable status etc.).

- We are grateful to the support from our partners **sportscotland**, who have recognised the impact of the Club Together programme and through their “Direct Club Investment” scheme enabled development of the programs, new clubs to join in, extensions of contracts etc. **sportscotland** are in this “together” with the clubs, the local authority partners and **scottishathletics**, and we are grateful for that commitment from all.

Coach education

- Delivery of coach education courses (as part of the UKA framework) for the many coaches working in our clubs is essential and core to our activity. The last year has seen a high number of courses run, and when placed in context with the wider coach development available (see elsewhere) this “upskilling” of the most essential workforce for the sport is a vital priority. During the course of the last year, the following numbers of coaches were trained:
 - Coaching Assistant: 231
 - Athletics Coach 131 (Including Coach in Running Fitness):

Membership increases

Our membership numbers continue to increase – consistent with other trends in data that demonstrate growing clubs, and growing participation. Membership at the end of the year stood at 10,915 – representing an 8% increase on the equivalent figure 12 months prior.

Events and Championships

- It has been clear from the events that **scottishathletics** organises across all disciplines of the sport, that as a sport we are growing currently! From Cross Country to Trail;



Indoors to Age Groups, we face at time the nice challenge of entry levels being almost too big for effective timetables. During the year we have seen Ross Cunningham (Events Manager) move on to a role in Australia and we welcome Stewart Caithness and Claire Archbold to the events team as we restructured – caused in no small part by the retirement of John McDonald!

jogscotland

- A membership that continues to grow and new leadership now firmly established, jogscotland continues to provide excellent opportunities for people across Scotland to start jogging, develop a healthier lifestyle, and embrace jogging and running as part of everyday activity.
- The year has seen some essential review of programmes – from jog leader training, to back office management systems, to how we run the 5km Challenges, and our CPD programmes for jog leaders.
- Links between athletics clubs and jogging groups – and the growth of more such links are important – providing an essential pathway through part of our sport, and the partnerships that jogscotland has in place with health bodies, the Scottish Association of Mental Health (SAMH), and wider physical activity agencies, ensure jogscotland continues to play a major role in supporting a healthier more active nation.

Ensuring an effective business and governance structure

It is essential that the “business” of scottishathletics matches and delivers to the same excellence levels



our athletes aspire to. There continues to be strong performance and progress in this critical area, which has during the year been validated externally. Strong leadership from the Board of Directors, and a close and effective working partnership between the Board and staff roles ensures clarity of purpose, accountability, and strong collaborative approaches to the challenges.

Of note during the year is:

- Strong financial performance underpinned by good cost and management control. This resulted in a surplus being achieved on the year’s activities – in line with budget – and enabling a further contribution to the business reserves.
- As a standard condition of our Investment agreement with sportscotland, we went through a “Development Audit” during the year. This covered a number of key areas including: Governance, Financial Management and Procedures, Policies, IT, Risk Management, Communication. This useful process confirmed the progress made in these areas since the previous such Audit (2012), and whilst making some helpful recommendations and comments, also confirmed that overall performance is “satisfactory”.
- As in every year, a full audit is undertaken of the finances – through our appointed Auditors Henderson Loggie. It is pleasing to report another “clean” audit and confirmation of the processes that underpin the strong financial management in place.

Nigel Holl

Chief Executive Officer



Track & Field Commission Report

Firstly and very importantly I would like to take this opportunity to thank all our sponsors over the past year; Glasgow Life for their continued sponsorship of the Scottish Senior Championships and Kukri for their kit sponsorship.

Team Scotland named the first athletes selected for Glasgow 2014 on 25th September 2013 and 23 track, field and marathon athletes, including 3 para athletes were included.

The domestic season of 2013 opened with the district championships and there was a return to Friday evening athletics as both East and West ran with full Championships status for all age groups on the Friday evening and the Saturday.

Thanks go again to the West organising committee, who convened an excellent event at the new facility in Kilmarnock and to Edinburgh Athletic Club, who once again put on an excellent event in the East. The North Championships in Inverness were as always highly successful with big entries and thanks to that loyal band of volunteers, who have maintained an unbroken record of hosting a district event for their athletes.

Grangemouth hosted a highly successful Masters and Relay Championship, with large entries for all relays. It was a very busy day of athletics but one which captured the essence of our sport as not only were parents and grandparents able to cheer on their children but the same children were in some cases able to cheer on their parents. Huge thanks go again to the officials, without whom it would not have been possible to undertake such a long programme.

The success of the SuperTEAMS competition has been spectacular and in an effort to capitalise on the enthusiasm and encourage continued participation in combined events the SuperTEAMS and Combined Events Championships shared a mid-July date with increased entries in all age groups. With entries for the SuperTEAMS so high it was recognised that it would have been logistically impossible to timetable the indoor championships with any other event and the indoor SuperTEAMS event took place with over 108 teams taking part.

With the Scottish pilot for the under 14/under 16 and under 18 age groups coming to an end in 2013, and UKA wishing to take more time before making their final decision, our age group Championships in Aberdeen were the last to be held with these age groups for the present. Aberdeen Sports Village proved to be an extremely popular venue for the Championships with strong entries in all age groups and many clubs embraced the opportunity to travel as teams to the championships.



For the first time an inter club competition was introduced at this level and as well as an overall winning club in each age group being identified the new SATS tables were used to highlight winners in event groupings in each age group. This proved a hit with clubs with the results being published on the website in the week after the event.

The Scottish Senior Championships reverted to an August date in 2013 and this proved a popular decision with senior athletes happy to have a 'goal' to keep them motivated until the end of the outdoor season. A big effort was made to 'professionalise' the presentation on both days, and there was appreciation from the athletes that attempts were being made to give all athletes a similar championship experience.

Meet Manager is now being used at Championship events with much success and the challenge remains to widen the pool of people with the knowledge to use the programme as the number of clubs investing in the system continues to grow.

The London legacy continues to make itself felt with increased participation in Track and Field.

Open Graded meetings, event specific initiatives alongside the traditional league competitions all play a vital part in providing meaningful competition for athletes.

It must also be acknowledged that SUCA has done a tremendous job in raising the profile of our sport within the university and college community.

The Track and Field Commission are keenly aware of the vast importance of these events to athletes in Scotland and huge thanks go to the volunteers, who make these events possible.

The indoor season of 2014 was another unqualified success and the magnificent Emirates Arena once again proved itself to be an outstanding venue. Officials coped magnificently with the challenges of working in a new arena and whether it was the full house for the Glasgow International or the hundreds of athletes in the Open, the Championships and the Indoor Leagues everything ran very smoothly.

Moira Maguire
Convenor



Road and Cross Country

Rhona Auckland: 7th Individual and Team Gold U23 Women while representing Great Britain at the European Cross Country Championships in Belgrade on 8/12/2013. GB Senior vest at Great Edinburgh Cross Country.

Callum Hawkins: 5th Individual and Team Gold U23 Men while representing Great Britain at the European Cross Country Championships in Belgrade on 8/12/2013. GB Senior vest at Great Edinburgh Cross Country.

Seph Twell: 15th Individual and Team Gold Senior Women while representing Great Britain at the European Cross Country Championships in Belgrade on 8/12/2013.

Andrew Butchart: GB Senior vest for Great Edinburgh Cross Country

Freya Ross: GB Senior vest for Great Edinburgh Cross Country

Fionna Cameron: silver Team medal while representing Great Britain at the IAU Trail World Championships, in Llanwrst, Wales, on 6/7/2014

Joasia Zakrzewski: silver Team medal while representing Great Britain at the IAU Trail World Championships, in Llanwrst, Wales, on Saturday 6/7/2014

Sandra Bowers: Selection for Great Britain at the IAU Trail World Championships, in Llanwrst, Wales, on 6/7/2014

Matt Williamson: Selection for Great Britain at the IAU Trail World Championships, in Llanwrst, Wales, on 6/7/2014

Sharon Law: 3rd (Individual) and silver Team medal while representing Great Britain at the European 24-hour championships held in conjunction with the World 24-hour championships in Steenbergen, Holland on 11/5/2013. Sharon broke the Scottish record with a distance of 226.170km

Debbie Martin-Consani: silver Team medal while representing Great Britain at the European 24-hour championships held in conjunction with the World 24-hour championships in Steenbergen, Holland on 11/5/2013

Susan Partridge: Raced for Team Great Britain and Northern Ireland at the World Half-Marathon Championships in Copenhagen in March 2014. Susan finished 42nd.

Roll of Honour

Name	Record	Event
Nick Percy	Scottish U20	Discus
Nick Percy	Scottish U20	Discus
Eilidh Child	Scottish National	400m H
Jax Thoires	Scottish National	Pole Vault
Eilidh Child	Scottish National	400m H
Jax Thoires	Scottish Native	Pole Vault
Nick Percy	Scottish U20	Discus (2)
Eilish McColgan	Scottish National	3000m S
Jax Thoires	Scottish Native	Pole Vault
Nick Percy	Scottish U20	Discus (2)
Emma Nuttall	Scottish National	High Jump
Laura Muir	Scottish National & Scottish Native	800m (I)
Scotland (Men)	Scottish National & Scottish Native	4x400m
Scotland (Women)	Scottish National & Scottish Native	4x400m
David Smith	Scottish Native	High Jump
Gregor MacLean	Scottish Native	Pole Vault
Jayne Nisbet	Scottish National	High Jump
Ryan Oswald	Scottish National	200m (I)
Laura Muir	Scottish National	1500m (I)
Maria Lyle	World Record	T35 200m
Emma Nuttall	Scottish National	High Jump





our 2013/14

	Distance/Time	Place	Date
	60.75m	Basildon	28/04/2013
	62.21m	Halle	25/05/2013
	54.93s	Geneva	01/06/2013
it	5.50m	Somero	29/06/2013
	54.22s	Birmingham	30/06/2013
it	5.20m	Grangemouth	03/07/2013
2kg)	55.84m	Scotstoun	10/08/2013
SC	9:35.82m	Moscow	10/08/2013
it	5.25m	Scotstoun	11/08/2013
2kg)	56.10m	Oxford	25/08/2013
mp (i)	1.86m	Seattle	18/01/2014
	2:00.94m	Glasgow	25/01/2014
(i)	3:09.84m	Glasgow	25/01/2014
(i)	3:35.27m	Glasgow	25/01/2014
mp (i)	2.24m	Glasgow	25/01/2014
it (i)	5.30m	Glasgow	02/02/2014
mp (i)	1.87m	Glasgow	08/02/2014
	21.25s	Glasgow	09/02/2014
(i)	4:05.32m	Birmingham	15/02/2014
m	31.01s	Dubai	22/02/2014
mp (i)	1.88m	Edmonton	08/03/2014

Track and Field

World Champs in Moscow in August 2013

Eilidh Child: 400m H (5th), 4 x 400m relay bronze
Eilish McColgan: 3000m steeplechase (10th)
Susan Partridge: Marathon (10th)
Chris O'Hare: 1500m finalist
Laura Muir: 1500m semi-finalist
Jame Bowie: 4 x 400m bronze
Kirsten McAslan: 4 x 400m relay pool selection

European Team Champs: Gateshead in June 2013

Eilidh Child: 400m H, 4 x 400m relay
Lennie Waite: 3000m steeplechase
Mark Dry: Hammer
David Bishop: 3000m
Kirsten McAslan: 4 x 400m relay pool selection

Hill Running

Catriona Graves: GB Junior Women's appearance in Euro Champs - 6th place; GB Junior Women's appearance in World Champs - 6th; Eddie Campbell Memorial medal
Andrew Lawler: GB Junior Men appearance in Euro Champs
Robbie Simpson: GB Senior Men's appearance in Euro Champs; third in Senior Home International and U23 team gold

European Cup Combined Events

Roger Skedd: Decathlon June 2013

World Indoors March 2014

Chris O'Hare: 1500m heats
Laura Muir: 800m heats
Eilidh Child: 4 x 400m Bronze
Jamie Bowie: 4 x 400m Silver

IPC World Champs: Lyon in July 2013

Libby Clegg: 2 x silver 100m/200m
Stef Reid: 5th LJ final

INAS World champs: Prague in July 2013

Owen Miller: 1500m final (10th)
Robert Ferrol: 100m, 4x100m relay bronze

Lachlan Oates: U23 team gold at Home International

Scotland Women: Claire Gordon (4th), Helen Bonsor (7th), Jasmin Paris (11th) and Shona Robertson (14th): silver medals at World Long Distance Champs

Scotland Women: Team silvers at Home International - Sula Gray (5th), Claire Gordon (6th), Scout Adkin (10th) and Charlotte Morgan (14th).



Road Running and Cross Country Commission Report

The Road Running and Cross Country Commission continued to develop its two major strategic aims increasing participation in Championships and improving the quality of results domestically and internationally.

Over the years, the statistics for participation, particularly in cross country events, have been collected and published on the Commission's website. These can be viewed at <http://www.salroadrunningandcrosscountrymedalists.co.uk/index.html>.

Again this year those figures show a healthy increase in all the cross country championship events, especially in the participation of women – where for the first time ever, 250 finished in the National Cross Country Championships. Given that only 70 women finished the Championship in 2000-2001, the increase is both impressive and pleasing.

The cross country championships promoted by the Commission are: the 4K at Bellahouston, where last November under 15 and under 17 events were introduced; the National; 3 Districts (East, North, West); the Inter-District; the Masters; 3 District Relays (East, North, West) and National Relays. In addition there is a Grand Prix Series for seniors based on the 4K, District, Inter-District and National and a Team Challenge (Short Course) based on the relays and the 4K championships. The Grand Prix helps focus the quality of participants into these events.

In road running, the Commission promotes championships at: 5K; 10K; 10 miles; half-marathon; marathon; 50K and 100K, with a Grand Prix Series based on the first five of these events. It is harder to establish participation numbers of **scottishathletics** members in these events, as the championships are held as part of other promotions.

The Commission has also taken responsibility for two championships in Trail Running: the Ultra Trail Race in conjunction with the Highland Fling (Milngavie to Tyndrum) and the Mid Trail Championship - 15K (men) and 10K (women) hosted by Fife AC. The participation rate has started modestly but is expected to grow as the Championship matures.

As always we are indebted to our sponsors: Falkirk District Council (National XC); Glasgow City Council (National 4K XC); West Lothian Council (National Road Relays) and North Lanarkshire Council



(National XC Relays) for their continued support in these difficult economic times.

At time of writing, the 2014 Road Running season is well underway and continues the plan of aligning the **scottishathletics** Grand Prix with the Championships.

Again we extend our gratitude to the hosts for our road championships: Heriot-Watt University (Young Athletes); Self Transcendence 5K Road Race (5K); Stirling 10K (10K); Tom Scott Memorial Race (10 mile); Moray Half Marathon (half-marathon); Inverness Marathon (marathon) and West Lothian Council (4/6 Stage Relay).

As with every year, many people contribute to the successful running of the road and cross country season - thank you all.

Ron Morrison
Convener

Hill Running Commission Report

Among our junior women, Catriona Graves was the dominant name in the year. Catriona was selected for GB teams in both European and World Championships. At the Europeans in Borovets (Bulgaria) in July she led the GB team home in sixth place and gained silver team medals, while at the Worlds in Poland in September she was again sixth as the team picked up gold medals. Add in the Scottish junior title at Ben Lomond in May, and the Eddie Campbell medal awarded at the SAL dinner in October, and the Garscube Harrier clearly had a very good year!

Catriona was our only female athlete in GB teams this year. Among the men, Andrew Lawler pulled on a junior GB vest, and Robbie Simpson a senior vest at the Europeans.

Scottish teams have a proud record at the World Long Distance Championships which were held in Poland. This year it was our women's team of Claire Gordon (4th), Helen Bonsor (7th), Jasmin Paris (11th) and Shona Robertson (14th) who excelled, bringing home team silver medals. Our men's team were not able to add to the medal tally on a day when conditions were very tough with temperatures reportedly above 30°C on the mountain, with no shade or breeze, and very technical underfoot conditions.

The Senior Home International took place in Keswick in May 2013. For the men, Robbie Simpson in 3rd was again our top finisher, well supported by Joe Symonds (8th), Lachlan Oates (12th) and Sam Hesling (15th) with the team finishing second behind England. Simpson's and Oates' performances brought home the U23 team gold. In the women's race, Sula Gay led the team home in 5th followed by Claire Gordon (6th), Scout Adkin (10th) and Charlotte Morgan (14th), and also gaining team silver.

Scotland hosted the Junior Home Internationals in September at Aberfoyle, contested between Under-16 and Under-19 teams of boys and girls. Individual Scottish medals were few, with only Catriona Graves (U19) gaining a bronze, but the team performances were better rewarded with silver for U16 boys and U19 girls and bronze for U16 girls and U19 boys.

The World Youth Cup was held in France in July. Our boys team had an excellent performance, led



home by Jacob Adkin in eighth - with a sixth place for the team.

One of the team highlights of the year is the UK Relay championships which this year were held in October, at Llanberis in Snowdonia. Hunter's Bog Trotters sent a strong team of six women who proudly retained the title they had won the previous year, giving them a remarkable four-year run of medals in this event.

The Snowdon International Race is an annual highlight for Scottish teams. Scotland's women brought home gold medals through the achievements of Jill Mykura (2nd), Scout Adkin (4th) and Charlotte Morgan (6th). Our men had to settle for silver with the team comprising Murray Strain (2nd), Hector Haines (7th), Finlay Wild (10th) and Joe Symonds (20th).

Hugh Buchanan
Convenor

Officials Commission Report

This year has been extremely busy as not only have we had our regular meetings and Championships, we were preparing for the Commonwealth Games.

The majority of our Championships, but in particular the Seniors at Scotstoun in August 2013, was run as a Level 5 meeting. This was followed by an excellent Conference with the Commonwealth Games as the theme then a 4 day IAAF TOECS II course at the Marriott Hotel in Glasgow for the Referees, Chiefs and Team Leaders.

Like other years, the basic statistics are very similar. The Commission held four meetings; there were two Allocation and Upgrading subcommittee meetings and a number of other subcommittee meetings, including Service to Members and Recruitment and Retention.

A difference this year was that Margaret-Ann MacLachlan resigned from the post of Track Head of Discipline in August necessitating an election and we welcome Alistair Aitchison who took up the post at the latter part of 2013. Thanks to Margaret-Ann for her efforts, she continues on the Commission as Health and Safety representative.

This was also the last year that Bob Carter represented the field as head of discipline, standing down at the AGM. A stalwart of the Commission, Bob has represented the field for many years and we thank him for all the work he has done in promoting officials. He will be a hard act to follow.

A number of our members served on UKA Committees. These included the UKA Peer Groups, Dave Biggin for the Starter/Marksman, Jim Callender for the Track and Mike Forrest for the Photofinish.

In addition, Liz Wilder represented us on the UK Facilities and Shona Malcolm was newly appointed on the Education and Training Committee. I represented



the Commission at UKA Officials Allocation and Upgrading (Territorial Secretaries) meetings.

My thanks go to all Commission members and specifically Margaret Brown for an excellent job in looking after our meetings on Trinity, Brenda Stephen for taking over from me with the writing of the Newsletter and to Pat Hockley for the very onerous task of obtaining availabilities and allocations.

Congratulations to Shona Malcolm for receiving the OBE; to Liz Wilder for both the Tom Stillie Award and the Official of the Year Award; and to Duncan MacLaren for Services to Officiating.

While congratulating, I must again congratulate the Conference Sub-committee chaired by Ann Carter for organising an excellent Conference.

It was again held at the Carnegie Conference Centre in Dunfermline with the emphasise on preparing for the Commonwealth Games. Nearly 100 officials attended and 69 completed the questionnaire, an achievement itself, with the most common comments, being "well organised", "worthwhile" and "relevant".

Every year UKA make changes with regard to officials and this year was no different. In February UKA wrote to us saying that there is a need to review the list of officials who are invited to Level 5 events. Development of this new list is to be called International Meeting Officials or IOMIs will be completed this year ready for the winter. It is not clear as yet how selection and opportunities will be given to the regions.

Vic Hockley
Convenor



Accounts



Directors' Report

The directors present their report and financial statements for the year ended 31 March 2014.

Principal Activities

The company's principal activity is to act as the governing body for athletics in Scotland and as such to foster, develop and control the sport of athletics in Scotland. The year ahead offers the unique opportunity to continue to build upon the "catalytic" impact of the "Home" Commonwealth Games in Glasgow - an impact that has been felt up to this point across the business - not only on the elite performance end. Our challenge is maintaining that momentum with athletes, clubs, members, coaches, volunteers. We will take the opportunity to consider and revise our strategic priorities for the year ahead, and continue to work closely with our key partners and stakeholders for the positive benefit of our members and our sport.

Statement of Directors' Responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Financial Review

The company has recorded a surplus for the year of £39,010 (2013 - £66,921) with reserves at 31 March 2014 of £241,715 (2013 - £202,705).

The results are consistent with the budgetary expectations stated at the last annual general meeting.

The financial strategy of the company has been to maintain the normal operating budget for ongoing activities on a break-even basis, seeking to increase the Reserves by a minimum of 10% year on year - seeking to achieve a reserve of 6 months operating costs ultimately. Investment funding from sportscotland is allocated primarily to staff costs, administration and to international performance and competition, with the balance of funding required to be generated from commercial income and sponsorship, membership or generated through activity.

Scottish Athletics is a company limited by guarantee incorporated on 28/03/2001. The company was established under a Memorandum of Association which established the objects and powers of the company and is governed by the Articles of Association.

The total income of the company was £2,156,964 (2013 - £2,015,368) with grant funding providing 59%, membership and event income 33%, marketing and sponsorship 1% and other sources 7%. The financial performance gives Scottish Athletics a solid platform to advance the sport in the coming years.

As ever, Scottish Athletics would like to thank their partners and sponsors: **sportscotland**, UK Athletics, Big Lottery Fund, Kukri and Run 4 It for their support as well as the contributions made to events and essential development programmes by City of Edinburgh Council and Glasgow City Council, as well as many other local authorities. Such support remains vital to the sport's success.

Directors

With the exception of the Chair, President and Chief Executive, all Board Members retire at the Annual General Meeting but are eligible for re-election. The tenure of the Chair is four years but he or she is eligible for re-appointment. The President shall be elected for a maximum period of four years, with eligibility for re-election after a period of one year.

Membership

At 31 March 2014, 156 Clubs and Associates were in membership of the company (2013 - 156) and there were 10,915 members of Athletics Scotland, the membership scheme of Scottish Athletics (2013 - 10,102).

Auditors

Henderson Loggie are part way through the three year contract term. A resolution proposing their continued appointment will be submitted at the Annual General Meeting.

Statement as to Disclosure of Information to Auditors

The Board Members who were in office on the date of approval of these financial statements have confirmed, as far as they are aware, that there is no relevant audit information of which the auditors are unaware. Each of the Board Members have confirmed that they have taken all the steps that they ought to have taken as Board Members in order to make themselves aware of any relevant audit information and to establish that it has been communicated to the auditor.

Small Company Rules

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

By order of the Board

Nigel Holl, Director

18 June 2014

Directors

Leslie Roy (President)

Ian Beattie (Chairperson)

Nigel Holl (Chief Executive)

Tommy Boyle

Resigned 26/08/13

Alex Barr

Resigned 26/08/13

James Stewart

Ronald Morrison

Sandra Frame

Appointed 26/08/13

Stewart McCallum

Appointed 26/08/13

David Lindgren (Secretary)

Independent Auditors' Report

Independent Auditors' Report

We have audited the financial statements of Scottish Athletics Limited for the year ended 31 March 2014 which comprise the profit and loss account, the balance sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and the Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice Applicable to Smaller Entities).

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditor

As explained more fully in the directors' responsibilities statement (set out on page 2), the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for auditors.

Scope of the audit

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatements, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the directors' report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material inconsistencies we consider the implications for our report.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 March 2014 and of its surplus for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you, if in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to prepare the financial statements in accordance with the small company regime and take advantage of the small companies' exemption in preparing the directors' report and take advantage of the small companies exemption from the requirement to prepare a strategic report.

For and on behalf of Henderson Loggie Statutory Auditors

Janet Stevenson (Senior Statutory Auditor)

Edinburgh

20 June 2014

Profit and Loss Account

For the year ended 31 March 2014

	Notes	2014 £	2013 £
Income			
Income from grant funding		1,265,122	1,123,943
Income from marketing and sponsorship		31,334	47,066
Income from the membership and from events		706,689	673,999
Other income		153,819	170,360
Total operating income		2,156,964	2,015,368
Expenditure			
Administrative costs		531,951	551,450
Events and programme costs		1,534,324	1,319,822
Membership scheme costs		31,818	40,675
Marketing and fundraising costs		32,621	39,727
Total operating expenditure		2,130,714	1,951,674
Operating surplus	2	26,250	63,694
Interest receivable		20,969	13,951
Surplus for the year before taxation		47,219	77,645
Taxation		8,209	10,724
Surplus for the year		39,010	66,921

Balance Sheet

As at 31 March 2014

	Notes	2014 £	2013 £
Fixed assets			
Investments	5	22,914	22,914
Tangible assets	6	54,400	21,128
		77,314	44,042
Current assets			
Stocks		1,100	-
Debtors	7	74,270	123,295
Cash at bank and in hand		976,087	986,977
		1,051,457	1,110,272
Creditors: amounts falling due within one year	8	(887,056)	(951,609)
Net current assets		164,401	158,663
Total assets less current liabilities		241,715	202,705
Net assets		241,715	202,705
Reserves	9	241,715	202,705

The financial statements have been prepared in accordance with the provision applicable to companies subject to the small companies regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008), and were approved and authorised for issue by the board on 16 June 2014 and signed on its behalf by:

Ian Beattie, Director
18 June 2014

Notes to the financial statements

For the year ended 31 March 2014

1. ACCOUNTING POLICIES

Basis of preparation

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Going concern

At 31 March 2014 the company had net current assets of £164,401 (2013 - £158,663). Having reviewed the financial projections for the year to 31 March 2015 and having regard to both confirmed and indicative funding for the period to 2016, the Directors are satisfied that the going concern basis is appropriate.

Recognition of income

Income is credited in the accounts on the date of receipt, except for subscriptions, fees and grants received in advance that are credited in the year in which they fall due.

Should grant income received during the financial period be unspent during that period, the position is discussed with the funders and subject to the agreement of the organisation providing that income, the sums concerned will be deferred and utilised to meet appropriate business needs in subsequent financial periods.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is calculated to write off evenly the cost of fixed assets over their expected useful life, as follows:-

Computer equipment	- 4 years
Other office equipment	- 4 years
Furniture and Fittings	- 10 years

Website design and content development costs are capitalised to the extent that they lead to the creation of an enduring asset delivering benefits at least as great as the amount capitalised. The website costs are depreciated on a straight line basis over 3 years following completion of the development work. Grant income in respect of the development is released to the Profit and Loss account over the same 3 year period.

Investments

Fixed asset investments are stated at cost less provision for impairment in value.

Stocks

Stocks are stated at the lower of cost and net realisable value.

Pensions

The company operates a group pension scheme, contributing a fixed percentage of each employee's salary to an individual pension plan. Costs in respect of this are charged to the Profit and Loss account in the period they are incurred.

Leased assets

The annual rentals on operating leases on equipment and vehicles, where substantially all the risks and benefits remain with the lessor, are charged as expenses in the periods in which they are incurred.

2. OPERATING SURPLUS

	2014 £	2013 £
Operating surplus is stated after charging:		
Depreciation of tangible fixed assets	13,201	11,875
Auditors' remuneration	5,750	5,445
Pension costs	31,566	30,468
	<hr/>	<hr/>

3. TAXATION

	2014 £	2013 £
Corporation tax charge	8,209	10,724
	<hr/>	<hr/>

4. DIRECTOR'S EMOLUMENTS

The director's aggregate emoluments in respect of qualifying services were:

		2014	2013
		£	£
Emoluments receivable	Remuneration	71,188	71,508
	Pension	4,038	3,978
		<u>75,226</u>	<u>75,486</u>

As at 31 March 2014 retirement benefits were accruing to one director in respect of money purchase pension schemes.

5. INVESTMENTS

	2014	2013
	£	£
At 1 April 2013 and 31 March 2014	<u>22,914</u>	<u>22,914</u>

Investments at the year ended 31 March 2014 relate to trophies and McLanaghan Trust. All investments are held at cost.

6. TANGIBLE FIXED ASSETS

	Office Equipment £	Furniture & Fittings £	Website £	Total £
At 1 April 2013	91,684	11,315	31,140	134,139
Additions	20,298	-	26,175	46,473
At 31 March 2014	<u>111,982</u>	<u>11,315</u>	<u>57,315</u>	<u>180,612</u>
Depreciation				
At 1 April 2013	(76,180)	(10,191)	(26,640)	(113,011)
Charge for year	(8,248)	(393)	(4,560)	(13,201)
At 31 March 2014	<u>(84,428)</u>	<u>(10,584)</u>	<u>(31,200)</u>	<u>(126,212)</u>
Net book value				
At 31 March 2014	<u>27,554</u>	<u>731</u>	<u>26,115</u>	<u>54,400</u>
At 31 March 2013	<u>15,504</u>	<u>1,124</u>	<u>4,500</u>	<u>21,128</u>

7. DEBTORS

	2014	2013
	£	£
Trade debtors	59,734	110,924
Other debtors	-	456
Prepayments	14,536	11,915
	<u>74,270</u>	<u>123,295</u>

8. CREDITORS - Amounts falling due within one year

	2014	2013
	£	£
Trade creditors	152,365	93,361
V.A.T. payable	1,962	7,752
Corporation Tax	8,209	10,724
Trust fund creditors	12,177	12,177
Other creditors	56,721	36,911
Deferred income	567,114	650,648
Accrued charges	88,508	140,036
	<u>887,056</u>	<u>951,609</u>

9. RESERVES

	2014	2013
	£	£
Prior year balance carried forward	202,705	135,784
Surplus for the current year	39,010	66,921
	<u>241,715</u>	<u>202,705</u>

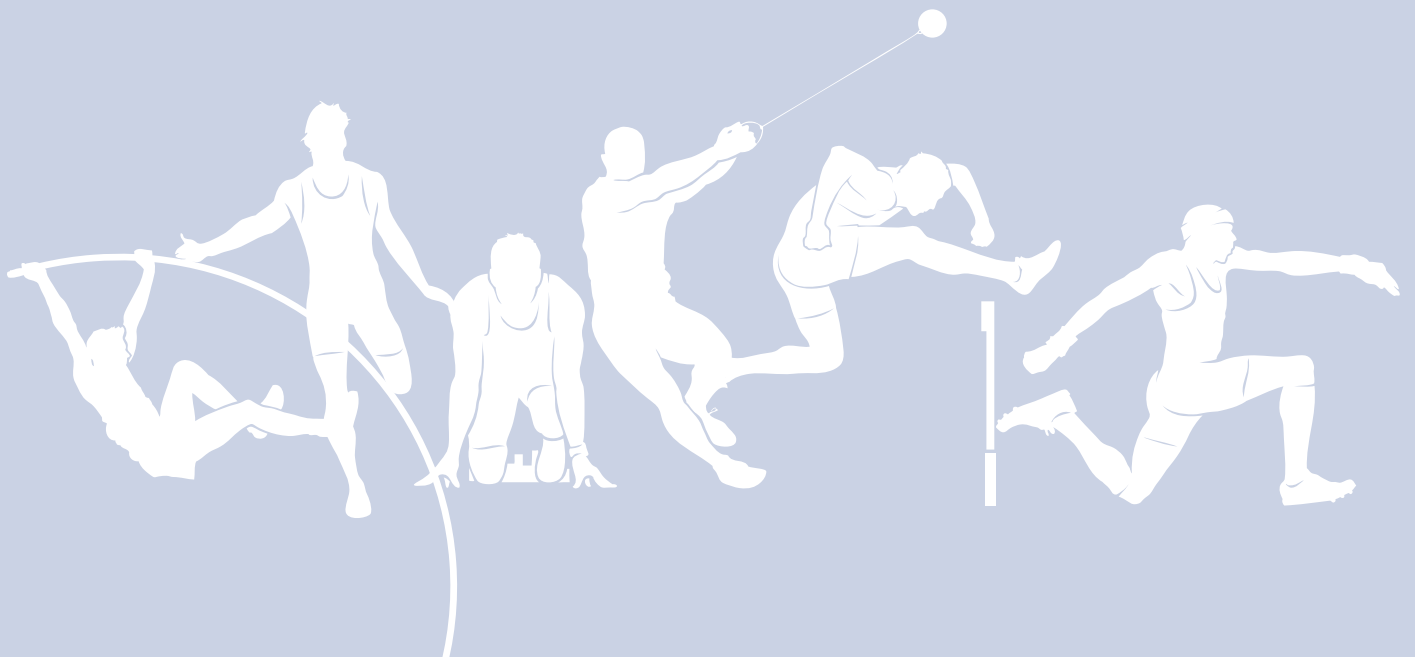
10. COMMITMENTS UNDER OPERATING LEASES

At 31 March 2014 the company had annual commitments under non-cancellable operating leases as follows:

	2014	2013
	£	£
Land and Buildings		
Expiring in less than one year	34,230	34,230
Other		
Expiring in less than one year	3,390	1,474
Expiring in, between two and five years	12,996	19,000

11. ULTIMATE CONTROLLING PARTY

The organisation is controlled by its Club and Associate members who are entitled to mandate one delegate each to attend any General Meeting, speak and vote on their behalf.





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