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	Men		Scottish 4K Championships	Liverpool Cross Challenge	Scottish District Championships	BUPA Great Edinburgh International Cross Country/Scottish Inter-District Championships	Scottish National Cross Country Championships	Inter Counties Cross Country Championships	Total
Position	**Name**	**Club**	**07-Nov-15**	**28-Nov-15**	**Various**	**09-Jan-16**	**22-Feb-16**	**06-Mar-16**	
1	Andrew Butchart	Central AC	50	50					**100**
2	Alastair Hay	Central AC	43	27					**70**
3	Ben Stevenson	Falkirk Victoria Harriers	27	22					**49**
4	Luke Traynor	Giffnock North	0	43					**43**
5	Alexander Hendry	Central AC	16	24					**40**
6	Michael Ferguson	Aberdeen AAC	30	8					**38**
7	Dale Colley	Central AC	24	14					**38**
8	Max McNeill	Lothian RC	18	20					**38**
9	Tewoldeberhan Mengisteab	Shettleston Harriers	36	0					**36**
10	Luke Caldwell	Dorking & Mole Valley	0	36					**36**
11	Jonny Glen	Inverclyde AC	33	0					**33**
12	Andrew Douglas	Inverclyde AC	0	33					**33**
13	Sean Chalmers	Inverness Harriers	0	30					**30**
14	Euan Gillham	Kilbarchan AAC	22	0					**22**
15	Kyle McLellan	Ron Hill Cambuslang	20	0					**20**
16	Kamil Sieracki	Shettleston Harriers	0	18					**18**
17	Jamie Crowe	Central AC	0	16					**16**
18	Aidan Thompson	Central AC	14	0					**14**
19	Scott Green	Central AC	4	10					**14**
20	Scott Stirling	Falkirk Victoria Harriers	0	14					**14**
21	Ryan Thomson	Cambuslang H	12	0					**12**
22	Max Ralston	VPCOG	10	0					**10**
23	Andrew Lawler	Edinburgh AC	8	0					**8**
24	Calum McKenzie	Costorphine AAC	6	0					**6**
25	Michael Wright	Central AC	0	6					**6**
26	Callum Matthews	Kilbarchan AAC	3	0					**3**
27	Craig Jardine	Ron Hill Cambuslang	2	0					**2**
28									**0**
29									**0**
30									**0**
31									**0**
32									**0**
33									**0**
34									**0**
35									**0**

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	Women	2010/11	Scottish 4K Championships	Liverpool Cross Challenge	Scottish District Championships	BUPA Great Edinburgh International Cross Country/Scottish Inter-District Championships	Scottish National Cross Country Championships	Inter Counties Cross Country Championships	Total
Position	**Name**	**Club**	**07-Nov-15**	**28-Nov-15**	**Various**	**09-Jan-16**	**22-Feb-16**	**06-Mar-16**	
1	Laura Muir	Dundee Hawkhill	50	43					**93**
2	Madeline Murray	Edinburgh AC	43	30					**73**
3	Josephine Moultrie	VPCOG	36	33					**69**
4	Stephanie Pennycook	Edinburgh University	30	22					**52**
5	Steph Twell	Aldershot Farnham & Distr	0	50					**50**
6	Michelle Sandison	Springburn Harriers	22	16					**38**
7	Beth Potter	VPCOG	0	36					**36**
8	Gillian Black	VPCOG	33	0					**33**
9	Rachael Dunn	Edinburgh AC	14	14					**28**
10	Fiona Rudkin	Metro Aberdeen	27	0					**27**
11	Sarah Inglis	Lothian RC	0	27					**27**
12	Annabel Simpson	Fife AC	24	0					**24**
13	Rosie Smith	HBT	0	24					**24**
14	Ellie Buchan	Aberdeen AAC	22	0					**22**
15	Susan Partridge	VPCOG	0	20					**20**
16	Freya Murray	Edinburgh AC	18	0					**18**
17	Mhairi MacLennan	Inverness Harriers	0	18					**18**
18	Jennifer Wetton	Central AC	16	0					**16**
19	Gemma Cormack	Aberdeen AAC	12	0					**12**
20	Louise Mercer	Edinburgh University	0	12					**12**
21	Lyndsay Morrison	Central AC	10	0					**10**
22	Lauren Wilson	Edinburgh AC	0	10					**10**
23	Anglea Richardson	Fife AC	8	0					**8**
24	Carla Molinaro	Bellahouston RR	0	8					**8**
25	Helen Sharpe	Fife AC	6	0					**6**
26	Lauren Stoddart	Edinburgh AC	0	6					**6**
27	Fiona Thompson	Central AC	4	0					**4**
28	Amanda Woodrow	Edinburgh AC	0	4					**4**
29	Moira Davie	Forres Harriers	3	0					**3**
30	Mary MacIntosh	Nairn Area AAC	2	0					**2**
31	Megan Crawford	Fife AC	1	0					**1**
32									**0**
33									**0**
34									**0**
35									**0**